MARCH 2024
A free copy for you

# Parish News

Levens, Heversham, Milnthorpe



**Levens Methodist Church** 

COFFEE SHOP 2.30 - 4.15 pm Everyone Welcome

**Mondays** 

Would you like a coffee & a chat? please join us.

You can also play dominoes, cards, Rummikub or do a jigsaw

Also bring your knitting, sewing or craft project and have a natter.

Wednesdays & Fridays

**Coffee and Biscuits** 

Milnthorpe Food bank www.milnthorpefoodbank.org Collection boxes in Spar and Churches in Milnthorpe and Heversham

There is an constant need of food & household items so please donate if you can, thank you

There is now a trolley collection for Milnthorpe Food Bank in St Thomas' Church until Easter



#### Meet & Eat

Friday 22nd March at Levens Methodist Hall

12 noon - 2 pm £5 Children under school age FREE

Cottage Pie or Vegetable Bake Peas & Onion Gravy Cheesecake or Lemon Drizzle with cream Tea\Coffee

Add your name to list at Coffee Shop or Susan Beckwith 0779 6561810

# M:HUB

on Beetham Road, Milnthorpe

Cafe is open
every Friday morning
from 9.30 am until 12 noon
for refreshments.

Coffee @ St T's Milnthorpe

Every Friday 10 -11.30 am

serving Coffee and Tea

free WiFi & contactless payment available

In church March– April: Entrance at North side during the building works Bring a mug or use a paper cup

Chief & March

Village Coffee Time
Third Tuesdays
Tuesday 19th MARCH
10 - 11.30 am
at the Old School, Heversham

\*Everyone Welcome \*All Ages\* Simply coffee & biscuits & chat A warm welcome - Do call in!





# Heversham Bowling Club Domino evening with hotpot supper & raffle

Saturday 16th March at 7pm in the Athenaeum, Leasgill Bring your own drinks and glasses Tickets £12 Available from:





# Save the Dates

The 2024 Levens Arts Trail will take place on Saturday 6th July and Sunday 7th July, 10.30am to 4pm.

Please join us in Levens village to meet a host of wonderful artists, makers and creators in their homes/studios and see examples of their work displayed in the Levens Institute.

Maps will be available to buy beforehand or on the days of the event itself. Watch out for more details ... coming soon.

This event is part of the fantastic 'Levens Big Weekend'.

levensarts@gmail.com

# For more info on Activities, please contact Diane on 07771 682378 or Lesley on 07816 895021



Enjoyable Dementia friendly <u>Walks</u> with optional refreshments.

14th March 10.30 am Morecambe prom from the Battery car park, LA3 1HQ

28th March 10.30 am Cartmel race course, LA11 6QF

Woodland Wellness - Mondays 11<sup>th</sup> & 25<sup>th</sup> March 11am - 12 noon

Being outside is good for us all. Come and join us for engaging activities connected to nature —: Silverhelme Scout Activity Centre, The Row, Silverdale, LA5 0UG

<u>Social Table Tennis</u> – at Arnside Educational Institute, Church Hill, Arnside, 10.30 am start, Wednesdays 6<sup>th</sup> & 20<sup>th</sup> March

**Dementia Embracing Community Singing Group** 

birds of Morecambe Bay.

**Silverdale Songsters** - Friday mornings between 10.30 – 11.30 am at St John's Church Hall, St John's Church, Silverdale

Monthly Meet Up Tuesday 26th March 10.30 am – 12 noon at Abbot Hall Social Centre, Dowker Lane, Kendal, LA9 4DN

An enjoyable get together designed to engage and support people living with dementia and their carers. This month Geoff Wood returns to talk about the

**Zoom Poetry Group** – Alternate Thursday 1.30 – 2.30pm 5th & 19th March The group choose the theme and Dignity in Dementia search out poems which are then emailed to group members. Attendees are invited to read the poems out loud



#### **WRITING A WILL?**

Once you have made provision for your loved ones, why not consider making a lasting gift to God, by leaving a legacy to His church? A gift in your will to your local church is one of the most valuable and lasting ways you can continue to support its mission and ministry within your community.

The Church of England has partnered with Farewill to provide a free will-writing service, which can be used to benefit other churches also.

Details at: https://www.churchofengland.org/our-faith/church-legacy

## Top tips to help you shop safely!

Citizens Advice is finding that people are losing time and money trying to deal with consumer problems. Here are some tips:

- 1. Delivery problems It's the seller's responsibility to make sure the item is delivered to the address given. Contact them directly. If they claim they've delivered it or don't know where it is, you can ask for a redelivery, or possibly a refund.
- **2. Defective goods** you have legal rights to a refund, repair or replacement if the item you bought is broken or damaged, unusable, or not what was advertised.
- 3. What if I change my mind? If you buy in store, you don't have a legal right to return goods if you've



simply changed your mind. If you buy online you usually get a cooling off period, but there are some exemptions – check first.

- **4. Pay safe** Pay by card so you have another form of protection. Be cautious if you're asked to pay in an unusual way, such as in iTunes vouchers, as this could be the sign of a scam.
- **5. Making a return** Get proof of your return a receipt from a shop or proof of postage, and tracking where possible. Check the service you use covers the value of the goods.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:

Call 015394 46464 - this is being staffed from 9:30 - 2pm

- Adviceline: 0808 2787 984

   email advice via our submission page on our website www.southlakescab.org.uk
- Help to Claim (Universal Support): 0800 144 8 444

Have you ever tried indoor bowling?
Come along to
Heversham Indoor Bowling Club and give it a go.

We meet Mondays 2pm to 4pm and Fridays 7pm to 9pm from October to the end of March.

£20 membership & £2 per session. with Tea/coffee & biscuits included. Try for free for 2 weeks.

Its a chance to socialise, make new friends and chat having a cup of tea.

## Levens Local History Group

Meetings are third Thursday in Levens Village Hall starting 7.30 pm, unless stated otherwise on the website. See website for 2024 Meetings.

Contact: secretary

Allan Steward via website

https://www.levenshistory.co.uk/

# **HEVERSHAM**



Next meeting March 13th 2024 Athenaeum, Leasgill Heversham AGM 7.30pm followed by craft activity New programme for 2024-2025 coming soon.

Visitors are asked to pay £2 and can now attend for 3 sessions before making a commitment to join.

For further information please contact: Sue Ellis: 07939577881



# Second & Fourth Thursdays

10.00 am at the Athenaeum, Leasgill

14th March -Eden Project Morecambe and the Bay

28th March More TV Memories of Westmorland
and Cumberland

Annual membership -12 meetings including refreshments is just £18; guests £2.50 per meeting.

All Welcome

Facebook - Quest-Lecture Group 110942098389216

# **Hincaster Trailway Group**

are fundraising for essential maintenance along the route.

If you are able and would like to donate please support the project. Any donation will help maintain this valued community asset.

Visit https://www.gofundme.com/ hincaster-trailway-group-appeal

Thank you



# Singing for Fun

Come and join in with us Relax and Enjoy No Membership

Held on the first Thursday morning in the month - 7th March

Starting at 10.45am

at the Roman Catholic Church Hall Haverflatts Lane, Milnthorpe

£2 includes tea or coffee



Arnside Guides Plant Sale returns this year, which hopefully you will remember from pre covid.



It will be Saturday 18th May, 10-12, at Levens Institute.

There will be a usual coffee morning run by the Guides, local stall holders and of course the plants!

Profits will be split equally between the Guides (individual girls fund raising for camps), and Levens Playing Fields.

# J Happy Voices J Singing Group

meets every Monday at Christ the King Church Hall on Haverflatts Lane Milnthorpe

from 1.30pm - 3.00pm Everyone welcome no experience necessary

£2 a session including refreshments

Ring Lynne Gibbons 07814 709847 for further details Milnthorpe and District Allotment
Association

Plant and Cake Sale Jams and Chutney too

on Milnthorpe Green Saturday morning 11th May

Also Annual Horticultural and Craft Show The first Saturday in September 7th September 2024



# HAYDN

# THE CREATION

Conductor - Ian Jones Soloists & orchestra

Saturday 2<sup>nd</sup> March 2.30pm

Capernwray Hall, Carnforth, LA6 1AG

Tickets £18 (free for children/students)

Available from choir members, on the door or online at eversleychoir.org



## Saturday 2nd March

7 pm Quiz All welcome for this brain teaser.

On ZOOM Form a team with friends (max 4 per team) £10 per team in aid of St Thomas Building Fund





# Village Litter Pick: Heversham and Leasgill Saturday 6<sup>th</sup> April.

Meet at Athenaeum at 10.00. Equipment will be provided – please help with this annual opportunity to keep the village looking tidy.



St John's & Levens Methodist Church

present

# Recycling for Good Causes & Free Exchange event

Saturday April 13th 10-12 at the Methodist Church

Recycling
will include such items as old mobiles,
bits of jewellery broken or whole,
iPads & similar
-make sure you erase data spectacles etc
. a precise list available nearer the date

Free exchange items in good order
that you no longer need
- bring a photograph if large
bring what you can, take away what
suits you
No money changes hands

contact 015395 61676

# Annual Heversham Parish Meeting:

Thursday 18<sup>th</sup> April at the Athenaeum Leasgill 7.15 for 7.30pm Full details in next month's Parish News.



#### **The HERON** theatre

Select your seats & book on line www.theherontheatre.com see website to hire venue

Box Office 015395 64283

1<sup>st</sup> Mar – Film 'Mission Impossible – Dead Reckoning 7.30pm Tom Cruise stars in the 7<sup>th</sup> Mission Impossible film.

3<sup>rd</sup> Mar– Harps North West 2.30pm Mary Dunsford & Susan Lambert present a harmony of harps and a gorgeous set of varied music.

8<sup>th</sup> Mar – Buzzing 7.30pm
Comedy Drama - Contains
adult humour
Debbie Bird tells us about
divorced Julie, aged 50, who
hurls herself on to the
modern dating scene.

12<sup>th</sup> Mar - Painting the Modern
Garden: Monet to Matisse
2pm Exhibition on Screen

16<sup>th</sup> Mar - Kadar Jazz Septet 7.30pm A powerful and dynamic jazz band.

22<sup>nd</sup> Mar - Benny Hill 7.30pm
Why has Benny Hill been
airbrushed from British
Comedy history? Mark
Carey addresses questions
about the deeply private man
and his public face.



# St Peter's Church Heversham Annual Meetings

The business will include:

The election of Churchwardens

Election of 4 members of the PCC

The appointment of sidespersons and the Independent Financial Examiner

Presentation of the 2023
Annual Report of the PCC;
Churchwardens' Fabric
Report; Treasurer's Report
and Financial Accounts

The Annual Meeting of Parishioners and Annual Parochial Meeting will be held on Sunday 14th April following the service
In St Peter's Church, Heversham.

All are welcome.

Further details from the Churchwardens or Secretary

Lizzie Fawcett Secretary to PCC Tel: 015395 63037 St Thomas' Church
Milnthorpe
Annual Parochial Church meeting
(APCM)
will be held in church
on Sunday 28th April.

St Thomas' Church Electoral Roll 2024

The electoral roll is due for updating before the Annual Parochial Church Meeting.

For new entries or amendments to the existing electoral roll, please complete one of the forms in the back of church by 31st March (Easter Day).

Electoral Roll officer contact details : Margaret Barrow Tel: 0777 210 2339

St John's Church Levens APCM 21st April following service

Electoral roll

If you wish to be added applications need to be in by Friday 22nd March. Liz Brown is putting forms in St John's.

If you are already on the Roll there is no need to take action this year

# Next issue APRIL 2024 print & online Please email info by 10th March

\*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.

To the best knowledge of the Editorial Team all info is correct

at time of going to press 20.2.24

# St Thomas' Church Milnthorpe

Work to re-order the community rooms and the rear of the nave at St Thomas' Church started in January 2024. The community rooms will be closed for around four months to enable access to the upper and lower rooms to become independent and for the installation of a new kitchen and toilets, including a disabled toilet.

The work will also include the removal of pews at the rear of the nave to provide an alternative community space during the works and in anticipation of a second phase at a later date to provide secure storage and a Parish Office with a balcony over, subject to further fundraising.

The. PCC hopes to be able to keep the Church open throughout the works using the North Porch, but any necessary closures will be signed on the notice board by the Church steps.

If you are interested in acquiring a pew by making a donation towards the building works, please email the Church Treasurer on itrobson@hotmail.com



# Mothering Sunday 10th March

St Peter's Church, Heversham at 9.30 am

St John's Church, Levens at 9.45 am

St Thomas' Church, Milnthorpe at 11.15 am

Bunches of flowers for the ladies





Mothers Union
First Wednesday at 2pm
St Thomas' Church
Milnthorpe
(Enter through North side door
of church)

All are welcome to visit and join

next meeting:

Wednesday March 6th at 2.00pm Sally Johnson will be speaking about the work of a District Judge





Tel 015395 61448

Dear Friends,

Christmas often seems more popular than Easter in popular imagination. After all, Christmas has a message that is easier to understand: a message of birth and a baby.

But as for Good Friday and Easter? A man dies in the first century and we are supposed to celebrate? Yes, Jesus may have been a great man. He may have been an innocent man. He may have died a barbaric death. But what is so important about a man that died? That is stark and shocking. No wonder people adorn the Easter celebration with chocolate, eggs and a bunny.

For Christians the Easter message is of vital importance. Jesus' death on a cross is not the end of the story. It is not a matter of shame and foolishness but where we see the power and wisdom of God.

Some people link the Easter story to the life symbolised in the eggs and the flow of the seasons from winter to springtime: new life is around us. While there is a truth there, the message of Jesus' death and resurrection is more than new birth. It is about our wrongs being forgiven, death exposed and defeated, Jesus being declared ruler over heaven and earth, God's kingdom restored, and judgement to come. Simply linking a concept like new birth to the annual renewal of the seasons does not come close to conveying it. And that whole theme is lost to people in Australia, for example, who are entering autumn not spring.

Easter brings an uncomfortable but vital message. It demonstrates the full extent of God's love, and also the extreme measures it takes for God to deal with the ills of the world. It is a message that reminds us of our mortality. It is a message that demands repentance. The death and resurrection of Jesus is central to the whole of human history and eternity. Christ has risen from the dead to live and rule for evermore.

Every Blessing, Revd Bryan Kerr Priest-in-Charge of St Thomas', St Peter's, St John's Churches





Sunday 24th March - Palm Sunday Services on page 15

#### Services of Reflection:

Monday 25th March Tuesday 26th March Wednesday 27th March Maundy Thursday 28th March St Peter's Church, Heversham 7.00 pm St John's Church, Levens 7.00 pm St Peter's Church, Heversham 7.00 pm St Thomas' Church, Milnthorpe 7.00 pm

# **Good Friday 29th March**

Three processions with three crosses make their way to Milnthorpe Green

Service on Milnthorpe Green 10.00 am with Salvation Army Brass Band with hot cross buns for everyone

Good Friday Families Together
12 noon in Levens
A short brunch with hot cross buns
and a time to think about the Easter story.



Good Friday Service of Reflection St John's Church, Levens 2.00 pm St Peter's Church, Heversham 2.00 pm

Sunday 31st March - Easter Day Parish Communion Services:

St Peter's Church, Heversham at 9.30 am St John's Church, Levens at 9.45 am St Thomas' Church, Milnthorpe at 11.15 am



# Monthly Friday Morning Holy Communion

Friday 15th March at 9.30 am at St Thomas' Church, Milnthorpe followed by Friday Coffee Morning Entrance to church is north door

Afternoon Communion



Tuesday 26th March at 2.30pm (last Tuesday in the month) followed by Afternoon Tea at Levens Methodist Church



# Kendal **Methodist** Circuit

Revd Tiras Dainty-Share 01524 963716 Email: tiras.ds@methodist.org.uk

Levens Methodist Church 10.30am Services unless stated led by:

3<sup>rd</sup> KEMC Service at Arnside

10<sup>th</sup> United service at St John's at 9.45

17<sup>th</sup> Rev John Morton

24<sup>th</sup> Chapel Anniversary

led by Revd Tiras Dainty-Share

31st Sacrament Service

led by Revd Tiras Dainty-Share

Levens Methodist Church is now registered for the solemnization of marriages between a man and a woman and for the solemnization of marriages of same sex couples.

Please contact:

The Revd Tiras Dainty-Share tiras.ds@methodist.org.uk telephone: 01524 963716

# Clocks change **Sunday 31st March** one hour forward



ST PETER'S HEVERSHAM As we prepare for Easter. there will be a special time of thanksgiving and prayer for our community and church.

Do join us in the Old School Heversham on Thursday, 21st March 10-11am followed by coffee

World Day of Prayer Service at Storth Church Friday 1st March at 2pm All Welcome



The World Day of Prayer is an international ecumenical laywomen's initiative celebrated annually in over 170 countries on the first Friday of March. Mothers' Union support this service, anyone, men and women are welcome to join



# You are welcome at March Sunday Morning Services at Parish Churches -

# Sunday 3rd March at 10.30 am

United Sunday morning service at Arnside Methodist Church

| 8.00 am               | Holy Communion |  |
|-----------------------|----------------|--|
| St Thomas' Milnthorpe |                |  |

3rd & 17th March

St Peter's Heversham

10th & 24th March

# 9.30 am St Peter's Heversham

10th Mothering Sunday Morning Praise

17th Parish Communion

24th Fellowship in the Old School31st Easter Day Parish Communion

## 9.45 am St John's Levens

10th Mothering Sunday
United at St John's with Methodists

17th Parish Communion

24th Palm Sunday - Morning Praise

31st Easter Day Parish Communion

**11.15 am** St Thomas' Milnthorpe During the building works please use the north door

10th Parish Communion

17th Morning Praise

24th Palm Sunday - Parish Communion

31st Easter Day Parish Communion

# Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am Friday Mass now celebrated at 10 am

Find on You Tube channel and Facebook Group by searching:

# **Kent Estuary Catholic Churches**

Fr Philip Smith 015395 32731 Email:

kentestuarycatholicchurches@gmail.com

# CHILDREN'S SUNDAY SCHOOL Milnthorpe

There will be no Sunday school at St Thomas' church during the building works of March and April. Some quiet activities for children will be available in church during the Sunday morning





## What's the latest?



www.stthomasmilnthorpe.org.uk

# www.stpetersheversham.org

If you would like an email of the weekly notices please click on 'contact us'

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News through - in the village St John's page.

https://www.levens.org.uk/st-johnschurch

## @NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

# Milnthorpe What's Going On

page on Facebook to catch up with what is going on!

And KEY weekly Youth Activities post on this page

www.heversham.org has local info and an archive of over 17 years of Parish News in A4 pdf version.

Nextdoor.co.uk Local info, tips and ideas

# Samaritans'

Free helpline number is 116 123. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles. including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

> Available round the clock, every single day www.samaritans.org



To sign up to the weekly emailed notices for Parish Churches in Heversham and Milnthorpe please email

'contact us' via the websites.

For regular email updates for St John's Church Levens please email:

jill.butterworth54@btinternet.com

## For a pastoral phone call for yourself or for someone vou know call:



# Heversham & Milnthorpe:

Email via church websites 'contact us' or phone

Linda Cooper 015395 63836

Levens:

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to offer friendship. If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



# Can Levens Good **Neighbours help** with:

A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment

Ring 07908 004672 8am - 8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good practice.

# Parish News, part of the church in community

is run by 3 Parish Churches

of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe also including services details for the local Methodist and Catholic churches

#### Volunteer Ed Team:

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds **Distribution Team** of more than 60 volunteers across the three parishes - thanks everyone!

E-mail!

parishnews@heversham.org Mrs Jane Cushnie Tel: 015395 64582

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth Tel: 61676

Priest-in-charge of Levens, Heversham & Milnthorpe

The Reverend Bryan Kerr Email: rev@lhmparishes.co.uk Tel 015395 61448

Churchwardens

Levens: St John's Heversham: St Peter's Milnthorpe: St Thomas'

Mr Hal Bagot 60588 Mrs Jane Fell 63174 Dr Val Robson 62904

Mrs Jill Butterworth Mr John Ricketts 01524 761076

PCC Secretaries
Mrs Julie Marsh
015395 83183

Mrs Lizz
elizafaw

Mrs Lizzie Fawcett Wrs elizafawcett@icloud.com

Mrs Judy Rigg 01524 761857

www.kentestuarymissioncommunity.com for information from churches in our Kent Estuary

## Useful Numbers for Room Hire:

Milnthorpe St Thomas' Church Centre www.stthomasmilnthorpe.org.uk

Milnthorpe Christ the King RC Church Fr. Philip Smith 015395 32731

M:HUB, Beetham Road, Milnthorpe Irene McKay 07958 605049

Leasgill Athenaeum www.the-athenaeum.org.uk Clare Lewis 07876 124236

Heversham Tristrams Pavilion / Playing Fields, Email: sports@dallamschool.co.uk

Heversham Bowling Clubhouse Tom Grindey 07907 286836

Levens Village Hall Helen & Alan Miller 015395 60334

Levens Methodist Hall Jane Jones 07875 163418

Levens Pavilion Alice 07817 200053

## **FISHWICKS**

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www.fishwicksfunerals.co.uk



# **BEETHAM HALL**

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#### THE ORCHARD'

Holiday Cottage to Let in Levens Owners: Chris and Shirley Band Enquiries and Bookings to: 01244 352155

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# Bay Vets

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24hr Emergency Service www.westmorland-vets.co.uk



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OUR WEBSITE www.levensdoggrooming.co.uk

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13 Main St Milnthorpe T: 64484 & Facebook

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Claire Mitchell CertFHP & MCFH
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Watch this Space for news about the re-opening of St. Thomas' new Community Rooms at the end of April/beginning of May.

Events will be published on Facebook, in the Parish News and around the community

We do hope you will come and visit to take a look and perhaps make a booking for your next event, meeting or for your organisation.