

AUGUST/SEPT 2023

A free copy for you

# Parish News

Levens, Heversham, Milnthorpe



## Levens Methodist Church

### COFFEE SHOP

2.30 - 4.15 pm  
Everyone Welcome

### Mondays

Would you like a coffee & a chat?  
please join us.

You can also play dominoes,  
cards, Rummikub or do a jigsaw

Also bring your knitting, sewing  
or craft project and have a natter.

**Wednesdays & Fridays**  
Coffee and Biscuits

### Milnthorpe Craft Group

at St Thomas' Church Centre  
Mondays at 10am - noon  
continues throughout summer.

Pop in for a coffee and come and  
say hello whilst we do craft.

Perhaps you will see  
something you would like to craft .

All Welcome

### Quest

Second & Fourth Thursdays 10am  
at the Athenaeum, Leasgill

Restarts in September:

28th September - Pat Ascroft -  
"Cycling from the Dead Sea  
to the Red Sea"

Annual membership for 12 meetings  
or pay as a guest  
All Welcome

Facebook - Quest-Lecture  
Group 110942098389216

### Coffee @ St T's Milnthorpe

Every Friday 10 -11.30 am

serving Farrers Coffee  
and Lakeland Tea

Enjoy home made scones,  
tea cakes

free WiFi &  
contactless payment available

### M:HUB

on Beetham Road, Milnthorpe

Cafe is open  
every Friday morning  
from 9.30 am until 12 noon  
for refreshments.

WE WOULD LIKE TO  
WELCOME YOU  
TO HEVERSHAM WI

**theWI**  
INSPIRING WOMEN

**Next meeting :**

**Wednesday Sept 13<sup>th</sup> 7.30pm**

**Speaker: Terry Bond**

**'Early Travellers  
in the Lake District'**

**Members' Competition:**

**An old postcard of Cumbria**

Visitors are asked to pay £2 and  
can now attend for 3 sessions  
before making a commitment to  
join. We look forward to  
welcoming you.

For further information please  
contact: Sue Ellis:  
07939 577881

**MARA** – a story-telling  
performance by Dominic Kelly  
which delves into the dreamscape  
of Swedish folklore.

Levens Village Institute

Sat 7th Oct  
Doors open at 7.30 pm  
for 8.00 pm start

Tickets: Adult £12, Child £6,  
Family £30

Tel. 07305 658648 or  
email: cloggingchris@outlook.com

Bar & Refreshments

Brought to you by  
Levens Arts & Film Society



## The HERON theatre

Select your seats & book on  
line

[www.theherontheatre.com](http://www.theherontheatre.com)  
see website to hire venue

Box Office 015395 64283

### FILM AT THE HERON SUMMER FILMS

- 4<sup>th</sup> August - Elvis with Austin  
Butler & Tom Hanks  
18<sup>th</sup> August - The Lost King  
with Sally Hawkins  
1<sup>st</sup> September - Emily  
with Emma Mackey



first Saturday in the month  
in aid of

St Thomas Building Fund  
(no quiz in August)

Saturday 2nd September 7pm

St Thomas' Church, Milnthorpe

Form a team with friends

(max 4 per team)

£10 per team

BYO snacks, refreshments  
prizes to be won



## Heversham Pop up Pub

5th Aug & 2nd Sept

7.00pm - 11.00pm

1<sup>st</sup> Sat of every month

The Athenaeum

For our community - all welcome



For more info on Activities, please contact  
Diane Smillie on 07771 682378 or  
Lesley Gill on 07816 895021



### Enjoyable Dementia friendly walks

with optional refreshments.

10.30 am start. Meet at:

- 3<sup>rd</sup> Aug Park Road carpark, Milnthorpe LA7 7AD – for deer park walk
- 17<sup>th</sup> Aug Station Inn, Oxenholme LA9 7RF – for walk on the Helm
- 31<sup>st</sup> Aug Morecambe Prom – Battery Carpark LA3 1HQ – for walk on prom

**Social Table Tennis** – at Arnside Educational Institute, Church Hill, Arnside,  
10.30 am start, Wednesdays 9<sup>th</sup> & 23<sup>rd</sup> August

**Woodland Wellness** – Being outside is good for us all. Come and join us for  
engaging activities connected to nature – next to the trees in Cinderbarrow picnic  
area, Tarn Lane, Yealand Redmayne, LA5 9RX  
Mondays, 14<sup>th</sup> & 28<sup>th</sup> August – 12 noon

**Dementia Embracing Community Singing Group-  
Silverdale Songsters** - Friday mornings between 10.30 – 11.30 am  
at St John's Church Hall, St John's Church,  
Silverdale

[www.dignityindementia.org](http://www.dignityindementia.org)



Please phone for details  
and to book lunches:  
Liz Dawes 01539 728118

Gentle Exercise  
Classes – Milnthorpe

Every Tuesday 10.30 - 11.30 am  
Catholic Church Hall  
Haverflatts Lane, Milnthorpe LA7 7PS

Gentle Exercise  
Classes – Levens

Every Wednesday 10.30 - 11.30 am  
Levens Methodist Church  
Lowgate, Levens LA8 8NL

**Levens Lunch Club**  
The Gilpin Bridge, Levens  
LA8 8EP

Fourth Tuesday of the month 12.00 pm  
please phone to book

**Hale Lunch Club**  
The Tavern at Hale,  
Milnthorpe LA7 7BH

Third Thursday of the month  
meet at 12.15 for 12.30 pm

# Turn your online shopping into everyday magic for

St. Thomas' Church, Milnthorpe

## with easyfundraising

You shop, brands donate to us.  
It won't cost you any extra!

### How to sign up

- 1 Visit the link below or scan the QR code  
<http://efraising.org/PcIM6vndxz>
- 2 Register and download the easyfundraising app
- 3 Shop with your favourite brands



Download the  
easyfundraising App



Excellent   
3,945 reviews on  Trustpilot

Are you looking to complete some home improvements? Or make your home more energy efficient? Be on the lookout for scams! Fraudulent schemes are on the rise, including 'free energy surveys' offering fake government rebates. Stay safe with our top tips

**1. Make sure you're working with a trusted trader or company**

Do your research. If you can't get a personal recommendation from people you know, then check up on the company or website you're using.

**2. Don't be rushed into a decision**

If someone is pressuring you to make a fast decision or pay money without giving you time to do your research, it's most likely a scam. Comparing quotes with other companies will help you make sure you're getting a fair price.

**3. Get a contract for the work** Always get a contract in writing before you give the go-ahead.

**4. Pay by card, not cash** Avoid contractors who demand full payment up front, or only accept cash. If you pay by credit or debit card, you may be able to get your money back through the bank if something goes wrong. If possible, agree to pay in stages.

**5. If a trader scams you, report it**

Reporting scams helps stop the criminals responsible, and protects others from being scammed. Call the Citizens Advice consumer service on 0808 223 1133.

They will pass on details of the scam to Trading Standards, and can offer further advice. Also report the scam to Action Fraud. They will issue a crime reference number, which can be helpful if you need to tell your bank you've been scammed.

Visit the Friends Against Scams website to learn more about how to protect yourself from scams.

Full advice is available on the Citizens Advice website or contact South Lakes Citizens Advice.

*Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:*

*Call [015394 46464](tel:01539446464) - this is being staffed from 9:30 – 2pm*

*Adviceline: 0808 2787 984*

*email advice via our submission page on our website*

*[www.southlakescab.org.uk](http://www.southlakescab.org.uk)*

***Help to Claim (Universal Support): 0800 144 8 444***

# CROSS BAY WALK 2023

Arnside to Grange - Sunday 13<sup>th</sup> August

Join the Growing Well team for an unforgettable experience as we walk 8-miles across the expansive sands of Morecambe Bay.

The walk takes place on the afternoon of Sunday 13<sup>th</sup> August at 4.30pm, set against the beautiful backdrop Lakeland fells.

Only possible at certain times of the year, the walk takes around four hours to complete and we will be under the expert guidance of Michael Wilson, the official Guide to the Sands.

Everyone is welcome and you can even bring along your four-legged friends!



**Adults (16+)** £16.00

**Children (8+)** £10.00

**Dogs** £5.00

Scan the **QR CODE** for more details and to book your place!



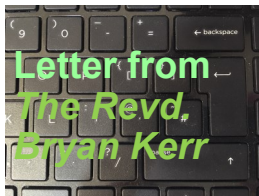
growing  
well

Growing Well Ltd is a Registered Charity (number 1184204) and a member of the Funder's Trust.

Growing Well is a Cumbrian charity working with adults who are experiencing poor mental ill health. Individuals attend Growing Well one day each week on our horticultural sites at Low Sizergh Farm, near Kendal, or at Tebay Services Northbound, near Penrith. The activities they undertake help build emotional resilience, develop life skills and support healthier, more active living.

Find out more at [www.growingwell.co.uk](http://www.growingwell.co.uk)





Email: [rev@lhmparishes.co.uk](mailto:rev@lhmparishes.co.uk)

Tel 015395 61448

Dear Friends,

CS Lewis was born in Belfast 125 years ago, and died sixty years ago, on the very day President Kennedy was assassinated. Well-known as the author of *The Lion, the Witch and the Wardrobe* and the other Narnia books, he was a friend of JRR Tolkien. He held academic posts at Oxford and then Cambridge. Although from Church of Ireland stock, he was an atheist for many years, and he describes how he found faith in Christ in his thirties in his book *Surprised by Joy*.

Alongside his academic studies on English literature and his famous Narnia Chronicles, he wrote popular pieces exploring Christian themes. Amongst his earliest way a published essay in March 1940 on National Repentance. At the beginning of the Second World War, there was a popular trend in society to call for the UK to repent of its contribution to the evils of the First World War, which led to the uncertain interwar peace and the rise of Nazism.

Lewis addresses this in a short, witty piece, 'The Dangers of National Repentance'. He argues that the Church of England as a national church may indeed call people to consider the wrongdoing of the past. There are examples in the Bible of godly leaders calling the nation of Israel to repentance.

However, the university students who were especially calling for national repentance were just children during World War One. They had no part in that war, and so were not the 'sinners' that need to repent of it. They were, in effect, repenting on behalf of others, repenting for the sin of their neighbours. Whereas spiritual health, Lewis recalled, is repenting of one's own wrongdoing:

"The first and fatal charm of national repentance is, therefore, the encouragement it gives us to turn from the bitter task of repenting our own sins to the congenial one of bemoaning—but, first, of denouncing—the conduct of others.

"You can say anything you please about it. You can indulge in the popular vice of detraction without restraint, and yet feel all the time that you are practicing contrition. A group of such young penitents will say, "Let us repent our national sins"; what they mean is, "Let us attribute to our neighbour (even our Christian neighbour) in the Cabinet. whenever we disagree with him, every abominable motive that Satan can suggest to our fancy."

It is always easy to denounce and apologize for someone else's sin. The harder thing is to face the wrong attitudes and actions where I fail to properly love God or my neighbour today. As Lewis notes, it's easier to confess the sins of others rather than our own. The danger of repentance for historical acts is that it can be a cloak to hide a lack of personal responsibility today.

The wartime essay of CS Lewis, while written in a very different context, should cause us much reflection today, as we consider calls to examine our national history and the actions of figures long ago. Should we repent of sins of the past, especially ones in which we had no direct involvement? Yes and no. We should only do so by first carefully analysing and repenting of sins of the present.

Every Blessing, Revd Bryan Kerr  
Priest-in-Charge of St Thomas', St Peter's, St John's Churches



Milnthorpe Food bank -  
[www.milnthorpefoodbank.org](http://www.milnthorpefoodbank.org)  
Collection boxes in Spar and  
Churches in Milnthorpe and  
Heversham

## Mothers Union

First Wednesday at 2pm  
St Thomas' Church Centre  
Milnthorpe

Wednesday 6th September:  
Rev'd Ron Rutter will be speaking  
about New Zealand, North and South  
Islands

All are welcome to join us.

Weds 4th October the meeting will be  
a craft and chat afternoon

Visitors are always welcome

### What is the Mother's Union?

A 4 million strong organisation in  
nearly 90 countries with a vision of a  
world where everyone prospers. It's  
focus is to support "mothering" in all  
it's forms. It is a Union because it  
represents people (men & women)  
who are united in advocating and  
supporting families and  
those whose lives have  
met with adversity.



## Apple Pressing

### NOTES for poster on the back page

We are hiring equipment to press  
apples again this September.  
Bring apples or pears to press - one  
press takes about 6 buckets of apples  
- cooking apples or dessert apples.  
Bring 6 buckets for your own pressing  
or bring what you have and add to  
buckets from others if you like.

Juice from cooking apples might be  
zingy and benefit from adding  
lemonade when serving!  
Start saving plastic bottles - 1 litre  
cordial bottle are perfect.  
We sometimes run out of bottles, not  
apples!  
The juice also freezes well.

All Welcome - with or without apples  
We will have juice to taste  
- bring a beaker.

Bring ready cleaned plastic bottles to  
take your juice home.

Dress for the weather  
- we will be outside !

Further details or questions:  
Jane 015395 64582  
E:parishnews@heversham.org

## Afternoon Holy Communion:

Thursday 21st September at 2.00pm  
at St Thomas' Church, Milnthorpe  
followed by tea, cake and chat



Tuesday 29th August and 26th September at 2.30pm  
(last Tuesday in the month)  
at St John's Church, Levens

*Next issue -*

**OCTOBER  
2023**

**print & online**  
Please email info  
by **10th SEPT**



St John's Church Levens      Sunday 24th September  
 St Peter's Church Heversham      Sunday 8th October  
 St Thomas' Church Milnthorpe      Sunday 15th October

Everyone Welcome

Butterfly on lavender photo on front  
 cover taken at Milnthorpe allotments

**Christ the King RC Church**  
 Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am  
 Friday Mass now celebrated at 10 am

Find on You Tube channel and  
 Facebook Group by searching:

**Kent Estuary Catholic Churches**

Fr Philip Smith 015395 32731

Email:

kentestuarycatholicchurches@gmail.com



Kendal **Methodist** Circuit

Rev'd Tiras Dainty-Share 01524 963716

Email: [tiras.ds@methodist.org.uk](mailto:tiras.ds@methodist.org.uk)

**Levens Methodist Church**

10.30am Services unless stated, led by:

**AUGUST**

6<sup>th</sup> United service at Arnside

13<sup>th</sup> United service led by Irene McKay

20<sup>nd</sup> Rev. Tiras Dainty-Share

27<sup>th</sup> Sacrament service

led by Rev Bielby

Please see Notice Board at Church for  
 the September information.

**You are welcome at**  
**Sunday Morning Services at Parish Churches -**  
**AUGUST & SEPTEMBER**

<p><b>8.00 am</b>      Holy Communion</p> <p>St Thomas' Milnthorpe</p> <p>6th &amp; 20th August 3rd &amp; 17th Sept</p> <p>St Peter's Heversham</p> <p>13th &amp; 27th August 10th &amp; 24th Sept</p>	<p><b>9.30 am</b>    St Peter's Heversham</p> <p>AUG</p> <p>6th    Parish Communion 13th    Morning Praise 20th    Morning Praise 27th    Parish Communion</p> <p>SEPT</p> <p>3rd    Parish Communion 10th    Morning Praise 17th    Parish Communion 24th    Fellowship Service           in the Old School</p>
<p><b>9.45 am</b>      St John's Levens</p> <p>AUG</p> <p>6th    Parish Communion 13th    at Levens Methodist Church           at 10.30 am 20th    Parish Communion 27th    Morning Praise</p> <p>SEPT</p> <p>3rd    Parish Communion 10th    Creation Sunday Service           led by Revd Hannah Wallace 17th    Parish Communion 24th    Harvest Thanksgiving Service</p>	<p><b>11.15 am</b>    St Thomas' Milnthorpe</p> <p>AUG</p> <p>6th    Morning Praise 13th    Parish Communion 20th    Morning Praise 27th    Parish Communion</p> <p>SEPT</p> <p>3rd    Morning Praise 10th    Parish Communion 17th    Morning Praise 24th    Parish Communion</p>



**CHILDREN'S SUNDAY SCHOOL Milnthorpe**



There will be no Sunday School  
at St Thomas' Church during the school summer holidays,  
but there will be some quiet activities for children to do in church  
during this period.

Sunday School will restart in September during the 11.15 am service

All Welcome - come when you can

What's the latest?



[www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)  
&

[www.stpetersheversham.org](http://www.stpetersheversham.org)

If you would like an email of the weekly notices please click on 'contact us'

[www.levens.org.uk](http://www.levens.org.uk) has local info and NEWS and a link to the same archive of Parish News through - in the village St John's page.

<https://www.levens.org.uk/st-johns-church>

@NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

[Milnthorpe What's Going On](#) page on Facebook to catch up with what is going on !  
And **KEY** weekly Youth Activities post on this page

[www.heversham.org](http://www.heversham.org) has local info and an archive of over 17 years of Parish News in A4 pdf version.

[Nextdoor.co.uk](http://Nextdoor.co.uk)

Local info, tips and ideas

## Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock,  
every single day  
[www.samaritans.org](http://www.samaritans.org)



To sign up to the weekly emailed notices for Parish Churches in [Heversham](#) and [Milnthorpe](#) please email 'contact us' via the websites.

For regular email updates for St John's Church [Levens](#) please email:  
[jill.butterworth54@btinternet.com](mailto:jill.butterworth54@btinternet.com)

**For a pastoral phone call**  
for yourself or for  
someone you know call:



[Heversham & Milnthorpe:](#)

Email via church websites  
'contact us' or phone

Linda Cooper      015395 63836

[Levens:](#)

Pam Martin      07840 671286

**Levens Good Neighbours** - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



**Can Levens Good Neighbours help with:**

A friendly phone call

Picking up shopping or library books  
or prescription    Posting mail, Simple  
handyperson job, Dog Walk,  
Transport to a local appointment

**Ring 07908 004672**  
**8am - 8pm any day**

Volunteers are covered by insurance & policies relating to safeguarding and good practice.



# *Parish News, part of the church in community*

is run by 3 Parish Churches

**of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe**

## **Volunteer Ed Team:**

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

**Distribution Team** of more than 60 volunteers across the three parishes

- thanks everyone!



**parishnews@heversham.org** Mrs Jane Cushnie Tel: 015395 **64582**

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth Tel: **61676**

**Priest-in-charge of Levens, Heversham & Milnthorpe**

**The Reverend Bryan Kerr** Email: rev@lhmparishes.co.uk Tel **015395 61448**

## Churchwardens

### **Levens: St John's**

Mr Hal Bagot 60588

Mrs Jill Butterworth  
61676

### **Heversham: St Peter's**

Mrs Jane Fell 63174

### **Milnthorpe: St Thomas'**

Dr Val Robson 62904

Mr John Ricketts  
01524 761076

## PCC Secretaries

Mrs Julie Marsh  
015395 83183

Mrs Lizzie Fawcett  
elizafawcett@icloud.com

Mrs Judy Rigg  
01524 761857

[www.kentestuarymissioncommunity.com](http://www.kentestuarymissioncommunity.com)

for information from churches in our Kent Estuary

## Useful Numbers for Room Hire:

Milnthorpe St Thomas' Church Centre

[www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)

Milnthorpe Christ the King RC Church

Fr. Philip Smith 015395 32731

M:HUB, Beetham Road, Milnthorpe

Irene McKay 07958 605049

Leasgill Athenaeum [www.the-athenaeum.org.uk](http://www.the-athenaeum.org.uk) Clare Lewis 07876 124236

Heversham Tristrams Pavilion / Playing Fields, Email: [sports@dallamschool.co.uk](mailto:sports@dallamschool.co.uk)

Heversham Bowling Clubhouse

Tom Grindey 07907 286836

Levens Village Hall

Helen & Alan Miller 015395 60334

Levens Methodist Hall

Jane Jones 07875 163418

Levens Pavilion

Alice 07817 200053

**Next issue -  
OCTOBER 2023  
print & online**

**Please email info by 10th SEPT 2023**

*\*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.*

To the best knowledge of the Editorial Team all info is correct  
at time of going to press 19.07. 23

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<p><b>stationgarage</b> INDEPENDENT VW GROUP SPECIALISTS</p> <hr/> <p>015395 64111 <a href="http://www.stationgaragemilnthorpe.co.uk">www.stationgaragemilnthorpe.co.uk</a></p>	 <p><b>Timeless Balloons &amp; Blooms</b> arches, letters, hoops, light up numbers, shop openings &amp; promos Kids' party displays, wedding decor - you name it, we've got it! <b><a href="http://www.timelessballoons.com">www.timelessballoons.com</a></b> Follow on Facebook, Instagram &amp; TikTok</p>	
<p>Main Street Chip Shop Milnthorpe 015395 62298</p>	<p>Holiday Cottages in Heversham</p> <p>Mary Davies 015395 64809 <a href="http://www.oldebluebellcottages.com">www.oldebluebellcottages.com</a></p>	<p><b>West View, Leasgill</b> <b>Cosy cottage sleeps 4</b> 2 small dogs welcome <a href="http://www.sykescottages.co.uk">www.sykescottages.co.uk</a> /1097754</p>
<p><b>Gilpin Bridge Inn</b></p>  <p>Cask Ales - Dog Friendly Kids' Playground 8 Bedrooms - Function Room Home Cooked Food 015395 52206</p>	<p><b>Self catering COTTAGE</b> <b>SLEEPS TWO</b> BIRSLACK GRANGE, LEVENS <b>015395 60989</b> <a href="http://www.birslackgrange.co.uk">www.birslackgrange.co.uk</a></p>	<p><b>CHOICE CATERERS</b> Bev Carling 01524 736393 07896 298072 <a href="http://www.choicecaterers.co.uk">www.choicecaterers.co.uk</a></p>
 <p><b>Westmorland Veterinary Group</b></p> <p>'Experienced vets for your much loved pets'</p> <p>Kendal: 01539 722692 Kirkby Lonsdale: 015242 71221 24hr Emergency Service <a href="http://www.westmorland-vets.co.uk">www.westmorland-vets.co.uk</a></p>	<p><b>topdog sitters</b> HOLIDAYS FOR DOGS</p>  <p>are an established, local, independent, highly-rated company. We are seeking new dog sitters to meet demand.</p> <p><b>0800 689 1519</b> <a href="http://www.topdogsitters.co.uk">www.topdogsitters.co.uk</a></p>	 <p><b>Bay Vets</b> "The Community Vets"</p> <p>Inspiring trust, passion &amp; care to deliver excellence to pets and their families.</p> <p>Lancaster 01524 32696 Morecambe 01524 410867 Milnthorpe 015395 62770 Caton 01524 770615 24 hours emergency service <a href="http://www.bayvets.co.uk">www.bayvets.co.uk</a></p>
<p><b>HIGHGATE VETERINARY CLINIC</b></p>  <p><i>Friendly, caring and professional team</i></p>	<p><a href="http://www.highgate-vets.co.uk">www.highgate-vets.co.uk</a> <b>173 Highgate, Kendal</b> 01539 721344 <b>Beezon Road, Kendal</b> 01539 887988</p>	 <p><b>015395 62665</b> <a href="http://milnthorpekennelsandcattery.co.uk">milnthorpekennelsandcattery.co.uk</a></p>

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<p><b>Milnthorpe Barbers</b> 15 Park Rd, Milnthorpe</p>  <p>Tel: <b>62300</b></p>	<p><b>PURE ESSENCE</b> BEAUTY • SPA • ANTI-AGEING</p> <p>South Lakeland Leisure Village Carnforth LA6 1 BH 01524 735240</p>	<p> 13 Main St Milnthorpe T: 64484 &amp; Facebook</p>
<p><b>Foot Care by Claire</b> <b>Home Visiting Service</b> Nail trimming Foot care advice Callous/hard skin and corn removal Claire Mitchell CertFHP &amp; MCFH 07896 814010</p>		<p><b>FOOTCARE AT HOME</b> Tracey Garrett BSc MinstChp Nail trimming - Ingrown nails Corns - Callus Diabetic foot care &amp; advice Phone <b>07766 167018</b> <b>HOME VISITS</b></p>
<p><b>Green Dental</b> 25 Main Street, Milnthorpe LA7 7PP</p>  <p>are happy to support the Parish News</p>	<p><b>Park View Surgery</b> <b>Haverflatts Lane</b> <b>Milnthorpe LA7 7PS</b></p> <p>and 21 New St, Carnforth www.parkviewsurgerynhs.co.uk</p> <p><b>01539 715555</b> <b>When surgeries are closed</b> <b>call</b></p> 	<p><b>Feet First Mobile Footcare</b> Covering all Your foot care needs Nail cutting Hard skin removal Ingrowing toenails Corn removal Julie Harwood MCFH <b>07813 969006</b> over 20 years experience</p> <p><b>Irene Taylor Hearing Centres</b> Salt Pie Lane, Kirkby Lonsdale 015242 73589 Specialist in hearing aids &amp; protection Earwax removal by microsuction www.prestonhearingcentre.co.uk est.1980</p>
<p><b>LOW SIZERGH BARN</b></p>   <p><b>Organic Raw Milk</b></p>  <p><b>Farm Shop Café</b> <b>Farm Trail &amp; Camping</b></p>  <p>Low Sizergh Farm, Sizergh, Kendal LA8 8AE lowsizerghbarn.co.uk 015395 60426</p>		<p><b>Abbeyfield</b></p> <p><b>Hartland House</b> Residential Care Manager - Mrs Leanne Scrogham 015395 62251</p> <p><b>Lunesdale House</b> Residential Care Home Phone Mr C D Green <b>63293</b></p>





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from the age of 0-11 for 50 weeks of the year.

**Koala Room for 0-2s & Little Jumpers Room for 2-5s**

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Tel: 015395 64090 E: [enquiries@joeysnursery.co.uk](mailto:enquiries@joeysnursery.co.uk)

Joeys is part of Milnthorpe Family Centre a registered charity 1131829  
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	<p>  <b>GROUNDWORKS &amp; SEWAGE TREATMENT SYSTEMS</b>  <b>Tel: 01524 812476</b>  <b>Mobile: 07876 205361</b></p>	<p><b>Ryan Simpson</b>  <b>Septic tank emptying, Skip hire &amp; ground removal.</b>  07766 971167</p> <p><b>PA PARKER PLANT LTD</b>  - HYDRAULICS - PLANT HIRE -  - PLANT REPAIRS -  Phil Parker  07447 621703  Specialists in hydraulic hose repairs and assembly</p>
	<p><b>HALLS WASTE</b>  house clearances.  All waste removed,  <b>licensed</b> asbestos  &amp; waste removal.</p> <p>ALSO - Demolition services  sheds - garages -  outhouses - houses</p> <p>Mike 07813 855479  015395 63826</p>	<p><b>Chaplows Heating Services</b>  Gas Safe &amp; Oftec Registered  <b>Boiler Servicing, Installations &amp; Maintenance</b>  <b>015395 63017</b>  chaplows@hotmail.com</p>
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<p><b>TRAFALGAR Projects</b>  Building Services Ltd  <b>Call Brian: 07766 131251</b></p>	<p><b>SPARK ELECTRICAL LTD</b>  <b>Simon Clark</b>  Free consultation for electrical work  Electric car charging points  Rewires  Extra sockets  Under floor heating  Low energy lighting   <b>07918 127393</b>  <b>015395 64350</b>  simon.sparkelec@live.co.uk</p>	<p><b>KJM Plastering</b>  Internal, External &amp; damp work  07880 804825  015395 61668  Local &amp; reliable</p>
<p>  <b>Dave Atkinson Contracting</b>  Groundwork &amp; Landscaping  Fencing • Septic Tanks  Flagging • Concreting  Drainage • Machine hire  <b>Call for free quotes &amp; advice</b>  <b>01539 562347 • 07833 544 984</b></p>	<p> <b>COOPER ELECTRICAL CONTRACTING LTD</b>  All types of electrical work undertaken  Commercial, Domestic &amp; Industrial &amp; Agricultural  Inspection and Testing &amp; Portable appliance testing   <b>01539 897138 or 077177 62274</b>  www.cooper-electrical.co.uk E: info@cooper-electrical.co.uk</p>	<p><b>PLASTERER / TILER</b>  Time Served, City &amp; Guilds  Interior &amp; Exterior Work  Wall &amp; Floor Tiling  <b>JOHN WALLING 64199</b>  07907 286850</p> <p> <b>NICE APPROVED CONTRACTOR</b>   <b>NICE APPROVED CONTRACTOR</b></p>

<p><b>DW Johnston</b> Building Services Ltd 62434 or 07887 756564 johnston708@btinternet.com</p>	<p><b>JPG Joinery</b>  Joinery &amp; Property Maintenance Kitchens, UPVC Windows &amp; Doors, Wooden Flooring <b>Paul Gott</b> 07792 088638</p>	<p><b>TOM STEVENS</b> Joinery Patios, Fences, Decking etc Property Maintenance 65833 or 07968 799953</p>
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<p><b>Julian Stobbart FLOORING</b> 07792 749937 015395 62493</p>	<p><b>CHRIS POTTS BSc MRICS</b> <b>Chartered Building Surveyor</b> Design &amp; Construction Consultants</p> <p>Full architectural design Service Extensions, Alterations and New Build Internal re-design &amp; Space Planning <b>015242 73228</b> <b>07540 610582</b></p> <p>E: <a href="mailto:info@cnpassociates.co.uk">info@cnpassociates.co.uk</a> <b>CNP Associates Ltd,</b> 3 Market Square, Kirkby Lonsdale, LA6 2AN</p>	
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		<p><b>Grass &amp; hedge cutting fencing garden maintenance</b> David Abel <b>0789 0502534</b></p>

**Milnthorpe & District  
Allotment Association**

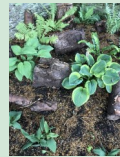


Annual Horticultural  
& Craft Show  
at St Thomas' Church  
Milnthorpe  
on  
Saturday 2nd September 2023

Schedules available :  
local garden centres,  
Milnthorpe Allotments website,  
& attached to the  
online Parish News

Come and Celebrate with Us  
Levens Methodist Church  
invites you to the Opening of  
our Community Garden  
Saturday 12th August  
1 - 3 pm

Refreshments  
Hot Dogs - Burgers - Cake  
Coffee - Tea - Juice  
Free Entry



The Garden will be open  
each day for all to use

**Apple Pressing**  
10.30 am - 12.30 pm

**Friday 22nd September** at St Thomas' Church, Milnthorpe  
on the grass to the side of the church

**Saturday 23rd September** at St John's Church, Levens  
in the carpark

Dress for the weather as we will be outside

Come along and bring apples or pears to press  
please see the notes on page 9 about what to bring.

Everyone Welcome with or without apples



Photos taken last year at apple pressing at Milnthorpe



# MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION SCHEDULE OF THE ANNUAL



## HORTICULTURAL & CRAFT SHOW

St Thomas' Church, Milnthorpe

Saturday 2nd September 2023

from 1pm

*Admission by donation*

**Refreshments and Raffle**

**Cups and Medals presented at 3pm**

**Auction of Produce after show**

**PRESIDENT  
VICE PRESIDENTS**

Mr C. H. Bagot  
Professor Geoff Gregory  
Mr Roger Bingham  
Mr Tim Rushton  
Dr Mike Warren  
Bill Stables  
Bill Stables  
Muriel Coom  
Jack Gott

**CHAIR  
SECRETARY  
TREASURER  
SHOW SEC  
COMMITTEE**

Steve Hurst  
Lisa Ashworth Whittaker  
Audrey McCabe  
Kath Craig (015395 64449)  
Heather Hartnett  
David Turnough  
Jane Cushnie  
Anita Gott  
Muriel Coom  
Sue Smith

Brian Banks  
Vicky Allen  
John Calvert  
Peter Brahmall  
Neil Dowker

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TRUSTEES**

**PATRONS:** Mr Neil Dodds, Mrs Anita Gott, Mr Clive Gott, Mrs Karen Martindale

**Plus Children's Classes, Baking and  
Preserves, Wines and Beers, Floral Art**

## RULES AND REGULATIONS

All Rules and Regulations will be strictly observed.

1. All specimens exhibited must be the bona-fide property, in the possession of and upon the premises of the exhibitor for not less than 2 months prior to the Show Day, or they will not be eligible to compete for the prizes. The Committee reserves the right to inspect all intended exhibits. Any exhibitor found infringing this rule will be disqualified in all classes. A special committee will, if considered desirable, visit allotments in connection with entries, 3 days before the show. Any exhibit not fit to be shown on the bench will be removed by the Committee.
2. No exhibitor can take more than one cash prize in any one class.
3. Officers of the Association shall direct the placing of all exhibits.
4. Any exhibit containing more or less than the correct number of specimens will be disqualified.
5. All exhibits will be labelled by number only. Class Cards will be supplied by the Hon. Secretary on receipt of entries on Friday evening or Saturday morning. Every exhibitor will retain the same number for all the classes. In staging, the card must be placed Class side to the front.
6. No exhibits may be removed from the Show before 3.30pm. The Association takes no responsibility for the loss of, or damage to exhibits.
7. Prize money will be paid by the Hon. Treasurer's desk from 2.30 pm onwards and must be claimed on the form provided by the Secretary at the Show.
8. Any matter of controversy arising which is not covered under these rules will be settled by the Committee whose word is final.
9. Any objections to an exhibit must be lodged with the Hon. Secretary in writing before 3.00 pm with a deposit of £5.00 which will be refunded if the objection is sustained.
10. Challenge Cups must be returned to the Hon. Secretary not less than 30 days before next Show Day.
11. Entries may be staged on Friday 7.00 - 9.00 pm and Saturday from 7.00 am but not later than 9.30 am prompt to allow judging to commence.
12. Prizes will be awarded only if the judges decide entries are worthy of recognition.
13. Vases will be supplied by the Association, including boards for Fuchsia florets and Pansies.
- 13a. Definition of a bowl: A vessel for displaying cut flowers in water or for growing bulbous plants and having a mouth width measurement at least equal but usually greater than its height. In floral arrangement classes bowls with one or more than one handle are acceptable.
14. All judging will be in accordance with affiliated Societies' rules.
15. The Association will not be responsible for any loss or damage sustained by exhibitors during the Show, but all usual precautions will be taken.
16. No exhibitor may enter more than 2 exhibits in any one class.
17. Entries will be accepted by the Show Secretary or any Committee Member by the Wednesday evening before the Show at the latest or if posted, carry a first class stamp and Wednesday's postmark.
18. Prize money not collected by 3.30pm on Show Day will be forfeited.
19. All hanging baskets / patio containers not to exceed 16" / 41cm diameter.

**At the conclusion of the show there will be a sale  
of vegetables, flowers, jams etc**

**Exhibitors are invited to leave their surplus produce  
for the benefit of show funds.**

**Cards will be provide to be placed on items to be auctioned.**

**Thank you**

# MILNTHOPE & DISTRICT ALLOMENT ASSOCIATION

## ANNUAL SHOW

### ENTRY FORM

To be completed and returned by the Wednesday preceding the show to  
 Show Secretary, Kath Craig, 6 Church St, Milnthorpe LA7 7DX  
 Email: [kathcraig@yahoo.co.uk](mailto:kathcraig@yahoo.co.uk) Tel: 015395 64449 / 07415 452637  
 Postal entries will be accepted with the Wednesday postmark. Any  
 exhibitor wishing to enter the members' classes may do so by making  
 themselves a member of the Association, £5.00.

SECTION	CLASS	DESCRIPTION OF EXHIBIT	ENTRY FEE

CARRIED FORWARD

P.T.O.

SECTION	CLASS	DESCRIPTION OF EXHIBIT	ENTRY FEE
		MEMBERSHIP £5.00 (where applicable)	
		CARRIED FORWARD	
		TOTAL	

I desire to enter produce in the classes as set out in the Schedule.  
I declare that I will abide by the committee in any matter of controversy and also  
that the produce has been produced by me on ground situated

at.....

Herewith enclosed £.....p in respect of entry fees.

Signature of Exhibitor.....

Name.....Tel:.....

Address.....Email.....

Age on Show Day if entering Children's classes .....



MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION  
**ANNUAL SHOW 2nd SEPTEMBER 2023**

ENTRY FEE 10p per entry [Section 9 Children's Class - Free]

Prizes - 1st £1.00; 2nd 60p; 3rd 40p, except where otherwise stated

Points - 1st - 4 points; 2nd - 2 points; 3rd - 1 point

**Section 1**

**Class**

**Vegetables - Open**

1. 1 Cabbage - root to remain as grown
2. 1 Cauliflower - root to remain as grown
3. 6 Pod Peas
4. 6 Pods Broad Beans
5. 3 Carrots - Stump rooted
6. 3 Carrots - Taper or Long rooted
7. 3 Leeks
8. 6 Pods French Beans
9. 3 Beetroots (to be cut by the judge)
10. 5 Tomatoes
11. 6 Shallots - Round, any colour
12. 6 shallots - Pear Shaped
13. 2 Cucumbers
14. 6 Pods Runner Beans
15. 6 Onions, not to exceed 3lbs in total weight (Scales will be provided by the Association)
16. 5 Cherry Tomatoes
17. 4 Onions
18. 1 Table Marrow
19. 6 Onions, grown from sets
20. 5 Round or Oval White Potatoes
21. 5 Kidney Potatoes - Coloured or White
22. 5 Coloured Potatoes - Round or Oval
23. 3 Sticks Rhubarb
24. Heaviest Marrow
25. Any Other Vegetable not scheduled in this section
26. 2 Pot Leeks (Maximum length of blanched part of leeks 6 inches or under)
27. Collection of 4 Kinds of Vegetables, 3 of each variety, to be shown in space 3ft x 2ft, Garnishing allowed. £2, £1, 50p
28. Top Tray class - 3 vegetables chosen from 8, rules - details at rear of schedule.
29. Heaviest Pumpkin
- 29a. 3 Parsnips

## **Vegetables - Members only**

### **Section 1a**

#### **Class**

30. 1 Cabbage (Green) - root to remain as grown
31. 6 Pods French Beans
32. 3 Beetroots (to be cut by the judge)
33. 5 Tomatoes
34. 6 Shallots - Round, any colour
35. 6 Shallots - Pear shaped
36. 6 Onions, grown from sets
37. 3 Courgettes
38. 6 Runner Beans
39. 1 Table Marrow
40. 1 Lettuce - root to remain as grown
41. Any other Vegetables not scheduled in this Section
42. 6 Pods Peas
43. 6 Pods Broad Beans
44. 1 Cucumber
45. 3 Round or Oval Potatoes, White
46. 3 Kidney Potatoes, Coloured or White
47. 3 Coloured Round or Oval Potatoes
48. 4 Onions
49. 3 Leeks
50. 1 Truss Tomatoes
51. Longest Runner Bean
52. Longest Carrot
53. Largest Beetroot
54. Heaviest Tomato
55. Mis-shaped Vegetable or Fruit
56. Heaviest undressed Onion
57. 5 chillies or peppers
58. Vase of no fewer than 3 varieties of herbs
59. Collection of 5 individual different items made up of any combination of fruit, vegetables, flower or plant (entries restricted to Milnthorpe & District allotment holders - no entry fee)

### **Section 2**

#### **Fruit - Open**

60. 5 Dessert Apples
61. 5 Cooking Apples
62. Any Other Fruit not scheduled

## Flowers - Open

### Section 3

63. 3 Dahlias (any colour or variety) restricted to exhibitors who have not already won three 1st Prizes with Dahlias
64. 3 Waterlily Dahlias
65. 5 Pom Pom Dahlias - must pass through 52mm ring
66. 3 Miniature Dahlias between 52mm-115mm
67. 3 Small Ball Dahlias between 102mm - 170mm
68. 3 Small Cactus or Semi-Cactus Dahlias 102mm - 170mm
69. 3 Dahlias, any colour or variety not already scheduled
70. 5 Single Asters
71. 5 Double Asters, any colour
72. 1 Foliage Plant
73. 6 Pansies, any colour (boards provided)
74. 1 Bowl of Sweet Peas (Bowl not to exceed 9inch in diameter) own foliage, arranged for effect
75. Sweet Peas - 3 varieties, 1 vase of each - 9 stems to a vase
76. Sweet Peas - 2 varieties, 1 vase of each - 9 stems to a vase
77. 1 Bowl of Annual Cut Flowers (Bowl not to exceed 9inches in diameter - Sweet Peas excluded)
78. 6 Blooms Early Flowering Chrysanthemums in Vases - any type or types
79. 3 Hosta Leaves in a vase
80. 1 vase of 3 Chrysanthemum Blooms (N.C.S. Section 23, 24 or 25)
81. 5 Stems of Spray Chrysanthemums
82. 5 Hybrid Tea Roses - in a vase
83. 1 Pot Plant in Flower excluding Fuchsia
84. 6 Fuchsia Florets (boards provided)
85. 1 Pot of Fuchsia 1 variety
86. 1 Spike Gladioli
87. 3 Spikes Gladioli, any colour
88. 1 Fuchsia hanging basket, the basket not to exceed 16" / 41cm diameter
89. 1 Geranium or Pelargonium
90. One vase of perennial flowers
91. Top Vase - details at rear of schedule.

## **Flowers - Members Only**

### **Section 4**

- 92. 6 Gladioli, any colour - 3 in a vase
- 93. 3 Large or Giant Dahlias to be staged in separate vases
- 94. 3 Small Decorative Dahlias 102mm-170mm
- 95. 3 Medium Decorative Dahlias 152mm - 220mm
- 96. 3 Medium Cactus or Semi-Cactus Dahlias 152mm-220mm
- 97. 5 Pom Pom Dahlias - must pass through 52mm ring
- 98. 3 Miniature Ball Dahlias between 52mm - 115mm
- 98a. 3 Collerette Dahlias
- 99. 1 Bowl Mixed Dahlias - arranged for effect
- 100. 5 Antirrhinums, any colour
- 101. 1 Bowl of Roses
- 102. 1 Stem Floribunda Roses
- 103. 1 Rose
- 104. 5 Roses
- 105. 4 Chrysanthemum blooms, any type or types
- 106. 1 Vase of three Chrysanthemum blooms, any type or types.  
Restricted to Members who have not already won a 1st prize with Chrysanthemums
- 107. 3 Stems Spray Chrysanthemums
- 108. Patio Container maximum 16 inches / 41cm diameter
- 109. 1 Vase Sweet Peas - 9 spikes - Mixed
- 110. 1 Vase Sweet Peas - 12 spikes - Mixed
- 111. 1 Pot of Fuchsia 1 variety

## **Floral Art - Open**

### **Section 5**

- 112. A Table Decoration space allowed 2ft x 2ft (height unlimited).
- 113. An arrangement in an egg cup
- 114. Arrangement to celebrate the King's Coronation,  
Space allowed 2ft x 2ft.
- 115. "Where have all the flowers gone?" An exhibit with foliage predominating - fruit, berries, seed heads etc. may be used -  
Space allowed 2ft x 2ft (height unlimited)
- 116. Decorated candle arrangement.
- 117. Lady's or Gent's buttonhole

### **Section 6**

### **Open**

- 118. Carnivorous plant
- 119. 1 Bonsai specimen
- 120. 1 Cactus or Succulent in pot
- 121. 3 Cacti and/or Succulents in pots
- 122. 1 Fern in pot



## Section 7

## Domestic - Open

123. Glass Jar of Home-Produced Honey
124. Glass Jar of Home-Made Rum Butter
125. Glass Jar of Home-Made Lemon Curd
126. Glass Jar of Home-Made Chutney or Piccallili
127. Glass Jar of Home-Made Jam
128. Glass Jar of Home-Made Jelly
129. Glass Jar of Home-Made Marmalade
130. Loaf of Home-Made Bread
131. Fruit Pie on plate
- 131a. 4 Sausage Rolls
132. Chocolate Cake, with filling and decoration
133. 6 Cheese Scones
- 133a. 6 Fruit Scones.
134. 4 Pieces of Gingerbread
135. Swiss Roll
136. 6 Pieces of Tray Bake
137. 6 Pieces of Flapjack
138. Plate of Home-Made Biscuits
139. Ring of Shortbread, cut into 6 portions
140. 6 Small Fancy Cakes
141. Loaf of Tea Bread
142. Egg Custard Tart
143. 4 Fresh Hen Eggs
144. 4 Fresh Bantam Eggs
145. 6 Jam Tarts
146. Lemon Drizzle Cake
147. Loaf of Machine Made Bread
148. Victoria Sandwich Cake (2 cakes, sandwiched with jam, nothing on top)

*N.B. Bottles and jars will be opened and all cakes will be cut by the judge.*

## Section 8

## Art and Crafts - Open

149. One knitted article - please fasten card to exhibit
150. Photograph (not to exceed 8" x 6") - Country Scene - *either portrait or landscape*
151. Photograph (not to exceed 8" x 6") - Seascape - *either portrait or landscape*
152. Photograph (not to exceed 8" x 6")- Animal / Birds - *either portrait or landscape*
153. Piece of embroidery of origin if recycled/upcycled
154. Article of Craft not costing more than £1 to make, state what was originally if recycled or upcycled
155. A Greetings Card
156. Artwork - any medium
157. Hand made toy
158. Wood crafted item
159. Ceramic or pottery item
160. Any other craft not scheduled
- 160a. Any patchwork article

*Note: Articles in this Section MUST NOT previously have won a First Prize at Milnthorpe*

## Section 9

## Children's Classes - Open

- 161. \* Pre-school - Painted Pebble
- 162. \* Pre-school - Drawing or Painting
- 163. \* Ages 4 - 11 years - Computer-generated Picture
- 163a. 16 years and under - Three individual items (fruit, flowers or vegetables) to be grown by the exhibitor.

## Section A - 7yrs & Under

- 164. A Vegetable animal (may include any vegetables or fruits)
- 165. A Necklace made from seeds and/or berries
- 166. Handworked article or model (any medium)
- 167. Decorated rich tea biscuit
- 168. A painted pebble
- 169. A Painting A4 max
- 170. A Drawing using pencil, felt-tip pens or crayons, A4 max
- 171. A Specimen of Handwriting [Wording to be copied on page 31]
- 172. A Miniature Garden, not to exceed 18ins x 12ins / 46 x 31 cm

## Section B - 8yrs - 11yrs

- 173. Handworked article or model (any medium)
- 174. A painted pebble
- 175. A Painting (A4 max)
- 176. A Drawing using pencil, felt-tip pens or crayons
- 177. A Specimen of Handwriting [Wording to be copied on page 31]
- 178. A Miniature Garden, not to exceed 18ins x 12ins / 46 x 31 cm
- 179. A Vegetable animal (may include any vegetables or fruits)
- 180. A Necklace made from Seeds and/or Berries
- 181. A Plate of six small fancy cakes

## Section C - 12yrs - 16yrs

- 182. A Handworked article or model (any medium)
- 183. A Web page design print out, A4 max
- 184. A Painting or drawing, A4 max
- 185. A Plate of six small fancy cakes
- 186. A Vegetable animal (may include any vegetables or fruits)
- 187. A Handmade greeting card
- 188. A Miniature garden, not to exceed 18" x 12" / 46 x 31 cm
- 189. A Specimen of handwriting [Wording to be copied on page 31]
- 190. A Photograph (not to exceed 8" x 6")

## Section 10

## Wine - Beer Classes - Open

- |                        |                         |                      |
|------------------------|-------------------------|----------------------|
| 191. White Wine, Dry   | 196. Mead, Dry          | 200. Bottle of Stout |
| 192. White Wine, Sweet | 197. Mead, Sweet        | 201. Bottle of Lager |
| 193. Red Wine, Dry     | 198. Liqueurs made from |                      |
| 194. Red Wine, Sweet   | fruits                  |                      |
| 195. 'Rose' Wine       | 199. Bottle of Bitter   |                      |
| Dry to Medium          |                         |                      |
- A copy of the wine-beer rules may be obtained from the Show Secretary.*

**Class 171 (7 and under)**

**Excerpt from 'Please Mrs. Butler' by Allan Ahlberg**

Please Mrs. Butler  
This boy Derek Drew  
Keeps copying my work, Miss.  
What shall I do?

Go and sit in the hall, dear.  
Go and sit in the sink.  
Take your books on the roof, my lamb,  
Do whatever you think.

**Class 177 (8 - 11 years)**

**Excerpt from 'Little Red Riding Hood and the Wolf'  
from Roald Dahl's Revolting Rhymes.**

As soon as Wolf began to feel  
That he would like a decent meal,  
He went and knocked on Grandma's door,  
When Grandma opened it, she saw  
The sharp white teeth, the horrid grin,  
And Wolfie said, "May I come in?"  
Poor Grandmamma was terrified,  
"He's going to eat me up!" she cried.  
And she was absolutely right.  
He ate her up in one big bite.

**Class 189 (12 - 16 years)**

**Excerpt from 'Blackberry Picking' by Seamus Heaney**

Late August, given heavy rain and sun  
For a full week, the blackberries would ripen.  
At first, just one, a glossy purple clot  
Among others. Red, green, hard as a knot.  
You ate the first one and its flesh was sweet  
Like thickened wine; summer's blood was in it  
Leaving stains upon the tongue and lust for  
Picking. Then red ones inked up and that hunger  
Sent us out with milk-cans, pea-tins, jam-pots  
Where briars scratched and wet grass bleached our boots.  
Round hayfields, cornfields and potato-drills  
We trekked and picked until the cans were full.

## Top Vase Rules 2023

### Notes for Exhibitors and Judges

○ The Top Vase class is for a vase of mixed flowering stems containing a total of between 5 and 10 stems, taken from a minimum of two different kinds of plants. Please note that it is two different KINDS of plants; two varieties of the same plant are NOT two kinds.

○ Only fresh, HOME-GROWN flowers can be used in the vase. No dried or silk flowers are allowed.

○ Stems used in the display must be showing flowers only; no seed heads or berries will be allowed.

○ The vase can be any shape and size and made from any material, but must be in proportion to the display. No marks are awarded for the vase itself.

○ No accessories whatsoever - such as bows and additional foliage - will be allowed. Foliage, which is growing naturally from the flowering stem, and still attached to that stem, will be allowed. Packing material - including floral foam - to keep the stems in place is allowed.

The winner of the Top Vase class will receive a £10 garden voucher; second a £5 garden voucher and 3rd a £3 voucher.

○ Flowering stems can be taken from ANY flowering plant. The different kinds of plants need to be taken from different genera. For instance, pinks, carnations and sweet william - which are all dianthus - would not be classed as different kinds.

○ A vase by definition, is any vessel that can be used to hold cut flowers and which is taller than it is wide at its widest point.

○ The Top Vase class is open for anyone to enter, and judges should use their discretion, bearing in mind that the entries may come from inexperienced exhibitors.

○ Judges - note the display has to be viewed all round.

○ Any queries that may arise, regarding anything other than the above rules, should be referred to, and decided by, the show officials.  
Failure to abide by the rules will lead to disqualification.

## Top Tray Rules

### Competition Rules

The Top Tray Class is for a display of three types of vegetables from the following list of eight.

The quantity of each vegetable required for the display is given in brackets: CARROTS (3), CAULIFLOWER (2), ONIONS (3), PARSNIPS (3), PEAS (6 PODS), POTATOES (3), RUNNER BEANS (6 PODS), TOMATOES (6).

○ Each type of vegetable will be judged out of a total of 20 points. This is split into three sections as follows: seven points for size, shape and colour; seven points for condition; six points for uniformity. The overall mark will therefore be out of a total of sixty.

○ All vegetables are to be displayed for effect. The vegetables must be displayed within an area measuring 18" by 24" (45 x 60cm.), without bending any part of them. No part of any exhibit may exceed the size of the tray. A tray or board measuring 18" by 24" (45 x 60cm.) can be used to display the vegetables, or the area can be simply marked on the staging. Where a tray has a lip or edge, it is the internal measurements that must not exceed 18" by 24" (45 x 60cm.).

○ A black cloth is permitted, and the tray may be painted. Parsley is allowed for garnishing, but no other foliage or accessories, such as plates, sand, or rings will be allowed. Onion tops may be tied or whipped using raffia.

○ The Winner of the Top Tray Class will receive a £10 garden voucher; the second a £5 garden voucher and third a £3 garden voucher.  
**Note for Exhibitors and Judges**

○ Carrots and parsnips must have foliage trimmed to 3" (7.5cm.).

○ Peas and beans must be displayed with some stalk attached.

○ Tomatoes must be displayed with calvies.  
Failure to abide by these rules leads to disqualification.



# MILNTHORPE AND DISTRICT ALLOTMENT ASSOCIATION

## Trophy and Awards List

THE PERPETUAL CHALLENGE CUP AND BLUE RIBBON

- best horticultural exhibit in show

HOUGHTON CUP - most points in Section 1

THE CHRISTOPHER AUDLAND CUP - best exhibit in Section 1

CROSS KEYS TROPHY - Class 17 - 4 onions

J.H. JACKSON PERPETUAL CUP - most points in Classes 20/21/22 - potatoes

PROFESSOR BYRNE CUP- most points in section 1a

J & L NICHOLSON ROSE BOWL - best exhibit in classes 19 & 36 - onion sets

JOHN DIXON TROPHY - best exhibit in classes 11, 12, 34, and 35

MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION TROPHY

TOP TRAY 1ST - class 28

TOP TRAY 2ND - class 28

TOP TRAY 3RD - class 28

LIBBY, MCNEIL & LIBBY CUP - most points in Sections 1 and 1A

HENRY COOKE TROPHY - best dahlia exhibit

NATIONAL DAHLIA SOCIETY SILVER MEDAL - best dahlia exhibit

NATIONAL DAHLIA SOCIETY BRONZE MEDAL - 2nd best dahlia exhibit

NATIONAL CHRYSANTHEMUM SOCIETY SILVER MEDAL

- best chrysanthemum exhibit

NATIONAL CHRYSANTHEMUM SOCIETY 1ST MERITORIUS EXHIBIT

NATIONAL CHRYSANTHEMUM SOCIETY 2ND MERITORIUS EXHIBIT

NATIONAL SWEET PEA SOCIETY BRONZE CERTIFICATE

- best sweet pea exhibit

BRITISH FUCHSIA SOCIETY BLUE ROSETTE - best fuchsia exhibit

JOHN BALMER CUP - best spike gladioli in show

R. J. HOLMES & SON SILVER CHALLENGE CUP - class 67

- 3 small ball dahlias

PLANT LIFE TROPHY - class 72 - foliage plants

SILVER CUP - class 74 - bowl of sweet peas

NATIONAL SWEET PEA SOCIETY BRONZE MEDAL - Class 75

- 3 varieties of sweet pea

R.O. HODGSON PERPETUAL TROPHY - class 78

- 6 blooms chrysanthemums

COACH & HORSES TROPHY - fuchsia hanging basket

MR & MRS W.G. GOTT MEMORIAL TROPHY - most points in section 4

Continued overleaf

HOWARD PERPETUAL TROPHY - class 92 - six gladioli  
 MISS A DOBSON SILVER CHALLENGE CUP - class 97 - five pom pom dahlias  
 W. P. DOBSON SILVER CHALLENGE CUP - class 104 - five roses  
 ROBERT GARNETT MEMORIAL CUP - class 105 - four chrysanthemums  
 ARNSIDE GARDEN CENTRE TROPHY - class 108 - one patio container  
 BRIGADIER C. E. TRYON - WILSON DALLAM TROPHY  
     - most points in section 5  
 DALLAM CUP - class 112 - novice floral art  
 M. HYDE MEMORIAL CUP - most points in sections 7 & 8  
 WALKER CUP - for the best exhibit in the Domestic class  
 MILNTHORPE & DISTRICT PHOTOGRAPHIC TROPHY  
     - best exhibit in classes 150, 151, and 152  
 SILVER CUP - most points in classes 164 - 172  
 SILVER CUP - most points in classes 173 - 181  
 SILVER CUP - most points in classes 182 - 190  
 JOSEPH T. COOKSON MEMORIAL TROPHY  
     - most points in section 9 (excluding classes 161 - 163)  
 W. JACKSON PERPETUAL CUP - classes 172/178/188 - best miniature garden  
 PERPETUAL TROPHY - classes 164/179 - best vegetable animal  
 J.H. JACKSON PERPETUAL CUP - best exhibit in classes 165/180  
     - seed and berry necklace  
 PERPETUAL TROPHY - classes 181/185 - 6 small cakes  
 SILVER CUP - best exhibit in classes 161-163 - Milnthonpe Children's Centre  
 TARMAC ROADSTONE PERPETUAL CHALLENGE CUP  
     - best exhibit in wine section  
 MILNTHORPE INSTITUTE AND SOCIAL CLUB TROPHY  
     - best exhibit in beer section  
 MILNTHORPE AND DISTRICT ALLOTMENT TROPHY - best kept allotment  
 MR & MRS J. H. JACKSON SHIELD - best kept pen  
 MR & MRS J.H. JACKSON SHIELD - best kept garden  
 JOHN COOM TROPHY - best allotment on the Ashpyre site  
 STEVE HURST TROPHY - Tallest sunflower (Under 16s)  
 CLASS 163a - 1st prize: £10 Booths voucher, 2nd prize: £5 Booths voucher

## **MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION ANNUAL HORTICULTURAL & CRAFT SHOW SPONSORS**

*With grateful thanks to all our sponsors  
without whom this traditional horticultural & craft show could not take place:-*

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Thanks also to the President and Vice-Presidents  
for their continued support and donations to the funds.

Milnthorpe & District Allotment  
Association

THE ANNUAL GENERAL  
MEETING  
&  
PUMPKIN AND MARROW  
COMPETITION

will be held on

MONDAY 30th OCTOBER  
2023 at 7.30 pm

at Christ the King Church Hall,  
Haverflatts Lane, Milnthorpe

Everyone Welcome



Please see the website: [milnthorpeallotments.co.uk](http://milnthorpeallotments.co.uk)

Milnthorpe & District Allotment Association  
is delighted to welcome

Members (subscription £5) and Patrons (subscription £6).  
On production of membership cards, all members and patrons  
will receive a **5%** discount on purchases of gardening supplies  
and equipment (not already on special offer) at:

Carr Bank Garden Centre  
Houghtons DIY, Milnthorpe  
Beetham Nurseries

And **10%** discount from on all outdoor plants, tools, compost and  
chemicals at:  
Bay View Garden Centre

## ADDITIONAL COMPETITIONS FOR RESIDENTS OF MILNTHORPE AND 2 MILES RADIUS

### BEST KEPT ALLOTMENT

During the summer an independent judge will inspect the allotments. The holder of the best allotment will, as a prize, have 12 months tenancy rent free, plus a Cup to be held for 12 months; 2nd prize £4; 3rd prize £2.

### BEST KEPT PEN

During the summer an independent judge will inspect the pens. The holder of the best kept pen will, as a prize, have six months tenancy rent free, plus a Shield to be held for 12 months.

### BEST KEPT GARDEN (Open)

Any private garden, large or small, wholly maintained by the householder and situated within 2 miles radius of Milnthorpe can enter Judging will take place late July. 1st prize £20 Garden Tokens and a Shield to be held for 12 months; 2nd prize £12; 3rd prize £8.

### HANGING BASKET/CONTAINER CLASS (Open)

Competition for any householder situated within 2 miles radius Milnthorpe. Judging will take place late July. 1st prize £15; 2nd prize £10; 3rd prize £5

### TALLEST SUNFLOWERS

Tallest sunflowers grown within 2 radius of Milnthorpe - to be measured/judged during the last week of August. 3 classes:

Under 11s (£10 prize); 11 - 16 year olds (£10 prize); Trophy for tallest Sunflower - Open class - prize-bottle of wine.

If you would like to enter any of the above competitions (excluding Best Kept Allotment and Best Kept Pen) please complete the details below and give or post your entry to Kath Craig, 6 Church Street, Milnthorpe or any member of the Committee before 28th July 2023. **All winners will be announced at the Annual Show.**



Please Tick	Class Entered	Entry fee 50p per class
	Best Kept Garden	
	Hanging Basket / Container - not to exceed 16" / 41cm diameter	
	Tallest Sunflower (Under 11 years at 31st August)	
	Tallest Sunflower (11-16 years old at 31st August)	
	Tallest Sunflower (Open)	

Name.....Phone.....

Address.....Email.....