

Keep phoning
friends, family,
neighbours and
check they are ok



Parish News

extra-ordinary issue 2020

Read News from the
Villages in the
Westmorland Gazette -



Correspondents to send reports:

Milnthorpe - Peter McCabe
peterjmcc@aol.com

Hincaster - Bridget Pickthall
bridgetpickthall1@gmail.com

Levens - Naomi Capstick
niandpaul@gmail.com

Heversham - Hilary Hutchinson
22hilmar@gmail.com



Next issue is May 2020.
Please send notices by 10th April.
If we cannot print and deliver we
will do an online version



Age UK
01539 728118

**[www.nhs.uk/conditions/
coronavirus-covid-19/](http://www.nhs.uk/conditions/coronavirus-covid-19/)**

**Only call 111 if you cannot
get help online.**



***Free, confidential advice and help
is available on any aspect of debt,
consumer problems, benefits,
housing, employment or any other
problems. We can give detailed
advice over the phone – telephone
03444 111 444.***

For email see our website:

**[www.southlakescab.org.
uk](http://www.southlakescab.org.uk)**

***We have various outlets across
South Lakeland if an appointment
is required. For Money Advice and
for on-going enquiries please call
015394 46464.***

Samaritans'

Free helpline number is **116 123**.
Calls to this helpline number do
not appear on phone bills.

This number is free to call from
both landlines and mobiles, in-
cluding pay-as-you-go mobiles.
You do not need to have any
credit or call allowance on your
plan to call 116 123.

Available round the clock, every
single day of the year, providing a
safe place for anyone who is
struggling to cope.
www.samaritans.org

Levens Village Shop is organising an order and delivery service **for those who are required to self isolate.**

They have some volunteer help for the deliveries. If you are interested in receiving (or helping with) deliveries, see contact below.

Vanessa Riley : **07368 469107**

E: levensvillageshop@gmail.com

How can we help our neighbour?

If you can, check on older neighbours, and organise help street by street.

 <p>Your local friendly milk delivery service. Glass bottles and plastic.</p> <p>Delivering: Monday, Wednesday and Friday tea times.</p> <p>CARTMEL DAIRY & SONS LIMITED</p> <p>☎ 07481 140 888 📍 Cartmel Dairy & Sons Ltd 📧 cartmel_dairysons_ltd ✉ milkman@cartmeldairysonsltd.co.uk</p>	<p>Olive Tree, Milnthorpe 07494 026786</p> <p>Frozen ready-to-cook meals 3 meals at £3 each can be delivered after 4pm Check delivery location</p>	<p>Living Well Health Foods Milnthorpe 015395 63870 Orders taken.</p>
 <p>Authentic Indian Takeaway open daily 5 pm -10.30 pm Milnthorpe Square 64700 www.goaspice.com</p>	<p>Hallams Chippy Milnthorpe 015395 62298 07496 940454 Mon 5 - 7.30pm; Tues 4.30 - 8.30pm Wed to Sat 11.30 am - 2.00 pm & 4.30 pm - 8.30 pm</p>	<p>Stuart Smith Butchers Milnthorpe take orders 62411 if someone can collect. Cash or contactless on collection</p> <p>Opening times/offers may change as time goes on</p>

HELLO! If you are in isolation because of the coronavirus emergency, can Levens Good Neighbours help ?

With: A friendly phone call Walking your dog Posting mail
Picking up shopping from Levens Shop Picking up library books
Collecting a prescription Simple handyperson jobs

Just ring us on 07908 004672: 8am to 8pm any day of the week.

Our volunteers are covered by insurance and policies relating to safeguarding and good practice.

Coronavirus is contagious. Items should be left on your doorstep.
Please take every precaution to ensure you are spreading only kindness.
Avoid physical contact (2m distance). Wash your hands regularly.

Dear Friends

As this edition of Parish News goes to press, there is a definite lack of news, in terms of forthcoming events and services. The latest response to the Corona virus means that all public church services are suspended until further notice. However church buildings are to **remain open** and available to any who wish to use them as places of calm and reflection, to meditate on Scripture and pray to God. Helpful resources are available in the churches and online. Please consult weekly notes and the parish websites for up to date information.

Although church services are temporarily suspended, the church's fellowship and care, our learning together and praying together will continue via other means, via phone, email, internet and the written word. I intend to be in each of the three parish churches on a Sunday to say Morning or Evening Prayer, albeit not as a public act of worship, so that the principle of having a Sunday service where the Bible is read and prayers are said according to the custom of the Church of England is not lost during these strange days.

A friend reminded me of the words in Psalm 91.

It encourages us to live wisely and confidently in the light of God's goodness and care. Here are the first six verses:

Whoever dwells in the shelter of the Most High
will rest in the shadow of the Almighty.
I will say of the Lord, "He is my refuge and my fortress,
my God, in whom I trust."
Surely he will save you from the fowler's snare
and from the deadly pestilence.
He will cover you with his feathers,
and under his wings you will find refuge;
his faithfulness will be your shield and rampart.
You will not fear the terror of night,
nor the arrow that flies by day,
nor the pestilence that stalks in the darkness,
nor the plague that destroys at midday.

With every blessing.
Rev'd Bryan Kerr

websites : www.levens.org.uk www.stpetersheversham.org
www.stthomasmilnthorpe.org.uk
www.heversham.org (for an archive of A4 colour Parish News)

Notices will be on websites as much as possible. Stay in contact



Please continue to donate to **Milnthorpe Area Food Bank** if you can. There are collecting points in all church buildings that are open, at the library when open, and at Spar shop in Milnthorpe.

Website:
milnthorpefoodbank.org

The Church of England website contains prayers for this time,

Here is one that is particularly pertinent:

God of compassion,
be close to those who are ill,
afraid or in isolation.
In their loneliness, be their
consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through him who suffered alone
on the cross,
but reigns with you in glory,
Jesus Christ our Lord. **Amen.**



Kent Estuary Catholic Churches -
Milnthorpe - Arnside - Grange
Fr. Philip Smith, 015395 32731
Christ the King RC Church
Haverflatts Lane , Milnthorpe

SCENE: The consulting rooms of Mr Sherlock Holmes, 221B Baker Street.

It is a Spring morning in 1889. The great detective himself is seated in the easy chair beside the fire, his head back and eyes closed, either deep in thought or asleep. Dr Watson enters through the main door.

WATSON: Ha, Holmes! What is this? A post-prandial nap *before* Sunday lunch? Mrs Hudson has only cleared away the breakfast dishes.

HOLMES: On the contrary, my dear fellow. My mind rebels at stagnation. I have been returning to a case that has eluded me for years, a real three-piper, the mystery of a missing person.

WATSON: Missing, presumed dead?

HOLMES: Dead, presumed missing! This person vanished after his death. He was carefully laid in his grave, a cave sealed by a great stone and guarded by soldiers, and yet when the grave was opened a couple of days later, there was no body there. I mean no body was found. You must recall this case.

WATSON: Of course I do. Jesus Christ in first century Palestine. But surely someone simply stole the body, probably his friends.

HOLMES: Ah yes, the grave-robbing disciples. One of the oldest examples of anti-Christian rhetoric, the guards claimed that the followers of Jesus stole the body whilst they slept. But why would the disciples do such a thing?

WATSON: So they could then pretend that Jesus was alive.

HOLMES: But the disciples had no expectation of such a turn of events. Are we to believe that these cowardly and demoralised men, who had been crushed and scattered after Jesus' arrest and death, suddenly found the courage and strength to overcome an armed guard and roll away a heavy stone?

WATSON: Um ...

HOLMES: Moreover, these disciples, from the ringleaders to the lowest, all insisted that Jesus was alive, even if it cost them their lives. Why should anyone face prison, hardship or death defending something they know to be untrue? Surely one of them would crack and confess the hoax? Conspiracies require silence after all. I would suggest to you, Watson, that there is conspiracy, but it is to be found elsewhere. Why would these guardsmen admit to sleeping on duty, an offence that could lead to their execution? Moreover, how could they possibly have known the identity of the grave-robbers, if they had been asleep throughout?

WATSON: Well, Holmes, I'll concede, it probably was not the disciples, but perhaps another interested party, the Jewish leaders, the Romans ...

HOLMES: Why on earth would they be interested in stealing a corpse?

WATSON: Er, so they could stop the disciples saying that Jesus was alive?

(A faint smile appears on Holmes' lips.)

HOLMES: Do elaborate, Watson.

WATSON: Well, the authorities somehow anticipated that the disciples were going to claim that Jesus rose from the dead, so they took the body beforehand so they could produce it afterwards and destroy the disciples' credibility.

HOLMES: So why didn't they do that very thing, if they had taken the body? As you say, despite the flawed logic in your argument, all the authorities had to do was produce the corpse of Jesus and the Christian message is discredited once and for all. Indeed the Christian movement would have been strangled at birth.

WATSON: Well, Holmes, I'll admit it is unlikely to have been the work of body snatchers. It is probably more a case of human error, something as simple as the disciples going to the wrong tomb.

HOLMES: I think the early opponents of the Christian faith could have pointed that one out to them quite easily. Unless you believe, Watson, that the authorities went to all the trouble of guarding the wrong tomb?

WATSON: I'm sure there is another reasonable explanation. Let me see. What if Jesus hadn't actually died on the cross? Yes, this is it. He fainted on the cross and then was laid in that cave unconscious. In the cool air he revived and appeared to his disciples.

HOLMES: So you, as a military doctor with considerable battle experience, suggest that a man who had endured severe beatings, followed by constant blood loss for hours and a spear thrust in his side somehow recovered all by himself? Not only that, but he found sufficient strength to push aside a solid stone and overcome a crack team of soldiers on guard duty? And presumably, the sight of this bloodied injured figure somehow convinced the disciples that he was the winner in the battle against death? If you saw such a pitiful patient in your practice, would you be convinced that this man had been raised from the dead, or that he had only just cheated death?

Furthermore, my good doctor, you are a professional man, your trade is to hold back death. Do you not recognise the competency of other professionals, for example the Roman soldiers? Their job was to cause death and they did so efficiently. They were experienced executioners. If a man hadn't died by crucifixion alone, they would finish the job quickly. By the simple expedient of breaking the man's legs, they ensured he could no longer haul his body up upon the cross and draw breath. Asphyxiation quickly followed. Those soldiers knew their job. And they saw no need to break Jesus' legs, he had already died.

(Outside the window, the Sunday morning chimes of church bells begin to sound along Baker Street.)

So, Watson, we have seen that there are no likely suspects to have taken the body of Jesus, we can reasonably assume that they went to the correct grave, and experienced witnesses confirm that Jesus was dead. So where did the body go?

WATSON: Well, I would say, um, let me see, there must be a rational explanation.

HOLMES: Now, now, Watson, how often have I said to you that when you have eliminated the impossible, whatever remains, however improbable, must be the truth?

(He crosses the room and puts on his hat and cape. He strides purposefully to the door.) Ha! The game is afoot.

WATSON: Holmes, where are you going?

HOLMES *(gestures towards the window, indicating the church bells which are still ringing.)* Why, Watson, I'm going where the evidence leads me.

A happy Easter to you all, with apologies to Sir Arthur Conan Doyle!

The Easter Cross
will outside
St Thomas' Church
Milnthorpe on
Easter Sunday . If you
would like to walk up
during the day and put a
daffodil on the cross you
are most welcome



Chrysanthemum
Crocus
Daffodil
Daisy
Dogwood
Iris

Lily
Magnolia
Marigold
Pansy
Peony
Poppy
Rose
Tulip
Violet



N Y L B Y D M O B H R Y O L F U L Y J M
D O I V I F O U S Q O R S F R Z I C F F
C B D T Q Y M G M W M C G I F T L O W X
K N O Z K J S A W E R Y S N A P Y R P A
I C F H H W V O J O H C A K T D O A L A
C I F M G Y A T C X O T V V U N G K I C
B O A R P Q I U E Z S D N M B N S L W S
G U D P D W S I Y L A M G A R K O T M Y
E C O X M V T K T W H F P O S N W B W Y
G P T F S Q V T A V Y I S D G Y P I A V
M A R I G O L D N I W E S A F E R S V W
K R B A Q G L M O O D G M U N O J H X H
I P X W V S B U E L O A Q R A G P G C F
A I I E M G T X Q E I L Q Z H S W X F A
T L Y Z I I J T V T L B R I W E I T X S
E U B Y M M R Q S D R R C Z Q U B K L Z
Q T H K V I W I C T X N A P Q L C W L R
W L M J J G E H S Z U A P S A E U M Q T
E F F Y C B X X A B B A D U X X N U P W
V P E O N Y N C U C W O Y Y O Y N M N O

If you have just moved here and wonder what community events happen.

Usually lots !

All postponed until better times:

Church Services and groups
Levens Post Office at the Methodist Church
Levens Coffee Shop
St Thomas' Friday Coffee Morning
M:HUB Friday Coffee Shop
Plumtree Hall Community Coffee Morning
Christians Together in Levens Monday Group
Old School Community Drop In
Singing for Fun Group
Levens History Group
Brownies and all Girlguiding UK meetings/events
Stay n Play at M:HUB
All Milnthorpe Methodist groups /Pilgrim Poets
Milnthorpe-with-Heversham Mothers' Union
Heversham WI, Beetham WI at M:HUB
Men's Breakfast at St Thomas' Church Centre
Levens Annual Plant Sale in May
Events at Heron Corn Mill Beetham
Film and Theatre at Heron Theatre Beetham
Knit & Knatter at Levens
Age UK Events
Craft Club
Milnthorpe Walking Group
Heversham Bowling Club Coffee Morning
Quest and Forum speaker groups

And much more besides.....



A few people sent me fun lists of all the things they are going to do whilst at home :

Learn origami, improve my French, do lots of gardening, read lots of books I haven't looked at for ages, write email to friends, phone friends more, sort out my photos, tidy up my laptop and do a back up, keep busy folks !



Details of

www.nextdoor.co.uk

have been sent to Parish News as a means for our community to keep in touch and to message each other regarding local things of interest or concern. It appears to be relatively easy to set up, by adding your postcode and registering.

ACKENTHWAITE PONY FIELD

Following the sad death of popular pony Folly at the grand old age of 42, after a happy 25 years in her Ackenthwaite home, a new tenant is now sought for the pony field.

Written offers to The Clerk, Milnthorpe Parish Council (31 Trinity Drive, Holme LA6 1QL, jscargill@btinternet.com) are invited for the annual tenancy of Heater Field, commencing 1 May 2020 or thereabouts.



Milnthorpe Angling Assoc

Flyfishing for trout is available on the river Bela. For details please contact John Buchan on 01524 824218 or Steve Trafford on 07702 984361

BAVERSTOCK OPTICIANS

We would like to advise all our patients that our practice will be undergoing a planned re-fit from Monday 17th March until Saturday 18th April.

We are endeavouring to still take phone queries and bookings for appointments during the period of closure.

We look forward to opening with a fresh new look from Monday 20th April
Louise & Simon Budd



**CANCER
RESEARCH
UK**

Thanks so much to everyone who supported the Cancer Research Coffee Morning - £571 raised and more pledged. Thank you



VE Day 75 on 8th May
Details will be in next issue if the VE
Celebrations go ahead nationally.

A lot had been planned already.

So, literally,

"We'll meet again
Don't know where
Don't know when
But I know we'll meet again
some sunny day
Keep smiling through
Just like you always do
'Till the blue skies drive the
dark clouds far away"



VE DAY

75TH ANNIVERSARY

A SHARED MOMENT OF CELEBRATION

8TH MAY 2020

If you do not want your advert any more please email
 parishnews@heversham.org before invoices are prepared.
 Thank you

<p>Martin Dodds General Builder & Plasterer Alterations, extensions, plastering, dashing, roofing, block work, stonework, pointing, patios, fencing</p> <p>07950 033089 martind23@btinternet.com</p>	<p>Cumbria Landscaping • Patios • Fencing • Stonework • • Decking • Driveways • Ponds • www.cumbrialandscaping.com Stuart 0788 1914 108 stuart.lambert@hotmail.co.uk</p> <p>E&R AUTOS LTD Quarry Lane, Sandside 015395 63101 Vehicle Servicing & Repairs MOT Booking & Preparation Tyres & Puncture Repairs</p>	<div><p>Lakes & Dales Friendly Handyman</p></div> <p>Based in Endmoor Call John on 07725 947944 or email johnphilipswain@icloud.com No job too small</p>
<p>for your New or Used Car come to PV DOBSON & SONS (Motors) Ltd Bridge End Garage, Levens 015395 52441 Mechanical & Body Repairs, MOT Testing</p>	<p>Joeys Nursery and Out of School Club for all your childcare needs from the age of 0-11 for 50 weeks of the year.</p> <p>Koala Room for 0-2s & Little Jumpers Room for 2-5s Nursery Free Entitlement for 2-4s up to 30 hrs/wk between the hours of 7.45 am – 6 pm School Holiday Club 7.45am-6pm open to all primary age children in the area</p> <p>Tel: 015395 64090 E: helen@joeysnursery.co.uk</p> <p>Joeys is part of Milnthorpe Family Centre a registered charity No. 1131829 offering support to families on a non-profit basis</p>	
<p>MOBILE LOCKSMITH Locks opened / replaced Ring for a quote 015395 68170 07827481922</p>	<p>BPS Roofing All aspects of roofing contact Ben 015395 63844 07786 407187</p>	<p>Fibre Glass Flat Roofing Dormers, Garages, Extensions Approved Installer contact Paul Gott 015395 64529</p>
<div><p>The Original LOGSDIRECT</p><p>Kiln Dried Logs • Smokeless Fuel • House Coal • Kindling • Firelighters • Briquettes Pellets • Top Soil • Compost • Bark</p></div>	<p>skb window cleaning local window cleaner fully insured hard to reach & velux windows frames, doors, garage doors solar panels conservatories roof cleaning/moss removal 62852 or 07783 802192</p>	<p>CHRIS EASTON WELDING Gates, Railings, Garden Ornaments and General Fabrication 07917 402394</p>
<p>01524 812476 www.logsdirect.co.uk Free local delivery (min order required) Brooklands Farm, Addington Road, Lancaster, LA2 6PG.</p>	<p>CHIMNEY SWEEP Chris Backhouse ICS Registered member. Public Liability insured Open fires, stoves, agas, camera inspections 07443 902903</p>	<p>Andrew Backhouse Chimney Sweep Ltd est 1992 Trading Standards Approved All types of chimneys and flues swept Public liability insured 015394 45117 07763 145594</p>

The Villa Hotel, Levens

LA8 8EA

set in 14 acres of parkland.
Open to non-residents all year

Morning Coffee – Lunch

Afternoon Teas - Dinner.

Weddings – Functions

Funerals – Conferences

Private Dining.

01539 980 980

E:reception@thevillalevens.co.uk

www.thevillalevens.co.uk

Holiday Cottages in Heversham

Mary Davies

015395 64809

www.oldebluebellcottages.com

Bed & Breakfast

at Viver Watermill, Hincaster.

Enquiries & Bookings

to Dianne Woof

015395 61017

Lane House at Levens Ensuite Bed & Breakfast

John Riley *Proprietor*

015395 60381

GOA *Spice*

Authentic Indian Takeaway

open daily 5 pm -10.30 pm

Milnthorpe Square 64700

www.goaspice.com



The Gilpin Bridge Inn Levens 015395 52206

Good Home cooked pub food

& a cracking pint!

Food times Sat 12-9 Sun 12-8

Mon-Fri 12-3 & 5-830

Coffee & Cake deal

from 10.30 daily

Free Function room hire available

Play area/games room

8 bedrooms/dogs welcome



Wedding and Function Venue

Park House Farm, Heversham

www.parkhousebarn.com

015395 63340 or 07977 180939

Self catering COTTAGE SLEEPS TWO

BIRSLACK GRANGE, LEVENS

015395 60989

www.birslackgrange.co.uk

CHOICE CATERERS

Bev Carling 01524 736393

07896 298072

www.choicecaterers.co.uk

'THE ORCHARD'

Holiday Cottage to let in Levens

Owners: Chris and Shirley Band

Enquiries and Bookings to:

01244 352155

www.sykescottages.co.uk



Bay Vets

"The Community Vets"

Inspiring trust, passion & care
to deliver excellence
to pets and their families.

Lancaster 01524 32696

Morecambe 01524 410867

Milnthorpe 015395 62770

Caton 01524 770615

24 hours emergency service

info@bayvets.co.uk

www.bayvets.co.uk



'Experienced vets
for your much loved pets'

Kendal: 01539 722692

Kirkby Lonsdale: 015242 71221

24hr Emergency Service

www.westmorland-vets.co.uk

HIGHGATE VETERINARY CLINIC



Friendly, caring and professional team

www.highgate-vets.co.uk

173 Highgate, Kendal

01539 721344

Beezon Road, Kendal

01539 887988

LOW
Sizergh **BARN**



Low Sizergh Farm,
Sizergh, Kendal LA8 8AE
lowsizerghbarn.co.uk
015395 60426



Farm Shop
Café
Farm Trail
& Crafts



Milnthorpe Kennels and Cattery



Pet Boarding for
dogs, cats and small
animals. Comfortable
purpose built home
from home.
Pet Supplies

015395 62665

www.milnthorpekennelsandcattery.co.uk

<p>Living Well Supplements & Health Foods Milnthorpe 015395 63870</p>	<p>PURE ESSENCE <small>BEAUTY • SPA • ANTI-AGEING</small></p> <p>South Lakeland Leisure Village Carnforth LA6 1 BH Ph 01524 735240</p>	<p>MOJO Facial Aesthetics by Carole Gibson (Nurse Practitioner/Prescriber) 07972 497572 Appointments via Mirror Mirror Milnthorpe 015395 64007</p> <p>Free skin consultations Injections for lines/wrinkles mojofacial@gmail.com and on facebook</p>
<p> Green Dental 25 Main Street, Milnthorpe LA7 7PP</p> <p>Accepting new patients Excellent family dental care Payment options available</p> <p>015395 63685</p>	<p>Pain - Relief Massage Therapy Fully Qualified & Registered back - joint - muscular pain, tension and stress. Louise Wood MSc, SNHS 0770 33 33 770</p> <p>Upper Cuts Barbers 15 Park Rd, Milnthorpe  T: 62300</p>	<p>CUTZ HAIR SALON 13 Main Street, Milnthorpe T: 64484 also find us on FACEBOOK</p>
<p>Sue Spencer COUNSELLOR BACP Registered 015395 62217 07804 863408 www.suespencercounselling.com</p>	<p>Chiropody Clinic Judith Swift BSc HPC Registered Unit 6, Bridge End Business Park Park Rd, Milnthorpe 015395 64303</p>	<p>FOOTCARE AT HOME Tracey Garrett BSc MinstChp FOR HOME VISIT Nail trimming - Ingrown nails Corns- Callus Diabetic foot care & advice Phone 07766 167018</p>
<p>L M Baverstock Ophthalmic Opticians The Square, Milnthorpe 62633</p>	<p>Park View Surgery Haverflatts Lane Milnthorpe LA7 7PS and 21 New St, Carnforth www.parkviewsurgerynhs.co.uk</p>	<p>Irene Taylor Hearing Centres Salt Pie Lane, Kirkby Lonsdale 015242 73589 Specialist in hearing aids & protection Earwax removal by microsuction www.prestonhearingcentre.co.uk est.1980</p>
<p>Ralph Sutton D.O. Registered Osteopathic Milnthorpe & District Osteopathic Clinic 015395 65777</p>	<p>01539 715555 When surgeries are closed call </p>	<p>Abbeyfield  Hartland House Residential Care Manager - Mark Harrop 015395 62251</p>
<p>PLUMTREE HALL  HEVERSHAM Independent living for over 55's</p> <p>En-suite Rooms/Apartments. Lift Good home cooking Reasonable rates Care provision accepted</p> <p>contact Helen Wilson 63015 or Sarah Gott 64529 www.plumtreehall.co.uk Plumtree Housing Assoc Ltd</p>	<p>Lakeland & Lunesdale Physiotherapy & Sports Injury Clinic Chartered, HCPC qualified staff</p> <p>Aches, Pains & Movement Problems Sports Injuries, Women's Health, Respiratory Services, Pilates, Acupuncture, Podiatry/Chiropody, Myofascial Release, Exercise Studio Milnthorpe 64727 www.physio-sportsinjuries.co.uk</p>	<p>Lunesdale House Residential Care Home <i>Phone Mr C D Green</i> 63293</p> <p>Russell McNeil RSHom HOMEOPATHY 015395 62093 07734 680349 www.homeopathyforhealing.net russell@homeopathyforhealing.net</p>



Your local friendly milk delivery service. Glass bottles and plastic.

Delivering:
Monday,
Wednesday
and Friday
tea times.

CARTMEL DAIRY & SONS LIMITED

☎ 07481140 888

📍 Cartmel Dairy & Sons Ltd

📧 cartmel_dairysons Ltd

✉ milkman@cartmeldairyandsonsltd.co.uk

Hallams Chippy

Milnthorpe 015395 62298
07496 940454

Mon 5 - 7.30pm; Tues 4.30 - 8.30pm
Wed to Sat 11.30 am - 2.00 pm
& 4.30 pm - 8.30 pm

Burton Tech Support

All aspects of computer upgrade, repair and advice
Low callout charge. No Fix No Fee
Call Barry on 01524 781306
or e-mail bts@yobunny.co.uk

Sports & Leisure Trophies
Hawthorn, Burton Rd, Holme
01524 782581
07710 583346

www.sandltrophies.co.uk
For all trophy & engraving requirements.
medals, rosettes and other awards.

New trophies supplied
Westmorland slate trophies
in stock.

Lakeland

Picture Framers

5 The Square, Milnthorpe
015395 62303

Computer Help At Home Plain English help with your computer

Graham Brook
015395 60868



WRIGHT & LORD
solicitors

We are there for you
when you need us...

Open 8am Monday to Friday
9am Saturdays
Home visits at no extra cost
Free initial advice

Telephone: 015395 65990

www.wrightandlord.com
37 Beetham Road
Milnthorpe
LA7 7QN

Market Place Books

Your local Christian Book shop
Market Square, Kendal
(next to Café Nero)
01539 724532

manager@marketplacebooks.org

Bibles, Christian Books,
Devotional Books, Theology,
Biographies, Fiction.
Greetings Cards, Gifts,
Church Supplies
& Children's Books

A2A

A website that you control,
as many pages as you WANT!
Websites from £300+VAT
Domains from £25+VAT
Hosting from £65+VAT
View our portfolio at
www.a2a.co.uk
Telephone 015395 64486
2 Beetham Rd, Milnthorpe

milnemoser

solicitors and estate agents

Legal advice and solutions for
individual and commercial clients,
expert estate and letting agents -
all under one roof at:

The Square, Milnthorpe LA7 7QJ

Solicitors. 015395 62263

www.milnemosersolicitors.co.uk

Estate Agents. 015395 64600

www.milnemoser.co.uk

DIGITAL TV AERIAL AND SATELLITE

FROM **NBC-SKYNET**

TV Aerials : Freesat : Sky Repairs : TV Install & Set Up

07710 400 499 015395 62561

LOCAL - PROFESSIONAL - RELIABLE

35mm slides scanned to CD

VHS & VHS C to DVD

Mini DV tapes to DVD

Video Hi8 to DVD

Jane Cushnie 64582

mail@photoideas.co.uk



poole townsend
LEGAL | PROPERTY | FINANCIAL

Your local Solicitor,
Estate Agency
& Financial Advisor
First appointment FREE
4 Park Road, Milnthorpe
T: 015395 62044

E: agunby@pooletownsend.co.uk
www.pooletownsend.co.uk

Poole Townsend are Independent Financial Advisers authorised
& regulated by the Financial Conduct Authority FCA
Regulated by Solicitors Regulation Authority SRA no 00076553

<p>HALLS WASTE house clearances. All waste removed, licensed asbestos & waste removal. Mike 07813 855479 015395 63826</p>	 <p><i>GROUNDWORKS & SEWAGE TREATMENT SYSTEMS</i></p>	<p>Trafalgar Contracting Septic Tank Emptying Slurry Spreading Spoil Removal Plant Hire 07786 998657</p>
<p>Ryan Simpson Septic tank emptying, Skip hire & ground removal. 07766 971167</p>	<p>Tel: 01524 812476 Mobile: 07876 205361</p>	<p>MARTIN TYSON Ltd General Builder Tel. 62125</p>
<p>CHRIS POTTS BSc MRICS Chartered Building Surveyor Design & Construction Consultants</p> <p>Full architectural design Services Extensions, Alterations and New Build Internal re-design & Space Planning Tel: 015242 73228 Mob: 07540 610582</p> <p>E: info@cnpassociates.co.uk CNP Associates Ltd, 3 Market Square, Kirkby Lonsdale, LA6 2AN</p>	<p>The Handy Man Painting & Decorating Joinery & DIY Lawn mowing/hedge trimming Patios & paths re-grouted Ian 62410 or 07903 853747</p> <p>TRAFALGAR Projects Building Services Ltd Call Brian: 07766 131251</p>	<p>Holmeworks Handyman Nobody likes doing homework so let Holme Works do it Give Neil a call on 01524 782177  or 07712 475863</p> <p>PLASTERER / TILER Time Served, City & Guilds Interior & Exterior Work Wall & Floor Tiling JOHN WALLING 64199 07907 286850</p>
	<p>Chaplows Heating Services Gas Safe and Oftec Registered Boiler Servicing & Maintenance Les: 07831 223 140 015395 63017</p>	<p>ELMS CUMBRIA LTD Door Repair Service Garage, industrial, Automatic doors Paul Schofield 64512 07799 332141 info@elmscumbria.co.uk</p>
<p>G Pickup Electrician Experienced, Part P registered. Inspection/Testing. All types of work. 07837 091630 graham.pickup123@btinternet.com</p>	<p>SPARK ELECTRICAL LTD Simon Clark Free consultation for electrical work Rewires Extra sockets Under floor heating Low energy lighting 07918 127393 015395 64350</p> 	 <p>Repairs/breakdowns of gas, oil, LPG Appliances, domestic & commercial All plumbing repairs and installation New boilers & full central heating systems 01539 724602 service@oconnellandbean.com www.oconnellandbean.com</p>
<p>Terry Allen (Elect) Ltd Local Electrician for 30 years Commercial, Domestic, Industrial Milnthorpe 63832</p>		
<p>COLIN HARPER Building Services 01524 781194 0788 0925170 Alterations ~ Extensions ~ Plastering Roofing ~ Patios ~ Stonework ~ Tiling Quality Work at Competitive Prices</p>	 <p>COOPER ELECTRICAL CONTRACTING LTD All types of electrical work undertaken Commercial, Domestic & Industrial & Agricultural Inspection and Testing & Portable appliance testing 01524 782474 or 077177 62274 www.cooper-electrical.co.uk E: info@cooper-electrical.co.uk</p>  	

<p>DW Johnston Building Services Ltd 62434 or 07887 756564 johnston708@btinternet.com</p>	<p>JPG Joinery Joinery & Property Maintenance Kitchens, UPVC Windows & Doors, Wooden Flooring Paul Gott 64529</p>	<p>JM Plastering Internal External & damp work Local & reliable tel 07880 804825 015395 61668</p>
<p>W.G. BROWNLIE Ltd JOINERY & BUILDING CONTRACTOR extensions, building works, refurbishments, upvc windows, conservatories, doors, flooring Levens 015395 60673 & 07810 602999</p>		<p>S.C JOINERY For all your joinery needs Traditional and UPVC Contact Shaun Confue Holme (01524) 781179</p>
<p>JOINERS & CONTRACTORS A. HUTCHINSON & SON Levens 015395 60481 & 60491</p>	<p>TOM STEVENS Joinery Patios, Fences, Decking etc Property Maintenance 65833 or 07968 799953</p>	<p>Decorator Kay Griffin 015395 83542 07971 677171 kay@decoratorkendal.co.uk</p>
<p>Neil Townley Painter & Decorator 015395 63197 07969 406256</p>	<p>Ian Bradshaw Painter & Decorator 015395 62089 07968 390396 No VAT. Free quotations</p>	<p>Julian Stobbart FLOORING 07792 749937 015395 62493</p>
<p>T T Carpets The Red Barn, Harmony Hill Milnthorpe 62898</p>	<p>DRJ Domestic FLOORING & Commercial Flooring / Carpet Installer 07581 685561 enquiries@drjflooring.co.uk www.drjflooring.co.uk</p>	<p>GILES  TREE SURGEONS TREE SURGERY & GROUNDS MAINTENANCE. FREE QUOTATIONS & ADVICE.  07501360859  @GILESTREESURGEONS  Gilestreesurgeons@gmail.com</p>
<p>THWAITES TREE CARE All aspects of Tree Surgery / Hedges  T: 015395 87541 M: 079869 88166 FREE QUOTES info@thwaitestreecare.co.uk www.thwaitestreecare.co.uk</p>	<p>MJM GARDENING grass/hedge cutting, borders etc (retired professional person) Call Mark 015395 61833 07845 417639</p>	<p>Grass & hedge cutting fencing garden maintenance David Abel 01524 762360 0789 0502534</p>
<p>D & C ATKINSON LANDSCAPE CONTRACTORS 015395 62184 07919 892703 Commercial & Domestic Hard & Soft Landscaping Low Maintenance Garden Design Regular Contract Work</p>	<p>STEPHEN TAYLOR STONEMASONRY 07732 709622 or 01539 731391 Dry Stone Walling ~ Stone Facing ~ Blocking Patios & Steps ~ Garden Landscaping ~ Pointing ~ Garden Fences ~ Decking Fireplaces ~ General Building Home & Garden Maintenance</p>	<p>Dave Harrison Landscaping Landscape construction, Hedge cutting Tree and shrub care, 015395 64495</p>
<p>Hamish Foulerton 07747 788370 Qualified, knowledgeable, professional Gardener over 20 yrs experience Expert effective maintenance, grass cutting, tree, hedge & shrub pruning. Garden renovations & fences.</p>	<p>General Garden Maintenance Nick 83754 07766 395595 berrysgardenservices@gmail.com berrysgardenservices.co.uk</p>	

Parish News is run by the Parish Churches

of **St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe**

Team: Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds



parishnews@heversham.org

Mrs Jane Cushnie, Dallam Barn, High Haverflatts, Milnthorpe LA7 7DG Tel: 015395 **64582**

NEWS from Levens: Mrs Jill Butterworth, 3 Greengate Crescent, Levens
Email: jill.butterworth54@btinternet.com **TEL:** 015395 **61676**

Next issue will be MAY Please send info by 10th April 2020

If we cannot print or deliver by hand we will do an online version

The Parish News is printed by S.I.D Designs, Mill Yard, Staveley LA8 9LR.

To the best knowledge of the Editorial Team all info is correct at time of going to press **17.3.20**

**Whilst the Church is most grateful for the support of
magazine advertisers, no automatic endorsement of products or services can be assumed.*

Room Hire

Milnthorpe St Thomas' Centre

www.stthomasmilnthorpe.org.uk

Heversham Leasgill Athenaeum

Clare Lewis clarelewis5@aol.co.uk

07876124236 015395 63206

Levens Institute

Helen and Alan Miller 015395 60334

Levens Methodist Hall

Jane Jones 07875 163418

Levens Pavilion

Stuart Duncan 07793 954970

Woodlands Nurseries

Flowers for all occasions



Crooklands
01539 567273

FISHWICKS

FUNERAL SERVICE

Beetham Hall
Beetham

63108

EDWARD DUCKETT & SON

**Joinery specialists &
Funeral directors**

01524 784211

01524 781232

Kendal Wills

01539 728020

Wills & Lasting Powers of Attorneys

E:enquiries@kendalwills.co.uk

www.kendalwills.co.uk

Member of the Institute of Professional Will Writers
and compliant with the IPW code of practice.



new memorials, repaints & renovations, additional
inscriptions. Home visits available

KEVIN BATEMAN 01539 722838

www.parkinandjackson.co.uk

Priest-in-charge of Levens, Heversham and Milnthorpe

The Reverend Bryan Kerr

The Vicarage, Vicarage Road, Levens, Kendal, Cumbria, LA8 8PY



Telephone: 015395 61448



Email: rev@lhmparishes.co.uk

Associate Priest: The Revd Annette Miller 015395 33840

St Peter's Church, Heversham & St Thomas' Church, Milnthorpe

St John's Church, Levens

Retired Clergy

The Revd Charles Ellis
The Revd Colin Honour
The Revd Ron Rutter
The Revd Bob Wilkinson

Lay Ministers

Mr Roger Bingham
Mrs Linda Cooper
Prof Anne Garden
Mrs Dorothy Maudsley (Emeritus)

Miss Frances Makin
Mrs Pam Martin (Local)
Mrs Mary Orr (Emeritus)

Churchwardens

Heversham: St Peter's Milnthorpe: St Thomas' Levens: St John's

Mrs Jane Fell 63174 Dr Val Robson 62904 Mrs Jean Hayton 61711

Mr Richard Simpson Mr John Ricketts
01524 761076

Mr Peter Clarke PCC Secretaries Mrs Julie Marsh
015395 65845 Mrs Judy Rigg 015395 83183
01524 761857

PASTORAL VISITS WILL NOW BE PHONE CALLS

If you would like a pastoral call for yourself,
or for someone you know contact:

Heversham and Milnthorpe:
email via websites 'contact us'
or phone Linda Cooper 63836

Levens:
Christine Hallas 60541
Frances Makin 61417

HELLO! If you are self-isolating, I can help.

My name is

I live locally at

My phone number is

If you are self-isolating due to COVID-19 I can help with:

☐ Picking up shopping ☐ Posting mail

☐ A friendly phone call ☐ Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness