

NOV 2018

Saint Peter's Church, Haversham; Saint John's Church, Levens and Saint Thomas' Church, Milnthorpe

Parish News



On the 11th hour of the 11th day of the 11th month
the First World War ended.

BATTLE'S O V E R



A NATION'S TRIBUTE

11TH NOVEMBER 2018

100 YEARS OF REMEMBRANCE

The theme for the Armistice Centenary,

There but not there

resonates with all those who feel the pain of loss.

Our loved ones are there in our memories but not
physically in the here and now.

The villages of Heversham, Leasgill, Levens and
Milnthorpe have all, in their different ways,
chosen to remember.

May we, by the grace of God, dedicate ourselves
anew to the cause of justice, freedom and peace.

SONGS FROM THE LAST 100 Years
An Afternoon with **Rachel Mercer**

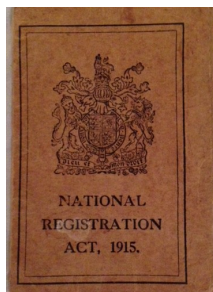
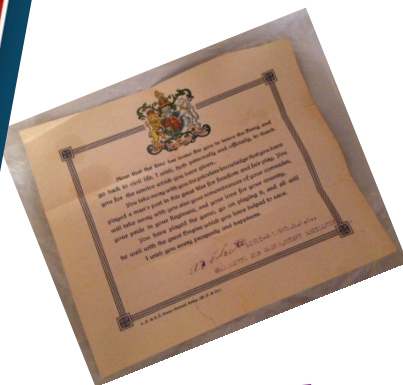
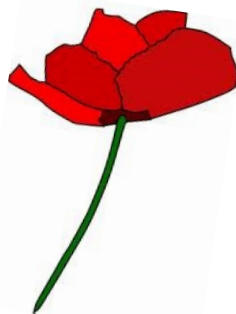
POPPY APPEAL MEMORIES

FREE ADMISSION

St Thomas' Church
Sunday 4th November 2pm
Raffle & Refreshments
Donations Welcome

Enquiries to Sheila Ashburner 015395 62727

For the **POPPY APPEAL**



All Welcome to
a Barn Dance for all Ages
Saturday 10th November
at Park House Barn
Heversham
at 7.30pm
Period Dress optional



Tickets £10
inc Hot Pot Supper
from

Iain Richards 07824 349270
Janet & Adrian Bland 015395 63274

HELP for HEROES
Support for our Wounded

THE ROYAL
LEGION



In aid of

Displays of Stories and Memorabilia

Heversham and Leasgill Remember

St Peter's Church will be open

Wednesday 7th, Thursday 8th. Friday 9th 10am – 12noon and 1pm – 4pm

Saturday 10th 10am – 12noon and 1pm – 4pm. & Tea & Cakes 2pm – 4pm

Sunday 11th: Church will be open for the Service at 10.30 am.

Please stay after the Morning Service for Coffee and fellowship.

Open again on Monday 12th, & Tuesday 13th : 10am – 12noon and 1pm – 4pm

Keep a look out - there will be displays of poppies created by Heversham WI at various village locations.

Levens Remembers

Levens Local History Group has researched the history of the parish during WWI and will be holding an exhibition in both Levens Institute and St. John's Church, on both Saturday 10th November and Sunday 11th November.

Refreshments available at Levens Methodist Church

Saturday 10th November 11.30 am - 3.30pm Soup and Rolls, Coffee and Cake

Sunday 11th November 1.00 – 3.00 pm Coffee and Cake

Levens School are undertaking activities all week in School: Staff and pupils will create a display at a focal point in the school hall. School will also be inviting parents and St. John's to a Service on Friday 9th at 11am.

Please check with School for details finalised after Parish News went to press.

Milnthorpe Remembers

St. Thomas' Church will be open

on Saturday 10th & Sunday 11th from 10.00 am - 5.00 pm.

Please do visit our church. Refreshments will be served.

Services will take place on Sunday 11th at 11.00 am & 3.00 pm.



Also do walk to the Commemorative bench, bought by Milnthorpe Parish Council. You will find it on Beetham Road near to Croftside, and rest a while.



Sunday 11th November Morning

Remembrance Services will take place in our three villages
Everyone Welcome

We also extend a warm invitation to any Serving men or women, or ex-Service men or women living in , or who have a connection with, our villages to come along and join us at this special time.

10.00 am Village Remembrance Service at St John's Church

11.00 am with outside commemoration at Levens War Memorial in the churchyard.

The 16 large poppies standing so beautifully on Levens Green are inscribed in elegant calligraphy with the names and dates of the fallen.

10.30 am Remembrance Service at St Peters Church, Heversham (not a Holy Communion Service), including at

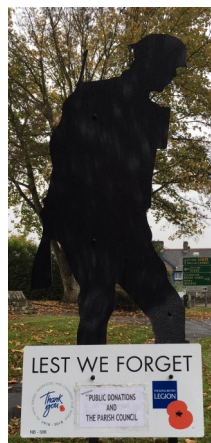
11.00 am with outside commemoration at the War Memorial in the churchyard, as part of the service.

Heversham Parish Council gained an award from the Armistice and Armed Forces Communities Programme, of ten transparent silhouettes. The council bought a further seven making a total of seventeen, one for each person from the village, who lost their life in WW1. These will be displayed throughout the community .

Awards are made to encourage communities to work together to remember and think about the Armed Forces today.

10.30 am Sunday Mass with Act of Remembrance at Christ the King RC Church, Milnthorpe

11.00 am Parish Communion for Remembrance Sunday at St Thomas' Church Milnthorpe, including commemoration during the service.



Sunday 11th November Afternoon and Evening

Remembrance Day Parade

Assemble at Milnthorpe Square 2.20 pm,
ready to march off at 2.30pm.



There will be a short service
at the War Memorial
followed by
a Service of Remembrance
at St. Thomas' Church at 3.00 pm.

Refreshments will be
served after the service.

Beacons of Light at 7.00 pm

Over 1,000 Beacons of Light nationwide;
Beacons will be lit at Heversham Head and at Hynning, Levens.

Ring for Peace 
Armistice 100

Ring out for Peace 7.05 pm

at more than 1,000 churches and cathedrals across the land

The bells will be rung at Heversham and Milnthorpe and Levens.

This brings to a close a nationwide Day of Commemorative Events.
Further information of nationwide events at www.nalc.gov.uk



Good news!

After a detailed inspection, St Thomas' has received the **Child Friendly Church Award** from Liverpool Diocese. We are the first church in Carlisle Diocese to receive the award. The award is for three years during which St Thomas' Church is encouraged to build on its current good practice. Congratulations to the Sunday School leaders, Margaret Barrow, Liz Banks, Sarah Lowther, Diane Carney and other helpers on receiving the award and a big *thank you* for all their hard work. God's Blessing on them and the children, and may the children always find Sunday School an exciting place to be with their friends and leaders.



Come and Celebrate
on the 18th November at
11.00 am

St. Thomas' Church,
Milnthorpe
will be awarded

Child Friendly Church Award
by the Archdeacon.

**We would be delighted to see you
as your support over the years has
helped us to gain our award.**

Please stay for lunch after the
service.

To help with catering arrangements
please email and let us know
numbers for lunch
hello@stthomasmilnthorpe.org.uk

News from the

A Candle to Remember

Two special services for All Souls
for all who wish to come when
we remember loved ones, light a
candle & find courage for the future.

Sunday 28th Oct at 3pm
at St Peter's Church, Heversham



also

Sunday 4th November 4pm
at St John's Church, Levens

Confirmation Service

on 4th November at 4 pm
at Kendal Parish Church.

There are 3 members of St Thomas'
and one member from St Peter's
being confirmed.

St Peter's for Christmas

Following on from our debut last year
singing at the Carol Service on
Christmas Eve, could we give a repeat
performance this year?

If you are interested please contact
Heather Paynes, 015395 62744 or
email long.barn@btopenworld.com.

CHILDREN'S SUNDAY SCHOOL
most Sundays

during the 11am service
at St Thomas' Church

More information:

Phone Margaret (64134),
www.stthomasmilnthorpe.org.uk



Parish Churches

St. Thomas. Milnthorpe
Advent Discussion Group
led by Rev. Charles Ellis

2-3pm each Friday
for four weeks
commencing
on Friday 30th Nov,
until 21st December
Everybody is most
welcome
to come along.



Flame Prayer Meeting

Monday 5th Nov, 12-2pm at
the Old School, Heversham.
Bring sandwiches,
drinks will be provided.

Come and join us, to hear
about and pray for, the Flame
mission to **SOUTH SUDAN** during
November.

Val and Jan will be meeting and working
with the Primate Archbishop Justine
Badi Arama, Bishop Samuel Peni who
heads up the Justice Peace &
Reconciliation Commission and
Chaplains and Government Forces in
Trauma Healing. Flame has already
been working with the Army Chaplains
training and teaching about Healing,
Forgiveness, Peace, Reconciliation and
Healing of the land. It is the
Archbishop's vision to take this to the
Government Officials and MPs, so that
as God changes the hearts of key
leaders, so the nation will be changed.
We can be a part of what God is doing in
this war torn land as we pray.

All welcome!

For more info re the Prayer Meeting
or Mission please contact:
Anne Wickerson, 015395 64596 or
www.flameinternational.org



Messy Together

incorporating
Edward Bear Club
at St John's 4.00pm
Sunday November 25th:

Theme: Thinking about being too busy
in the run up to Christmas!

For all families with children from
new-borns up to Y6 primary school
- storytime, art and craft, action
rhymes, singing, refreshments
T: 60441 E: pammartin47@gmail.com

A Discipleship Course - for
anyone from St John's, St Peter's &
St Thomas'. This course based on
the book 'Holy Habits' is not taking
the place of any Home Groups.

It is not essential folks attend all
sessions - and you're welcome to
join at any time.

Next meeting (the third of ten) will
be in **St Thomas'** at 7 – 8.30 pm on
Monday 19 Nov,

Please check Weekly Notes for any
changes over the course duration.

Course book details are:

Andrew Roberts Holy Habits £8
ISBN 978-1910786-15-4

Any questions please ask or email
annie@annegarden.uk *Annie*

Milnthorpe with Heversham MU

Wednesday 7th Nov 2.00 pm
at St Thomas' Church
'Art making a difference
in the community'

Nicola Smith - Community Artist

www.themothersunion.org

International Christian Charity
4 million members across 83 countries

Mothers' UNION
Christian care for families



info :



Christians Together in Levens
&
CTiM - Christians Together
in Milnthorpe & Heversham

Christians Together in Levens

The Monday Group meets 10.15am
at Levens Methodist Church.

We invite you also to join us in
praying for our village; for those who
live in it, those who work in it, and
those who visit. In Nov we especially
think of Force Lane and Woodside
and Sizergh Cottages.

M:Oasis

Methodists in Milnthorpe

M:Hub, Beetham Road

18th 10.30am - Sunday Gathering
with Peter McCabe

25th 3.00pm - Coffee Cake & Bible
with Penny Severn

Levens Methodist Church,

at 10.30 unless stated otherwise

4th Mrs Claire Middleton

11th Remembrance Day Service
at St John's church at 10am

18th Sacrament Service
led by Revd Les Hann

25th Dr Don Spivey.

Date for Diary:

Sunday Dec 2nd 4.00 pm

Village Advent Carol Service
with refreshments afterwards.



LEVENS GOOD NEIGHBOURS

If you need support or help we are
here for everyone in Levens.

From Monday 29th October 2018
8.0am – 8.0pm any day of the week

We are a friendly group of
volunteers who live in Levens

We are willing to help
and to link people who might need
an odd job doing, a prescription
collecting, some shopping
or even just a cup of tea and a
friendly face

Give Levens Good Neighbours a
call on 07908 004672

We look forward to hearing from you

Kent Estuary Catholic Churches -
Milnthorpe - Arnside - Grange

Fr. Philip Smith, 015395 32731

Christ the King RC Church

Haverflatts Lane, Milnthorpe

Sunday Mass 10.30 am.

Confessions: Saturday 10.30 -11 am
or on request

NOVEMBER



Sundays in November at the Parish Churches

4th	8.00 am	Holy Communion (BCP) at St Thomas'
	9.30 am	Parish Communion at St Peter's
	10.00 am	Parish Communion at St John's
	11.00 am	Parish Communion and Sunday School at St Thomas'
	4.00 pm	A Special Service for All souls at St John's
11th	8.00 am	Holy Communion (BCP) at St Peter's
	10.00 am	Village Remembrance Service at St John's
	10.30 am	Remembrance Sunday Service (not Communion) at St Peter's
	11.00 am	Parish Communion for Remembrance Sunday at St Thomas'
	2.30 pm	Remembrance Parade at Milnthorpe, followed by
	3.00 pm	Remembrance Service at St Thomas' (see page 7)
18th	8.00 am	Holy Communion (BCP) at St Thomas'
	9.30 am	Parish Communion at St Peter's
	10.00 am	Parish Communion at St John's
	11.00 am	All Age Worship at St Thomas'
		A Celebration Service, awarded for Child Friendly Church
		Soup and sandwich lunch to follow service
	6.30 pm	Prayer, Psalms and Praise at St Peter's
25th	8.00 am	Holy Communion (BCP) at St Peter's
	9.30 am	Communion Praise at St Peter's
	10.00 am	Parish Communion at St John's
	11.00 am	Parish Communion and Sunday School at St Thomas'

Please check weekly notices for any changes

Also at the Parish Churches

Tuesday - Thursday 8.15 am at St John's Church
Morning Prayer: if there is no formal Morning Prayer on any occasion you are welcome to visit the prayer chapel to use the books there at any time.

Second Wednesday each month (14th Nov)

6.30 pm at St John's Prayers for Healing Service
Those from all our three parishes are always welcome to attend this, and other services.

Thursday An afternoon Service once a month 2.00 pm
15th November Communion Service (Book of Common Prayer)
at St Thomas' Church followed by tea/coffee.

Second Friday each month 10.00 until 10.10 am at St Thomas'





Joeys Nursery & Out of School Club
Firs Road, Milnthorpe 015395 64090

www.joeysnursery.co.uk

Ofsted Registration: EY536987, Charity No.
1131829, Companies House: 06843338



Jump into Learning, Jump into Play, Jump into Joeys!

This September marks our 20th anniversary as Milnthorpe Family Centre, and we aim to make it the best year yet, and what better way kickstart our big anniversary than with our amazing Ofsted inspection. On the 10th September we were inspected and rewarded Ofsted Outstanding! I am delighted and proud that Ofsted has recognised the efforts of our fabulous staff team by awarding the highest accolade.

The children and staff at Joeys are currently enjoying the changes around us as the trees change colour and the weather turns colder. We have fun discovering the sights, sounds, tastes and smells of Autumn, and find out about a variety of different festivals as we discover Diwali, Halloween, Bonfire Night, Remembrance Day and of course, Christmas!

Our Holiday Club, open to all primary aged children, will be enjoying a week of creepy crawly crafts and Autumn collages, pumpkin carving, potion mixing and apple bobbing to name but a few.

Katie Smyth
Manager





Autumn Term at Milnthorpe Primary School Nursery

In recent months we have extended our nursery provision. We are now offering full days and the option of breakfast club for the nursery children. The numbers of children attending are growing and we are welcoming new starters again after Christmas.

If you are a parent of young children and would like to have a look at our nursery, please contact the school and we can arrange a visit.

Activities

Last term was an amazingly busy time. Year 6 went to London for two days, they also went wild camping in the Lake District and with year 5 put on a brilliant performance of 'A Knights Tale.' The year 2 children had a sleep over in the school hall and year 3 children went on a stone age camp. All the children thoroughly enjoyed these experiences and as a result have made good progress in their learning.

This term, the new year 6 have just returned from a week in the outdoors, having taken part in a wide range of adventurous activities, including canyoning, sailing, canoeing and climbing. Year 5 have also just had a very interesting two days in York visiting historical sites supporting their history topic.

If this half term has not been busy enough, we have the Key stage 1 performance to look forward to and a whole school theatre visit and all the exciting Christmas activities during the next half term.

I cannot thank the staff enough for the time and energy that they put into providing such wonderful opportunities for the children. We could not offer these additional activities without their dedication.

Community Links

I am pleased to say that the school has continued and developed the work we started last year with 'Dignity in Dementia'. The brilliant work the children do with the elderly in the community was even featured on BBC television and Radio Cumbria. We are very proud of the year 5 children for the links they are making with our community and the wonderful work they are doing in supporting the charity.

Sports

We have had another very successful year with sporting achievement. We were again the Dallam Primary Schools challenge cup winners, with our first team being undefeated in all sports they competed. The year 6 children were also the Lacrosse county champions and qualified for the national championships in Sheffield, where they made a brilliant account of themselves narrowly missing out on the later rounds of the competition.

Volunteers

We are very lucky to have volunteers who come into school to support the children's learning. They do a wonderful job helping the children with a range of activities. If you feel able to come and help in school, please feel free to come and have a chat with us.

Andrew Hyde, Headteacher

**Please keep in touch by visiting our
website at
www.milnthorpe.cumbria.sch.uk**



LEVENS CE SCHOOL

New Start!

What a fantastic start we have had to the new academic year as we welcome our 7 new Reception and 9 new Nursery starters. Already settling in, mixing well and joining in, it is like we have known them forever. They and their families are most warmly welcomed to Levens! In the light of increasing pupil numbers, we are delighted to have been able to expand provision for our youngest pupils with some fabulous outdoor 'all weather' provision coupled with enhanced resources, it really is an exciting time for us all.

New Dining Facilities

We are all eagerly anticipating our brand new dining facilities.

An innovative and contemporary new build project undertaken by Cumbria County Council that will enhance and expand on our previous facilities. Fingers crossed we will be able to eat Christmas Lunch in our new palatial surroundings. We hope to be able to celebrate our new dining hall and outdoor area space with official openings in the near future, watch this space!

Toddler Taster Sessions

We are delighted to be offering a plethora of activities for pre-school children and their adults through the year, please look for posters around the village, or take a look at the school website. Parents, grandparents and carers with pre-school children would be very welcome to attend.

'Outdoor Messy Play' was the theme recently, living up to its title I can assure you!

These sessions are enjoyed by all, allowing families opportunities to familiarise themselves with our school.

Activities

Action Packed best describes this first half term! Scafell Class have immersed themselves in Forest School sessions; our Year 5 pupils have already competed in an athletics event at Dallam; representatives from the school will shortly be attending the South Lakes Pupil Parliament meeting, and we have lots of clubs underway, including a new for us Circus Skills Club!

Meet the Staff

We have great pleasure in welcoming two new fabulous colleagues to our Levens team.

Helen Haslam, has joined us as our Bowfell Class teacher, leading children in Nursery through to Year 1. Helen brings her effervescent personality, skills and experience to the role and we feel truly lucky to have her amongst our ranks.

We also welcome back Phillippa Duckworth, an incredibly experienced teacher (and great baker!), who will be working with Mrs Farraday in Scafell Class (Year 5/6). Phillippa has worked with us before and is as delighted to be returning as we are to have her!



Dallam School News in brief...

World challenge 2018 Back in July, Miss Fitch Head of Geography travelled to Ecuador with Luc, Holly, George, Grace, Max and Ruth - 6 amazing Year 11 students who fundraised to get themselves there to undertake a fantastic expedition trek up mountains and through jungles. Check out the gallery on www.dallam.eu

Sieberen leaps into Musical Theatre Year 10 Sieberen Granger spent 3 weeks in August taking part in the Youth Music Theatre UK residential production 'Help – Get me out of this Musical!' He was supported with his fundraising of £1737 by a small bursary contribution from Dallam Alumni Society. Sieberen is currently rehearsing the part of Frederick in the Sound of Music at the Grand in Lancaster next February.

Dallam runners win ESFRC

Dallam runners were crowned English Schools Fell Running Champions over Sedbergh second and QEGS Penrith third on 23 September. Check out the report on www.dallam.eu for the superb team details. Cumbria schools definitely showing the rest of England how to run up and down the fells!

Year 11 Residential In late September the whole of Year 11 embarked on a two day residential trip to Hawkshead Youth Hostel packed with adventure activities. Day 1 workshops aimed at using practical study tools to achieve exam success, time management, prioritisation and building resilience. Day 2 involved Ghyll Scrambling, Canoeing, Rock Climbing, Abseiling and Team Building.

Year 7 Adventure Days 2 days of outdoor education – canoeing, caving, kayaking and ghyll-scrambling plus one day of completing problem-solving tasks, orienteering and sports awaited the whole of Year 7 last month. Students showed growing confidence and developed new friendships over two days in their first weeks at Dallam.

Salad days On 2nd October the whole school took part in Speaking and Listening All Day. There were a wide range of activities around school such as hot-seating in English and drama, using 'Top Trumps' in maths, a witches trial and interviewing monks in a monastery in history – to list but a few!

Oxbridge insiders Past students Matt Jones and Adam Dewhurst spent a very successful lunchtime sharing their experiences as current undergraduates at Oxford and Cambridge respectively with groups of Year 9-11 and Sixth Formers who might be interested in finding out more about the world that is Oxbridge. Feedback was excellent thanks Matt and Adam.

IOM Sports Tour 2018 Year 8 Rugby and Hockey teams enjoyed the annual tour to the Isle of Man on 28 September. With perfect conditions for sports, the 35 strong group enjoyed their fixtures against King William College and Castle Rushen with mixed results but 100% effort and enjoyment.

Don't miss... Dallam **Sixth Form Open Eve** on Thursday 15 November 2018 from 6pm!

Time for a Coffee!

Levens Coffee Shop

Mon Wed Fri
2.15 - 4.15 pm
Levens Methodist Church



Books 2 Borrow Jigsaws 2

LEVENS METHODIST CHURCH COFFEE CAKE & CRAFT

Friday 30th November
2 - 5.30 pm
Admission £1.50
including Refreshments

All monies raised will be
donated to
Levens Methodist Church

Old School, Heversham
next to St Peter's Church

Community Drop In

Second and fourth Tuesdays
13th and 27th November
from 12.30 until 2.30 pm

serving Sandwich Lunch

Optional activities / table top quizzes

Community Coffee Morning at Plumtree Hall, Heversham

second Monday of the month
from 10 - 11.30 am

Monday 12th November
enjoy a chat with coffee and cake.

Friday Coffee Morning for the whole community

Every week 10.00 - 11.30 am
St Thomas' Church Centre, Milnthorpe

Also Shoe box time !

There will be help for completing
shoeboxes on Friday 2nd. See p17.

&

the second Friday in the month
Farmers' Market Milnthorpe

10am Shoppers Service
Friday 9th November
in St Thomas'

10 minutes service with
'a thought for the day',
a hymn, a prayer.



M:HUB Beetham Rd, Milnthorpe

Friday Coffee
9.30 am - 12.15 pm

Men's Breakfast:

**St Thomas'
Church Centre**

on Second Saturday
10th November 8 am

- includes coffee of course!

Check Weekly Notice Sheets for
any possible changes of venue
as the Remembrance Exhibition is
also at St Thomas' Church on
November 10th.



Milnthorpe
Craft Group
Christmas Fayre



on November 24th
at St Thomas' Church Milnthorpe
10am - 12 noon
We will be selling crafts,
homemade cakes
and selling coffee and cake

Heversham Bowling Club
Christmas Coffee Morning
Saturday 24th November
10-12 noon
in the Athenaeum
£1.50 inc tea/coffee & mince pie

Sat 24th Nov
Levens Brownies
Coffee Morning
from 10 am
Levens Institute

All Welcome



Levens Primary School
Friday 30th November 5-7pm
Christmas Fair
Usual stalls and refreshments.

Saturday December 8th.
Lovely local Christmas
shopping opportunity
at
the Ethical Coffee Morning
at the Institute at 10am.
Fairtrade stall
beautiful hand-crafted Christmas gifts



CHRISTMAS FAIR
in aid of

**Martin House
Children's Hospice**
at

P V Dobson's Car showroom
Thursday 6th December
6pm – 9pm



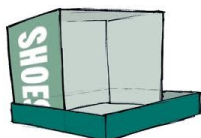
At St Thomas' there will be help for completing
children's Christmas shoeboxes at the Friday coffee
morning on 2nd November.

Completed boxes must be returned by Sunday 11th
November please to St Thomas' or St Peter's.

The Levens Shoe Boxes for Romania need to be in St John's Church
by Sunday November 11th please.

All individual gifts should be in St. John's by the previous Sunday,
4th November please.

The leaflets with details are available in church.



Thank you
x





DALLAM BOARDING HEVERSHAM

**Saturday 3rd November
2.30pm
TEA & CAKES**

Please join us for tea and cakes.
Chat with our students
and have a singalong.
Everyone welcome

call Sue 07855 467201
or Email s.rowe@dallam.eu
to let us know you're coming.

&

**SATURDAY 24th November
XMAS GIFT WRAP EVENT**

Need anyone to wrap
your Christmas presents?
Would you like help writing out
Christmas cards?



Bring them along,
we have a band
of elves waiting
to help!

Everyone welcome
Tea / Coffee and biscuits



**Dallam School PTA
Christmas Craft Fair**
Saturday 10th November

10am – 3pm
in the School Hall,
Milnthorpe

Fabulous stalls including jewellery,
fused glass, Christmas gifts
and many more.

Free admission to shoppers
Free Parking at Haverflatts Ln entrance
Refreshments available

Stalls are £10 each
and a donation for our raffle to be
drawn at 2pm at the fair.

To book a stall please email
pta@dallam.eu or telephone the
school on 015395 65165 and a
member of PTA will call you back.

Milnthorpe Village Walks



on Second Mondays:

November 12th

Meet by the cricket pavilion at
11am for a walk through the park,
perhaps beyond

[NB: the small print. walkers come at own risk].

Help your mobility, muscle strength
and balance. Gentle Exercise Class
Wednesdays at 10.30 - 11.30 am
at Levens Methodist Church.
45 mins of gentle exercise, mostly
chair based followed by coffee and a
chat. £2.50

Go on - give it a try!

Phone Age UK on
01539 728118



Heversham WI

All welcome

Wed 14th Nov at 7.30 pm

at the Athenaeum, Leasgill
AGM & The Rose Bowl Presentation
WI Member Margaret Nelson
"Making Christmas Cards"

Competition:

"A Christmas Tree Decoration"



Dallam Family Christmas Bingo
Fri 7th December 6.30pm.
in the School Hall, Milnthorpe.



Date for Diary:

Friday 21st Dec at 7pm

Reading & Carols

(formerly held at Heaves Hotel)
will take place in **Levens Institute**

Line Dancing on Tuesdays
Catholic Church Hall
Haverflatts Lane, Milnthorpe
It's not too late to learn a few
dances ready for Christmas,
get a little bit fitter
and have some fun!

Beginners 6.30 pm
Tuition at your own pace
Improvers 7.30- 9.30 pm
Looking forward to seeing
some of our past dancers
and meeting new ones
Tel Sue with any questions
07772 757748

'Yoga with a Chair'
starting Friday 5th Oct
at Levens Village Institute
2 - 3.15pm
£5 inc tea /coffee afterwards
For more info contact Jenny
on 01539 568161 or
jennybrindle@hotmail.com



Over 50's Walking Rugby
Kendal Rugby Club, Shap Rd
Wednesdays
2.00pm - 3.00pm



It's Rugby for all! No running,
no tackling just walking! Walking
Rugby is a simplified version of
Rugby suitable for all abilities
and genders, for
ex Rugby players and those
interested in Rugby without any
experience! We are asking for a
voluntary donation of £2.50 per
session, which will also include
a hot drink in the lounge bar
afterwards.

To register your interest, please
contact Age UK South Lakeland
on 01539 728118.

Welcoming & friendly Fitness classes
for all levels, Men & Women
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Contact Sam Horton
07886 457563

www.fitnessdynamics.co.uk
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Men's over 40's Walking Football
at the 3G pitch Dallam School
Milnthorpe.

Thursdays fortnightly 6.50 - 7.50pm
info: James Pattison.
Westmorland FA 01539 730946.

Or try the Walking Football Group
for the over 60s at Kendal Leisure
Centre, which is weekly on Tuesdays
from 3.30pm - 4.30pm.

For more information
ring Age UK
01539 728118



Walking Netball is a slower version of
the game; it is netball, but at a walking
pace. The game has been designed so
that anyone can play it regardless of age
or fitness level.

Fortnightly sessions on Thursdays at
Lunesdale Sports Centre, QES
Kirkby Lonsdale from 5pm- 6pm
(1st & 15th Nov) To book a place or to
find out more please contact Community
Sports Coordinator Kim Bradshaw on
07966 55 6944 .

Weekly sessions also run on Tuesdays
from 3.30pm - 4.30 pm at Kendal Leisure
Centre . Ring Age UK for
more information .



Singing for Fun

at Christ the King Church Hall,
Haverflatts Lane, Milnthorpe
last Tuesday in the month
7 - 8.30 pm info: 64099

Heversham Bowling Club Winter Activities

Dominoes and Whist
and Scrabble

Tuesday afternoons
2pm

Bowling Clubhouse, Leasgill
£1.50 inc refreshments
All welcome



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For an informal chat please contact:-
Helen Wilson – 015395 63015
or Sarah Gott – 015395 64529

Email: enquiries@plumtreehall.co.uk
www.plumtreehall.co.uk

Milnthorpe Craft Club

Mondays 10 - 12 noon
at St Thomas's Church
Refreshments available.

For details - Maggie on 61806

Heversham Indoor Bowling Club at the Athenaeum Leasgill

Come along and play bowls in a
relaxed friendly environment.
2 free sessions for new members.

October to March/April
Monday afternoons 2-4pm
Friday evenings 7-9pm
with a 2 week break
for Christmas New Year.

Get On Board!

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playing some old favourite board
games as well as learning new ones
in a friendly and supportive group.

If you have a game that you would
like to share with others, please bring
it along with you.

A monthly group, next meeting on
Wed 7th November 1pm- 3.45pm
at the Gateway Centre,
Gillinggate, Kendal .

More info /register your interest,
please contact Age UK
on 01539 728118.

CHILDREN'S SOCIETY COLLECTION BOXES

I am collecting the above boxes for
counting during November.
The boxes can either be taken to St.
John's on a Sunday,
my house - 5 Greengate Gardens,
Levens, or I can collect them , by
arrangement, my tele no: is 015395
61612.

Thank you, Patricia Crewdson

Forum meet 1st & 3rd Thursdays
Athenaeum, Leasgill 10 am prompt
November Meetings

- 1st The Riders of Renwick
Richard Brockington
15th Mercy Ships
Duncan Hamlett



Milnthorpe Art Exhibition AGM
will be held
at the Cross Keys Hotel, Milnthorpe.
on Wednesday 14th Nov 7pm
All welcome.
"Finger-food" buffet.

Our generous Sponsors and Patrons provide the working capital to enable the Exhibition to take place each year. Our income is generated by taking a commission on the sale of paintings, the sale of catalogues and raffle tickets, and catering. This year we will be able to donate £10,000 shared between St John's Hospice and St Thomas' Church Restoration Fund. Since the first exhibition in 1990, the Exhibition has donated over £235,000 to local charities and other good causes. The exhibition relies on volunteers to help in various ways - this year we particularly need a volunteer to replace our current Secretary who will retire at the AGM. If you are interested in volunteering in any way, please come to the AGM or look on our website:
www.milnthorpe-artexhibition.co.uk
for more information.

Quest meet 2nd & 4th Thursdays
Athenaeum 10 am
November Talks

- 8th Nov- Glenys Marriott
Headway – The Brain Injury
Association
22nd Nov- Colin Penny
History of Lancaster Castle

Contact Patricia McPoland 62765
McPoland@btinternet.com

**Levens Local
History Group**

next meeting
in Levens Village Institute 7.30 pm
15th Nov Jules Wooding:
*Lest We Forget – how Remembrance
has evolved.*

£2 to visitors
For more details, contact secretary
Stephen Read 015395 60318
or levenshistory@btinternet.com

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www.parkviewsurgery.org.uk

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or by contacting the surgery.

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Friday 2nd November 7.30pm

The DEATH OF STALIN (2017) [15] 106mins

Sunday 4th November 2.30pm

CHROMA HARP DUO – Two Concert Harps

Thursday/Friday 8th/9th November 7.30pm

LAUGH OUT LOUD *theCompany*

Tuesday 13th November 2.30pm

DEGAS, PASSION FOR PERFECTION

Saturday 17th November 7.30pm

THE WIT & SONGS OF NOEL COWARD

Friday 23rd November 7.30pm

DEATH - JUST WHAT THE DOCTOR ORDERED

Friday 30th November 7.30pm

THE POST (2017) [12A] 115mins

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present

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Finalists

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&

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Venuti & Lang

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Milnthorpe's Christmas 2018

at the Cross Keys

Saturday 1st December

10 am – 3 pm

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Food, craft and other stalls selling distinctive gifts

Face painting

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Please join us to enjoy this great community event.

more info, please contact Rosie Farron

via Facebook messenger



websites :

www.levens.org.uk

www.stpetersheversham.org

www.stthomasmilnthorpe.org.uk

www.heversham.org (for an archive of Parish News and A4 colour version)

**St Peter's Church, Heversham
& St Thomas' Church, Milnthorpe**

St John's Church, Levens

**Priest-in-charge
Vacancy**

Via 'contact us' on website or
please contact a churchwarden
(see below for phone numbers).

To get in touch with the church
please contact a churchwarden
(see below) in the first instance

Retired Clergy

The Revd Charles Ellis
The Revd Colin Honour
The Revd Ron Rutter
The Revd Bob Wilkinson

The Revd Canon Tom Thompson

Lay Ministers

Mr Roger Bingham
Mrs Linda Cooper
Prof Anne Garden

Mrs Mary Orr
Miss Frances Makin
Mrs Pam Martin (Local)

Churchwardens

Heversham: St Peter's

Milnthorpe: St Thomas'

Levens: St John's

Mrs Jane Fell 63174

Dr Val Robson 62904

Mr Peter Martin 60441

Mr Richard Simpson

Mr John Ricketts
01524 761076

Mrs Jean Hayton 61711

PCC Secretaries

Mr Peter Clarke

Mrs Judy Rigg
01524 761857

Mrs Julie Marsh
015395 83183

PASTORAL VISITING in the PARISHES

If you would like to arrange a pastoral visit for yourself,
or for someone you know, at home or hospital please contact:

Heversham and Milnthorpe:
email via websites 'contact us'
or phone Linda Cooper 63836

Levens:
Christine Hallas 60541
Frances Makin 61417

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*Mobile telephone for
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The Levens Food Bank
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www.kingsfoodbank.org.uk

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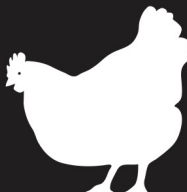


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Parish News is run by the Parish Churches
of **St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe**

by The Editorial Team:

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

Email: parishnews@heversham.org or 015395 64582 (pref Mon-Fri)

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For the December 2018 /January 2019 issue please send info by 10th NOV 2018

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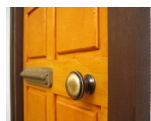
November Parish News issue boxes will come back
for the villages' distribution team **to Levens Wed 21st Nov**

NEW

NEW IDEA– Autumn Winter Collection

instead of meeting on Wednesday at 5pm as previously,

Milnthorpe Heversham distributors welcome to count & collect bundles
& call for coffee on a Thursday morning 10 -11am at St Thomas' 22nd Nov.



Room Hire

Milnthorpe St Thomas' Church Centre

Heversham Leasgill Athenaeum/Village Hall

Levens Institute

Levens Methodist Hall

Levens Pavilion

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Roger and Pam 62170

Helen and Alan Miller 60334

Irene McKay 61881

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