

MAY
2014

Parish News

of Saint Peter's Church, Heversham, Saint John's Church, Levens and Saint Thomas' Church, Milnthorpe





Colour A4 Parish News version on
www.stpetersheversham.org and www.heversham.org

Contact Details page 27

Richard Corrie's Sunday Breakfast

6.00am to 9.00am

BBC RADIO CUMBRIA

bbc.co.uk/cumbria

"Reflecting faith across the County"

Crossways Crafts

Wednesdays, 10 am
at Levens Methodist Church
New members welcome

MONDAY MORNING

CRAFT SESSIONS at Milnthorpe
Methodist Church Hall
first and third Monday
of each month,
10 am – 12 noon
All welcome

MILNTHORPE's
traditional market
is on The Square every Friday

FARMERS MARKET

Second Friday
9th May plus
Shoppers'
Service



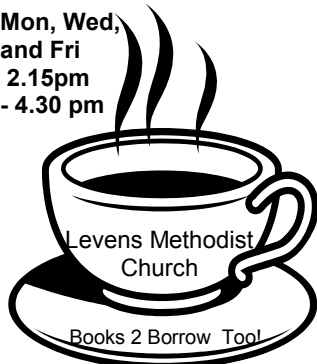
"Singing for Fun"

All Ages Welcome
Joy Bell Musical Director
Come & Join in
at the Methodist Church,
Milnthorpe
Last Thurs in the month
7- 8.30 pm

Susan Tel 64099



Mon, Wed,
and Fri
2.15pm
- 4.30 pm



Levens Methodist
Church

Books 2 Borrow Tool

FRIDAY
mornings



St Thomas' Church
Centre

Call in for a cuppa & chat

FRIDAY
mornings



Milnthorpe Methodist
Church

& Bric a Brac stall

War tears lives apart - Love can help piece them back together

***'The Lord is my rock, my fortress, and my deliverer... in whom I take refuge.'* 2 Samuel 22:2-3**

Dear Friends,

I wonder if you can imagine what it is like for someone to live in a war zone or be made to flee your home because of war. For a growing number of people across the world, the horror of war is a part of daily life. Right now, fuelled by the devastating violence in both Syria and the Democratic Republic of the Congo, the numbers of people driven from their homes by war is on the rise. It stands at 42 million people – an appalling statistic and a stain on the conscience of humanity.

Would you like to be part of making a difference to those people's lives? Christian Aid are challenging us: We can't turn our backs; we must act now. The good news is that together the churches and people in our communities can make a real difference.

Last year, with the help of 20,000 churches across the country and generous donations from individuals over £12m was raised in Christian Aid Week.

This Christian Aid Week (11–17 May 2014) whether by giving, acting or praying, we can send people living in fear this message: ***you are not alone. We're with you, helping you to rebuild your lives, and working for peace.***

Imagine what such an expression of love would mean to people searching for the strength to cope with the devastation of war, and how it could help to drive out their fear.

Together we can reach the 42 million people there are caught up in conflict and help them live a life free from fear.

Whether you are a collector for Christian Aid or someone who will be asked to give when that envelope pops through your door please consider **could you provide the gift of hope?**

The more we raise as a community the more people that can be helped. Together we can make a difference.

£15 could provide blankets for refugee children to protect them from bitter night-time temperatures.

£40 could provide enough good quality and nutritious food for two refugee children for a month.

£150 could help us provide specialist emotional support for a child deeply traumatised by the horror of war that they've witnessed or experienced.

Be an instrument of God's peace.

Give, act and pray this Christian Aid Week.

Rev'd Canon Ruth Crossley



Sunday Services for May

St. Peter's Church, Heversham

4th	9.30 am	Parish Communion
	6.30 pm	Open to God
11th	8.00 am	Holy Communion BCP
	9.30 am	Communion Praise
18th	9.30 am	Parish Communion
	4-5 pm	Messy Church
25th	8.00 am	Holy Communion (BCP)
	9.30 am	All Age Worship
	6.30 pm	Evening Prayer with Hymns

St. Thomas' Church, Milnthorpe

4th	8.00 am	Holy Communion (BCP)
	11.00 am	Parish Communion with Children's Club
11th	11.00 am	Morning Praise
	6.30 pm	Café Church
18th	8.00 am	Holy Communion BCP
	11.00 am	Parish Communion
25th	11.00 am	Parish Communion

St John's Church, Levens

4th	10.00 am	Parish Communion
11th	10.00 am	All Age Worship for Christian Aid Week
18th	10.00 am	Parish Communion – welcome to members of the Kent Estuary Probus Group
25th	10.00 am	Parish Communion

Please check weekly notices for any amendments.

Do feel welcome to come along to Prayers

Mon to Thurs	Morning Prayer	8.15 am	St John's, Levens
Tues –see notices	Weekday Communion	10.00 am	St Peter's Heversham
Tues Rendezvous	10.45 cuppa & chat, 11.15 a short time of prayer,		St Johns Levens
2nd Wednesdays	Prayers for Healing Service	6.30 pm	St John's, Levens
Fridays	Informal prayer	10.00 am	St Thomas' Milnthorpe
Saturdays	Informal Prayer Meeting	8.00 am	for 1 hour at Heversham

Times of the various weekday House Groups are detailed on notices in the churches.

Rogationtide was traditionally a time when Christians prayed for God's blessings on their crops and other aspects of their work on the land. Often this was combined with 'The Beating of the Bounds', an old custom from a time when it was important to know the boundaries of the parish.

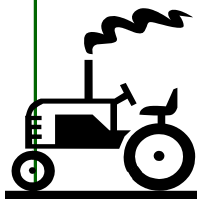
Today we can still:

ask a blessing on growing crops in fields and gardens, and on young lambs and calves.

ask for a blessing on all who enjoy the countryside

reflect on the interconnectedness for all creation and our relationship as human beings to the natural order.

The Christian 'virtues' associated with Rogation are hope and justice - and as George Herbert reminds us - there is always room for charity.



Deanery
Ascension Day Service
Thursday 29th May
at 7.30pm
St Oswald's Church
Burnside
with special preacher
Revd Dr Jonathon Pye

Levens Methodist Church
Sunday Worship in May at 10.30am
unless otherwise stated.

- 4th Mrs Maureen Timmis
11th **10amAAW Service at St John's Church**
18th Mrs Jenny Skinner (Lay Reader, Storth)
and at 6.30pm we are the host church for
the Kendal Circuit Annual
Easter Offering Dedication Service.
25th Ms Irene McKay

Milnthorpe Methodist Church Sundays 10.30

Info: Joy Bell 62985

- 4th Rev Riley (Communion)
11th David Piggott
6.30 pm CAFÉ CHURCH @ ST THOMAS
18th Rev David Stretton (Chapel Anniversary)
25th Stuart Helliwell

Details for Bible Study phone 62985

Christ the King RC Church

Milnthorpe Tel: 62387

Mgr F. Slattery PP

Sunday Mass 9.30 am

Confessions:

Saturday 11-11.30 am
(or any time upon request).

Roman Catholic parish of
Arnside/Milnthorpe:

We are aware there may be
those who wish to attend
Mass but cannot do so for
some reason, eg. lack of
transport. We have a
wheelchair if needed.

Please make yourselves
known to us and contact
Fr. Slattery (015395 62387)
or Chris Noble (01524
762427).



Christians
Together in
Milnthorpe

**'Another
story
must
begin'**

**Cafe Church
Sunday 11th May
6.30 - 7.30 pm
St. Thomas' Church Centre**

**come and try this
evening's informal menu
of food, film and faith?**

Open to all!



Concert with
PAUL WHEATER
Christian Country Singer
'The UK's Jim Reeves'
www.paulwheater.com

Friday 30th May
Cross Keys Hotel,
Milnthorpe,

to include buffet supper.
Tickets £6 available from
your church contact,
or Joy Bell 62985.

Christians Together in Levens

Christians Together in Levens 2014 has seen many occasions and examples of Christians in the village working together. Outstanding has been our Lent groups and Soup Lunches and the Lost for Words? courses on a Monday, all led by and enjoyed by a mixed team of Christians.

May sees the annual Christian Aid Week, which commences on Sunday 11th May. When that red envelope drops through your letterbox may we suggest that you give it a place of prominence and encourage all family members to thank God (and MUM) for a healthy diet by putting something of value in the envelope.

Please have your envelope ready for collection when our volunteer calls. THANK YOU

Monday Group meets
in Levens Methodist Church
10.15 a.m.
except Bank Holidays
and July and August.

Saint John's Church: Levens

Prayer Cycle

We invite you to join us in praying for our village; for those who live in it, those who work in it, and those who visit. In May we think especially of Underhill and Whitbarrow Grove.

Levens Parish pastoral visiting

If there is anyone you know in Levens who would appreciate a visit, or has difficulty visiting loved ones in hospital let Ruth Crossley 60223, Audrey Larkins 60769 or Frances Makin 61417, know, so that contact can be arranged.

Levens Methodist Church

There have been Methodists in and around Levens for well over 200 years. They met in a variety of places until building a chapel just off Hutton Lane. This building still exists, in Chapel Lane, where it is now converted into two flats. In 1892 the congregation moved to a new building, erected on a plot located right on the crossroads between Main Street and Lowgate, where it stands to this day. It has undergone two major refurbishments and seven years ago the current extension was added. The occasion to look back on our potted history was our recent 122nd Chapel Anniversary. Led by our new minister, Rev. David Stretton members and friends took part in our Celebration Morning Praise, which was followed by a very enjoyable Anniversary Buffet Lunch, when we were joined by many of our friends from St. John's Church. We look forward to future celebrations with Hope and Joy.

St John's Levens.

At the Annual Meeting of Parishioners on 6th April (the Vestry meeting) Peter Martin and Chris King were elected churchwardens. The Annual Parochial Church Meeting immediately following received and discussed briefly the Annual Report including information about the church fabric; the finances; the deanery synod; the work with young people and young families and the update on the mission Action Plan. Revd Ruth thanked everyone for their particular contribution to the life of the Church in Levens. The meeting then heard about the idea of Mission Communities to be developed in the county. The date of the next APCM was set as 22 March 2015. The next PCC meeting will be 7 May (list of members displayed in church).

Thank you.

Brian and Margaret Gray wish to say thank you for all the prayers, help, good wishes and transport offered during hospital stays.

St John's Flower rota

4 th	Mrs S. Smith
11th & 18th	Mrs R. Martin
25th	Mrs A. Perrett



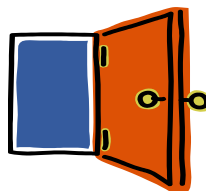
Saint Thomas' Church: Milnthorpe



where all
are
welcome

St Thomas' Church will be open
during the day at weekends
& during school holidays.

You are welcome to use the church for
quiet contemplation and prayer.



Mothers' UNION
Christian care for families

Milnthorpe-with-Heversham MU

Weds 14th May at 2pm
in St Thomas' Church Centre

Speaker :

Rev'd Carol Marsden 'Is Father in?'

Coffee Morning and Bring and Buy at
St Thomas' Church on
Friday 16th May from 10-11.30am.

next BCP Communion
and Tea at St Thomas'
will be on

Tuesday 13th
May
at 3 pm



Age UK Tea
at St Thomas' Church
on Weds 21st May
from 2.30pm to 3.30pm.
Do come and join us for tea,
cakes and chat.

St Thomas' Church
Annual Parochial Church Meeting
Wednesday 30th April at 7.30 pm
All who are eligible
are encouraged to attend.

House to house collections
during Christian Aid Week
from 11th to 17th May.
More collectors are needed.
Please contact Margaret Barrow
on 64134 if you would like to help.



Note: No Sunday Club on
25th May or 1st June; there
will be some craft
available at the back of
church

Saint Peter's Church: Heversham

WEBSITE www.stpetersheversham.org

St Peter's Heversham – report

The APCM was held on Sunday 6th April after the morning service which included the election of Church Wardens, Sue Mellor and Jill Shaw; three new PCC members Martin Fletcher, George Handley and Sylvia Read and three Deanery Synod representatives Tony Hesmondhalgh, Linda Cooper and Peter Clark. In her annual report the Rev Sue Wilson talked about the life of the church including reporting on the way the church had accomplished most of the initiatives set out in the first phase of the mission action plan. This included strengthening links with both the boarding house for Dallam School and St Peter's Primary School and we are happy to report that this had been met in various ways throughout the year and we are looking forward to welcoming the new Head Teacher, Mrs Cunningham who is due to take up her post after the Easter break. Our thanks also go to Mrs Holohan who has served as acting Head for the past five terms, we are indebted to her for her commitment and enthusiasm, something which has been a source of inspiration for both staff and pupils. Rev Wilson also spoke about the recent Spring Event when we had times for teaching, led by Bishop Robert and times of refreshment and enjoyment which we all enjoyed. Rev Wilson also referred to the fact that at St Peter's we have both a churchyard and building which are of great historical significance which we endeavour to maintain. But as we are aware all churches within the Carlisle Diocese are having to reflect on how effective we are at proclaiming the Christian gospel in our communities. In these times of change we need to consider how best are we able to rise to the challenge of proclaiming the gospel in 2014.

Susan Mellor

Messy Church

for families. Bring your friends

Sunday 18th May

4-5pm at St Peter's

All very welcome



Men's Breakfast:

Just to confirm that our next breakfast will be on **Saturday 17th May @ 8am at Milnthorpe church.**

We changed back to the 3rd Saturday for this month only. We will revert back to the 2nd Saturday June onwards. Details on the website—click on regular activities.



next BCP Communion
and Tea at St Peter's
will be on
Tuesday 27th May
at 3 pm



Policing Update Kendal Rural West Policing team :



Your community team now consists of: PCSOs Jayne Park, Mark Hutchinson, and Martin Boak with Sergeant John Stephens at the helm, we are now based in an office at Lane Farm Crooklands, since August.2013.

We are continuing with drop in sessions across our area, and we have relocated the Milnthorpe drop in to the Booths store, in the hope that the higher footfall will reach more of the public. Next is Mon 12th May 6-7pm.

We would welcome any suggestions as to content readers would like for the Newsletter, and as always if you have any issues do contact us.

PCSO 5251 Martin Boak



For more information about any of the above please contact Ruth Taylor on 01539 728180

Thinking about getting a Tablet computer?

More and more older people are realising the benefits of a 'Tablet' computer e.g. I-Pad or Kindle so they can access the Internet, keep in touch with family or just play games! Come along to Milnthorpe Primary School on Monday 16th June between 4 - 6pm and have a play, ask questions and get some practical advice to help you decide or just find out more.

Book a free place by phoning Ruth.

Milnthorpe Young at Heart

Social Group at Milnthorpe Methodist Church Hall Thurs **22nd May** 1.30–3 pm. If you would be interested in becoming a volunteer and supporting me with this group, please contact me.

Levens Young at Heart Social Group at Levens Institute from 2-4pm. on **Tues 20th May**. Lifts might be available if you are struggling to attend this group- just get in touch.

Monthly Afternoon Tea group

Enjoy tea, delicious cakes and good company! 2.30pm – 3.30pm at

St Thomas's Church Hall Milnthorpe on **Wed 21st May**

Free event supported by Milnthorpe Christians Together and Age UK.

Everybody welcome so please come and join us.

A monthly Cancer Support Drop In

is held every second Thursday at Milnthorpe Methodist Church Hall from 2- 3.30pm. This informal and friendly drop - in is for anyone affected by cancer. Next session is on **Thursday 8th May** for some seated yoga and mindful meditation.

We also have a range of useful information leaflets available.

Gentle Exercise Class

Tuesdays 10.30 - 11.30 am in Christ the King Catholic Church Hall, Milnthorpe. Come along, have fun and enjoy 30 – 40 minutes of gentle exercise followed by activities and chat. Only £2 incl refreshments.

Ruth, will also be at Milnthorpe Methodist Church Hall on Friday 9th May between 10.00am – 11.30am, at Levens Methodist Church between 2.15pm - 4pm and Milnthorpe library on 19th May from 10.30am- 11.30am.

Milnthorpe
Play Area Development
MIPAD

A Community Scheme to Develop Milnthorpe's Play Area

Get involved & come and tell us
what you would like to see.

We will be showcasing possible choices, including: play areas, fitness trails, paths and walks, shelter, all weather pitch, multi use games area. You will have the opportunity to put forward your ideas.

Friday 9th May - Between 9am & 7pm

Marquee on The Green
(Outside St Thomas's Church)

Full public meeting will be held on
Wednesday 14th May at 7pm
in the Methodist Hall, Milnthorpe.

*For further information please contact Rod Bowker on 07973 891016

Milnthorpe Senior Citizens'
Annual Party

on Thursday 8th May 2014.
You are welcome to join us,
if you are aged 65 or over and
live in Milnthorpe, Ackenthwaite
or Whassett.

Invitations have been delivered
for this event, but if you haven't
received one and would like to
attend can you please contact :

S. Ashburner - 62727

or H. Hartley - 64224

As numbers are limited can you
please reply at the latest by
Friday 2nd May.

MILNTHORPE MEMORIAL HALL
TRUST Charity No. 700132

At the April 2014 meeting, the
committee agreed grants totalling
£4,700 towards:

Milnthorpe Snooker club

Milnthorpe Bowling Club

Milnthorpe Corinthians AFC

Taekwondo Milnthorpe

Joeys

Milnthorpe Senior Citizens Treat

The next distribution meeting will
be in July 2014.

Requests from any Milnthorpe
organisation wishing to apply for a
grant should be made in writing,
before the end of June 2014, to:
The Secretary, Milnthorpe
Memorial Hall Trust, Sunnyside,
Beetham Road, Milnthorpe,
LA7 7QW

Joeys



Jump into learning
Jump into play
Jump into Joeys

Little Joeys Baby & Toddler Group

Tuesday 9am-11am Pop in and join the fun
£2 per family (50p for under 12months)

Holiday Club (5-11 years)

Joeys Nursery

Full day care and education for 0-5 year olds.
Free places available for 2-4 year olds
(based on eligibility)

Joeys at Milnthorpe Family Centre,
Firs Road, Milnthorpe, LA7 7QG

T: 64090

E: helen@joeysnursery.co.uk



Be wise to Scams

We are hearing of more and more scams in our area, stay safe with our tips.



Be Wise

- Government and financial institutions will **never** ask for information by email.
- Don't give information yourself, instead confirm what the cold caller already has. Beware - Scammers have a surprising amount of accurate data.
- Never give complete passwords or full account information but instead confirm certain letters or the last few digits.
- If someone phones you, take their details and phone them back later that day **from a different phone**. Scammers often keep the call connected so phoning back immediately from the same phone is like being put on hold and doesn't create a new call.
- Request written information before making a decision, but beware of giving your address if they don't already have it.
- Don't give anyone 'remote' access to your computer over the phone.

Signs of a scam

- The call, letter, e-mail or text has come out of the blue.
- You are asked to send money in advance.
- You are under pressure to respond quickly, no time to think about it or get advice.
- You're offered something for nothing and it seems too good to be true. Scare tactics are used, for example claiming your computer has been hacked or identity stolen.

What to do if you have been scammed

- Report it to Action Fraud on **0300 123 2040** to help stop it happening to others.
- If you've used your credit or debit card ask your bank for a chargeback. Get advice and report it to Trading Standards through the Citizens Advice consumer service on **08454 04 05 06** or online advice at www.adviceguide.org.uk

Free, confidential advice and help is available from Cumbria Rural Citizens Advice Bureau on any aspect of consumer problems, benefits, debt, housing, employment and any other problems. We have various outlets across South Lakeland and can also give advice over the phone - telephone 015394 46464 for an appointment and help.

If you don't need us for advice, how about helping us by becoming a volunteer or making a donation? Not many people realize that we are a charity - see our website for details www.cumbriaruralcab.org.uk.

**8 week Relaxation Workshop -
at Dallam school
Community Drama Studio**

Reconnect through
Breath, Mindfulness,
Meditation & Movement.
from Thursday 1st May
5.15 to 6.45pm

£40 per course
or £6 drop in per class

For details contact
Helen Towers 07810391391
E: helen@relaxandjustbe.co.uk

Date for your diary

Heversham House
Annual Garden Party
Sunday 6th July
2-5 pm
In Aid of Athenaeum



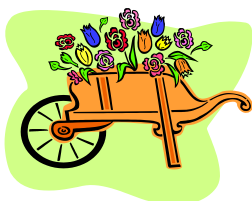
"Grow your own"

**Milnthorpe and District
Allotment Association**

have 2 x third allotments available
they are £14 per site per annum plus
a membership charge.

For more information, to view the site
at Milnthorpe and the available plots
phone:

Lisa 07971696293



the HERON theatre

Select your own seats and book on line
at www.theherontheatre.com

Sunday 4th May

Matinée 2.30pm

PIANO SOLOISTS

Chetham's School of Music

Thursday - Saturday 15th -17th May 7.30pm

GROPING FOR WORDS *TheCompany*

By Sue Townsend of Adrian Mole fame

Friday 23rd May **FILM** 7.30pm

BLUE JASMINE (2013) [12A] 98 mins

Friday 30th May 7.30pm

DAVID COPPERFIELD Hotbuckle Prodn

A new adaptation by Adrian Preater

Box Office Tuesday & Friday 10am - 12noon

Tel: 015395 64283 24/7 hour Answerphone

E-mail boxoffice@theherontheatre.com

Heversham Bowling Club

Would like to thank everyone
who supported their coffee morning on
12th April. Total raised £246.

Levens Brownies are taking part
in Woollen Woods at the Knoll at
Sizergh Castle. The project is run by
Eden Arts with National Trust and the
installation is open to be viewed /
walked through from mid April to 1st
September 2014.

Woollen clothing items were bought at
Bay Rescue Shop in Milnthorpe then
Levens Brownies designed and made
as a group - by cutting and re-sewing
- a toadstool, an owl, a red squirrel,
lots of hedgehogs and felt flags with
Brownie badges on. And a fabulous
long colourful scarf is wrapped around
our decorated tree at the Knoll (with
thanks to Mary).

More items are likely to flutter and fly
in over the summer - go and see !



"THE GREAT VILLAGE BAKE OFF"
SUNDAY 11TH MAY
IN THE ATHENAEUM, Leasgill

Judging 1pm and Open 2-5pm
Demonstrations on all afternoon

Entry forms from Tom Grindey:
015395 62125 or 07907 286836 or
tomgmanufan@gmail.com

CATERGORIES:

Adults

CHOCOLATE SPONGE
VICTORIA SANDWICH
LEMON DRIZZLE
TRAYBAKES

1LB TIN LOAF i.e:

fruitcake, gingerbread etc
SHORTBREAD

Children's Cupcakes

Under 7: 8-11; and 12-15

If you wish your cake to be judged
please bake 2 cakes from a recipe
of your choice 1 for judging and 1
for sale and deliver your cakes to
the **Athenaeum before 12pm** on
11th May. **Ready for judging at
1pm.** After judging the cakes will
be sold either with a drink or to take
home. All money raised will go to
the Athenaeum funds.

**PLEASE BAKE SOME BUNS
FOR FUNDS**

CLOSING DATE FOR ENTRIES
Monday 5th May

**Milnthorpe and District
Allotment Association
Plant Sale &
Coffee Morning**

Saturday 10th May
from 10am
at St Thomas' Church Centre,
Milnthorpe

**Arnside Guides'
Plant Sale**

Saturday 24th May
10 am – 12 noon
Levens Institute
in aid of Help for Heroes &
Arnside Guides

Garden Ramble

*on Bank Holiday Sunday and
Monday, 25-26 May in the
beautiful village of Crosthwaite*

An opportunity to view 14
private gardens in the stunning
setting of the Lyth Valley.
Free mini bus service and
refreshments available
throughout the event.

Gardens open each day
10.30 am to 4.30 pm Adults £5,
children u16 free of charge.

All proceeds to St. Mary's
church refurbishment fund.
Info contact 015395 68297.

Hincaster Free Family Fun Weekend 24 - 26 May

The Commonwealth
Gate Dressing Competition
Open to all households in the
Parish of Hincaster

Monday 26 May, from 4pm.
The Big Picnic in the Pasture
Bring your own picnic

5pm The Commonwealth
Baking Competition. Open to
all, class for adults and u16's.
Use a favourite recipe, savoury
or sweet. It must be your own
work & edible!

6pm The Village Rounders Match

Hincaster Trailway Bat Walk with Furness & South Westmorland Bat Group.

Friday 9th May meet at 8.15pm
at Bradley Farm, Hincaster.

Contact Bridget
tel 015395 61243
limited numbers
so booking essential.



Dallam Outdoors invites you to

Lecture Series
Thursday 22nd May at 7pm
with Cressida Allwood:
"Around the World Cycle Tour"

c20,000km, 19 countries
and too many punctures!

Join Cress Allwood for her funny
and heartwarming talk. A truly
incredible escapade filled with
challenge, adventure and
kindness from strangers.

Dallam Outdoors, Heversham.
£6/£2 children. Pre-Booking Essential
Call 015395 65961 to book.



LEVENS QUILTERS

Quilt Show 2014

Saturday 7th June 10am – 5pm
Sunday 8th June 10am – 4pm

An exhibition of patchwork
and quilting
Raffles and Sales Table
Heaves Hotel, Levens, LA8 8EF
Entrance fee - £2.50
Further info 015242 74379

Visitors always Welcome Heversham WI

Wed 14th May 7.15 pm
Speaker: Ruth Taylor
"Age UK"
Competition : "A Teapot"

Levens WI at Levens Institute
"Resolutions"
Tues 13th May, 7.30 pm





Wedding and Function Venue
Park House Farm, Heversham
www.parkhousebarn.com
Tel 015395 63340 or 07977 180939

For all your special occasions
Tracie Penwarden
Soprano & Singing Teacher
Tel: 015395 62363

CUTZ HAIR SALON
13 Main Street, Milnthorpe
T: 64484 also find us on FACEBOOK

Upper Cuts Barbers
15 Park Rd, Milnthorpe
(opp Post Office)
 T: 62300

Cross Keys Hotel
Milnthorpe 015395 62115
www.thecrosskeyshotel.co.uk

AA 4 star Inn
Superior accommodation
2 four posters, 2 family rooms
4 double rooms
2 bedroom self catering cottage

Home cooked food
- open all day - beer garden -
function room
CAMRA Good Beer Guide
Robinsons Best Kept Cellar winner

The Strickland Arms
Home cooked local food
selection of local real ale
open Mon to Fri:
11.30 - 3 and 5.30- 11pm
Sat & Sun:
11.30am -11pm
Quiz Night Wednesday
Fresh Fish Night Thursday
Sunday lunches & roasts
Tel: 015395 61010

LEVENS HALL & GARDENS

Bellingham Buttery & Potting Shed Gift Shop
open SUNDAYS TO THURSDAYS
(closed Fridays & Saturdays)
until 9th Oct for the 1914 season
10 am for Gardens, Buttery & Shop. 12 noon for Hall
Exhibition of watercolours by Lucy Bagot in the Buttery
(No admission charge for Tearoom, Potting Shed Shop & Plant Centre)

Children free all season
See www.levenshall.co.uk
for special offers & other information

**Open air Picnic and big screen showing of the award
winning Film 'Babe' on Friday, 15th August**
Popular entertainment for all the family!

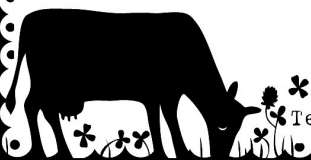
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by The Editorial Team: Revd Ruth Crossley, Revd Sue Wilson, Jane Cushnie,
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The Parish News is printed by
S.I.D Designs, Mill Yard,
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To the best knowledge of the
Editorial Team all information
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press 15th April 2014



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