The Parish News

of Saint Peter's Church, Heversham
Saint John's Church, Levens and
Saint Thomas' Church, Milnthorpe

October 2008 Free

OUT OF THE BLUE

Saturday 4th—Sunday 12th October 2008

St Peter's Church, Heversham and St Thomas' Church, Milnthorpe

Priest-in-charge

The Reverend Susan Wilson
The Vicarage, Woodhouse Lane,
Heversham, Milnthorpe,
Cumbria LA7 7EW
Telephone: 015395 63125

St John's Church, Levens

Priest-in-charge

The Reverend Ruth Crossley
The Vicarage, Vicarage Road,
Levens, Kendal,
Cumbria, LA8 8PY
Telephone: 015395 60223

Assistant Curate (NSM) The Revd Ron Rutter

Assistant Clergy	The Revd Bob Wilkinson, The Reverend Monica Webster The Reverend David Webster	The Revd Canon Tom Thompson
Licensed Readers	Mrs Elizabeth Bennett Mr Chris Bennett Mr Roger Bingham Prof Anne Garden Mrs Dorothy Maudsley	Miss Frances Makin Mrs Mary Orr
Reader in Training	Mrs Linda Cooper	

	St Peter's Church Heversham	St Thomas' Church Milnthorpe	St John's Church Levens
Churchwardens	Mr George Handley Miss Sylvia Read Mrs Sue Tallis	Mr John Ricketts Dr John Thorley	Mr Barrie King Dr John Wilkinson
PCC Secretaries	Mr Peter Clarke	Mrs Linda Baverstock	Mrs Liz Addison
PCC Treasurers	Mr Mike Robinson	Mr Jim Robson	Mr Chris Band
Bookings	Old School Mrs Louise Budd Tel. 60099	Church Centre Prof Geoffrey Gregory Tel. 64082	Levens Institute Mrs Dorothy Routledge Tel. 60640

The Parish News is run by the Parish Churches of St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe
by The Editorial Team: Linda Baverstock, Jill Butterworth, Revd Ruth Crossley, Jane Cushnie, John Cushnie, Jane Fell, Gill Rodd, & Revd Susan Wilson

email: parishnews@heversham.org 015395 64582
c/o Mrs Jane Cushnie, Dallam Barn, High Haverflatts, Milnthorpe, LA7 7DG

For Levens News: Please submit articles and notices in writing or email to
Mrs Jill Butterworth, 3 Greengate Crescent, Levens, LA8 8QB Tel: 015395 61676
jill.butterworth@btopenworld.com

For the november issue please send articles notices **by 10th OCT**

Out of the Blue
Saturday 4th - Sunday 12th October 2008

I thought I would begin with a quiz, so I hope you like quizzes:
Can you recognise the following companies from their mission statements?

1. To create and build beautiful fast cars
2. Your Potential. Our Passion
3. The very best for less
4. To enrich people's lives with programmes and services that inform, educate and entertain
5. To make people happy
6. Changing Energy
7. Our mission is to challenge blindness by empowering people who are blind or partially sighted, removing the barriers they face and helping to prevent blindness
8. To give ordinary folk the chance to buy the same thing as rich people
9. Working to supply secure, sustainable, affordable energy
10. A Christian presence in every community.

Answers on page 8. How did you do?
Some are obvious and others are not.
Part of Mahatma Gandhi's mission statement was 'Let the first act of every morning be to make the following resolve for the day: I shall not fear anyone on earth. I shall fear only God. I shall not bear ill toward anyone.'
Jesus' mission statement was 'to preach the Message of good news to the poor, to announce freesom to prisoners and recovery of sight to the blind, to set the burdened and battered free, to announce, "This is God's year to act!'

Mission statements should help those reading them to identify the purpose the values and the actions of the company or indeed of the person. What would the mission statement be for your life?
What is your purpose; what are your values? What do your actions say about the sort of person you are?

If you are not sure and would like to explore what the Christian faith might say about this, then please do come along and bring a friend to any of the events advertised on page 4. See you there.
In this world where there is so much uncertainty the Christian faith can bring hope and purpose and direction – come and see.

The Reverend Ruth Crossley

Out of the Blue

Deanery Mission with Bishop James.

KENDAL DEANERY

Pick up a Full Programme in churches.
Here are some selected local items from the programme:

Sunday 5th October at 6.30 pm
Service at Kendal Parish Church to launch the Mission Week, with a variety of hymns and songs.

Tuesday 7th October at 11.00 am
Meet at Levens Hall Café for coffee

Tuesday 7th October at 12.30 pm
Why be a Christian? Has that question ever crossed your mind? Come and hear Bishop James' answer and enjoy a light lunch **FREE** at St Peter's Heversham. Contact Margaret Hesmondhalgh 63342

Wednesday 8th October at 7.00 pm
Enjoy watching films?
A good chance to bring your friends to a Faith and Film evening with Bishop James at the Heron Theatre, Beetham. **FREE**
Contact Gill Mumby 64083

Friday 10th October at 8.00 am Calling All Men!!!
Come for breakfast to the Cross Keys, Milnthorpe (£5.00) and join Tim Farron and Bishop James for fodder and faith!
Contact Richard Hamer 01524 761211

Friday 10th October at 9.45 am
Shoppers' Service at St Thomas' before Friday Coffee.
Remember - it's also Farmers' Market today.

Saturday 11th October at 10.30 am
"God on the Knott" - a walk with the Bishop up on the Knott and down the slope to the sea.

Saturday 11th October at 6.30 pm
Come and experience Rock Communion (suitable for all ages) at St Mary's Church in Kirkby Lonsdale

Sunday 12th October at 6.30 pm
A Celebration Service including a Baptism and Confirmation at St Mary's in Kirkby Lonsdale.

You are very welcome to any of these services & prayer gatherings

Sunday Services in October 2008

St Peter's Church, Heversham

Sunday 5th	9.30 am	Harvest Celebration Family Service
		Harvest Lunch at the Athenaeum (Tickets 63213)
Sunday 12th	10.30 am	Joint Service at Heversham
Sunday 19th	8.00 am	Holy Communion
	9.30 am	Third Sunday Service
		Guest Speaker Henry Olonga
Sunday 26th	8.00 am	Holy Communion
	10.30 am	Joint Service at Milnthorpe

St Thomas' Church, Milnthorpe

Sunday 5th	8.00 am	Holy Communion
	11.00 am	Parish Communion
Sunday 12th	8.00 am	Holy Communion
	10.30 am	Joint Service at Heversham
Sunday 19th	11.00 am	Parish Communion
Sunday 26th	10.30 am	Joint Service at Milnthorpe

Mission Room, Hincaster

Sunday 26th Please look on the notice board in Hincaster

St John's Church, Levens

Sunday 5th	10.00 am	Parish Communion;
Sunday 12th	10.00 am	Family Service
Sunday 19th	10.00 am	Parish Communion
Sunday 26th	10.00 am	Parish Communion

See notice boards outside church or weekly notice sheets for any changes

Regular Prayer Gatherings at St Peter's and St John's Churches

Mon-Thurs:	Morning Prayer	8.15 am at Levens
Tuesdays:	Communion at ten	10.00 am at Heversham
	Christian Prayer Ministry	10.40 -11.40 am at Heversham
Saturdays:	Informal Prayer Meeting	8.00 am at Heversham

Parish pastoral visiting

If you know of anyone ill at home or in hospital who would appreciate a visit please do phone any of the following people:

Milnthorpe: Revd Sue Wilson 63125 or Eryl Ricketts 01524 761076
Levens: Revd Ruth Crossley 60223, Audrey Larkins 60769, Frances Makin 61417
Heversham: Revd Sue Wilson 63125 or Audrey Wynne 63244

Christ the King RC Church, Milnthorpe Canon Alf Hayes Tel: 62387

Mass Times Saturday Vigil Mass 5.30 pm
Sunday Mass 9.00 am **with children's liturgy during term time**
Friday 9.30 am

Confessions Saturdays 11 to 11.30 am
with Exposition and Adoration before the Blessed Sacrament (or any time on request)

ONCE A CATHOLIC? Feel like you want to come home? Heard of the Landings Programme? Contact Canon Alf Hayes 62387 or Landings Coordinator, Mr. W. Gill 01524 762124.

Levens Methodist Church
10.30 am Sunday Services in October

5th Dr. Tom Fryers
12th Ms. Irene Mc.Kay
19th Dr. Donald Spivey
26th Mr. Christopher Fawcett

Many thanks to all who took part in our recent Sunday Morning COFFEE CHURCH. This proved to be a great success and will DEFINITELY be repeated

Milnthorpe Methodist Church
10.30 am Sunday Services in Oct

5th Rev Don Cross
12th Rev Michael Fielding
19th Rev Gary Ridley
26th Mrs Barbara Fryers

Lunch Club last Wednesday of each month - anyone welcome - contact Eileen Bolton 63318.
Discussional bible study group, meeting at 3 St Anthony's Close, Milnthorpe, each Wednesday, 9.30 - 11.00 am. T; 62985

Harvest time at Low Sizergh Farm

COLUMN
The natural world

It's rare to hear positive words about the weather from a farmer or grower, but this summer no-one could deny us the right to grumble! In order for our milk to be sold with the organic symbol on show we adhere to the rigorous standards of the Soil Association.

One stipulation is that our cows are fed on organic feed. Over the last 2 years the price of buying in this feed has increased two fold, so we have endeavoured to grow cereals of our own to supplement the cows' silage diet during the winter months. Needless to say, there hasn't been quite enough sunshine this year to ripen the grain! This summer we grew barley, peas and vetch in fields near Sizergh Castle. The machine used to cut the stalks was fitted with an attachment that allowed it to pick up a crop that was flattened by a season of wind and rain.

In the Growing Well fields the indomitable spirit of the team has meant a successful harvest of lettuce, spinach, chard, cabbage and broad beans that are on sale in the farm shop. The apple trees planted around the perimeter of the Growing Well site, and in the 3 orchards at the farm, are looking healthy and we look forward to an Indian summer for apple-picking.

Alison Park, Low Sizergh Farm

We care

Save a Life GIVE BLOOD
Dallam School Main Hall
Haverflatts Lane, Milnthorpe
Thursday 30th October
2 - 4 pm and 5.30 - 7.30 pm
We now encourage you to make an appointment by phoning 0845 711711
www.blood.co.uk
BBC2 ceefax page 465

give blood

SAMARITANS

01524 61666
(National tel no. 08457 90 90 90)
jo@samaritans.org
www.samaritans.org/lancaster

St. Vincent de Paul is a locally based homeless and rehousing charity

providing a thirty bed night shelter in Lancaster, and facilities for those living on the streets to have a hot meal, shower and a change of clothing.
The charity also works with the Local Authorities to rehouse people and give them a new start. Once rehoused we supply all the items needed from furniture to clothing, bedding and household items.
Thank you for your support which allows this work to continue.
As the colder months approach I wonder if it is possible to once again appeal in the Parish News for any items of winter clothing, household items and bedding and sleeping bags (a desperate need for these items) for the St. Vincent de Paul.

All items are welcome and I will gladly collect.
Mike - 64813.

Now, is a great time to find a shoe box,
wrap it in Christmas paper,
pick up a leaflet for
Operation Christmas Child
and buy treats to fill the box.

Collection details will be in November's Parish News.

mothers union — Christian care for families worldwide

Milnthorpe-with-Heversham Mothers Union,

During the summer break members were kindly invited for coffee at the home of member Lady Audland and Sir Christopher Audland. We viewed their beautiful garden and orchard with thanks expressed by all present for such an enjoyable morning.

At the September meeting Leader Joan Ellam welcomed 21 members, and the meeting began with quiet music followed by prayers, a short service and Bible reading.

We were informed of a Quiet Day at St Mark's Natland 23rd Oct, and on 8th Oct members of the Shap branch are coming to a cooked lunch with us here. We would welcome offers to assist in the making of Shepherd's pie, and apple crumble.

A new catalogue of MU Christmas cards and gifts is now available for orders. It was agreed to continue an annual donation to St Thomas' Church in appreciation of meetings held there monthly.

Mrs Ellam reported that £159,000 was collected in the recent MU Mothering Sunday Nationwide Appeal, with all branches thanked for their donations.

Member Margaret Barrow told us about her work with the Probation Service, over the years, being recently employed in Lancashire and Cumbria. She was thanked by Jean Shuttleworth. *Mary Davidson*

The next MU meeting

is on October 8th when Sally Percival will speak on South Lakes Autism and Aspergers Group.

Prayer for the Nation

this month is
at St Thomas' Church,
Milnthorpe
on Sunday 26th October
at 6.30 pm

St Thomas's Flowers for Oct

5th Mrs Burton
12th ——
19th vacancy
26th Mrs Webster

Friday Coffee Mornings
at St Thomas' Church
10 - 11.30 am

at Milnthorpe Methodist Church
9.30 am – 12 noon various stalls

Open invitation to the over 50s to come to The Evergreens
Fridays 2 - 4 pm
at St Thomas' Church Centre
dominoes, cards
chat, cuppa

The answers to the quiz on pg 3

1. Jaguar Cars, 2. Microsoft,
3. Morrisions Supermarkets, 4. BBC,
5. Walt Disney, 6. E-on,
7. RNIB, 8. Wal-Mart (ASDA)
9. Centrica (British Gas),
10. Church of England

HARVEST Sunday 5th October

Join us for Family Service 9.30 am

Jacob's Join Lunch at the Athenaeum.
Tickets Jean Sowerby 63213

Holiday Club

The two churches of St Thomas' and St Peter's combined to run the annual children's Holiday Club on Thursday 28th August. Heversham Primary School was transformed into the Olympic Stadium for the day and the 24 children who attended joined Team China or Team USA to participate in craft activities, games, singing and learning a memory verse from the Bible. The talks were given by Alan Wadsworth from the Word of Life youth organisation. Everything was geared around the Olympic theme and activities included, among other things, team games, fitness training, model making, weightlifting, flag making anddecorating kit bags.
Parents and carers were invited to tea and cake in the afternoon and to watch the flag-waving closing ceremony. Prizes were presented to individuals who excelled in various events, and members of Team USA who narrowly won the overall competition events during the day.
A good time was had by both children and helpers. If your children missed it this year, make sure they come next year for a great, fun day. Open to all 5 - 11 year olds from both parishes.

George Wadsworth

The September meeting of the St Peter's PCC

received an encouraging report from the treasurer, regarding the state of the finances. Increased giving and successful fundraising events (including the recent rather wet BBQ, generously hosted by Annie and Mike Robinson) meant that income was exceeding expenditure. There was detailed discussion of the arrangements for services, teaching and other activities in Heversham in the autumn, particularly given the unfortunate absence of Sue Wilson as a result of her need for additional surgery. As part of this there was a report on the detailed plans for "Out of the Blue" the Deanery Mission.

There was feedback from the very successful holiday club for children, with warm thanks to Alan Wadsworth for his leadership. Ron Rutter reported on a successful first meeting of a Men's Group, which is now to meet in alternate months and to develop a programme of periodic special events. There was also some early planning for the St Peter's "Summer Break 09" at Wyedale Hall.

The generous gift from Ron Gerrard of flag pole and flag was noted and the discussion continued about the possibility of installing a new audio-visual system in the Church. It was also agreed to support in principle, planning for a shared Youth worker across the parishes in the Kent Estuary .

Peter Clarke, Secretary PCC

Saint John's Church: Levens

Prayer Cycle

We invite you to join us in praying for our village; for those who live in it, those who work in it, and those who visit. In October we think especially of Bell Hill

Come a join us
to pray for healing,
Nationally, Locally , Personally.
St John's Church
Wednesday 8th October
6.30 pm – 7.15 pm

Narnia Fun Day

On 28th August Levens School was transformed into the magical world of Narnia. The day started with the children being called into Narnia by the sounding of Queen Susan's horn and entering via the wardrobe door.

During the day the children heard extracts from the Narnia stories, learnt a "rousing" Narnia song, took part in various arts and crafts activities, dressed up as characters from the stories and played Narnia themed games.

The day rounded off with a series of playlets performed to the parents culminating in a royal parade led by Aslan himself with a particularly large number of beavers!

Much fun was had by the children and helpers along the way. A huge amount of planning and preparation had taken place in the lead up to the day to make it the success that it was. Particular thanks go to Mary Orr, Reverend Ruth and everybody else who was involved in making such a wonderful day happen.

St John's Levens PCC meeting

St John's PCC met and discussed all the usual housekeeping items. The major discussion centred on the thoughts about the use of the Church building, arising from the decision that we had to go ahead with rewiring.

Thank you to all those who have responded to the Giving in Grace by supporting St John's financially – more next month.

St John's Church Flowers:

5th Oct	Harvest Flowers
12th Oct	Mrs M Dobson
19th Oct	Mrs M Dobson
26th Oct	Mrs A Larkins

Emmaus

Discovering Faith Matters

A new programme for
Christian Learning

Do you want to deepen your understanding of the Christian Faith?
Do you want to discuss and grapple with issues at greater depth?
Are you seeking to apply the Bible in your everyday life?

MODULE 1
What is the Bible and
how do we use it?
Session 1 What is it? What's in it?
How did it get there?
Session 2 Who, when and where?
Session 3 One book, many voices?
Session 4 The word of the Lord?
Session 5 Used, abused or gathering dust?
(Each session is of 1½ hours)
Thursday 9th, 16th, 23rd, October
& 6th, 13th November
Where: Farnaby Dyke, Time: 7.30 pm
Contact: Revd Ruth Crossley 60223
or Mary Orr 61170

Christians Together in Levens

The Monday Group meets in Levens Methodist Church 10.15 a.m. except Bank Holidays and July and August.

Our most recent event a Taizé style service on 31st August was greatly appreciated and attracted a large congregation, many from outside Levens. The singing was lead by keyboard virtuoso, Robin Orr with a group of singers scattered amongst the congregation. Members of several Christian denominations displayed their common loyalty to Jesus by playing leading roles in both the music and scriptural content of the evening. "A truly moving occasion" was the comment of one person attending. Many thanks to Rev. Ruth Crossley and Robin Orr and all those who participated in any way. May God continue to bless our witness together.

LEVENS BOOK FAIR

Owing to the fact that a new leader/co-ordinator has not yet been found to take over the running of this event, the date has been reviewed and is now pencilled-in for Saturday 7th February 2009. By that time it is hoped to be able to stage the Levens Book Fair to at least the same standard as before.

We have raised about £2000 for various local charities from our previous two Book Fairs, so we want to match and/or improve on this next time.

We have offers of help, particularly with the book sale element of the Fair, but require people to be responsible for

A> Publicity

B> "Arrangements and Invitations"

C> Overall Manager and Promoter.

If you could help in any way, please contact me on 61434 or Rev. Ruth Crossley on 60223. *Brian Gray*

FRIDAY FORUMS

The three pilot Forums, held in Spring/ early Summer were very successful in promoting discussion on topics which generated quite differing responses from the panels and audience.

The response of the general populace of Levens was, however, disappointing. Our endeavour was to provide an opportunity for people to meet with and question people with responsibility for issues which affect the lives of every man woman and child. Climate change or Drug addiction. These of course are not just matters for Christians and we hope that future Forums will attract a little more support from our villagers. With that in mind, we felt we would like to respond to the initiative of the W.I. and provide a Forum to discuss the treatment (or lack of it) given to persons with problems of Mental Health.

Brian Gray

LEVENS NEIGHBOURHOOD WATCH

Our long serving Secretary will retire at the Annual General Meeting on Monday 3 November.

A Willing Person is needed to take over the job of minute taking for our two meetings per year.

If you can help please contact Bryan Dawson on 60475

The Village Plan Steering Committee would like to thank all those who entered the 'Life in and around Levens' photographic competition, the winners are as follows:-

1st - Jim McGuire 'Levens Car boot', 2nd - Janet Austin 'Levens from Brigsteer Junction' and 3rd - Jill Butterworth 'Lambs in the Park'.These 3 and some other entries will find a place in the final Village Plan. We are hoping to display all entries in the Institute soon.

A Page of Schools' News

Next month's issue November '08 we are inviting all three local primary schools to tell us their news.

We hope to run this page of Schools' News in November '08 and then next year in February, April and June.

Levens W.I

Our August meeting was a village quiz followed by supper, it being summer time. The quiz around the area of the Institute was fun and quite educational - several people discovered things about Levens that they didn't know before. The supper was tasty and quite up to proper W.I. standards, and convivial. And it didn't rain!! So a good time was had by all.

Next meeting is the AGM.

21st October (third Tuesday), 7.30 pm in Levens Institute.

Levens CE School have a vacancy
for a lunchtime assistant.
Please phone the school office for details on 60694.

CROSSWAYS CRAFTS meet at
LEVENS METHODIST CHURCH
on Wednesdays 10.am until 12 noon
ALL WELCOME, ECUMENICAL

Levens Out Of School YoYo Club

Levens School
T/F: 015395 60694

MILNTHORPE CHILDREN'S CENTRE

Parent and toddler activities
with Brewery Youth Arts
Activities for children
from 18 months up to 4 years
with a parent / carer
Day Tuesdays (dates below)
Time 10.15 – 11.00 am
Cost £2.00 per child
Place Milnthorpe Primary School Hall
Drama Tots for 3 wks from 23/09
Drama games with your child
Baby Dance for 3 wks from 14/10
Dance and Movement Play
Bym Bam for 3 wks from 11/11
Music Classes
Artseen for 3 wks from 02/12
Art Workshop
Booking essential on 64896

Toddler Groups

Levens
Wednesday morning term time
at Levens Institute 9.30-11 am.
Everyone welcome, 0-4 year olds,
please bring an adult. !
Small fee towards running costs
Tel. Joanna 60393

Heversham
Wednesday morning term time
at the Athenaeum, Leasgill
9.30 - 11am £1.50 per family
Tel: Carolyn 62332

Milnthorpe
Monday morning term time
At Milnthorpe Primary School
9.30 - 11 am £2 per family
Children under one are free
Tel: Dawn at Joeys 64090

Police Community Support

An opportunity for residents of Milnthorpe and surrounding areas to discuss any local issues with your Police Community Support Officer Rachel Thomas

Drop in at Milnthorpe Library on the second Monday in every month.
13th October 5.30 - 7.00 pm

Cumbria Wildlife Trust is asking primary school children to get out their glitter and colouring pens to design a Cumbrian wildlife Christmas card.

The closing date for entries is 7th November 2008.
Email Lucy Histed at the Trust lucyh@cumbriawildlifetrust.org.uk for all the entry details and prize details.

Like Shopping ???
Community Coach Trip to The Metro Centre on Saturday 22nd November
Keep the day free !

FARMERS MARKET
MILNTHORPE
Second Friday in the month
10th Oct
& traditional market every Friday

An excellent opportunity to buy essentials (and treats) **from our local** market traders & shopkeepers

Milnthorpe Fire Station would like to thank everyone for their support who participated in the Car Wash at Milnthorpe Square on Saturday 13th September in aid of the The Firefighters Charity

Pews for Sale

Regrettably the Methodist chapel at Holme has closed. There are still some pews (approx 12' length) available for sale at £40. Contact: 01524 78159.

You are invited to the Athenaeum Management Committee A.G.M.
Monday Oct 6th 7.30 pm
More info from Tom 62125.

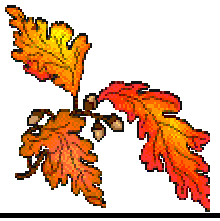
Thank you from the A.M.C. (Athenaeum Management Committee) as over £800 was raised towards our new sound system at the village BBQ in the summer.

Milnthorpe Family Centre.
The A G M will be held on 23rd October at 7.30 pm at the Community Room, Firs Rd, Milnthorpe

Milnthorpe and District Allotment Association.
The A G M will be held on Monday 27th October 2008 at 7.30 pm at the Cross Keys Hotel, Milnthorpe.
Everyone Welcome

PiNboard

Milnthorpe Primary School PTA
have organised
an Autumn Fayre
on Sat 18th October, 1.00 - 3.30 pm.



at Milnthorpe
Primary School.
There will be a
variety of stalls,
a raffle and
refreshments.

Heversham Badminton Club

New season begins
in Dallam Sports Hall

Juniors begin on
Monday 6th October 7.00 – 8.00 pm
Phone Wendy on 01524 781437

Future Events at the Athenaeum, Leasgill

Curry Night
on November 29th 7.30 pm.
Tickets call Roger and Pam
Forrester on 015395 62170.

NewYear's Eve Party
8pm - 1am with Morecambe Bay
Discos tickets £15 each.
TICKET ONLY.
Tickets from Robin Sisson 60953
or Diane McHardy 62484

Former Zimbabwean
international cricketer,
Henry Olonga
visits Oct. 18th and 19th

Join us at the Cross Keys Hotel
on Saturday 18th October with
Henry answering questions about
his life, and singing.
£5 for a buffet supper.

See posters at the Cross Keys
or on notice boards

Coffee Morning in aid of
Martin House Children's Hospice
to be held at
The Mains, Church Rd, Levens
on Thursday October 30th

10.30 – 12 noon £1
Christmas Cards
on sale
Cake stall and Raffle

RNLI, Arnside branch
are holding a "Charities Fair"
Wed 22nd October
at Gaskell Hall, Silverdale.
Charities will be selling gifts and
Christmas
cards.
10.30-1.30
Refreshments
available.

Levens Institute
Autumn Fair
Saturday 18th October
10am til 11.45 am
Raffles, Cakes, Games, Plants,
Bring & Buy
50p includes Coffee &
Biscuits

COMMUNITY TRIP TO
the musical "ROCK"
in MANCHESTER.....
SATURDAY NOVEMBER 8TH

Come and bring a friend and enjoy **Roger Jones' new musical, 'Rock' - the story of Simon Peter**

Starting in Caesarea at the house of Cornelius, the story unfolds in flashback. We see Peter called from his fishing nets, his three years on the road alongside Jesus and the disciples, his triumphs and his failures.

Jesus calls Peter 'the Rock' - but we see that only in Christ and filled with his Spirit, is Peter on solid ground.

£20 for adults – ticket & travel.
Depart late afternoon , around 4pm for the evening performance at 7pm – stopping on the journey for a coffee and a short break.
Please see or telephone :
Linda Cooper on 015395-63836
to reserve your seat.

No Coffee Time @ the Old School in October
There's an Out of the Blue invitation to Levens Hall Café for coffee or have lunch at St Peter's
- see page 4 for details

Jumble Sale starts 1pm
Saturday 4th October 2008
Levens Village Institute

Please drop off jumble on the day between 9:30 and 11:30 am at the Institute
Raising funds for
1st Levens Brownies Christmas treat

Would you like to learn to ring the bells :

You are invited to come along and practise on Tuesdays evenings when it will be tied-clapper training - this is when the clapper of the bell is tied to one side, to stop it from striking.

Adults & over 11s with a parent welcome
Any questions please telephone George Handley
Heversham Hall Farm Tel: 63571

Heversham Bowling Club

QUIZ NIGHT
with Pie and Peas Supper
Quiz Master; Fran Skipworth
Teams 1 to 4 players
bring your own drink and glasses
Saturday October 25th 2008
7 - 10 pm
in The Athenaeum, Leasgill
Tickets £7.50
Call John on 63550
or Gordon 64415

Weekly activities for winter afternoons in the Bowling Club clubhouse at Leasgill at 2 pm
commencing Tuesday October 21st
Tuesdays: Dominoes and occasionally Whist (Gordon 64415)
Wednesdays: Scrabble (John 63550)
Thursdays: Bridge (Chicago - partner not required) (Daphne 63550)
call if you need more information

farm shop • tea room • craft gallery • farm trail

LOW Sizergh BARN

THE REAL TASTE OF THE COUNTRY

www.lowsizerghbarn.co.uk 015395 60426
Low Sizergh Farm, Sizergh, Kendal, Cumbria LA8 8AE

GEO-SCAPE
Landscaping & Building
Traditional stone work,
Hard/soft landscaping
Rural property renovator
George Newton - 015395 60910
07818 802659

BOOK KEEPER / SECRETARY
Experienced in accounts, VAT, wages, typing CVs, letters & all office routines
Veronica Cato
015395 61667 / 07778 937412
veronica@cato.bbfree.co.uk
Victoria Cottage, Levens

FOUR PAWS
loving care for your pets
only a Paw Wave away
Karan - 015395 64826

o'neil & petrie
chartered architect
Providing a complete range of architectural design services tailored to suit you.
01539 738899
www.oneilandpetrie.co.uk

Stay Clean Services
Carpet, Upholstery, Rug, Leather
see the full range of cleaning at:
www.localclean.co.uk
Ken & Anne Riddell
01524 720120

JPG Joinery
Joinery and Property Maintenance
Contact Paul Gott
01524 781710

ukskinclinics
the perfect skin professionals
permanent laser hair removal
broken veins & age spots
mark & blemish correction
facial skin tightening
rosacea treatments
FREE consultations
15 Allhallows Lane Kendal
01539 732040

www.photoideas.co.uk
35mm slides scanned onto CD / DVD
mail@photoideas.co.uk

Available for all
your special occasions
Tracie Penwarden
Soprano & Singing Teacher
Tel: 015395 62363

Neil Dowker
Milkman
Milk, Eggs, Potatoes etc
Tel: Miln. 63739

Dave Harrison
Landscaping
Landscape construction, Tree and shrub care, Hedge cutting
Tel. 015395 64495

KEVIN BATEMAN
MONUMENTAL MASON
new memorials, additional inscriptions
renovations, re-turfing
01539 723903 or 07817 060619
Please phone for a Brochure

A2A
www.a2ainternet.co.uk
domains from £25
hosting from £65
sites from £250
2 Beetham Rd, Milnthorpe
Tel. 015395 64486
134 Greaves Rd, Lancaster
Tel. 01524 380967

for your New or Used Car come to
P.V. DOBSON & SONS (Motors) Limited
Bridge End Garage, Levens
Tel: 015395 52441
Mechanical & Body Repairs, MOT Testing

L M Baverstock
Ophthalmic Opticians
The Square, Milnthorpe
Tel 62633

Firewood, Kindling
Coal, Wood Pellets
Kiln Dry Logs
Woodcoal
Tel. 01524 841214
Tel. 01524 782623
Logs Direct
Real Wood Logs

Drive Time
for patient & professional driving tuition
Beginners?Pass Plus?Refresher Courses
David Morgan ADI
Tel. 01539 731296
www.drivetimekendal.com

amWebright Ltd
IT Solutions
For your Home or Business
We're here to Help:
- Professional & Personal Service
- W3C Compliant Websites
- Domain Registration
- Database Integration
- e-mail installation

www.amwebright.com
Contact us by
Phone: 0750 0956313
email: amercer@amwebright.com

Terry Allen(Elect)Ltd
Local Electrician For 30 years
Commercial, Domestic, Industrial
Tel: 015395 63832
Fax: 015395 64039
18 Summerville Road

Milnthorpe Kennels & Cattery
015395 62665
Come & see our brand new facilities

Busy Bee
garden & property maintenance
David Abel
tel: 015395 62807

COLIN HARPER
Building Services
39 Trinity Dr, Holme, Lancs, LA6 1QL
T: 01524 781194 M: 0788 0925170
Alterations ~ Extensions ~ Plastering
Roofing ~ Patios ~ Stonework ~ Tiling
Quality Work at Competitive Prices

Sue Howsley
Interiors
Tel: Miln 62626

Milnthorpe Art & Copy and Printers
Archway Gift Gallery
Tel: 63292

Woodlands Nurseries
Flowers for all occasions
Crooklands, Milnthorpe
Tel: 015395 67273

Cutz hair salon
Milnthorpe 64484

THERMOSHIELD
Window & Door Replacement
Conservatories
Tel 63308

BARRIE ATKINSON
TV VIDEO HI-FI
Sales and Service
Prompt and Reliable
Tel: 015395 60565

Simon Wroe
Piano Services Ltd
Tuning, repairs, restoration.
015395 63711

DELTA FUELS
Heating the Lakes
Call Today
01539 733700
Home Heating Oil - Gas Oil - Lubricants

Station Garage Arnside
car servicing & repairs
Tel Arnside 01524 761398

Irene Taylor Hearing Centres
Salt Pie Lane, Kirkby Lonsdale
015242 73589
Specialist in hearing aids
and hearing protection
www.prestonhearingcentre.co.uk
est.1980

State Registered
Chiropodist/Podiatrist
Ian R. Robertson BSc. M.Ch.S, S.R.Ch
Home Visiting Service
Tel: 015395 34499
Mobile: 07710 287957

Cumbria Accounting Services Ltd
Bookkeeping for Small Businesses
- Tax and VAT • Sales Invoicing
- Management Accounts • Payroll

01539 734703
billwood60@aol.com

LES CHAPLOW
Corgi Registered
Boiler Servicing & Maintenance
Tel. 63017

"THE ORCHARD"
Holiday Cottage to Let in Levens
Owners: Chris and Shirley Band
Enquiries and Bookings to:
Cumbrian Cottages Tel: 01228 59960
email: enquiries@cumbrian-cottages.co.uk
www.cumbrian-cottages.co.uk

MARTIN TYSON
General Builder
Tel. 62125

FISHWICKS
FUNERAL SERVICE
Milnthorpe 63108

COOPER ELECTRICAL

All types of electrical work undertaken
Elecsa part P approved
015395 60890 or 077177 62274
www.cooper-electrical.com
Email: cooper.electrical@yahoo.co.uk

Sandham's Tearoom
at Milnthorpe Memorial Hall
Open Mon – Fri 10 - 4
Homemade cakes & light snacks
Tel: 07854 724391

The Strickland Arms

Home cooked local food
selection of local real ale
open Mon to Fri:
11.30 - 3 and 5.30- 11pm
Sat & Sun:
11.30am -11pm
Quiz Night Wednesday
Fresh Fish Night Thursday
Sunday lunches & roasts
Tel: 015395 61010

D & C Atkinson
Landscape Contractors
Commercial & Domestic.
Hard & Soft Landscaping
Low Maintenance Garden Design
Regular Contract Work
015395 62184 or 07919 892703

W.G. BROWNLIE
JOINERY CONTRACTOR
t. 015395 60673
m. 07810 602999

A new type of fitness studio for women
Weight loss solutions guaranteed
(below Boyes), Dowkers Lane Car Park
Kendal **01539 722119**

ACE ELECTRICAL & ALARMS
Electrical Contracting Specialists
Domestic. Commercial. Industrial
24 hour call out
David Wright T/F: 01539 740992
M: 07979 914871
ww.aceelectricalandalarmsltd.com

IVAN COATES

Your local Builder and Contractor
Tel. 015395 62338

Bed & Breakfast in Beetham
No room for family and friends when they visit?
Stay at Barn Close, Beetham
Featured in Alastair Sawdays "Special Places to Stay"
Telephone - Anne Robinson
015395 63191

Lunesdale House

Residential Care Home
Phone Mr. C D Green
Tel. 63293

new to the area ? don't have your milk delivered ?
RING US FOR YOUR REGULAR MILK DELIVERY
Home-produced show-winning eggs fresh daily.
Pet foods & peanut/wild bird seeds.
David & Christine Knipe
Gateside Cottage, Levens– Open 24 hrs
Tel: 015395 60287

CHRIS EASTON WELDING

Gates, Railings, Garden Ornaments and General Fabrication
Tel 07917 402394

TRADING POST

Animal Feed Store
Pet supplies
pigeon, poultry, wild bird
Horse feed and supplies
NEW Fishing Bait and Tackle Shop
open: Mon - Fri 9am -5pm
Saturday 9am - 1pm
Railway Yard, Moss Lane
Holme 01524 781268

HALECAT
Garden Nurseries

Established Nursery
with beautiful garden,
wide range of interesting plants,
perennials, bedding, tubs,
hanging baskets.
Tel: 015395 52536
www.halecat.co.uk
Follow Halecat tourist signs
@ Witherslack off A590

AAC PLUMBING & HEATING
Breakdown Specialist
Central heating systems
Gas appliances service & repair
Bathrooms - Showers - WCs fitted
10yrs local experience
Lancaster 07789 495277
www.aacmaintenance.co.uk

PLANS DRAWN

STUART MCMINN BSc HND ABEng
- **New Property Designs**
- **Extensions, Alterations**

T: 01524 781081 or 07729 845147

eSSence yOga

(Yoga for Men & Women)
CARNFORTH, MILNTHORPE,
KENDAL & ARNSIDE
www.essenceyoga.co.uk

Yogakidz

LANCASHIRE & CUMBRIA
www.yogakidz.co.uk
Sarah ~ 07922144384

EDWARD DUCKETT & SON
Joinery specialists &
Funeral directors
01524 784211
& 781232

Milnthorpe Chippy

Wed-Sat Lunch 11.30-1.15
Tues-Thurs Tea 5.00-8.00
Fri Tea 5.00-9.00
Sat Tea 5.00-8.30 **Tel: 63619**

DIGITAL TV AERIAL AND SATELLITE
FROM **NBC-SKYNET**
015395 62561 OR 07710 400 499
LOCAL - PROFESSIONAL- RELIABLE

NEAT FEET
South Lakes Foot Clinic
Grange Clinic or Home Visits
015395 35594

SPS DOOR MAINTENANCE
repairs to all types
of doors & shutters
contact Paul Schofield
015395 64512
07799332141
pcringer@hotmail.com

PLUMTREE HOUSE, BRIGSTEER
Bed and Breakfast – En-suite
Private Lounge – Parking
info or reservations please telephone:
Michael and Maureen Whelan
015395 68774

STEPHEN MALKIN
Slating & Roofing Specialist
Re-Roof/Repairs
Call for a competitive quote
015395 62137

BRIAN BALDWIN
Qualified
Painter & Decorator
Miln 63583 or 07976 578855

Carr Humphreys
architecture
Park Road, Milnthorpe
015395 64455
Chartered Architect

DECORATOR
- int/external
covering all aspects of decorating
for a free competitive quote:
JOHN SPENCER
015395 64655

CHOICE CATERERS
Outside Catering
for any occasion
Phone Bev Carling
015395 62753

Plumtree Hall
Heversham
Accommodation
for the active elderly
Reasonable rates
En-suite rooms
Good home-cooking
Respite room also available
Details: 015395 62661

JOINERS & CONTRACTORS
A. HUTCHINSON & SONS
at 'Aldyth', Lowgate, Levens
Tel: 015395 60481 & 60491
FUNERAL DIRECTOR
PRIVATE CHAPEL OF REST

Lakeland & Lunesdale
PHYSIOTHERAPY
& Sports Injury Clinic
For an appointment with
a Chartered Physiotherapist
Tel: Milnthorpe 64727

HALE
GARAGE
Main A6 Rd. Hale

New and Used Car Sales
Service & Repairs
Bosch KTS Computerised
Diagnostic Equipment
Petrol and Diesel MOT
& all your motoring needs
Tel. 62173 & 62839

REES TILES
& FLOORING LTD
UNIT 4, PRINCES WAY,
LEASGILL, MILNTHORPE
TEL. 015395 63422

Ralph Sutton D.O.
Registered Osteopath
Milnthorpe & District
Osteopath Clinic
Tel: 015395 65777

SPECIAL PRODUCTS
FOR SPECIAL NEEDS
- **Adjustable Beds & Chairs**
- **Walk-in Baths**
- **Wheelchairs & Walkers**
- **Mobility Scooters**

AND MUCH MORE
RDK Mobility
Memorial Hall, Milnthorpe
Tel: 015395 63776

T.T. Carpets
The Red Barn,
Harmony Hill,
Milnthorpe
Tel. Miln. 62898

MILNTHORPE
DENTURE CENTRE
FRIENDLY SERVICE
& 1ST CLASS QUALITY
DENTURE REPAIRS
WHILE U WAIT TEL 64770

Connect 2 Plumbing Ltd
Tiling Service
Hamish Mulliner
- no job too small -
Phone 01524 730018 or 07971 847319

Milnthorpe Children's Centre

The Children's Centre provides a wide range of services and activities for families with young children in Milnthorpe and the surrounding areas.

JOEYS FULL DAY CHILDCARE
(with pre-school sessions)
And OUT OF SCHOOL CLUB

COMMUNITY ROOM
New Time WEDNESDAY 9 am - 5 pm
Join us for a chat and a cup of tea
Free access to computers.
Email and internet available.
Come & find out what else we offer.

Milnthorpe Family Centre

Firs Rd, Milnthorpe
Joeys tel: 64090
MCC tel: 64896

mcc@milnthorpe.cumbria.sch.uk

HERON THEATRE
the theatre in the country

Friday 3rd & Saturday 4th October 7.30 pm
"Women on the verge of a T-junction"
Award winning comedy *Msfits Theatre Co*

Friday 17th & Saturday 18th Oct 7.30pm
"The Other Woman"
WW1 Drama in South Wales *Hijinx Theatre Co*

Friday 24 October 7.30 pm
"THE PAINTED VEIL" [12A]
A beautifully scored and acted film

- Box Office open Tuesday and Friday 10am-1pm. answerphone on 015395 64283. We will call you back. email: boxoffice@theherontheatre.com
- **Current Exhibition – Victoria Flack** illustrations to the 'King & Wizard' Stories
- To hire for meetings, lectures & local events please telephone 01524 761140

www.theherontheatre.com

YOGA for relaxation, improved posture & breathing
Wednesdays at Levens School
7 - 8.30 pm
Joyce Whitwham - 60679 or 07971 415308

Childminder (Ofsted inspected)
Milnthorpe/Heversham area
Vacancies for children aged 0-8
Sally Edmondson 015395 65758

PILATES
SALSA & DANCE FITNESS CLASSES
Fitness Dynamics
'Fun Fitness in the Community'
Make new friends, lose weight, tone up and feel great!
Morning & Evening classes throughout the year
Contact Sam for info:
01524 781020 07886457563
sam@fitnessdynamics.co.uk
www.fitnessdynamics.co.uk
qualified & experienced female instructor

Chris Tuckey Surveying
CAD plans drawn for Planning & Building Control applications and EPC surveys
07976 602533
Regulated by RICS

CAKES FOR ALL OCCASIONS
Tel: Jill 015395 52192
Also available,
dog boarding in my own home,
for hols or just for the day.
Est: 2005 Ref: available

JRG DAHLIAS
Garden Maintenance
For a reliable service
contact **Jack Gott**
T:015395 62691
M:07890 883291

Dave Davidson
General Builder
07800 755970

Dave Rushworth
(formerly of Silverdale Computers)
Computer Repair, Maintenance, Upgrade
Tel: 07765 954 386
or 01524 782 869
email: service@dezy.co.uk

mirrormirror
HAIR | BEAUTY | SOLARIUM
4 The Square Milnthorpe
015395 64007 Late night Wed till 9

HAMISH FOULERTON
TREE & GARDEN SPECIALIST
FREE QUOTES and ADVICE
01539 730501, 07747 788370

Burton Tech Support
All aspects of computer upgrade, repair and advice
Low call out charge.No Fix No Fee
Call Barry on 01524 781306
or e-mail bts@yobunny.co.uk

Printed by Workbase, Kendal Business Park, Appleby Rd, Kendal LA9 6ES T:01539 736786