



The Parish News



of Saint Peter's Church, Heversham
Saint John's Church, Levens and
Saint Thomas' Church, Milnthorpe

September 2008

Free



on paper...on tape...online

2,000 are printed, The Talking Parish News is recorded and delivered
ALSO, online at www.heversham.org

St Peter's Church, Heversham
and St Thomas' Church, Milnthorpe

St John's Church, Levens

Priest-in-charge

The Reverend Susan Wilson
 The Vicarage, Woodhouse Lane,
 Heversham, Milnthorpe,
 Cumbria LA7 7EW
 Telephone: 015395 63125

Priest-in-charge

The Reverend Ruth Crossley
 The Vicarage, Vicarage Road,
 Levens, Kendal,
 Cumbria, LA8 8PY
 Telephone: 015395 60223

Assistant Curate (NSM) The Revd Ron Rutter

Assistant Clergy The Revd Bob Wilkinson,

The Revd Canon Tom Thompson

Licensed Readers Mrs Elizabeth Bennett
 Mr Chris Bennett
 Mr Roger Bingham
 Prof Anne Garden
 Mrs Dorothy Maudsley

Miss Frances Makin
 Mrs Mary Orr

Reader in Training Mrs Linda Cooper

St Peter's Church
Heversham

St Thomas' Church
Milnthorpe

St John's Church
Levens

Churchwardens Mr George Handley
 Miss Sylvia Read
 Mrs Sue Tallis

Mr John Ricketts
 Dr John Thorley

Mr Barrie King
 Dr John Wilkinson

PCC Secretaries Mr Peter Clarke
PCC Treasurers Mr Mike Robinson

Mrs Linda Baverstock
 Mr Jim Robson

Mrs Liz Addison
 Mr Chris Band

Bookings Old School
 Mrs Louise Budd
 Tel. 60099

Church Centre
 Prof Geoffrey Gregory
 Tel. 64082

Levens Institute
 Mrs Dorothy Routledge
 Tel. 60640

Parish pastoral visiting

If you know of anyone ill at home or in hospital who would appreciate a visit please do phone any of the following people:

Milnthorpe: Revd Sue Wilson 63125 or Eryl Ricketts 01524 761076

Levens: Revd Ruth Crossley 60223, Audrey Larkins 60769, Frances Makin 61417

Heversham: Revd Sue Wilson 63125 or Audrey Wynne 63244

The Parish News is run by the Parish Churches
of St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe
by The Editorial Team: Linda Baverstock, Jill Butterworth, Revd Ruth Crossley,
 Jane Cushnie, John Cushnie, Jane Fell, Gill Rodd, & Revd Susan Wilson

email: parishnews@heversham.org 015395 64582
c/o Mrs Jane Cushnie, Dallam Barn, High Haverflatts, Milnthorpe, LA7 7DG

For Levens News: Please submit articles and notices in writing or email to
Mrs Jill Butterworth, 3 Greengate Crescent, Levens, LA8 8QB Tel: 015395 61676
jill.butterworth@btopenworld.com

For the october issue please send articles/ notices **by 10th SEPT**

PASTORAL LETTER
from the Reverend Susan Wilson

Dear Friends,

So it's back to work, back to school, back to ordinary everyday life this month.

The summer holidays are over. So too is the excitement of the Olympics, those lazy days of picnics and walks, the occasional barbecue when the sun did shine, and enjoying relaxing times with friends and family.

I wonder if you, like me, are determined that things will be different when you get back to the ordinary routine again?

The phrase 'back to' implies that we don't really expect anything to be different and yet, as we go back, things aren't the same as when we left. We, and they, have moved on.

This summer, as I recovered from my eye operation, I found it very hard to read and so spent recovery time listening to music, talks and discussions. During this time, I heard somebody talk about Tony Benn, the renowned left wing politician.

Not everyone shares his political stance, but there was something about his integrity, as I heard about the world he lived in and his part in government over the years. Something that struck me about him was his gentle humour and his challenging of the status quo.

One phrase he spoke shone out. **'Be a signpost and not a weather cock!'**

In other words, point consistently in the right direction, even when the winds of fashion and opinion could blow you all over the place.

There's also something in the words, 'back to' that speak of knowing where we're going; of knowing what the 'to' is pointing towards. Tony Benn talked of not being blown off course. To avoid that happening, you have to know the direction in which you're travelling. He also gave a word of advice. 'Be people of hope and hunger for justice.'

As I heard those words I could hear echoes of the teaching of a man from Nazareth who lived just over 2000 years ago. He was the signpost we, who call ourselves Christian, try to follow.

Just at the moment the news surrounding us is dark...credit crunches, slumps in sales, slow down in industry and so on. And yet as St. John put it at the beginning of his Gospel, 'the light shines in the darkness and the darkness did not overcome it.' If we are to be people of hope, who hunger and work for justice, then we need to live our lives, following the one known as the light of the world. If we live our lives following the way he points, then even the mundane of 'back to' becomes exciting, as with each situation in which we find ourselves, Jesus becomes the one we keep going back to, in order to get clear directions for the way ahead, so that even in the darkest of times we can walk in His light.

You are very welcome to any of these Sunday services and prayer gatherings

Regular Prayer Gatherings at St Peter's and St John's Churches

Mon-Thurs:	Morning Prayer	8.15 am at Levens
Tuesdays:	Communion at ten	10.00 am at Heversham
	Christian Prayer Ministry	10.40 -11.40 am at Heversham
Saturdays:	Informal Prayer Meeting	8.00 am at Heversham

Sunday Services in September 2008

St Peter's Church, Heversham

Sunday 7th	9.30 am	Family Service
	6.30 pm	Sung Evensong
Sunday 14th	10.30 am	Joint Parish Communion at Heversham
		No Evening Service on this date
Sunday 21st	8.00 am	Holy Communion
	9.30 am	3rd Sunday in the month - our new service
Sunday 28th	8.00 am	Holy Communion
	9.30 am	Parish Communion

St Thomas' Church, Milnthorpe

Sunday 7th	8.00 am	Holy Communion
	11.00 am	Parish Communion
Sunday 14th	8.00 am	Holy Communion
	10.30 am	Joint Parish Communion at Heversham
Sunday 21st	11.00 am	Parish Communion
Sunday 28th	11.00 am	Harvest Family Celebration
		followed by a short service of Communion.
		Jacob's Join Harvest Lunch in the Church Centre
		following the service

Mission Room, Hincaster

Sunday 28th	Please see notice in Hincaster
--------------------	--------------------------------

St John's Church, Levens

Sunday 7th	10.00 am	Parish Communion;
Sunday 14th	10.00 am	Family Service
Sunday 21st	10.00 am	Parish Communion
Sunday 28th	10.00 am	Harvest Festival , NOT first Sunday in October as it has been for some years past.

Please see notice boards outside church or weekly notice sheets
for any additions/changes

Harvest 2008

28th September

St Thomas' Church, Milnthorpe

28th September

St John's Church, Levens

5th October

St Peter's Church, Heversham

All the churches will be receiving offerings for the "Harvest for the Hungry" appeal. This year it is supporting dairy farmers in Haiti and giving children an education and a future in Bangladesh. As we celebrate the harvest in our own country, we have the opportunity to remember those who see their crops come to nothing or whose plants have been ruined by floods or droughts.



Christ the King RC Church, Milnthorpe Canon Alf Hayes Tel: 62387

Mass Times

Saturday Vigil Mass 5.30 pm

Sunday Mass 9.00 am **with children's liturgy during term time**

Friday 9.30 am

Confessions

Saturdays 11 to 11.30 am

with Exposition and Adoration before the Blessed Sacrament (or any time on request)

ONCE A CATHOLIC? Feel like you want to come home? Heard of the Landings Programme? Contact Canon Alf Hayes 62387 or Landings Coordinator, Mr. W. Gill 01524 762124.

Milnthorpe Methodist Church

10.30 am Sunday Services

7th Rev Bill Riley

14th Cath Milner

21st HARVEST FESTIVAL

10.30 am Rev Gary Ridley
(new Minister)

6.30 pm Rev Gary Ridley
with SONGS OF PRAISE

28th Christina Barrett

Lunch Club last Wednesday of each

month - anyone welcome -

contact Eileen Bolton 63318

'Discussional bible study group, meeting at
3 St Anthony's Close, Milnthorpe, each
Wednesday, 9.30 - 11.00 am. T; 62985

Levens Methodist Church

10.30 am Sunday Services

Welcome to our new Minister.

Rev. Gary Ridley and his wife Debbie will

be at Arnside Methodist Church on

Thursday 4th September at 7.30 pm

7th Mrs. Susan Hilton

14th Rev. Gary Ridley HARVEST

ALSO at 6pm HARVEST SUPPER
(tickets from Eric Larkins (60769)

21st Mr. Brian Gray (Levens)

28th Rev Don Cross

HOLYCOMMUNION

NEW RULES FOR MARRIAGE



The Church of England has been exploring for some time possible ways of widening the places in which couples can marry. As a result of this, the Church of

England 'Marriage Measure' recently received the Royal Assent.

From 1st October 2008, it will help many couples by making it easier for them to marry in a parish with which at least one of them has a special connection.

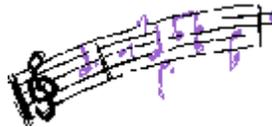
There are 7 short and simple criteria – what are called 'qualifying connections' and they provide that if one of them can show that they satisfy one of the criteria, they will have the same right to be married in the Parish Church, using the Church of England Marriage Service, as someone who lives in the parish.

The criteria cover cases where:-

- the person concerned was baptised in the parish
- the person concerned was prepared for confirmation there
- the person has had their usual place of residence in the parish for at least six months
- the person regularly attended public worship there for at least six months at any time in the past
- the person's parent has had his or her usual place of residence in the parish for at least six months
- the person's parent has regularly attended public worship there for at least six months now or at any time in the past, provided it is during the life time of the person who now wishes to marry in the parish
- finally that person's parent or

grandparent was married in the parish.

We hope this Measure will be a help to couples who want to commit to each other in marriage, in a church where they have a special connection. Come and visit us at the Wedding Fayre at the Riverside Hotel, Kendal on 21st September.



COMMUNITY TRIP TO the musical "ROCK"

in MANCHESTER.....

SATURDAY NOVEMBER 8TH

Come and bring a friend and enjoy

**Roger Jones' new musical, 'Rock' -
the story of Simon Peter**

Starting in Caesarea at the house of Cornelius, the story unfolds in flashback. We see Peter called from his fishing nets, his three years on the road alongside Jesus and the disciples, his triumphs and his failures.

Jesus calls Peter 'the Rock' - but we see that only in Christ and filled with his Spirit, is Peter on solid ground.

£20 for adults - ticket and travel.

Depart late afternoon, around 4pm for the evening performance at 7pm - stopping on the journey for a coffee and a short break.

Please see or telephone :

Sue Wilson on 015395-65832 or

Linda Cooper on 015395-63836

to reserve your seat.

For Heversham and Milnthorpe

Alpha

What is it?

The Alpha course is an opportunity for **anyone** to explore the Christian faith.

It's relaxed, low key, friendly and fun! We share a meal together at the beginning of each evening, which gives us an opportunity to relax, to chat and get to know each other.

There's then time after watching a video, to listen, learn, discuss, discover...and ask anything! Alpha is a place where no question is too simple or too hostile.

What's involved?

The Alpha course consists of a series of short, lively talks looking at topics such as,

'What happens when we die?'

'Is forgiveness possible?'

'What relevance does Jesus have for our lives today?'

Who is Alpha for?

Alpha is for **everyone**, especially:

- Ø Those wanting to find out more about Christianity
- Ø Those who are Christian and who want to brush up on the basics

What will it cost?

Nothing, although there will be the opportunity to give a contribution towards the food.

Where will it be held?

In Heversham at 'Mugisha,' Woodhouse Lane.

When will it take place?

Weekly on Tuesday evenings, 7.20pm until 9.30pm, beginning on 30th September and finishing on December 9th

Interested?? Please contact:

The Revd. Sue Wilson 015395 63125

revsuewilson@tiscali.co.uk

or complete a form available in St. Peter's and St. Thomas', so that we know how many to cater for.

KENT ESTUARY PARISHES

Armside Beetham Heversham Levens Milnthorpe

WALKING



Instead of the usual **STePs** walk in September we shall be arranging a Kent Estuary walk on Saturday 4th October to the pre-mission rally with

Bishop James in Abbott Hall Park at 2pm. Bring a picnic lunch and walk up the River Kent to Kendal. Please see your weekly parish newsletter for details—some may prefer to walk part of the way; others may like to return along the canal to Levens Park.

CARLISLE CATHEDRAL SURVIVAL TO REVIVAL SERVICE

It is proposed to travel by coach to Carlisle on November 8th for the service at 10.00 am.

There will also be an opportunity for some shopping and the coach will leave Carlisle at 4 pm.

Please sign the notices in the churches by the end of September if you would like to come.

Kendal & Windermere Deaneries Sponsored Bike Ride

Saturday 20th Sept 10 am - 5.30 pm
Some parishioners will be cycling round the deaneries and we will need volunteers to staff all three churches to succour weary riders with drinks & biscuits –

please contact :

Gill Rodd 61085 (Levens)

Peter Clarke 65845 (Heversham)

Linda Baverstock
63271 (Milnthorpe)

and see lists in churches



* "A Quiet Garden Day" *
* An opportunity for *
* peace and reflection *
* in a lovely garden in Kendal. *
* Thursday 11th September 10 -4 *
* coffee and lunch provided. *
* For details and information ring *
* Alison Newcome 01539 727836 *
* numbers limited. *



Coffee Morning at the Old School, Heversham

on Tuesday September 2nd 10:30am

Come and hear about the work of **FLAME INTERNATIONAL.**

Flame International is a ministry, reaching out with Gods love to broken and hurting people, particularly those affected by war, injustice and poverty. Anne Wickersoni is going to Rwanda with Flame International and would love to share the vision and information about the charity.

DVD (20 minutes)

Plants, cards and pictures for sale to support the charity.

More info about the charity from www.flameinternational.org
Registered charity 1096374

Out of the Blue

Deanery Mission with Bishop James.

Here are some selected local items from the programme:

Sunday 5th October at 6.30 pm

Service at Kendal Parish Church to launch the Mission Week, with a variety of hymns and songs.

Tuesday 7th October at 11.00 am

Meet at Levens Hall Café for coffee

Tuesday 7th October at 12.30 pm

Why be a Christian? Has that question ever crossed your mind? Come and hear Bishop James' answer and enjoy a light lunch **FREE** at St Peter's Heversham. Contact Margaret Hesmondhalgh 63342

Wednesday 8th October at 7.00 pm

Enjoy watching films?

A good chance to bring your friends to a Faith and Film evening with Bishop James at the Heron Theatre, Beetham. **FREE**
Contact Gill Mumby 64083

Friday 10th October at 8.00 am Calling All Men!!!

Come for breakfast to the Cross Keys, Milnthorpe (£5.00) and join Tim Farron and Bishop James for fodder and faith!
Contact Richard Hamer 01524 761211

Friday 10th October at 9.45 am

Shoppers' Service at St Thomas' before Friday Coffee.
Remember - it's also Farmers' Market today.

Saturday 11th October at 10.30 am

"God on the Knott" - a walk with the Bishop up on the Knott and down the slope.

Saturday 11th October at 6.30 pm

Come and experience Rock Communion (suitable for all ages) at St Mary's Church in Kirkby Lonsdale

Sunday 12th October at 6.30 pm

A Celebration Service including a Baptism and Confirmation at St Mary's in Kirkby Lonsdale.

KEEP THIS PAGE UNTIL OCTOBER!

KENDAL DEANERY



Saint John's Church: Levens

Prayer Cycle

We invite you to join us in praying for our village; for those who live in it, those who work in it, and those who visit. In September we think especially of Greengate Crescent,, Greengate and Beathwaite Close

Healing Ministry

At St John's, we are offering each month a special time for people to gather to pray together for healing. In this quiet time we will be focusing on healing for the world for others and for ourselves. Anyone from any tradition is welcome to join us the next date in Wednesday 10th September, 6.30pm.

Thanksgiving for all that God gives us

Earlier this year at St John's we were thinking about God's generosity to each of us. How we should respond if we take seriously that everything we have comes from God? With this magazine, those from Levens Parish will receive an invitation to respond to God's generosity by supporting the work, witness and maintenance of the Church of St John's.

On 28th September as we celebrate Harvest Thanksgiving together we will also



celebrate all that people have offered. Please do join us at 10 am for this special celebration.

Harvest Supper on Monday 29th Sept at 7 pm at Institute.

Price £4 adults and £2 children 11 & under. Tickets from Chris Band at 61005. Bring your own knife/fork/spoon.



St John's Levens PCC meeting

We met in the aftermath of the July General Synod meeting in York where the issue of Women Bishops had been discussed. We covered all the usual topics of finance, services (reviewing the past ones and planning for future ones), the church fabric, especially awaiting the receipt of a thorough inspection of the church electrics which we are sure will say a lot of work is needed. No-one could remember when these were last attended to! (Report now received and full re-wiring including new lighting is needed). We also looked outside ourselves and in response to a letter from a Parish news reader, we agreed to take a closer look at the 'Inappropriate Imprisonment of the Severely Mentally Ill' and to see whether we as the Church could or should discuss this further and possibly lobby the Government.

CHRISTIANS TOGETHER IN LEVENS -

The Monday Group meets in Levens Methodist Church 10.15 am

THIRD LEVENS BOOK FAIR POSPONED

_MORE DETAILS NEXT MONTH
Meanwhile, hang on to your books !!

St John's September Flower Rota

- 7 Mrs Margaret Rickaby Charlton
- 14 Mrs Ruth Martin
- 21 Mrs Shirley Smith
- 28 Harvest Festival



Lambeth Bishops come to

Cumbria, July 3rd. We had a very enjoyable evening with **Bishop Dino and his wife Elizabeth**, who were on their way to the Lambeth Conference. Bishop Dino talked about his diocese in Zululand and said that the church congregation were mainly women and children. One of the ongoing problems in Southern Africa was the problems of health, especially Aids.

July 13th. Taking tea at Rose

Castle: On a sunny summer afternoon, there was a chance to meet up with four more bishops en route to the Lambeth Conference. Interesting to hear their diverse ministry, but all united in forwarding God's Word and in support of the Anglican Communion. The afternoon ended with hymns and prayers led by Bishop Dow.

The Mothers' Union served delicious tea & cakes throughout the afternoon.



It was interesting to visit Rose Castle and to meet with people from all over the diocese.



'Reduce our use, enjoy our world' was the **Levens Playing Fields Service** in the marquee on July 6th. Children from the village, including the Brownies played a big part in this very successful service. It was well attended and enjoyed by all – even though the weather did **not** play ball. We began our 'pledge tree' as we thought about what we would pledge to do to reduce our use. Thank you to the Playing Fields Committee for enabling us to meet together in this way.



Levens Village Plan Update

the action plan is now complete with special thanks to John Walmsley and Helen Burrows for their valued time, input and advice. A draft suggested layout and content of the actual plan are being circulated round the Committee for amendment and comment. We are hoping that the final plan should be in print and ready for circulation late Autumn. A big thank you to all those who entered the photo comp - we will be announcing the winners in next month's Parish News.

Levens Village Plan Committee

Charity Fundrasing

Chris & Shirley Band raised £700 for CancerCare and £350 was raised for **on** the NSPCC bikeride Thank you to everyone who supported.

Levens Open Gardens

We had 14 beautiful gardens, we had the sunshine, we had scrumptious tea and cake, and we had over 200 people visiting our lovely village. We also made a magnificent £1450! Much hard work went into making this afternoon extravaganza a great success, the weather was perfect - due to a greater power than us! So thank you to those who so willingly opened their gardens, thank you to those who provided and served the teas, thank you to those who offered raffle prizes and all those who supported the happening. Thank you to Anne and Keith Perrett who planned advertised and organised the whole event. We look forward to next time in 2010 when we hope we will have a new couple to help organise Levens Open Gardens. *Ruth Crossley*

Saint Thomas' Church: Milnthorpe



Milnthorpe-with-Heversham Mothers Union.

The Closing Service of Milnthorpe-with-Heversham mothers Union was held on July 9th at St Peter's Church, led by The Rev'd Sue Wilson, and followed by a Jacobs join tea, and friendly time together.

Since then, members are sad to have lost a long standing member Lillian Earl, who died July 20th. Our prayers and support go out to her husband and family.

Our Rev'd Sue is now home from hospital, following an eye operation, we send wishes for a complete success, whilst remembering her in our prayers.

Mothers Union meetings re-commence on September 10th 2.00pm at St Thomas' church, with an opening service. New members are always welcome.

Mary Davidson

St Thomas's Flowers –

- 7th Mrs Tanner
- 14th Mrs Gregory
- 21st Mrs Dawson
- 28th Harvest decorating Saturday
- 27th at 9am



Join us at 9.30 am on Monday 29th September to clean and tidy the Upper Room.

Would those who have **any items** in the cupboards that they wish to keep, please label them or tell us about them by September 15th.



NOTICE OF ANNUAL GENERAL MEETING

of Milnthorpe youth club



at MILNTHORPE COMMUNITY CENTRE, HAVERFLATTS LANE
MONDAY, 22 SEPTEMBER, 2008
at 7.30 pm

Chair: Sarah Bowers 63080

Secretary: Joy Bell 62985

Treasurer: Keith Powell 64722

Group Leader: Helen Lashley 62060

Affiliated to Urban Saints, a long-established Christian youth organisation
(www.crusaders.org.uk)

Friday Coffee Mornings
at St Thomas' Church
10 - 11.30 am

at Milnthorpe Methodist Church
9.30 am – 12 noon various stalls

Another very successful Art Exhibition organised by The Milnthorpe Men's Forum was held at St Thomas' Church, Milnthorpe in July and the Committee are pleased to advise that £8,000 will be given to this year's designated Charities.

The Men's Forum would like to thank all those who helped in any way and the general public for their **magnificent** support.

Saint Peter's Church: Heversham

What have a poem, a picture, a curry and a cake have in common? No idea? The answer, in this case, is 'Sycamore Tree'.

So what is 'Sycamore Tree'?

It's a programme, run through Prison Fellowship, which focuses on raising Victim Awareness and teaching Restorative Justice processes.

It is based on Christian values and takes its name from the Bible story of Zacchaeus and his encounter with Jesus.

".....I was in prison and you came to visit me" (Matt 25 v 36)

The first course to be run at Haverigg prison finished at the beginning of August. Over 100 prisoners applied to go on the course with 16 suitable candidates being chosen by the chaplain. The group considered the effects that their offence had on themselves, their victims and the wider community. At the final session each course member is invited to make a symbolic act of restitution, saying sorry and asking the forgiveness of one of the people he has hurt. So that is where the cake and the curry, the poem and the picture come in.

3 people from St Peter's Church Heversham have been helping on the programme at Haverigg Prison for 6 weeks and each of us would say that it has been an amazing and humbling experience. Three more courses have definite start dates, with more planned for the future. Is this something that YOU feel able to volunteer for? There is a short training, you are security checked and

travel expenses are paid. This is not being soft on crime; this is an opportunity to reduce our prison population by helping people to see that there is another way.

The re-offending rate for those who do this course drops substantially.

If you are interested the next course starts on October 21st and training will be provided.

Tel Annie on 63191 for more info or email :

peterbannister@prisonfellowship.org.uk

Anne Robinson, Sue Tallis, Jill Shaw

POSTMAN RETIRES

I would like to thank the people of Heversham and Leasgill for their friendly help and support over the last seven years. As with any job, it's the people you work with that make the job worthwhile. I remember when I first started, we had the worst two weeks of rain that I can remember. There I was, a soaking wet, lost waif'n stray, when a certain someone gave me what was then the equivalent of today's Sat Nav. The WI Map of Heversham, Leasgill and the surrounding area. I may have been wet and bedraggled, but at least I wasn't lost any more.

I've enjoyed my time with you immensely and it only remains for me to wish each and every one of you all the very best for



the future.

Postman Les

Dallam Development at Milnthorpe

The school is now half way through what will amount to £10m of capital investment. The Football Foundation has just announced it will fully fund the joint application with Milnthorpe Juniors for a floodlit 3rd Generation all-weather pitch. This should be ready for the Autumn 2009 season. Along with a 4 court sports hall, traditional gym, fitness suite and changing facilities, due for completion by the end of 2009, Milnthorpe will have a fantastic sports centre for community use, in addition to the existing sporting facilities at Heversham. There will also be full community use of the new arts centre. A drama studio, dance studio and arts foyer will be added to the newly opened music centre, which will in turn be linked to the existing visual arts, food and textiles rooms.



Most noticeable of the recent improvements has been the new school entrance from the Crooklands Road with parking, remodelled front of school and landscaping. This has taken much of the traffic from Haverflatts Lane. There are wonderful, new science facilities, a two story canteen and just finished, a massive learning resources centre. The community education office has been relocated and upgraded, with an imposing entrance from Haverflatts Lane. The final development at Milnthorpe will be a 6 classroom block with IT facilities next to the existing languages block.

A quarter of a century since its amalgamation, Dallam will find itself on a single site in first class accommodation. This represents a vote of confidence in the school and all are very grateful for the community and political support that has been given. Clearly, generations of young people will benefit.

Given Dallam's commitment to lifelong learning,

Milnthorpe community will also have access to all of the new facilities, and additional staff will be employed in the evenings and at weekends to make this possible.

Steve Holdup, Headteacher, Dallam School

FIRST RESPONDERS



Nine volunteers have undertaken a three month training programme hosted by Milnthorpe & Heversham First Responder Group, their aim to become Community First Responder Volunteers.

The programme is designed to provide a Responder with the knowledge and skills to deliver emergency life support to a patient prior to the arrival of health care professionals in specific callouts from North West Ambulance Service. Following assessment, including practical tests on the use of oxygen equipment, resuscitation techniques, and Automated External Defibrillation all nine volunteers were successful, and will take up their duties as members of the Milnthorpe and Heversham First Responders Group in the near future. Great to have five new members from Levens on the team too.

reports

Levens W.I Meetings.

Oh dear! Something that has never been known before – two consecutive meetings where the advertised speakers have been unable to come because of illnesses. So, in June instead of Castles and Cathedrals, we had Ian Brodie, husband of our W.I. secretary, describing with lots of interesting slides their recent holiday in Namibia. And, in July, instead of cooking disasters, it was Mr James Christopherson, treasurer of the Grange R.N.L.I, Supporters' Group, describing the work of the Institution and its training facilities for its volunteers. We benefited from two gallant gentlemen coming to the aid of damsels in distress. We thank you both very much.

Doreen Hughes Gain

The September meeting will be Tuesday 16th (3rd Tuesday) 7.30 in Levens Institute: Mr J. Natlacen will speak on *Cheese and Cheese tasting*.

Levens Over 60s Club

Members and friends enjoyed a very scenic coach trip in June through the maze of Westmorland's little lanes and villages to Sedburgh, Garsdale 7 finally hawes. We sampled the wares of the busy market stalls, shops, cafes and the famous cheese factory's restaurant and shop. The return journey was more grandly scenic, up Widdale to Ribblesdale where we stopped to admire the views (and draw the raffle!).

Then on down Ribblesdale to Horton, Stainforth, Settle, Giggleswick, Kirkby

Lonsdale - & Levens. As has happened a time or two before when June has been very wet & windy we were lucky with sunny weather all day. Our thanks to all whose hard work made the outing a success.

Sadly, another of our founder members, Mrs Muriel Kitching, died in June.

July's slide talk was on the high point of my 2007 visit to relatives in Dunedin, New Zealand. Driving north, we stayed 3 nights at the Hermitage at Mount Cook (Aoraki – "Cloud Piercer" in Maori), 12,349ft. Its melting southern glaciers have all formed large lakes. It was only a short climb to see the lower Mueller glacier lake. On the Tasman lake we sped in a speedboat amongst huge icebergs, some bigger than houses, some like small ships, & others of weird shapes. On a scenic all day tramp to the Hooker Valley glacier lake we had more magnificent views of Mt Cook and its awesome South Ridge. Driving west over the Lindis pass, we stayed two nights at the beautiful lake Wanaka, climbing Mount Iron, a spectacular mountain viewpoint. Birthday flowers for June & July went to Janice Rowland & Ted Salisbury. Sadly yet another member, Richard Knipe, a friend to us all, died in July.

P.C. Edwards

Next meeting: September 23rd, (4th Tuesday) 2 pm in the Institute: AGM & Slide-talk: Mr Trevor Hughes, *Pot holing in the North of England*.

Royal British Legion

Women's Section: meeting on Monday 8th September at 7.30 pm in the Methodist Meeting Room: this will be a scrabble and dominoes evening.

Levens School Newsletter

Writing this during the School holidays seems such a luxury with time to reflect on the very busy last few weeks of term.

The eagerly anticipated Infant Outdoor Education Week at the beginning of July was a fantastic experience for all involved. Under the expert leadership of the Dallam Outdoor Education Team, our 5-7 year olds scrambled through cold, dark and very wet caves near Ingleton, fearlessly climbed and abseiled from rock faces, and Canadian canoed 'Swallows and Amazons' style on Coniston Water. Miss Cowin advises though, that the most dangerous event proved to be the bike skills day, where attempting to go under the limbo pole and over ramps caused a rush on the school plasters supply! The week was perfectly rounded when Brian Fereday and his team organised a super shelter building experience in Brigsteer Woods (the shelters are still standing if you would like to take a look) – the day culminated with a camp fire lunch of baked potatoes, cheese and beans – perfect!. We remain very grateful for our links with the National Trust and to our tireless Infant Team for providing such a fantastic experience.

Thursday 17th July saw our annual Leavers Service in St John's Church. This is always a very emotional experience; this year was no exception with not a dry eye in the Church! Our 15 leavers spoke of their memories from school and their hopes for the future, whilst our Infants spoke about what they liked about our Year 6 children – this ranged from being very kind to having cool hair! We are very proud of them and wish them the very best of luck as they move on to their respective secondary schools.

COLUMN

The natural world

"Save our sealife

Eat the sustainable way"

Wild Oceans events for National Seafood Fortnight 5-12 September

Cumbria Wildlife Trust is calling for all Cumbrians to help save our seas by buying and eating sustainably caught seafood. Their Wild Oceans campaign is helping you to get underway by offering seafood cooking classes and taster sessions during National Seafood Fortnight 5-21 September.

Over half of the world's fisheries are fully exploited and a further quarter is over-exploited or depleted.

Some fishing techniques damage the seabed and kill the creatures living there, and a quarter of all animals caught are thrown back into the sea dead or dying because they are not the intended catch.

You might not be aware that over 75% of the fish we eat in the UK comes from just 10 species...

If you would like to find out more about sustainable seafood, log onto The Marine Conservation Society's specialist fish website.

www.fishonline.org Here you can learn more about which species are sustainable and where to find them. You can also download a Pocket Good Fish Guide, which fits neatly in your wallet and can be taken with you when you head out shopping.

www.cumbriawildlifetrust.org.uk

*Cumbria Wildlife Trust,
Plumgarths, Crook Road,
Kendal, Cumbria, LA8 8LX
Tel: 01539 816300*





PiNboard

On Friday 3rd October, 7:30pm,
the Heversham Primary School Association
are hosting a Cheese & Wine Evening
at the Athenaeum, Leasgill,
**in conjunction with Windermere Wines
& Churchmouse Cheeses of
Kirkby Lonsdale.**

There will be an opportunity to enjoy
6 different wines with cheeses and snacks
to complement each tasting.

This promises to be a fantastic evening
be sure to leave the car at home!

Tickets priced at £12.50 each,
are strictly limited,
Call Angie Clare (64322) or the
school office (62514)



Heversham Badminton Club

New season begins
in Dallam Sports Hall
on Monday 8th September for Adults
from 8pm until 10.30pm.
New members very welcome.
Phone Roger on 015395 60200

Juniors begin on
Monday 6th October 7.00 – 8pm
Phone Wendy on 01524 781 437 after
22nd September



Our local branch of the Arthritis
Research Campaign is to hold a
Coffee Morning WI Hall, Arnside
Thursday 4th September

Milnthorpe and District Allotment Association

the 67th Annual
Horticultural & Craft Show
at St Thomas' Church,
Milnthorpe
Saturday 6th September
from 1.00 pm
Cups and medals will be presented
at 3.15 pm

* raffle * refreshments*

**All are welcome
at the show**

Levens Out Of School YoYo Club

Levens School

T/F: 015395 60694

M: 0790 328 5966

Where Playing is Fun!

A different activity
every day after school

Open from 3pm to
5:45pm school days

Short session until 4pm: £2.50

Full session: £7.00

See Lynsey, Claire or ask at the
school office for more details.



Levens Parents and Toddlers

held every Wednesday morning
(during term time)

at Levens Institute 9.30-11 am.

Everyone welcome,
any 0-4 year olds,

please bring an adult. !
Small fee towards running costs

CROSSWAYS CRAFTS meet at
LEVENS METHODIST CHURCH
on Wednesdays 10.am until 12 noon
ALL WELCOME, ECUMENICAL

MILNTHORPE CHILDREN'S CENTRE

COPE
PARENTING WORKSHOPS

**Being a parent/carer is one of the
most important jobs that we do...**

.....sometimes we worry about doing it
well enough.

This six week programme will look at all
areas of being a parent...what children
need, what to do when things go wrong,
how to handle difficult behaviour, but
most of all how to enjoy being a parent/
carer.

We will be running this course at the
Children's Centre in October. If you are
interested please contact Mary on 64896

**Jumble Sale
starts 1pm**

Saturday 4th October 2008

Levens Village Institute

Please drop off jumble between 9:30
and 11:30 am at the Institute on the day

**Raising funds for
1st Levens Brownies Christmas treat**

**Levens Institute's
annual Quiz Night**

will be held on
Saturday 20th September
2008,

7.30 pm till late,
four to a team, entry £1 each
Refreshments
on a bring your own basis

*(NB: we'll be happy to match
people into teams on the night*



**Coffee Time
@ the Old School,
Heversham**

Tuesday 9th September
10.30—11.45 am

You are very welcome!

Serving filter coffee
and homemade cakes/scones

Grateful thanks to
our hosts in the summer for
coffee time in the garden.
In June we enjoyed the sunny,
beautiful garden
at Kim & David Beuzeval's and in
July we enjoyed the
rainy, yet still beautiful garden
at Elizabeth & Chris Bennett's

No Coffee Time @ the Old
School
in October

There's an Out of the Blue invitation
to Levens Hall Café for coffee
or maybe have lunch in St Peter's
- see page 9 for details

farm shop • tea room • craft gallery • farm trail

LOW
Sizergh 
BARN

THE REAL TASTE OF THE COUNTRY



www. lowsizerghbarn.co.uk 015395 60426
Low Sizergh Farm, Sizergh, Kendal, Cumbria LA8 8AE

GEO-SCAPE

Landscaping & Building

Traditional stone work,
Hard/soft landscaping
Rural property renovator

George Newton - 015395 60910
07818 802659

BOOK KEEPER / SECRETARY

Experienced in accounts, VAT, wages,
typing CVs, letters & all office routines

Veronica Cato

015395 61667 / 07778 937412
veronica@cato.bbfree.co.uk
Victoria Cottage, Levens

FOUR PAWS

loving care for your pets
only a Paw Wave away
Karan - 015395 64826

o'neil & petrie

chartered
architect

Providing a complete range of
architectural design services
tailored to suit you.

01539 738899



www.oneilandpetrie.co.uk

Stay Clean Services

Carpet, Upholstery, Rug, Leather
see the full range of cleaning at:

www.localclean.co.uk
Ken & Anne Riddell
01524 720120

JPG Joinery

Joinery and Property Maintenance
Contact Paul Gott
01524 781710



ukskinclinics

the perfect skin professionals

permanent laser hair removal
broken veins & age spots
mark & blemish correction
facial skin tightening
rosacea treatments
FREE consultations
15 Allhallows Lane Kendal

01539 732040

www.photoideas.co.uk

*35mm slides scanned onto
CD / DVD*

mail@photoideas.co.uk

Available for all
your special occasions
Tracie Penwarden
Soprano & Singing Teacher
Tel: 015395 62363

Neil Dowker

Milkman

Milk, Eggs, Potatoes etc
Tel: Miln. 63739

Dave Harrison
Landscaping
Landscape construction,
Tree and shrub care,
Hedge cutting
Tel. 015395 64495

KEVIN BATEMAN
MONUMENTAL MASON
new memorials, additional inscriptions
renovations, re-turfing
01539 723903 or 07817 060619
Please phone for a Brochure

A2A

www.a2ainternet.co.uk

domains from £25
hosting from £65
sites from £250

2 Beetham Rd, Milnthorpe
Tel. 015395 64486
134 Greaves Rd, Lancaster
Tel. 01524 380967

for your New or Used Car come to
P.V. DOBSON & SONS
(Motors) Limited
Bridge End Garage, Levens
Tel: 015395 52441
Mechanical & Body Repairs, MOT Testing

L M Baverstock
Ophthalmic Opticians
The Square, Milnthorpe
Tel 62633

<p>Firewood, Kindling Coal, Wood Pellets Kiln Dry Logs Woodcoal</p> <p>Tel. 01524 841214 Tel. 01524 782623</p> 	<p>Drive Time for patient & professional driving tuition Beginners?Pass Plus?Refresher Courses</p> <p>David Morgan ADI Tel. 01539 731296 www.drivetimekendal.com</p>	<p>LEVENS HALL The Potting Shed Gift Shop open until 9th October 2008 Sundays to Thursdays. A treasure trove of attractive gift items, books and cards. No admission charge to shop / tearoom.</p> <p>SCULPTURE EXHIBITION ALL SEASON IN THE HOUSE & GARDEN www.levenshall.co.uk</p>
<p>Terry Allen(Elect)Ltd <i>Local Electrician For 30 years</i> <i>Commercial, Domestic, Industrial</i></p> <p>Tel: 015395 63832 Fax: 015395 64039 18 Summerville Road</p>	<p>Milnthorpe Kennels & Cattery 015395 62665</p> <p>Come & see our brand new facilities</p>	<p>Sue Howsley Interiors Tel: Miln 62626</p>
<p>Busy Bee garden & property maintenance David Abel tel: 015395 62807</p>	<p>COLIN HARPER Building Services 39 Trinity Dr, Holme, Lancs, LA6 1QL T: 01524 781194 M: 0788 0925170 Alterations ~ Extensions ~ Plastering Roofing ~ Patios ~ Stonework ~ Tiling Quality Work at Competitive Prices</p>	<p>Cutz hair salon Milnthorpe 64484</p>
<p>Milnthorpe Art & Copy and Printers Archway Gift Gallery Tel: 63292</p>	<p>Woodlands Nurseries  Flowers for all occasions Crooklands, Milnthorpe Tel: 015395 67273</p>	<p>Simon Wroe Piano Services Ltd Tuning, repairs, restoration. 015395 63711</p>
<p>THERMOSHIELD Window & Door Replacement Conservatories Tel 63308</p>	<p>BARRIE ATKINSON TV VIDEO HI-FI Sales and Service Prompt and Reliable Tel: 015395 60565</p>	<p>Irene Taylor Hearing Centres Salt Pie Lane, Kirkby Lonsdale 015242 73589 Specialist in hearing aids and hearing protection www.prestonhearingcentre.co.uk est.1980</p>
<p>DELTA Δ FUELS Heating the Lakes Call Today 01539 733700</p> <p>Home Heating Oil - Gas Oil - Lubricants</p>	<p>Station Garage Arnside car servicing & repairs Tel Arnside 01524 761398</p>	<p>LES CHAPLOW Corgi Registered Boiler Servicing & Maintenance Tel. 63017</p>
<p>State Registered Chiropodist/Podiatrist Ian R. Robertson BSc. M.Ch.S, S.R.Ch Home Visiting Service Tel: 015395 34499 Mobile: 07710 287957</p>	<p>Cumbria Accounting Services Ltd Bookkeeping for Small Businesses • Tax and VAT • Sales Invoicing • Management Accounts • Payroll 01539 734703 billwood60@aol.com</p>	<p>MARTIN TYSON General Builder Tel. 62125</p>
<p>"THE ORCHARD" Holiday Cottage to Let in Levens Owners: Chris and Shirley Band Enquiries and Bookings to: Cumbrian Cottages Tel: 01228 59960 email: enquiries@cumbrian-cottages.co.uk www.cumbrian-cottages.co.uk</p>	<p>FISHWICKS FUNERAL SERVICE Milnthorpe 63108</p>	

<p>COOPER ELECTRICAL All types of electrical work undertaken Elecsa part P approved 015395 60890 or 077177 62274 www.cooper-electrical.com Email: cooper.electrical@yahoo.co.uk</p>		<p>Sandham's Tearoom at Milnthorpe Memorial Hall Open Mon - Fri 10-4 Homemade cakes & light snacks Tel: 07854 724391</p>
<p>The Strickland Arms Home cooked local food selection of local real ale open Mon to Fri: 11.30 - 3 and 5.30- 11pm Sat & Sun: 11.30am -11pm Quiz Night Wednesday Fresh Fish Night Thursday Sunday lunches & roasts Tel: 015395 61010</p>	<p>D & C Atkinson Landscape Contractors Commercial & Domestic. Hard & Soft Landscaping Low Maintenance Garden Design Regular Contract Work 015395 62184 or 07919 892703</p>	<p>W.G. BROWNLIE JOINERY CONTRACTOR t. 015395 60673 m. 07810 602999</p>
<p>IVAN COATES Your local Builder and Contractor Tel. 015395 62338</p>	 <p>A new type of fitness studio for women Weight loss solutions guaranteed (below Boyes), Dowkers Lane Car Park Kendal 01539 722119</p>	<p>ACE ELECTRICAL & ALARMS Electrical Contracting Specialists Domestic. Commercial. Industrial 24 hour call out David Wright T/F: 01539 740992 M: 07979 914871 www.aceelectricalandalarmsltd.com</p>
<p>new to the area ? don't have your milk delivered ? RING US FOR YOUR REGULAR MILK DELIVERY Home-produced show-winning eggs fresh daily. Pet foods & peanut/wild bird seeds. David & Christine Knipe Gateside Cottage, Levens- Open 24 hrs Tel: 015395 60287</p>	<p>CHRIS EASTON WELDING Gates, Railings, Garden Ornaments and General Fabrication Tel 07917 402394</p>	<p>TRADING POST Animal Feed Store Pet supplies pigeon, poultry, wild bird Horse feed and supplies NEW Fishing Bait and Tackle Shop open: Mon - Fri 9am -5pm Saturday 9am - 1pm Railway Yard, Moss Lane Holme 01524 781268</p>
 <p>Established Nursery with beautiful garden, wide range of interesting plants, perennials, bedding, tubs, hanging baskets. Tel: 015395 52536 www.halecat.co.uk Follow Halecat tourist signs @ Witherslack off A590</p>	<p>AAC PLUMBING & HEATING Breakdown Specialist Central heating systems Gas appliances service & repair Bathrooms - Showers - WCs fitted 10yrs local experience Lancaster 07789 495277 www.aacmaintenance.co.uk</p>	
<p>EDWARD DUCKETT & SON Joinery specialists & Funeral directors 01524 784211 & 781232</p>	<p>PLANS DRAWN  STUART MCMINN BSc HND ABEng • New Property Designs • Extensions, Alterations T: 01524 781081 or 07729 845147</p>	<p>eSSence yOga (Yoga for Men & Women) CARNFORTH, MILNTHORPE, KENDAL & ARNSIDE www.essenceyoga.co.uk</p>
	<p>Milnthorpe Chippy Wed-Sat Lunch 11.30-1.15 Tues-Thurs Tea 5.00-8.00 Fri Tea 5.00-9.00 Sat Tea 5.00-8.30 Tel: 63619</p>	<p>Yogakidz LANCASHIRE & CUMBRIA www.yogakidz.co.uk Sarah ~ 07922144384</p>

DIGITAL TV AERIAL AND SATELLITE

FROM **NBC-SKYNET**

015395 62561 OR 07710 400 499

LOCAL - PROFESSIONAL- RELIABLE

SAMARITANS

01524 61666

(National tel no. 08457 90 90 90)

jo@samaritans.org

www.samaritans.org/lancaster

SPS DOOR MAINTENANCE

repairs to all types
of doors & shutters

contact Paul Schofield

015395 64512

07799332141

pcringer@hotmail.com

PLUMTREE HOUSE, BRIGSTEER

Bed and Breakfast – En-suite

Private Lounge – Parking

info or reservations please telephone:

Michael and Maureen Whelan

015395 68774

STEPHEN MALKIN

Slating & Roofing Specialist

Re-Roof/Repairs

Call for a competitive quote

015395 62137

BRIAN BALDWIN

Qualified

Painter & Decorator

Miln 63583 or 07976 578855

Carr Humphreys architecture

Park Road, Milnthorpe

015395 64455

Chartered Architect

DECORATOR

- int/external

covering all aspects of decorating

for a free competitive quote:

JOHN SPENCER

015395 64655

CHOICE CATERERS

Outside Catering
for any occasion

Phone Bev Carling

015395 62753

Plumtree Hall Heversham

Accommodation

for the active elderly

Reasonable rates

En-suite rooms

Good home-cooking

Respite room also available

Details: 015395 62661

JOINERS & CONTRACTORS

A. HUTCHINSON & SONS

at 'Aldyth', Lowgate, Levens

Tel: 015395 60481 & 60491

FUNERAL DIRECTOR

PRIVATE CHAPEL OF REST

Lakeland & Lunesdale PHYSIOTHERAPY & Sports Injury Clinic

For an appointment with
a Chartered Physiotherapist

Tel: Milnthorpe 64727

HALE GARAGE

Main A6 Rd. Hale



New and Used Car Sales

Service & Repairs

Bosch KTS Computerised

Diagnostic Equipment

Petrol and Diesel MOT

& all your motoring needs

Tel. 62173 & 62839

REES TILES & FLOORING LTD

UNIT 4, PRINCES WAY,
LEASGILL, MILNTHORPE
TEL. 015395 63422

Ralph Sutton D.O. Registered Osteopath Milnthorpe & District Osteopath Clinic

Tel: 015395 65777

SPECIAL PRODUCTS FOR SPECIAL NEEDS

- Adjustable Beds & Chairs
- Walk-in Baths
- Wheelchairs & Walkers
- Mobility Scooters

AND MUCH MORE

RDK Mobility

Memorial Hall, Milnthorpe

Tel: 015395 63776

T.T. Car pet s

The Red Barn,

Harmony Hill,

Milnthorpe

Tel. Miln. 62898

MILNTHORPE

DENTURE CENTRE

FRIENDLY SERVICE

& 1ST CLASS QUALITY

DENTURE REPAIRS

WHILE U WAIT TEL 64770

Connect 2 Plumbing Ltd

Tiling Service

Hamish Mulliner

- no job too small -

Phone 01524 730018 or 07971 847319

MILNTHORPE CHILDREN'S CENTRE

The Children's Centre provides a wide range of services and activities for families with young children in Milnthorpe and the surrounding areas.

JOEYS FULL DAY CHILDCARE
(with pre-school sessions)
And **OUT OF SCHOOL CLUB**

COMMUNITY ROOM

Open **MONDAY** 12 - 4 pm
and **WEDNESDAY** 9 am - 4 pm
Join us for a chat and a cup of tea
Free access to computers.
Email and internet available.

**Come & find out
what else we offer.**

Firs Rd, Milnthorpe
Joeyes tel: 64090
MCC tel: 64896



HERON THEATRE
the theatre in the country

www.herontheatre.fsnet.co.uk

Fri 19 & Sat 20 September 7.30 pm
"Opening Night" Behind the scenes with
Lastword Productions

Friday 26th September 7.30 pm
"THE HISTORY BOYS" [15]
Nicholas Hytner's film of Alan Bennett's play

Friday 3rd & Saturday 4th October 7.30 pm
"Women on the verge of a T-junction"
Award winning comedy **Msfits Theatre Co**

- Box Office open Tuesday and Friday 10am-1pm. 24 hour answerphone on 015395 64283. We will call you back. email: boxoffice@theherontheatre.com
- Local artists' exhibitions during the season with works usually for sale.
- To hire for meetings, lectures & local events telephone 01524 761140

NEAT FEET

South Lakes Foot Clinic

Grange Clinic or Home Visits

015395 35594

Burton Tech Support

All aspects of computer upgrade, repair and advice
Low callout charge.No Fix No Fee
Call Barry on 01524 781306
or e-mail bts@yobunny.co.uk

PILATES SALSA & DANCE FITNESS CLASSES



Fun Fitness in the Community

Make new friends, lose weight, tone up and feel great!

Morning & Evening classes throughout the year

Contact Sam for info:

01524 781020 07886457563

sam@fitnessdynamics.co.uk

www.fitnessdynamics.co.uk

qualified & experienced female instructor

Chris Tuckey Surveying

CAD plans drawn for Planning & Building Control applications and EPC surveys

07976 602533

Regulated by RICS

CAKES FOR ALL OCCASIONS

Tel: Jill 015395 52192



Also available, dog boarding in my own home, for hols or just for the day.
Est: 2005 Ref: available

JRG DAHLIAS Garden Maintenance

For a reliable service contact **Jack Gott**
T:015395 62691
M:07890 883291

Dave Davidson General Builder 07800 755970

HAMISH FOULERTON
TREE & GARDEN SPECIALIST

FREE QUOTES and ADVICE

01539 730501, 07747 788370

amWebright Ltd IT Solutions

For your Home or Business

We're here to Help:

Professional & Personal Service

W3C Compliant Websites

Domain Registration

Database Integration

e-mail installation

www.amwebright.com

Contact us by

Phone: 0750 0956313

email: amercer@amwebright.com

mirrormirror
HAIR BEAUTY SKINCARE

4 The Square Milnthorpe
015395 64007 Late night Wed till 9