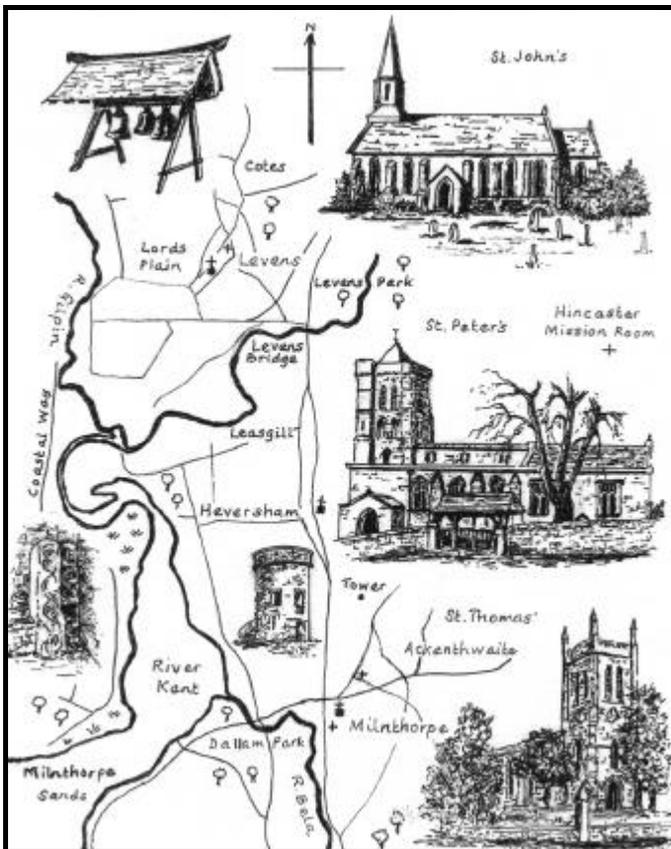


The Parish News

of Saint Peter's Church, Heversham
Saint John's Church, Levens and
Saint Thomas' Church, Milnthorpe

February 2008



Free
2,020 copies
of this issue

St Peter's Church, Heversham
and St Thomas' Church, Milnthorpe

St John's Church, Levens

Priest-in-charge

The Reverend Susan Wilson
 The Vicarage, Woodhouse Lane,
 Heversham, Milnthorpe,
 Cumbria LA7 7EW
 Telephone: 015395 63125

Priest-in-charge

The Reverend Ruth Crossley
 The Vicarage, Vicarage Road,
 Levens, Kendal,
 Cumbria, LA8 8PY
 Telephone: 015395 60223

Assistant Curate (NSM) The Revd Ron Rutter

Assistant Clergy The Revd Bob Wilkinson,

The Revd Canon Tom Thompson

Licensed Readers Mrs Elizabeth Bennett
 Mr Chris Bennett
 Mr Roger Bingham
 Prof Anne Garden
 Mrs Dorothy Maudsley

Miss Frances Makin
 Mrs Mary Orr

Reader in Training Mrs Linda Cooper

	<u>St Peter's Church</u>	<u>St Thomas' Church</u>	<u>St John's Church</u>
	<u>Heversham</u>	<u>Milnthorpe</u>	<u>Levens</u>

Churchwardens Mr Jack Ellam
 Mr George Handley
 Miss Sylvia Read

Mr John Ricketts
 Dr John Thorley

Mr Barrie King
 Mr Robin Orr

PCC Secretaries Mr Peter Clarke

Mrs Linda Baverstock

Mrs Liz Addison

Bookings Old School
 Mrs Louise Budd
 Tel. 60099

Church Centre
 Prof Geoffrey Gregory
 Tel. 64082

Levens Institute
 Mrs Dorothy Routledge
 Tel. 60640

Parish pastoral visiting

If you know of anyone ill at home or in hospital who would appreciate a visit please do phone any of the following people:

Milnthorpe: Revd Sue Wilson 63125 or Eryl Ricketts 01524 761076

Levens: Revd Ruth Crossley 60223, Audrey Larkins 60769, Frances Makin 61417

Heversham: Revd Sue Wilson 63125 or Audrey Wynne 63244

**The Parish News is run by the Parish Churches
 of St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe
 by The Editorial Team: Linda Baverstock, Jill Butterworth, Revd Ruth Crossley,
 Jane Cushnie, John Cushnie, Jane Fell, Gill Rodd, Jill Shaw & Revd Susan Wilson**

**email: parishnews@heversham.org 015395 64582
 c/o Mrs Jane Cushnie, Dallam Barn, High Haverflatts, Milnthorpe, LA7 7DG**

**For Levens News: Please submit articles and notices in writing or email to
 Mrs Jill Butterworth, 3 Greengate Crescent, Levens, LA8 8QB Tel: 015395 61676
jill.butterworth@btopenworld.com**

For the MARCH 2008 ISSUE
 please send articles/notices
by 10th FEBRUARY

The Parish News is on paper, on tape
 and online www.heversham.org

Dear Friends,

I have just finished packing away my Christmas decorations; lights, tree decorations, cards. Yes, Christmas is finally over for another year. The crib and all the reminders of the first Christmas are packed away in their box, occupying the small dark corner in the loft, where they will wait for the next twelve months before they see daylight once more. Once again, Jesus is wrapped in tissue paper and packed away out of sight.

Or is he? Our secular world might wish that we could push Jesus to one side.

Before Christmas, celebrating Jesus' birthday kept the cash registers ringing, sent people into a frenzy of spending, determined to buy the latest gadget, toy or technological piece of wizardry. But that's over and Christmas has served its purpose, so let's pack the baby Jesus away and look ahead.

To what?

It is said that 'love makes the world go round' and it is surely our hope that love will characterise life in this new year. Later this month cash registers will be busy again as we clamour for Valentine's cards, flowers and that special present to demonstrate our love for that someone special in our lives.

Surely, the whole point of the celebration of Christmas was just that – acknowledging that God's love for us was so great that he was prepared to become a God with skin and to die a cruel, tortuous death out of love for us. In fact, we are able to love because God loved us first and we see that most clearly in Jesus, the human face of the invisible God.

Jesus came down to a world that was messy and full of uncomfortable contrasts, just like your world and mine. He experienced life in all its richness and complexity: he was part of a family, he gathered friends around him, he responded to those he met - and he certainly had enemies.

Yes, Christians have just finished celebrating Jesus' birth over 2000 years ago, but we know the continuing presence of 'Immanuel - God with us'.

Love is a living thing, continually changing. Jesus didn't stay the helpless baby of the Christmas cards. It didn't all stop when the star stopped shining over Bethlehem. The child grew up. The world would never be the same again.

As we explore the effect he wants to have on our lives and relationships, will you step aside from the still life crib characters and journey into 2008 with the still living Jesus, Immanuel, God with us? He is the ongoing real light that continues to shine long after our tree lights are boxed up and packed away.

If you want to find out more about this God with skin, why not try coming to one of the Lent Groups in our villages.....it's a good place to find out more about this 'God with us.'

With every good wish,

The Revd. Sue Wilson

Regular Prayer Gatherings at St Peter's, and St John's Churches

Mon-Thurs:	Morning Prayer	8.15 am at Levens
Tuesdays:	Communion at ten	10.00 am at Heversham
	please note: there will be no Communion Service on Feb 12 and 19th	
	Christian Prayer Ministry	10.40 -11.40 am at Heversham
Saturdays:	Informal Prayer Meeting	8.00 am at Heversham

Sunday Services in February 2008

St Peter's Church, Heversham

Sunday 3rd	9.30 am	Family Service
	6.30 pm	Sung Evensong
6th	7.30 pm	Ash Wednesday Service
Sunday 10th	8.00 am	Holy Communion
	9.30 am	Parish Communion
	6.30 pm	Prayer and Praise
Sunday 17th	9.30 am	New 3rd Sunday Service
Sunday 24th	8.00 am	Holy Communion
	9.30 am	Parish Communion

St Thomas' Church, Milnthorpe

Sunday 3rd	8.00 am	Holy Communion
	11.00 am	Parish Communion
Sunday 10th	11.00 am	Parish Communion
Sunday 17th	8.00 am	Holy Communion
	11.00 am	Family Service
Sunday 24th	11.00 am	Parish Communion

Mission Room, Hincaster

Sunday 24th	9.00 am	Morning Prayer
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St John's Church, Levens

Sunday 3rd	10.00 am	Candlemas Family Service (with a special welcome for those baptised in the past 5 years and their families)
6th	6.30 pm	Ash Wednesday Parish Communion
Sunday 10th	10.00 am	Family Service
Sunday 17th	10.00 am	Parish Communion
Sunday 24th	10.00 am	Parish Communion

Please note that the Family Service and Parish Communion have swapped the first 2 Sundays in February and 2 March will be a Family Communion

Please see notice boards outside church or weekly notice sheets for any additions/changes

Three enthusiastic groups of people are putting together a calendar of social events for us for 2008! The first was a very successful Early Burns Night (dash to page 8 to read all about it!) The party plan is to have events for St Thomas', events for St Peter's and also events to get us all together. So, next event...kilts away...we're off to India now!

St Thomas', St Peter's and Friends are invited to an **India Evening**

Hurry and buy a ticket to enjoy a curry and a talk by John Ricketts on living and working in India.

Saturday 9th February at The Athenaeum, Leasgill at 7 pm

Tickets: £10 per person

Val Robson 62904 Jane Clarke 65845
Gill Mumby 64083 Anne Robinson 63191



STePS St Thomas' and Peter's Strollers and friends will meet again on Saturday 23rd February at 10.00 am.

We meet at St Peter's and share cars - bring a bag for your boots - and a picnic lunch. Come and enjoy a walk of around 4 to 6 miles of *fairly* level walking. Everyone welcome - from Levens too of course! Do join us

Friday Coffee Mornings

at St Thomas' Church Centre 10 - 11.30 am

at Milnthorpe Methodist Church

-recommencing on 15th February 9.30 am - 12 noon various stalls

Milnthorpe Methodist Church

10.30 am Sunday Services

February:

3rd Rev W Riley
10th Holy Communion
Rev Bill Seville
17th Mr Colin Marchment
24th Rev M Fielding
Next Lunch Club Wed 27th Feb
contact Eileen Bolton 63318

Levens Methodist Church

10.30 am Sunday Services

February:

3rd Mr Nigel Saxton
10th Dr Tom Fryers
17th Holy Communion
Rev Michael Harrison
24th Rev Canon John Hancock
SPECIAL NOTICE - BI-ANNUAL
CHURCH MEETING 25th Feb. 7 pm

Christ the King RC Church, Milnthorpe Canon Alf Hayes Tel: 62387

Mass Times

Saturday 5.30 pm
Sunday 9.00 am
Monday 9.30 am
Friday 9.30 am

Confessions

Milnthorpe: Saturdays 11 - 11.30 or any time on request
Children's Liturgy Group during the 9am Sunday Mass-termtime

What is Lent?

Lent is the period of forty days, which comes before Easter in the Christian calendar. Beginning on Ash Wednesday, (6th February) Lent is a season of reflection and preparation before the celebrations of Easter. By observing the forty days of Lent, Christians imitate Jesus Christ's sacrifice and withdrawal into the desert for forty days. Lent is often marked by fasting, from both food and festivities.

Whereas Easter celebrates the resurrection of Jesus after his death on the cross, Lent recalls the events leading up to and including Jesus' crucifixion in Roman occupied Jerusalem.

The Christian churches that observe Lent in the 21st century use it as a time for prayer and reflection, of learning more about how we can live our lives better as Christians and trying to put this into practice. Only a small number of people today go without food for the whole of Lent, although some maintain the practice on Ash Wednesday and Good Friday. It is more common these days for believers to go without something they really enjoy - favourite foods or, rather than taking something out, we add something into our lives – maybe trying to pray more consistently, or read a particular book, or join a group of people meeting in a home to learn more about our faith. Whatever we decide to do, it is a reflection of Jesus' time spent in the wilderness and a test of self-discipline.

Why 40 days?

Forty is a significant number in Jewish-Christian scripture: In Genesis, the flood which destroyed the earth was brought about by 40 days and nights of rain.



The Hebrews spent 40 years in the wilderness before reaching the land promised to them by God.

Moses fasted for 40 days before receiving the Ten Commandments on Mount Sinai.



Jesus spent 40 days fasting in the wilderness in preparation for his ministry. Most Christians regard Jesus' time in the wilderness as the key event for the duration of Lent

Why is it called 'Lent'?

Lent is an old English word meaning 'lengthen'. Lent is observed in spring, when the days begin to get longer.

Flower rotas

– no flowers during Lent

Lent in our Villages

Lent Groups are informal and the material we are using is designed to be ecumenical. It is entitled, 'Growing in Generosity' and the subjects we will be thinking about together are:-

- The generosity of God
- Growing more like Jesus
- Generosity in practice in the Church
- Generosity between churches
- Generosity within our communities
- Sharing our Faith.

You would be very welcome if you would like to join any one of the groups detailed below for these 6 weeks.

For specific details of times and venues please see church notice sheets and boards.

This year the Lent Groups will meet on the following days in our villages:-

Heversham

Monday evening, Tuesday evening, Wednesday morning and evening and Thursday evening.

During our Sunday morning services, we will be looking at the subject of 'Our Generous God,' through some of the parables in the Gospel of Matthew.

Levens

Monday morning, Wednesday evening and one in an afternoon - see page 12

On Sundays, preaching will be on 'Giving in Grace' under following headings:

The Gift of Grace

Fair Shares

The Administration of Grace

Sowing and Reaping

Milnthorpe

Thursday evening

On Sundays, we too will be seeing what we can learn about the generosity of God and how we might respond.

KENT ESTUARY PARISHES

Arnside Beetham Heversham Levens Milnthorpe

Jazz Vespers at Beetham

On Sunday 20th January, the churches of the Kent Estuary met together to celebrate the Centenary Week of Prayer for Christian Unity.

Congregational hymns were accompanied by the Kirkby Lonsdale Vintage Jazz Band, and were interspersed with Bible readings and reflections by representatives of the parishes.

The themes of 'praying without ceasing' and working together will be very important as seek to work more collaboratively, celebrating diversity, yet valuing all we have in common.

Friends from St Peter's and St Thomas', and their friends, joined together for an Early Burns' Night

at the Athenaeum on 12th January (only 13 days early!) And why celebrate a Scottish poet in an English village? The answer may be 'Why not?'. As Tony Parker pointed out in his tribute to 'The Immortal Memory' Rabbin Burns was much more than a provincial Scottish poet, with his poetry covering the whole gamut from the smallest ('To a Louse') to the largest (Love). Plus – it's a good excuse for a party!

The Athenaeum was splendidly decorated and each guest received a heather favour as they arrived. The whisky for the toasts was in the glasses, the wine was available, the food smelt delicious, everyone was in their finery - we were well set up for an enjoyable time.

And we *were* entertained well, with witty speeches, songs, a 'playlet', dancing, but the highlight of the evening must be the return of Richard Cowie and his pipes, piping in the haggis and delivering the Address to the Haggis with all the reverence due to it.

Our thanks must go to the organising committee and to say how much we're looking forward to the next one!

Where has all the forest gone?



"My name is Caezar and my dad's name is Bautista. It takes my dad an hour to cut down a tree to make a post for our house, so that we can build with mud and corrugated iron to keep out the rain in the wet season. But I've seen giant bulldozers – they're bringing them in to cut down the forest....and not to build homes. It all happens so fast and the noise frightens me! It's terrifying seeing the animals and birds fleeing for their lives.

My people, the Wichi Indians of Northern Argentina have lived in and from these forests for hundreds of years. My dad carves beautiful birds and animals that are sold to get money for our school and health care. But now the woods are being cut down to grow beans. We know that the land will only grow these for a few years before becoming just dust.

It makes me wonder how and where we'll live when I'm grown up."

Deforestation is a subject we don't often associate with Christian Mission. Yet here in Northern Argentina, a diocese with which the Carlisle Diocese is linked, it is an issue that can no longer be ignored by the church. What relevance does the Christian Gospel have for Bautista and his son if it doesn't address these most pressing needs?

The South American Mission Society and its support for Asociana is seeking to help fight the legal battle for Wichi Indian Land Rights.

St. Peter's Church support the Wichi Indians through the sale of the beautiful carvings of birds and animals and through our monthly prayer meeting called WOW.



When we look out of the window, what do we see?

The world around us here in this part of Britain is one of beauty and relative safety and it would be only too easy to shut our eyes to what is happening in the wider world because it doesn't seem to affect us directly.

However, we do all live in the same world and as Christians, we're taught to love God with all of our being and love our neighbours as ourselves. Our neighbours of course are not just the people who live down our road, but they are people. Human beings like us, who live very different and often difficult lives.

The worshipping congregation at St. Peter's support with gifts, and at **WOW** we open the window and seek to support, through prayer, people who are 'our neighbours'

- Ø the families of those in prison
- Ø the homeless
- Ø helping to provide aid for those who are imprisoned for their faith
- Ø supporting projects for those of different cultures who are seeking reconciliation
- Ø and those who want to know more of the message of Jesus through having the Bible translated into their own language

It's not a cliquy group – it's open to anyone who believes in Jesus and wants to join together with others to pray for our neighbours wherever they might be.

We meet for a couple of hours on a Monday night once a month, at one of our homes. We have a drink, listen to what is happening in to people in two or three of the projects that we support and then pray for a short while for each one. Our next meeting is on the 4th February - why not join us? 7.30pm at Sylvia Read's. (Contact 015395 63125 for further details.)

New column.....



The Natural World

This issue the Ed Team invited Leighton Moss to tell us about its work

Leighton Moss

As the dawn rises on a warm spring morning and brings life to a new day, and the warm scent of the earth fills your senses, you hear the strange haunting sound of the bitter booming from the reedbed, this unusual call is used to entice a mate and hold its territory. Encouraged by the light, the dawn chorus comes awake and the whole reserve is soon filled with sound.

Walking along the paths to the hides a red deer peers from out of the woodland, curious as to who or what is wandering in its territory. On entering the hide you approach the window, a ripple breaks the surface and you see the amazing sight of an otter swimming and fishing in the pool. Nearby a majestic grey heron stands tall in complete concentration looking for his breakfast.

The meres and reedbeds of Leighton Moss are owned and managed by the RSPB covering over 200 acres. This special area of conservation encourages a large variety of wildlife. We have an attractive visitor centre, which hosts a tearoom and shop with knowledgeable staff who are always happy to give you information about the reserve for you to experience your own RSPB moment.

Telephone 01524 701601

Open every day except Christmas Day from 9.30 am

Saint Thomas' Church: Milnthorpe

Memorial Inscriptions

A copy of the recent (2007) publication by the Cumbria Family History Society "The Memorial Inscriptions of St Thomas' Crosscraze, **St John's Levens, St Thomas' Milnthorpe** and St Paul's Witherslack" has been given to St Thomas' Church Milnthorpe and will lodged in the book collection at the back of the Church.

Copies are available for purchase from Miss D Spencer, 2 Burton Park, Burton, Carnforth, Lancs, LA6 1JB.

The price, including postage and packing, is £6.90 - cheques payable to 'The Cumbria Family History Society'



The Annual Meeting of Milnthorpe—with Heversham Mothers' Union, opened with a service , and followed by fascinating talk "The Wise Men" by Mary Orr.

Retiring Secretary, Judy Dyer, reported on all meetings throughout 2007, with the theme "Faith in Action". We have 29 members, and two indoor members at present.

A full financial report by Treasurer Audrey Wynne, included our donation of £223.00 to the Mothers Union Overseas Fund.

Contact and visits have continued with our Shap link branch. It was good to recall that the previously separate branches of Heversham and Milnthorpe Mothers Unions amalgamated in friendship in 1987— heading for our 21st birthday.

Officers elected 2008 were: Leader – Joan Ellam (for one year only): Secretary – Jane Clark: Treasurer – Audrey Wynne: Committee – Linda Cooper, Mary Davidson, Gill Mumby, Eryl Ricketts and Gwen Tuer.

MESSAGES OF THANKS :

Many Thanks to the coffee teams and all our regular supporters.

The total raised for Church funds in 2007 was £4,080.

Wishing everyone a Happy New Year,
Gill and Nev Mumby

Thank you to Noreen Lamb who does so much work to keep Milnthorpe cemetery looking neat and tidy.
SHE DOES DO A SUPER JOB!!

I want to express sincere thanks

for all the lovely cards, presents and flowers received on the occasion of my 90th Birthday. Thank you very much.
Mary Davidson

Milnthorpe & District Poppy Appeal

The final total was £3,702.08 and I would like to say 'thank you' to all involved.
Sheila Ashburner

MILNTHORPE MEMORIAL HALL CHARITY

At the January 2008 distribution meeting, grants totalling £3,500 were made to the following organisations: Milnthorpe Cricket Club, Milnthorpe Bowling Club and Milnthorpe Wrestling Academy. The next meeting of the Managing Trustees to consider allocation of grants will take place in April. Milnthorpe organisations can apply for grants from the charity for specific projects or for general running costs. Requests for grants to be made in writing to the Secretary, Alan Baverstock, Heronsyke, Mill Lane, Milnthorpe, Cumbria LA7 7QR, preferably before 28th March. **The Charity's Annual General meeting will be held at 7.00pm on 23rd April at the Cross Keys Hotel. Members of the public are invited to attend.**

Saint Peter's Church: Heversham

BUZZ club
back after the holidays!

Saturday 2nd February
10-12 noon
at St Peter's Church

Not just one way to worship

As most of you know, there is particular pattern to the type of services that we have at Heversham. Within that pattern there is the chance to worship through the beauty of the language of the Prayer Book at the 8am Communion Service and at our sung Evensong service on the first Sunday evening of the month.



On the second and fourth Sundays, we have traditional worship, accompanied by the organ, but use modern language in our Holy Communion services.

However, on the first and third Sundays of the month, worship is much more informal. On the first Sunday of the month, our Family Service is quite short – 40 minutes or so, unless we have a baptism. In this service, a band of instrumentalists leads singing. It is a more relaxed service, with very little liturgy, geared to all ages in the congregation. We don't share in Holy Communion at that service.

Our New Third Sunday service has something of the traditional and the modern. The first half of the service is a short service of Holy Communion, but then there is the chance for 10 minutes or so at the end of this part of the service, to praise God in a more informal way using some more modern worshipful music, led by instrumentalists. Drama, mime, silence, words and music all play a part in the second part of this service. If you haven't tried this type of service before, why not come and see.... you can always come at 10 o'clock if you're not sure about Communion. We had our first 'New Third Sunday Service' yesterday and someone remarked, *'I don't usually like change, but I really enjoyed that! Could we have it more often?'*



write your name here

.....

You are invited to
a Family Service
for Mothering Sunday
on Sunday 2nd March
at 9.30 am
at St Peter's Church,
Heversham

A special welcome to everyone baptised in recent years ... bring your parents, Godparents and Grandparents, Aunties and Uncles, bring everyone with you - let's absolutely fill the Church with song, prayer and music.

We will be sending out named special invitations - if for whatever reason yours doesn't find its way to you, please do come anyway.

Saint John's Church: Levens

We invite you to join us in praying for our village; for those who live in it, those who work in it, and those who visit. Each month we shall be praying for different areas: this month, February, for the Inns, Hotels and Bed and Breakfast establishments in the village.

"GROWING IN GENEROSITY"

Lent Course 2008

We would like to invite you to join us for an exploration of the generosity of God, in this year's Lent course.

As Christians, we are called to become more like the God we worship. This Lent, we will be celebrating the generosity of God and asking what it means to live as generous people in the world. If we are called to live generously as God is generous, what does it mean for us to be generous in practice in the Church, or between Churches, or in our communities, or in sharing our faith?

There will be three opportunities to take part in this exploration, one on a Monday morning at the Methodist Church room, followed by a lent lunch; lunches from 12 noon every Monday in Lent from 11th Feb: everyone welcome. The two other venues and time have not been finalised yet but there will be one in an afternoon and another in an evening.

If you would like to host a Lent Group in your home, please see Revd Ruth. There will be an opportunity to 'sign up' this week. Please think about joining a group to explore this important subject.

Christians Together in Levens
are holding a

Coffee morning with Traidraft goods

in the Institute

on Saturday 23rd February at 10 am

St John's Levens PCC meeting **9th January 2008**

Back at work after Christmas we agreed that the Christmas services had all been good ones and welcomed the good attendances. Then we planned the Lent and Easter services. There will be some variation to the Sundays for Family Services in February and March – see the list of services for details. We have not lost sight of the CD recorder suggested last time. This should soon be available. We also agreed that it is probably time we updated the pew Bibles. The now-accepted version is the New Revised Standard Version and we will be looking to "import" these in due time. A date for your diaries – the Annual Parochial Church Meeting will be held in church on Sunday 6th April when we shall this year need to elect **one new churchwarden** to serve with Barrie King, our invaluable existing warden. Robin Orr, equally invaluable, has decided quite understandably that trying to be organist and churchwarden is very difficult. So, as we need his organist's skills, we accepted his wish to concentrate on one job only. **Anyone interested in becoming warden** could talk to Ruth, Barrie or Robin for details of the involvement needed.

St John's Family Gift Service on 13 January resulted in 6 boxes of gifts and £136.50 in cash being delivered to Manna House in Kendal to help their work with the needy and homeless.

The Children's Society

The amount raised in Levens during 2007 was a total of £614.04, including Boxes and donations...£466.14
Christingle..... £147.90

Thank you for all the support given.
Anne Perrett, Levens co-ordinator

ALERT !

Something important will be arriving on your door mat in March 2008 - a Housing Needs Survey for Levens Parish

in conjunction with Levens Parish Council

It's really important to complete this as there is so much discussion in Cumbria about the lack of affordable housing.

Levens weather in 2007

The highest recorded temperature was 30° C (86° F) on 11 June, the lowest were -8° C during the nights of 5/6 February and 20/21 December.

The average temperature for the whole country was published as 9.6 ° C, said to be the second highest ever recorded. Here the average for the year was 9.25°C.



Total rainfall for the year was 1532.8 mm (60.3ins). January (219 mm) and December (213 mm) were the wettest months with June (190 mm) a close third. May and October were equally the driest months with 76 mm each. The annual average rainfall, now 1322 mm, has been rising steadily since 1996 when it was 1190 mm.

Dermot Barton



LEVENS VILLAGE PLAN

All data now entered from initial consultation forms. Analysing now in progress. Hope to report findings in the next 2 months; watch notice boards and Parish News.

Photographic Competition has now closed. Thank you to those who entered. Levens Village Plan Committee.

Levens W.I.

Next meeting February 19th 7.30 pm in Levens Institute. Mrs A. Ireland will speak on *My Life in Drama*

Levens Over 60s Club

Mr Derek Lyon gave a slide talk intriguingly called "The Land of the Musk Ox". This turned out to be Greenland, to the surprise of some of us. Mr Lyon had joined a party who flew from Iceland to a remote airport, from where they did a trek up the coast to another lonely outpost. Here and there was a hut which they utilised, but usually they slept in tents. They carried the ingredients for basic but quite satisfying meals which only varied slightly from day to day. In places they encountered herds of musk-ox and took photographs. They crossed many "braided estuaries" and saw snowclad mountain ranges. Some were bare and coloured purple by small lichen plants. It was a fascinating and rewarding experience.

Sally Beaumont

Club members enjoyed a Christmas lunch in December at the Gilpin Bridge Inn, and said farewell to our Secretary, Sally Beaumont, who has moved to Carlisle.

P.C. Edwards

Sally Beaumont has been a regular reporter to the Parish News. We thank her for her contributions and wish her well in her new home in Carlisle. (Ed. Team)

February 26th Mrs Margaret Eastlick will give a slide-talk: entitled *Wild Flowers of Cumbria*

Levens Royal British Legion

Women's Section .

The next meeting will be Monday 11th February, in the meeting room at the Methodist Church at 7.30 p.m. Mrs Pat Shackleton will speak on *Tracing the Fallen* (the ongoing work of finding and photographing war graves, particularly for families unable to travel themselves.).



info/info/info

Kendal Child Contact Centre **HELP!**

Are you concerned for the well-being of children from separated families? Could you manage a team of volunteers facilitating such children who spend two hours on alternate Saturdays at Stricklandgate Methodist Church Centre, Kendal with their non-resident parent? Kendal Child Contact Centre, an official body supported by CAFCASS (Children and Family Court Advisory and Support Service) urgently need a volunteer who can undertake the role of co-ordinating.

Training can be offered.

For more information, contact Joan Thorley on 015395 62076

Thank you to all who so kindly donated items to the St. Vincent de Paul (Helping the Homeless) charity. The clothing, bags, bedding and furniture have all been put to good use. International Aid and Marie Curie Cancercare charities have been most grateful for the bric-a-brac, wool and other items donated to them. The charities are ongoing throughout the year and your support is greatly appreciated.

We are away until Easter and will be pleased to accept any items for the charities on our return. For further information please contact Mike on 64813. Many thanks for your continued support

Mike and Barbara.

Remember the pancakes on Shrove Tuesday 5th February

Here's an easy recipe if you don't already have a favourite:

4 oz plain flour (110g or one cup)

Pinch of salt

2 medium eggs from happy hens

7 fl oz milk (200 ml) mixed together with 3 fl oz water (75 ml)

2 tablespoons melted butter

A little extra butter for cooking the pancakes.

Eat with a squeeze of lemon and a sprinkle of sugar or choose your own topping.

Enjoy



Prison Visitors

- that might be you!!

These are a group of individuals whose object and purpose is to offer friendship to those offenders who feel that they could benefit from a link with the outside world. The Chaplaincy at HMP Haverigg provides that link. Many prisoners lose contact with family and friends (location of Haverigg does not help) whilst they are in prison and long to have someone to talk to who is not a fellow prisoner or staff member. Visits are not limited to weekends and only remain in place while the offender is in Haverigg. You would be surprised how rewarding this voluntary visiting can be. For more details (there is a short training) please ring Annie Robinson on 015395 63191



Prison Visiting links with Angel Tree, which WOW supports.



PiNboard

The Children's Society

Ninth Schools gala Concert
at The Queen Katherine School,
Kendal

Thursday 6th March 7 pm
Performances by 10 local schools,
including Milnthorpe Primary
Admission by ticket, available at
schools. £4 adults, £2 children

Basic IT Taster Course

at Milnthorpe Children's Centre
IT Suite

Friday 22nd & 29th February
1 - 2.30 pm

The course is 3 hrs
(over two sessions) and £15
To book a place ring Karen 64896

HERON THEATRE, BEETHAM

Friday 8th & Saturday 9th February A Night on the Tiles

A thoroughly eccentric English
entertainment - mocking, mildly satirical
and certainly rather "catty".

Played, sung and performed by
Gillian Cally & David Westbrook £8

Thursday 14th February

FILM AT THE HERON - Sliding Doors

[15] ; UK 1997; 99 minutes
Gwyneth Paltrow & John Hannah £4

Friday 22nd & Saturday 23rd February

A Meeting of Minds

Set in 1900, this musical drama tells the
extraordinary story behind Rachmaninov's
2nd piano concerto played live during the
performance by Michael Lunts £8

Visit the Box Office 10am - 1pm Tues & Fri
or phone 015395 64283 anytime.

Jumble Sale

Saturday March 1st

Raising funds for the Children's Village Christmas Party

At The Athenaeum, Leasgill

ALL help much appreciated whether
by donating jumble, helping on the
day or supporting the event

Contacts for jumble collection:

Carolyn 62332, Sharon 65851

Jumble sorting 10am - 12 noon

Jumble Sale starts 2.00pm

The **Allegrì Singers** will give a
concert in St John's Church Levens
on Saturday 1 March at 7.30 pm

Heversham Women's Institute

We welcome old and new
members to join us for the
February meeting on Wednesday
13th at the Athenaeum at 7.15pm.
Speaker: Mrs Dorothy Hindle
Subject: "As we were" - the 1940s

Coffee Time @ The Old School

The February date is TBA -
Please see posters
in the village



F A R M E R S M A R K E T , MILNTHORPE

Friday 11th February

Friday 14th March

AND an EXTRA market on
Good Friday, March 21st,
with additional stalls

An excellent opportunity to buy
essentials (and treats) from our
local market traders and shop
keepers and to be able to talk
about where the food is from...

<p>GEO-SCAPE Landscaping & Building Traditional stone work, Hard/soft landscaping Rural property renovator George Newton - 015395 60910 07818 802659</p>	<p>JPG Joinery Joinery and Property Maintenance Contact Paul Gott 01524 781710 015395 63932</p>	<p>Dave Harrison Landscaping Landscaping construction, Tree and shrub care, Hedge cutting Tel. 015395 64495</p>
<p>JOINER - John Halhead laminated floors, doors, skirtings, etc. Tel: Holme 01524 782030 or 07973 751621</p>	<p>Plumtree Hall Heversham <i>Accommodation</i> <i>for the active elderly</i> Reasonable rates En-suite rooms Good home-cooking Respite room also available Details: 015395 62661</p>	<p>Milnthorpe Art & Copy Shop Ltd Archway Gift Gallery Tel: 63292</p>
<p>Carr Humphreys architecture Park Road, Milnthorpe 015395 64455 Chartered Architect</p>	<p>Safeclean <i>Specialist Cleaning of Carpets, Rugs,</i> <i>Upholstery, Curtains and Leather</i> Ken and Anne Riddell Bolton-le-Sands Freephone 0808 143 0545</p>	<p>Neil Dowker Milkman Milk, Eggs, Potatoes etc Tel: Miln. 63739</p>
<p>L M Baverstock Ophthalmic Opticians The Square, Milnthorpe Tel 62633</p>	<p>www.photoideas.co.uk 35mm slides scanned onto CD / DVD mail@photoideas.co.uk</p>	<p>o'neil&petrie 01539 738899 www.oneilandpetrie.co.uk</p>
<p>BODY BEAUTIFUL Gym - Mani - Pedi - Facials Waxing and lots more Ring 015395 64488 for more details</p>	<p>www.photoideas.co.uk 35mm slides scanned onto CD / DVD mail@photoideas.co.uk</p>	<p>architecture & design chartered architect</p>
<p>Heron Theatre Beetham Regular fortnightly programme Sept-June Theatre information Tel. 015395 60328</p>	<p>Available for all your special occasions Tracie Penwarden Soprano & Singing Teacher Tel: 015395 62363</p>	<p>Cornucopia Florist Flowers for all occasions 015395 64340</p>
<p>Theatre available for hire for meetings, lectures and suitable local events Tel. 01524 761140</p>	<p>KEVIN BATEMAN MONUMENTAL MASON new memorials, additional inscriptions renovations, re-turfing 01539 723903 or 07817 060619 Please phone for a Brochure</p>	<p>A2A www.a2ainternet.co.uk domains from £25 hosting from £65 sites from £250</p>
<p>for your New or Used Car come to P.V. DOBSON & SONS (Motors) Limited Bridge End Garage, Levens Tel: 015395 52441 Mechanical & Body Repairs, MOT Testing</p>	<p>L.A. fashions Ladies Wear, Accessories Hats for Hire 2c Main Street, Milnthorpe Tel. 64135</p>	<p>2 Beetham Rd, Milnthorpe Tel. 015395 64486 134 Greaves Rd, Lancaster Tel. 01524 380967</p>

<p>Firewood, Kindling Coal, Wood Pellets Kiln Dry Logs Woodcoal</p> <p>Tel. 01524 841214 Tel. 01524 782623</p>	<p>Drive Time for patient & professional driving tuition Beginners?Pass Plus?Refresher Courses</p> <p>David Morgan ADI Tel. 01539 731296 www.drivetimekendal.com</p>	<p>Sarah Bowers RGN Diploma in Holistic Therapy offers reflexology, massage & aromatherapy treatments relax ? de-tox ? energise</p> <p>07967 588056 fully insured</p>
<p>Terry Allen(Elect)Ltd <i>Local Electrician For 30 years Commercial, Domestic, Industrial</i></p> <p>Tel: 015395 63832 Fax: 015395 64039 18 Summerville Road</p>	<p>Milnthorpe Kennels & Cattery 015395 62665</p> <p>Come & see our brand new facilities</p>	<p>PILATES SALSA FITNESS DANCE FITNESS</p>  <p>Exercise & Feel Great, in 2008! Improve Posture - Core Strength Flexibility - Fitness Level - Relaxation</p> <p>Morning & Evening classes throughout the year Contact Sam for info: 01524 781020 07886457563 sam@fitnessdynamics.co.uk www.fitnessdynamics.co.uk qualified & experienced female instructor</p>
<p>eSSence yOga Hatha Yoga For Men & Women MONDAYS ~ CARNFORTH TUESDAYS ~ MILNTHORPE THURSDAYS ~ ARNSIDE</p> <p>all classes - 6.30 – 8 pm 10 week classes wk Sarah - 07922144384</p> <p>Individual tuition and therapies available also! www.essenceyoga.co.uk</p>	<p>COLIN HARPER Building Services 39 Trinity Dr, Holme, Lances, LA6 1QL T: 01524 781194 M: 0788 0925170</p> <p>Alterations - Extensions - Plastering Roofing ~ Patios ~ Stonework ~ Tiling Quality Work at Competitive Prices</p>	<p>Woodlands Nurseries</p>  <p>Flowers for all occasions Crooklands, Milnthorpe Tel: 015395 67273</p>
<p>THERMOSHIELD Window & Door Replacement Conservatories Tel 63308</p>	<p>BARRIE ATKINSON TV VIDEO HI-FI Sales and Service Prompt and Reliable Tel: 015395 60565</p>	<p>Simon Wroe Piano Tuner & Technician Tuning, repairs, restoration. 20 years experience 63711</p>
<p>DELTA Δ FUELS Heating the Lakes Call Today 01539 733700</p> <p>Home Heating Oil - Gas Oil - Lubricants</p>	<p>Station Garage Arnside car servicing & repairs Tel Arnside 01524 761398</p>	<p>Irene Taylor Hearing Centres Salt Pie Lane, Kirkby Lonsdale 015242 73589 Specialist in hearing aids and hearing protection www.prestonhearingcentre.co.uk est.1980</p>
<p>State Registered Chiropodist/Podiatrist Ian R. Robertson BSc. M.Ch.S, S.R.Ch Home Visiting Service Tel: 015395 34499 Mobile: 07710 287957</p>	<p>Cumbria Accounting Services Ltd</p> <p>Bookkeeping for Small Businesses • Tax and VAT • Sales Invoicing • Management Accounts • Payroll 01539 734703 billwood60@aol.com</p>	<p>LES CHAPLOW Corgi Registered Boiler Servicing & Maintenance Tel. 63017</p>
<p>“THE ORCHARD” Holiday Cottage to Let in Levens Owners: Chris and Shirley Band Enquiries and Bookings to: Cumbrian Cottages Tel: 01228 59960 email: enquiries@cumbrian-cottages.co.uk www.cumbrian-cottages.co.uk</p>	<p>MARTIN TYSON General Builder Tel. 62125</p>	<p>FISHWICKS FUNERAL SERVICE Milnthorpe 63108</p>

<p>COOPER ELECTRICAL All types of electrical work undertaken  Elecsa part P approved 015395 60890 or 077177 62274 www.cooper-electrical.com Email: cooper.electrical@yahoo.co.uk</p>	<p>Sandham's Tearoom at Milnthorpe Memorial Hall Open Mon - Fri 10 - 4 Homemade cakes & light snacks Tel: 07854 724391</p>	
<p>The Strickland Arms Home cooked local food selection of local real ale open Mon to Fri: 11.30 - 3 and 5.30- 11pm Sat & Sun: 11.30am -11pm Quiz Night Wednesday Fresh Fish Night Thursday Sunday lunches & roasts Tel: 015395 61010</p>	<p>Bookkeeping Rachel Fereday preparation of accounts for sole traders & small businesses 07794 013386 rachelfereday@btinternet.com</p>	<p>ACE ELECTRICAL & ALARMS David Wright 01539 740992 07979 914871</p>
<p>IVAN COATES Your local Builder and Contractor Tel. 015395 62338</p>	<p> Ladies fitness studio Dowker Lane Car Park (by Boyes) Kendal 015397 22119</p> <p>Bed & Breakfast in Beetham No room for family and friends when they visit? Stay at Barn Close, Beetham. <i>Featured in Alastair Sawdays</i> <i>"Special Places to Stay"</i> Telephone - Anne Robinson 015395 63191</p>	<p>new to the area ? don't have your milk delivered ? RING US FOR YOUR REGULAR MILK DELIVERY Home-produced show-winning eggs fresh daily. Pet foods & peanut/wild bird seeds. David & Christine Knipe Gateside Cottage, Levens- Open 24 hrs Tel: 015395 60287</p>
<p>SAMARITANS 01524 61666 (National tel no. 08457 90 90 90) jo@samaritans.org www.samaritans.org/lancaster</p>	<p>CHRIS EASTON WELDING Gates, Railings, Garden Ornaments and General Fabrication Tel 07917 402394</p>	<p>TRADING POST Animal Feed Store we supply a wide range of animal feed and equipment for all animals, pets and poultry open: Mon - Fri 9am -5pm Saturday 9am - 1pm Railway Yard, Moss Lane Holme 01524 781268</p>
<p> Established Nursery with beautiful garden, wide range of interesting plants, perennials, bedding, tubs, hanging baskets. Tel: 015395 52536 www.halecat.co.uk Follow Halecat tourist signs @ Witherslack off A590</p>	<p>AAC PLUMBING & HEATING Breakdown Specialist Central heating systems Gas appliances service & repair Bathrooms - Showers - WCs fitted 10yrs local experience Corgi no:226998 Lancaster 07789 495277 www.aacmaintenance.co.uk</p>	<p>PLANS DRAWN  STUART MCMINN BSc HND ABEng • New Property Designs • Extensions, Alterations T: 01524 781081 or 07729 845147</p>
<p>EDWARD DUCKETT & SON Joinery specialists & Funeral directors 01524 784211 & 781232</p>	<p>Milnthorpe Chippy Wed-Sat Lunch 11.30-1.15 Tues-Thurs Tea 5.00-8.00 Fri Tea 5.00-9.00 Sat Tea 5.00-8.30 Tel: 63619</p>	<p>Lunesdale House Residential Care Home Phone Mr. C D Green Tel. 63293</p>

<p align="center">DIGITAL TV AERIAL AND SATELLITE FROM NBC-SKYNET 015395 62561 OR 07710 400 499 LOCAL - PROFESSIONAL- RELIABLE</p>		<p align="center"><u>D & C Atkinson</u> <u>Landscape Contractors</u> Commercial & Domestic. Hard & Soft Landscaping Low Maintenance Garden Design Regular Contract Work 015395 62184 or 07919 892703</p>
<p>SPS DOOR MAINTENANCE repairs to all types of doors & shutters contact Paul Schofield 015395 64512 07799332141 pcringer@hotmail.com</p>	<p>PLUMTREE HOUSE, BRIGSTEER Bed and Breakfast – En-suite Private Lounge – Parking info or reservations please telephone: Michael and Maureen Whelan 015395 68774</p>	<p>STEPHEN MALKIN Slating & Roofing Specialist Re-Roof/Repairs Call for a competitive quote 015395 62137</p>
<p>BRIAN BALDWIN Qualified Painter & Decorator Miln 63583 or 07976 578855</p>	<p align="center"><i>MILNTHORPE CHILDREN'S CENTRE</i></p> <p>Full day Childcare for 0-5yr olds Monday – Friday, 8 am - 6 pm 50 weeks per year</p> <p>OUT OF SCHOOL CLUB After school care & Holiday club for 4-11 yr olds</p> <p>CHILDREN'S CENTRE COMMUNITY IT SUITE Opening times: Mon 12 -3 pm, Tues 12 -6 pm, Wed 9am – 3pm FREE EMAIL INTERNET ACCESS</p>	<p>DECORATOR - int/external covering all aspects of decorating for a free competitive quote: JOHN SPENCER 015395 64655</p>
<p>CHOICE CATERERS Outside Catering for any occasion Phone Bev Carling 015395 62753</p>	<p>Lakeland & Lunesdale PHYSIOTHERAPY & Sports Injury Clinic For an appointment with a Chartered Physiotherapist Tel: Milnthorpe 64727</p>	<p>JOINERS & CONTRACTORS A. HUTCHINSON & SONS at 'Aldyth', Lowgate, Levens Tel: 015395 60481 & 60491 FUNERAL DIRECTOR PRIVATE CHAPEL OF REST</p>
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<p>SPECIAL PRODUCTS FOR SPECIAL NEEDS</p> <ul style="list-style-type: none"> • Adjustable Beds & Chairs • Walk-in Baths • Wheelchairs & Walkers • Mobility Scooters <p align="center">AND MUCH MORE</p> <p>RDK Mobility Memorial Hall, Milnthorpe Tel: 015395 63776</p>	<p>T.T. Car pet s The Red Barn, Harmony Hill, Milnthorpe Tel. Miln. 62898</p>	<p>MILNTHORPE DENTURE CENTRE FRIENDLY SERVICE & 1ST CLASS QUALITY DENTURE REPAIRS WHILE U WAIT TEL 64770</p>
<p align="center">Connect 2 Plumbing Ltd Tiling Service Hamish Mulliner - no job too small - Phone 01524 730018 or 07971 847319</p>		

Dates to remember in March -

Mothering Sunday is on Sunday 2nd March

and you are invited to

St Peter's Church, Heversham 9.30 am
to a Family Service

St John's Church, Levens at 10.00 am
to a Family Communion Service

Milnthorpe Methodist Church
to a Joint Special All Age Service
for St Thomas' Church and Milnthorpe Methodist Church
Refreshments on arrival
followed by the Service at **11.00 am**

...as dawn breaks over the islands of Tonga in the Pacific this marks the beginning of a ripple of prayer across each island and country of the globe until the last services of this special day are held back in the Pacific on the islands of Samoa, circling the world in prayer.



Women across the world will join together to pray for its needs.

This year the theme of the service is "God's Wisdom Provides New Understanding" and the order of service has been prepared by Christian women in Guyana. Women's World Day of Prayer is a worldwide movement of Christian women of many traditions who come together to observe a common day of prayer held on the first Friday in March.

The service is interdenominational and in Milnthorpe the Methodist Church, the Church of England (both St Thomas' Milnthorpe and St Peter's Heversham), and the Roman Catholic Church join together to produce the service each year. Will you come and join us in Milnthorpe for this Women's World Day of Prayer on Friday 7th March Milnthorpe Methodist Church at 2.00 pm where the Speaker will be Mrs Iris Diggle.

Judy Dyer (Branch Secretary MU)