



# PARISH NEWS



of Saint Peter's Church, Heversham  
Saint John's Church, Levens and  
Saint Thomas' Church, Milnthorpe

September 2007

Free  
2,020 copies  
of this issue



**St Peter's Church, Heversham**  
**and St Thomas' Church, Milnthorpe**

**Priest-in-charge**

The Reverend Susan Wilson  
The Vicarage, Woodhouse Lane,  
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Cumbria LA7 7EW

Telephone: 015395 63125

**St John's Church, Levens**

**Priest-in-charge**

The Reverend Ruth Crossley  
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Telephone: 015395 60223

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Assistant Clergy The Revd Bob Wilkinson,  
Licensed Readers Mrs Elizabeth Bennett  
Mr Chris Bennett  
Mr Roger Bingham  
Mrs Dorothy Maudsley

The Revd Canon Tom Thompson  
Miss Frances Makin  
Mrs Mary Orr

**St Peter's Church**  
**Heversham**

**St Thomas' Church**  
**Milnthorpe**

**St John's Church**  
**Levens**

Churchwardens Mr Jack Ellam  
Mr George Handley  
Miss Sylvia Read

Mr John Ricketts  
Dr John Thorley

Mr Barrie King  
Mr Robin Orr

Bookings Old School  
Mrs Louise Budd  
(Tel 60099)

Church Centre  
Prof Geoffrey Gregory  
(Tel 64082)

Levens Institute  
Mrs Dorothy Routledge  
(Tel 60640)

PCC Secretaries Mr Peter Clarke

Mrs Linda Baverstock

Mrs Liz Addison

PCC Treasurers Mr Mike Robinson

Mr Jim Robson

Mr Chris Band

Co-ordinators for:  
Gift Aid Miss Joan Anderton

Mrs Joan Thorley

Mr Richard Jones

Parish Visitors Mrs Audrey Wynne

Miss Frances Makin

**The Parish News is run by the Parish Churches**  
**of St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe**  
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see page 15

The Parish News is online  
[www.heversham.org](http://www.heversham.org)

## The Vicarage, Vicarage Road, Levens

Dear Friends,

*We're all going on a summer holiday, no more working for a week or two, fun and laughter on a summer holiday, just me and you'*

Holidays can be great times, I have fond memories of fun filled holidays from school. When I was growing up my family were lucky to be able to go away for two weeks in the summer usually to Wales or the Lake District. Of course the sun always shone, and the sea was always warm!

Holidays can also be difficult times, parents trying to juggle work and family stress as people spend more time together. For those who have their own business holidays might be non existent.

Our world today is a busy place. We can work 24/7, e mail and the internet means we never are out of touch or out of the office. Our cities always seem to be busy places even through the night. We are fortunate to live in a more rural area where life can be slower but the demands on us can mean that we join the rat race without thinking.

Back to Cliff, and holidays. Cliff was right; not a bad idea, overall. You spend the majority of the year 'finding windows' you can squeeze your work, family, friends and church into. You long to pull the plug on your laptop/oven and escape; 'No more working for a week or two'.

We're all entitled to take a break from our insane busy-ness; from being 'on call' for our boss or children. The word 'holiday' is based on the words 'holy' and 'day', as 'holidays' originally represented the celebration of special religious days. It's very likely that God loves the fact that we choose to celebrate 'taking a break' or 'having special time together with friends or as a couple or family'. No doubt He celebrates our 'Fun and laughter on our summer holiday'.

Even for those who can't take a break it is a good idea to take time out. The Bishop of Carlisle recently gave his clergy a book *Do Nothing to Change Your Life* by the Right Revd Stephen Cottrell. Dr Sentamu (Archbishop of York) has also given a copy to all our MPs he said he wanted MPs to slow down and "enter into the presence of God". This book is a good reminder to do just that.

Entering into the presence of God is essential and we can do this easily. 'Slobbing', doing nothing, sounds lazy, but if it means we can get in touch with God and just be in His presence, it is amazing what a difference it will make to your life.

I often visit older people (some may be reading this), they having led busy lives and now have time to sit and reflect what a privilege to have the time just to 'be'.

Try it, holiday-time or not ... make space just sit and do nothing for an hour or even two! See how God will bless you.

Ruth Crossley

### Regular Prayer Gatherings at St Peter's, St Thomas' and St John's Churches

|            |                           |                              |
|------------|---------------------------|------------------------------|
| Mon-Thurs: | Morning Prayer            | 8.15 am at Levens            |
| Tuesdays:  | Communion at ten          | 10.00 am at Heversham        |
|            | Christian Prayer Ministry | 10.40 -11.40 am at Heversham |
| Saturdays: | Informal Prayer Meeting   | 8.00 am at Heversham         |

### Services in September at St Peter's Church, Heversham

|                       |                 |   |
|-----------------------|-----------------|---|
| <b>Sunday 2nd</b>     | 9.30 am         | Family Service                                  |
|                       | 6.30 pm         | Evensong  |
| <b>Sunday 9th</b>     | 8.00 am         | Holy Communion                                  |
|                       | 9.30 am         | Parish Communion                                |
|                       | 6.30 pm         | Prayer and Praise                               |
| <b>Sunday 16th</b>    | 9.30 am         | Family Communion                                |
| <b>Sunday 23rd</b>    | 8.00 am         | Holy Communion                                  |
|                       | 10.30 am        | Parish Communion                                |
| <b>Sunday 30th</b>    | 8.00 am         | Holy Communion                                  |
|                       | <b>10.30 am</b> | <b>United Anniversary Service at Milnthorpe</b> |
| <b>Sunday 7th Oct</b> | 9.30 am         | Family Service for Harvest                      |
|                       | 6.30 pm         | Evensong  |

### Services in September at St Thomas' Church, Milnthorpe

|                       |                 |   |
|-----------------------|-----------------|---|
| <b>Sunday 2nd</b>     | 8.00 am         | Holy Communion  |
|                       | 11.00 am        | Parish Communion                                      |
| <b>Sunday 9th</b>     | 11.00 am        | Parish Communion                                      |
| <b>Sunday 16th</b>    | 8.00 am         | Holy Communion  |
|                       | 11.00 am        | Family Service with Baptisms                          |
| <b>Sunday 23rd</b>    | 11.00 am        | Parish Communion                                      |
| <b>Sunday 30th</b>    | <b>10.30 am</b> | <b>United 170th Anniversary Service at Milnthorpe</b> |
| <b>Sunday 7th Oct</b> | 8.00 am         | Holy Communion  |
|                       | 11.00 am        | Parish Communion                                      |

### Service at the Mission Room, Hincaster

|                       |         |                |
|-----------------------|---------|----------------|
| <b>Sunday 23 Sept</b> | 9.00 am | Morning Prayer |
|-----------------------|---------|----------------|

### Services in September at St John's Church, Levens

|                       |                 |   |
|-----------------------|-----------------|---|
| <b>Sunday 2nd</b>     | 10.00 am        | Parish Communion                                  |
| <b>Sunday 9th</b>     | 10.00 am        | Family Service with Baptism                       |
| <b>Sunday 16th</b>    | 10.00 am        | Parish Communion                                  |
| <b>Sunday 23rd</b>    | 10.00 am        | Parish Communion                                  |
| <b>Sunday 30th</b>    | <b>10.30 am</b> | <b>United Service at St Thomas' Milnthorpe</b>    |
|                       | <b>6.30 pm</b>  | <b>Joint Service with Levens Methodist Church</b> |
| <b>Sunday 7th Oct</b> | 10.00 am        | Family Communion for Harvest                      |

Please see notice boards outside church or weekly notice sheets  
for any additions/changes

# Harvest 2007

16th September Levens Methodist Church  
23rd September Milnthorpe Methodist Church  
7th October St John's Church Levens  
7th October St Peter's Church Heversham  
14th October St Thomas' Church Milnthorpe



## Kent Estuary Group Ministry - Advance Notice:

After many meetings and much the discussion, the Kent Estuary Group Ministry comes into being in December this year. Bishop Graham is coming to St James' Church, Arnside on Saturday, December 1st to inaugurate the Group. There will be a Eucharist Service of Commitment at 6.00 pm followed by a Celebration Supper in the WI Hall, Orchard Road, Arnside starting at 7.45 pm, to which members of all the Kent Estuary Churches are invited.

YOU ARE MOST WELCOME.

Judith Hodgson, KE Shadow Group Ministry Chairman

A competition is taking place this autumn term in the local schools to help us design a logo for the new Kent Estuary Ministry Group. More information can be found from your PCC secretaries.

Christ the King RC Church, Milnthorpe Canon Alf Hayes Tel: 62387

### Mass Times

Saturday 5.30 pm  
Sunday 9.00 am  
Monday 9.30 am  
Friday 9.30 am

### Confessions

Milnthorpe: Saturdays 11 - 11.30 or any time on request  
Children's Liturgy Group during the 9am Sunday Mass (termtime)

### Levens Methodist Church

#### 10.30 am Sunday Services- September

2nd Miss Cath Milner (Kendal)  
9th Mr. Brian Gray  
16th HARVEST FESTIVAL  
10.30 am Rev. Bill Seville  
6 pm Harvest Supper and Praise  
(Tickets from Eric on 60769)  
23rd Rev. Don Cross (Kendal)  
30th 10.30 am Holy Communion  
- Rev. Bill Seville  
6.30pm UNITED SERVICE AT ST JOHN'S

### Milnthorpe Methodist Church

#### 10.30 am Sunday Services

2nd Dr T Fryers  
9th Mr W Barron  
16th Rev D Cross-Holy Communion  
23rd HARVEST FESTIVAL  
All-Age Worship Service  
10.30 am Rev B Seville  
6.30 pm Songs of Praise  
and Harvest Supper  
30th Rev M Fielding

### **Date for your diary.....**

Bishop James will talk about his trip to Argentina on Wednesday 3rd October at Heaves Hotel. Tickets £10 includes buffet supper

To make sure of your tickets, please ring Anne Robinson on 015395 63191 as this is sure to be **a popular event!**

Calling all Young People in the Kent Estuary Group Heversham, Milnthorpe, Levens, Beetham and Arnside

Are you age 11-16?

Do you want to meet with others your age?

Would you like to discover more about following Jesus in a fun and interactive way?

Then this is for you !

Youth Emmaus an interactive, hands-on course, designed to help young people aged between 11 and 16 to explore the basics of the Christian faith.

One young person who has travelled the journey said this 'It made us laugh and think and helped us to understand God more.'

*Tiff John, teenager*

Come along with an adult to The Vicarage at Levens on Thursday 6th September at 7pm to find out more...

**Milnthorpe Methodist Church's next  
Lunch Club 26th Sept  
Contact Eileen Bolton 63318**

Following the Walk Cumbria Survey in Levens, Heversham and Milnthorpe, one of the BIG questions that people ask is

### **“Why does God allow suffering?”**

#### **The Revd Dr Roger Latham**

will give some input and food for thought. We will then have some discussion and explore this issue.

This is organised by Kent Estuary / Christians Together and all are welcome

**Tuesday 4th September 7.00 pm  
Levens Institute**

**For the October 2007 ISSUE**  
please send articles/notices

**by 15th SEPTEMBER**

c/o Mrs Jane Cushnie, Tel: 015395 64582  
[parishnews@heversham.org](mailto:parishnews@heversham.org)

**For Levens News: Please submit articles and notices in writing or email to Mrs Jill Butterworth, 3 Greengate Crescent, Levens, LA8 8QB Tel: 015395 61676 [jill.butterworth@btopenworld.com](mailto:jill.butterworth@btopenworld.com)**

***Friday Coffee Mornings***  
**at St Thomas' Church Centre**  
10 - 11.30 am

**at Milnthorpe Methodist Church**  
9.30 am – 12 noon

Please note:

MacMillan Cancer Coffee Morning will be on 28th Sept

# Alpha

## What is it?

The Alpha course is an opportunity for anyone to explore the Christian faith. It's relaxed, low key, friendly and fun!

There is a meal together at the beginning of each session which gives an opportunity to get to know each other.

Listen, learn, discuss and discover...and ask anything! Alpha is a place where no question is too simple or too hostile.

## What's involved?

The Alpha course consists of a series of talks looking at topics such as, 'What happens when we die?' 'Is forgiveness possible?' 'What relevance does Jesus have for our lives today?'

After each talk we divide into groups for a time to talk about what we've heard.

## Who is Alpha for?

Alpha is for everyone, especially:

- Ø Those wanting to investigate Christianity
- Ø New Christians
- Ø Those who are Christian and who want to brush up on the basics

## What will it cost?

There is no charge for the Alpha course, although there will be the opportunity to give a contribution towards the food.

## Where will it be held?

- Ø **On Tuesday evenings, 7.15 pm until 9.35 pm in Heversham at 'Mugisha', Woodhouse Lane.**
- Ø **On Wednesday lunchtimes, 12.15 pm until 2.35 pm at the Church Centre in Milnthorpe**

## When will it take place?

**Heversham: Tuesday October 2nd and then weekly finishing on Tuesday 11th December 2007**

**Milnthorpe: Wednesday October 3<sup>rd</sup> and then weekly finishing on Wednesday 12<sup>th</sup> December 2007**

**For further information please contact:**

**The Revd Sue Wilson 015395 63125 or look at the notices in both St. Peter's Church and St. Thomas' Church.**

# Saint Thomas' Church: Milnthorpe Special Services, Events and News

Summer holidays are almost over, and we look forward to village activities recommencing, including the opening Service of Milnthorpe—Heversham Mothers' Union on September 12<sup>th</sup> at 2 pm at St Thomas' Church.

Our previous closing meeting held in July at St Peter's was that of Holy Communion, conducted by the Reverend Sue, followed by an Enrolment. We welcomed Deanery Leader, Penny Naylor, as well as 10 members of our Shap link branch. All later enjoyed a Jacobs Join tea together.

## **170.....Looking Ahead**

October brings the 170<sup>th</sup> Anniversary of St Thomas' Church, with memories of our many 150<sup>th</sup> celebrations in 1987, remembered by many people! – more details of this in next month's newsletter. A special united service will be held at St Thomas' on September 30<sup>th</sup>.

*Mary Davidson*

### **Milnthorpe Parish pastoral visiting**

Please let Revd Sue Wilson (63125) or Eryl Ricketts (01524 761076) know of anyone ill at home or in hospital who would appreciate a visit.

Please see the notice about the bike ride on page 13.



- . . . . .
- 
- . . . . .
- STePS**
- Another outing for the newly
  - formed **St Thomas' and Peter's**
  - **Strollers** and friends will take
  - place on Saturday, September
  - 22<sup>nd</sup>. We meet at St Peter's at
  - 2.00 pm and share cars - bring
  - a bag for your boots - and a
  - picnic tea. Come and enjoy a
  - walk of around 4 to 6 miles of
  - *fairly* level walking. Everyone
  - welcome - from Levens too!
  - 
  -
- . . . . .

Congratulations to Mrs Procter of Hartland House on the occasion of her 100th birthday.

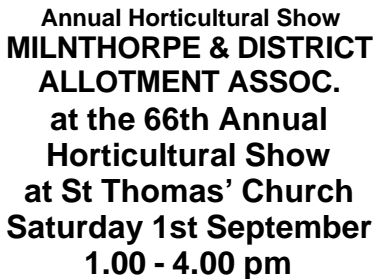
### \*~\*~\*~\* FLOWER ROTA \*~\*~\*~\*

|           |                       |
|-----------|-----------------------|
| 2nd Sept  | Allotment Association |
| 9th Sept  | Mrs Tanner            |
| 16th Sept | Mrs Gregory           |
| 23rd Sept | Mrs Dawson            |
| 30th Sept |                       |



At the July meeting of the **Milnthorpe Memorial Hall Management Committee**, grants were made to Dallam Table Tennis Club, Christ the King Roman Catholic Church and Milnthorpe Snooker Club. The essential purpose of the charity is for the benefit of the inhabitants of the parish of Milnthorpe.

The Charity invites applications for grants from Milnthorpe organisations to be considered at their next meeting in October. Requests should be made in writing to the Secretary, Alan Baverstock, Heronsyke, Milnthorpe, preferably by September 25th.



**Annual Horticultural Show  
MILNTHORPE & DISTRICT  
ALLOTMENT ASSOC.  
at the 66th Annual  
Horticultural Show  
at St Thomas' Church  
Saturday 1st September  
1.00 - 4.00 pm**

Milnthorpe Family Centre, Joeys, Milnthorpe Out of School Club and Milnthorpe Children's Centre are all part of Milnthorpe Community Playgroup, a registered charity.

We would like to invite members of the community to join Milnthorpe Community Playgroup as Trustees.

Please write to Mrs Helen Kuchczynski at the address below for further details.  
Milnthorpe Family Centre, Firs Road,  
Milnthorpe Tel: 64896

## **MILNTHORPE ART EXHIBITION**

The Milnthorpe Men's Forum would like to express their appreciation and thanks to all members of St Thomas' Church Milnthorpe and St Peter's Church Heversham for their assistance and support during the recent Art Exhibition.

To the ladies for their wonderful baking and help with the sale of refreshments and to the gentlemen for their assistance on reception day and with the erection and dismantling of the Exhibition stands. We would also thank the Reverend Susan Wilson for allowing us the use of the church to stage yet another successful Art Exhibition. We are very pleased to announce that this year's Charities will share a total of £8,000.

*Ken McVie  
Exhibition Chairman*

## **COMPUTER ONLINE**

### **TASTER COURSE**

Find out how to use the internet....  
shop online, book a holiday etc...

Cost £5.00 per course  
(2 hrs per week for 2 weeks)

Dates: Monday 24<sup>th</sup> Sept & 1<sup>st</sup> October  
at 7 - 9 pm

or  
Friday 21<sup>st</sup> & 28<sup>th</sup> September  
at 9.15 - 11.15 am

For more details or to book a place  
contact Milnthorpe Children's Centre,  
Firs Rd on 015395 64896

# Saint John's Church: Levens Special Services, Events & News

## St John's, Levens PCC meeting 4<sup>th</sup> July 2007

This meeting started with a site visit to church to view a presentation on a data projector, to let us see how it might fit in church. The screen for this would be fitted on the church wall above and behind the pulpit, with the other necessary machinery suitably disposed in church conveniently for operating. Then we moved to the usual comfort of a PCC member's house to deal with business. The data projector proposition was discussed with care but eventually did not receive enough strength of support to make it obvious that it should be proceeded with now – so it has been filed for possible later consideration. We did, though, agree to apply for a faculty to allow the fixing of well-designed doors to the corner which used to be the choir vestry, to allow it to become a quiet corner for private prayer or somewhere that concerned parents could take a restless child during services instead of having to promenade the churchyard. We also, as usual, reviewed recent activities and tidied up plans for things happening soon.

*Doreen Hughes Gain*

Following the restoration and redecoration of the West wall and gallery, St John's looks very fresh and bright, helped by a spring-cleaning boon day involving 20 or so church members. Thank you

## **St John's Church Harvest Festival**

Sunday 7<sup>th</sup> October,  
including Family Communion

## and **Harvest Supper**

Monday 8<sup>th</sup> October

Watch out for

...Emmaus...

house groups starting  
in October

## **Levens Parish pastoral visiting**

Please let Revd Ruth Crossley (60223), Audrey Larkins (60769) or Frances Makin (61417) know of anyone ill at home or in hospital that would appreciate a visit.

## **Levens Flower rota**

|                  |                 |
|------------------|-----------------|
| 1 <sup>st</sup>  | Mrs J. Fletcher |
| 8 <sup>th</sup>  | Mrs R. Martin   |
| 15 <sup>th</sup> | Mrs R. Martin   |
| 22 <sup>nd</sup> | Mrs T. Smalley  |

## **Thanks**

Together with Jonathan, Richard and Rachel, I would like to thank all of you very sincerely for the deep expressions of sympathy and encouragement you sent us after Mary had died. This has all been such a shock to us, and your support has meant so much! She died very peacefully and quietly – and we miss her more than we can say; and not only us, as we now realise! But the living God keeps her safely in his love. Very many thanks.  
Tom Thompson

## **A Thank you**

Frances Makin would like to thank all friends from Levens who came to her Mum's funeral at Natland and all those who have been such a support during the difficult days of Mum's hospitalisation and in bereavement.

### Christians Together in Levens

The Monday Group recommences September in Levens Methodist Church 10.15 a.m

### Methodist Church

Many thanks to all those who enjoyed our Strawberry Teas, held indoors due to the vagaries of our English Summer, on 1st July. This event was to help our sister Methodist Church in Kirkby Lonsdale raise money to pay for some rather unexpected and extensive repairs to their Church building. As a result of this most enjoyable afternoon, we were able to send a cheque for £210 to help pay off the cost of these repairs.



THANK YOU AGAIN.

Do think about coming to our Harvest Celebrations, especially the Harvest Supper on 16th Sept at 6.30 pm. Numbers are limited so admission will be by ticket, obtainable from Eric on 60769. Don't leave it too late !!

A COFFEE MORNING  
for Macmillan Cancer Support  
to be held  
on Friday 28 September  
10-12.30 pm  
at the home of  
Joan & Stanley Barnes  
4 Quaggs Paddock,  
Hutton Lane, Levens  
stalls, cakes, etc.  
All very welcome

Levens Family Fun Day was a most happy success; everybody had a great day. Thanks to everyone who helped out and to everyone who supported it.

Women's Section, Royal British Legion meet Monday 3 September (note early date) in the Methodist Church meeting room.

The Children's Society "Stand By Me Box Challenge" is to distribute 13,300 new home donation boxes across England - one for every disabled child living away from home -helping to raise an extra £200,000 per year for their crucial work with children.



House boxes are emptied annually by Mrs. A. Perrett, the local co-ordinator. Please contact her on 61288 and she will be pleased to supply you with a box and add your name to the list of local supporters.

### Kendal & Windermere Deaneries Sponsored Bike Ride –

Saturday 29th Sept 10am -5.30 pm  
Some parishioners will be cycling round the deaneries and we will need volunteers to staff all three churches to succour weary riders with drinks & biscuits – please contact :  
Gill Rodd 61085 (Levens)  
Peter Clarke 65845 (Heversham)  
Linda Baverstock 63271 (Milnthorpe)  
and see lists in churches



# Saint Peter's Church: Heversham Special Services, Events and News



**WOW Window on the World** is a group that meets once a month to pray for mission organisations supported by St. Peter's church both locally and in the wider world.

The next meetings will take place on **Mon 10<sup>th</sup> September**, 7.00 for 7.30pm at **George and Doreen Wadsworth's** home, Mugisha, Woodhouse Lane, Heversham.

(Focus on **SAMS** – South American Mission Society, **Hope Now** – working in Ukraine and South Africa with orphans, in hospitals, in prisons and in evangelism, and **CSW** – Christian Solidarity Worldwide, praying and campaigning for Christians throughout the world who are imprisoned and persecuted for their faith)

**Also.....a roadshow for**

**SAMS South American Mission Society**  
**"Broadening Horizons – widening links"**  
**Saturday 6<sup>th</sup> October at St. Michael's School, Carlisle Road, Dalston, CA5 7LN.**  
**10.30am – 4.00pm.**

Speakers from Chile, Northern Argentina and Argentina.

Siwok Woodcraft on sale.

Bring your own lunch!

Afternoon tea/coffee and cake provided!

We hope to take several cars. If you want to go, please get in touch with Rhona Rutter.

*Please do come along to find out more about the Church worldwide.*

*If you have any questions, please contact Rhona Rutter*



**Coffee Time**  
**@ The Old School**  
next to St Peter's Church, Heversham  
10.30 - 11.45 am

**on Tuesday 11th September**  
for coffee & homemade cakes

**ALL ARE WELCOME !**

## **BUZZ club**

**OPEN TO ALL** -for school age 4 - 11s  
on the Saturday before Family Service,  
which is the first Sunday in the month

**Sat 6th Oct**  
**10 am—12 noon**  
at St Peter's Church

...loads of fun, art, games, music,  
laughter, be with your friends

Have you just started school ?  
If "Yes" then you are now old enough to  
come to Buzz Club, and you will be very  
welcome to join everyone else there.

Any questions:  
Revd Sue Wilson 63125

### **Heversham Parish pastoral visiting**

Please let Revd Sue Wilson (63125) or Audrey Wynne (63244) know of anyone ill at home or in hospital who would appreciate a visit.



### **Would you like to learn to ring the bells :**

You are invited to come along and practise starting in September on Tuesdays evenings when it will be tied-clapper training - this is when the clapper of the bell is tied to one side, to stop it from striking.

Adults & over 11s with a parent welcome

Any questions please telephone  
George Handley  
Heversham Hall Farm Tel: 63571

### **Heversham Badminton Club**



The new season starts with the first club evening at 8 pm on Monday 10th September at the sports hall, Dallam School, Heversham. Newcomers are most welcome for whom the first evening is free – racquets will be available for loan during the evening. We are a friendly club and we welcome all players. The first team, who last year competed in the first division for their second season, will be back in the second division for the forthcoming season.

The second team will play in the third division and the third team in the fourth division.

We are also hoping to start a **Junior Club** running from 7pm until 8pm on Monday nights. Anybody interested in joining please contact Roger Mason on 015395 60200 or Wendy Critchley on 01524 781437 for more details.

### **Heversham Indoor Bowls Club**

meets at the Athenaeum, Leasgill

Mondays 2.00 pm - 4.00 pm

Fridays 7.00 pm - 9.30 pm

**and welcomes new members**

especially for Friday evening sessions

the 2007/08 season begins 1st Oct

Contact Doreen Head 64429

or Brian Hutchins on 60518

for more details

### **bells, bowls, bikes & badminton**

### **Kendal & Windermere Deaneries Sponsored Bike Ride – Saturday 29th Sept**

10am -5.30 pm Some parishioners will be cycling round the deaneries and we will need volunteers to staff all three churches to succour weary riders with drinks & biscuits –

please contact : Peter Clarke 65845 (Heversham)

Linda Baverstock 63271 (Milnthorpe) and see lists in churches



### **Housing Needs Survey in Heversham.**

South Lakeland District Council has asked Cumbria Housing Trust to conduct a housing needs survey in Heversham, to give a more accurate picture of housing needs in the parish over the next 5 years.

The Parish Council feels this will be a positive step and will provide firm evidence of future needs for planners

*Cumbria Housing Trust is an independent charity which focuses on the housing requirements of rural communities and in particular encourages the provision of affordable housing)*

A questionnaire will be delivered to every household in Heversham around the end of September. Please take a little time to complete it so that there is a good response rate and the results of the survey can be as accurate as possible.

*Gordon Capstick* Chairman of Heversham Parish Council

# reports & info

## Big Bike Ride

About 30 riders who all rode the route to Brigsteer and back, including many children aged from 4 years and upwards, everyone braved the wet weather and thunder to complete the ride safely, raising approximately £330.00 for the NSPCC. We hope to hold an even more successful 'Big Bike Ride' next year.

## Rotary Club work for Levens

Earlier in summer you may have seen some 20 plus men in yellow tabards picking litter throughout the Levens area. They were members of The Rotary Club of Kendal South Westmorland who meet at the Gilpin Bridge Inn every Tuesday at 7.00 pm. Their litter pick, during which they collected some 24 bags of litter plus 2 damaged road signs and a discarded barbeque, was in support of the Westmorland Gazette Anti Litter Campaign.

*Bryan Dawson*



The crowds turned out in their hundreds for the annual **Hincaster Party in the Pasture**, raising £400 for Westmorland Riding for the Disabled.

The afternoon's entertainment included a display by the RDA driving team, cream teas, children's activities and a fun dog show. After a pie and pea supper, villagers danced long into the night to a local band.

*Bridget Pickthall*

## Levens Women's Institute

The June meeting was a demonstration by Mrs D. Cowan from the Kendal company "Icing on the Cake" making a bas-relief plaque in flower paste. Mrs Cowan's skill made it look fairly easy. On 17th July the branch had a garden party to be held on the old W.I. site at the end of Brigsteer Road. The site had been very well prepared – thank you, Bryan – but unfortunately the weather dictated a retreat to the shelter of the Village Institute. The afternoon was still a very pleasant occasion for those who came.

On 24th July we had an amusing and very informative talk by Mrs Jennifer Buxton on painting miniatures, and larger portraits, mainly of children.

Our next meeting will be on 18 September and is entitled "Living in your Skin". so come along and join us to find out what it is all about.

*Doreen Hughes Gain*

## Levens Over 60's Club

The annual outing, on June 26th was a beautiful clear day for an 8 Lake tour: by Bowness to Brotherswater and Ullswater, over by Dockray to Keswick with views of Bassenthwaite Lake and Derwentwater; then past Thirlmere, Grasmere, Rydal Water and Windermere to Newby Bridge and home. Lunch was enjoyed at an hotel on Ullswater's shore and there was a shopping break at Keswick. On July 24th our Chairman, Mr Peter Edwards, gave a fascinating slide-talk on 'Comets'. Comets eventually disintegrate into clouds of meteorites and when the Earth's orbit passes through these meteor showers result. Comets are probably responsible for extinctions of species from time to time, such as the dinosaurs 65 million years ago.

*Sally Beaumont*

The next meeting is on 25th September and is the Annual General Meeting.

### Request for local information

The teacher at Levens Boys' School in the 1870s was George Stabler and his sister Hannah was the teacher at the Girls' School. George married Sarah Wilson and they had several children of whom one was Harold, who became a significant figure in the Arts and Crafts movement. We are currently researching Harold and his work and would be interested to know if any readers have any knowledge or memories of this family. George died in 1910 and is buried at St. Peter's Church, Heversham whereas his wife, Sarah, is buried at Levens along with their children Edgar, Oswald and Bertha, who was organist at Levens for 14 years and died in 1917. Hannah died in the same year and is also buried at Levens. Harold lived until 1945. We should be most grateful: we can be contacted either by email: dxstocks@ukonline.co.uk or telephone on 01539 724026.

David and Miriam Stocks

Arnside Choral Society.  
The new season of rehearsals will begin on Tuesday 4th September. Arnside Choral Society is currently the up-and-coming choir in South Lakeland and has ambitious plans for its future. We are looking to recruit anyone with an interest in singing who should also possess a good sense of humour! You will be assured of a warm welcome at the WI Hall on Tuesday evenings at 7.30pm  
No auditions necessary - just come along or phone Kath Singleton 62221.

**At Heversham WI  
Wednesday 12<sup>th</sup> September at 7.15  
at the Athenaeum, Leasgill  
The speaker is Carol Walker  
"Natural Way (Herbs and Juices)"**

### The Township and Chapelry of Helsington by John Hodgkinson

The history of this unique area is in full colour with a map & illustrations of St. John's Church and School, Brigsteer Village, The Wheatsheaf Inn, Sizergh Castle, historic houses, old farm-houses, and a print of the former Race Course.

The books sell for £5.00 with proceeds for St. John's Church.

The book will be launched at a Coffee Morning at KellGarth, Brigsteer on Saturday 8th September and at St. John's Helsington at the 9.30 am service on 9th September when Canon Hodgkinson will give the address.

Copies may also be obtained from the author at Boxtree Barn, Levens, LA8 8NZ, Tel: 015395 60806, and from Margaret Wilson, Over Mill Beck, Brigsteer.

### **KENT ESTUARY NEIGHBOURHOOD FORUM - NEXT MEETING Tuesday 4 September 7.30 pm at the Heron Hall, Storth.**

This Neighbourhood Forum is organised by Cumbria County Council in order to encourage communication between residents, service providers and Councillors. The Forums can give details about issues of interest to local people and give a chance to raise concerns and ideas for the area. The Forum holds four public meetings a year and you are very welcome. Please share this invitation with others who might be interested in attending.

*The Kent Estuary Neighbourhood Forum area covers the parishes of Burton-in-Kendal, Hutton Roof, Holme, Beetham, Arnside, Milnthorpe, Heversham, Hincaster, Levens, Preston Patrick, Preston Richard, Helsington, Lupton and Mansergh.*



# PiNboard

## Russian Evening at Helsington

The Blagovest Ensemble,  
six professional singers,  
from St. Petersburg, will perform

Russian *a capella*  
sacred music and folk songs  
on 18th September at 7.30 pm  
at Helsington church.

Proceeds in aid of Blagovest and  
Brigsteer new village hall fund.

Tickets for this very special concert, £10  
including interval refreshments, are

available from Mary Cross  
(015395) 68685 or

E: [mjfleetwood@ukgateway.net](mailto:mjfleetwood@ukgateway.net)  
From Helsington PCC

## FARMERS MARKET, MILNTHORPE

Second Friday in the month  
14 Sept and 12 Oct  
& traditional market every  
Friday

Milnthorpe Country Market  
(formerly W.I. Market)  
every Friday (until December)  
at the Cross Keys Hotel  
9.30- 11.30 am.

## arc Arthritis Research Campaign

Coffee morning  
in WI Hall Arnside  
on Thursday 6th Sept,  
entrance 50p includes coffee



Crossways Crafts  
meet in Levens  
Methodist Church  
every Wednesday  
from 10 am to 12 noon  
coffee served  
all welcome

**Widening Horizons**  
September 12th 10 am  
Milnthorpe Community Centre  
"Christian Saints and their symbols"  
Dr David Cross

## HERON THEATRE, BEETHAM

**Fri 21st and Sat 22nd September  
at 7.30 pm**

### Pass the Port

A nautical musical comedy based  
on "P & O 1930" by Noël Coward.  
A return (and farewell) visit from  
*Susan Flannery & Michael Lunts*

To book – tel. 64283 or in person  
10 a.m. – 1 p.m. Tuesdays and Fridays  
[www.herontheatre.fsnet.co.uk](http://www.herontheatre.fsnet.co.uk)

## NSPCC FASHION SHOW

by L.A. fashions  
of Milnthorpe  
on Friday October 26th at 7.30  
pm  
at Heaves Hotel, Levens

Tickets - £10 (including glass of  
wine & light buffet)  
Enquiries to: Mrs D. Routledge,  
Sundown, Levens Tel. 60640



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| <p><b>STEPHEN MALKIN</b><br/> <b>Slating &amp; Roofing Specialist</b><br/> Re-Roof/Repairs<br/> Call for a competitive quote<br/> 015395 62137</p>   | <p><b>CHRIS EASTON WELDING</b><br/> <b>Gates, Railings,<br/> Garden Ornaments<br/> and General Fabrication</b><br/> Tel 07917 402394</p>   | <p><b>Sandham's Tearoom</b><br/> at Milnthorpe Memorial Hall<br/> <b>Open Mon - Fri 10 - 4</b><br/> Homemade cakes &amp; light snacks<br/> Tel: 07854 724391</p>  |
| <p><b>The Strickland Arms</b><br/> Home cooked local food<br/> selection of local real ale<br/> open Mon to Fri:<br/> 11.30 - 3 and 5.30- 11pm<br/> Sat &amp; Sun: 11.30am-11pm<br/> Quiz Night Wednesday<br/> Fresh Fish Night Thursday<br/> Sunday lunches &amp; roasts<br/> Tel: 015395 61010<br/> Manager Kerry Parsons</p>  | <p><b>L M Baverstock</b><br/> <b>Ophthalmic Opticians</b><br/> <b>The Square, Milnthorpe</b><br/> <b>Tel 62633</b></p>   | <p><b>Bookkeeping</b><br/> Rachel Fereday<br/> preparation of accounts for<br/> sole traders &amp; small businesses<br/> 07794 013386<br/> rachelfereday@btinternet.com</p>   |
| <p><b>IVAN COATES</b><br/> <b>Your local Builder<br/> and Contractor</b><br/> <b>Tel. 015395 62338</b></p>   | <p><br/> <b>Ladies fitness studio</b><br/> Dowker Lane Car Park (by Boyes)<br/> Kendal 015397 22119</p>   | <p><b>Sue Howsley</b><br/> <b>Interiors</b><br/> <b>Tel: Miln 62626</b></p>   |
| <p><b>D &amp; C Atkinson</b><br/> <b>Landscape Contractors</b><br/> Commercial &amp; Domestic,<br/> Hard &amp; Soft Landscaping<br/> Low Maintenance Garden Design<br/> Regular Contract Work<br/> <b>015395 62184 or 07919</b></p>  | <p><b>Bed &amp; Breakfast in Beetham</b><br/> No room for family and friends when they visit?<br/> Stay at Barn Close, Beetham.<br/> <i>Featured in Alastair Sawdays</i><br/> <i>"Special Places to Stay"</i><br/> <b>Telephone - Anne Robinson</b><br/> <b>015395 63191</b></p> | <p>new to the area ? don't have your milk delivered ?<br/> <b>RING US FOR YOUR</b><br/> <b>REGULAR MILK DELIVERY</b><br/> Home-produced short-winning eggs fresh daily.<br/> Pet foods &amp; peanut/wild bird seeds.<br/> <b>David &amp; Christine Knipe</b><br/> Gateside Cottage, Levens- Open 24 hrs<br/> <b>Tel: 015395 60287</b></p> |
| <p><br/> Established Nursery<br/> with beautiful garden,<br/> wide range of interesting plants,<br/> perennials, bedding, tubs,<br/> hanging baskets.<br/> <b>Tel: 015395 52536</b><br/> <b>www.halecat.co.uk</b><br/> Follow Halecat tourist signs<br/> @ Witherslack off A590</p> | <p><b>Safeclean</b><br/> <i>Specialist Cleaning of Carpets, Rugs, Upholstery, Curtains and Leather</i><br/> <b>Ken and Anne Riddell</b><br/> Bolton-le-Sands<br/> <b>Freephone 0808 143 0545</b></p>   | <p><b>LEVENS HALL</b><br/> <b>POTTING SHED</b><br/> <b>GIFT SHOP</b><br/> Open 1st April to 11th Oct.<br/> Sun. to Thurs. 10 to 5<br/> Unusual &amp; attractive gifts,<br/> cards, toys &amp; books<br/> Your local source<br/> for presents!<br/> Free entry to T-room &amp; shop</p>  |
| <p><b>EDWARD DUCKETT &amp; SON</b><br/> Joinery specialists &amp;<br/> Funeral directors<br/> <b>01524 784211</b><br/> <b>&amp; 781232</b></p>   | <p><b>SAMARITANS</b><br/> <b>01524 61666</b><br/> (National tel no. 08457 90 90 90)<br/> <b>jo@samaritans.org</b><br/> <b>www.samaritans.org/lancaster</b></p>   | <p><b>W.G. BROWNLIE</b><br/> <b>JOINERY CONTRACTOR</b><br/> t. 015395 60673<br/> m. 07810 602999</p>  |
| <p><b>Milnthorpe Chippy</b><br/> Wed-Sat Lunch 11.30-1.15<br/> Tues-Thurs Tea 5.00-8.00<br/> Fri Tea 5.00-9.00<br/> Sat Tea 5.00-8.30 <b>Tel: 63619</b></p>  | <p><b>PLANS DRAWN</b> <br/> <b>STUART MCMINN BSc HND ABEng</b><br/> • New Property Designs<br/> • Extensions, Alterations<br/> <b>T: 01524 781081 or 07729 845147</b></p>                     | <p><b>Lunesdale House</b><br/> Residential Care Home<br/> Phone Mr. C D Green<br/> <b>Tel. 63293</b></p>  |

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| <p align="center"><b>DIGITAL TV AERIAL AND SATELLITE</b><br/> FROM <b>NBC-SKYNET</b><br/> 015395 62561 OR 07710 400 499<br/> <b>LOCAL - PROFESSIONAL- RELIABLE</b></p>   |   | <p align="center"><b>Registered Childminder</b><br/> <b>NNEB Qualified</b><br/> <b>Sarah Cooper</b><br/> Levens 015395 60890<br/> 07788 556432</p>   |
| <p><b>Foot Health Practitioner</b><br/> Elizabeth Shapland rgn<br/> Do you need help with the following?<br/> Painful corns and callus<br/> Difficulty cutting your toe nails<br/> Tel. <b>015394 45754</b><br/> to arrange an appointment</p>   | <p><b>PLUMTREE HOUSE, BRIGSTEER</b><br/> <b>Bed and Breakfast – En-suite</b><br/> <b>Private Lounge – Parking</b><br/> info or reservations please telephone:<br/> Michael and Maureen Whelan<br/> 015395-68774</p>   | <p><b>COOPER ELECTRICAL</b><br/> showers*extra sockets*lighting<br/> pat testing*repairs*cctv*alarms<br/> 015395 60890<br/> 077177 62274<br/> www.cooper-electrical.com</p>  |
| <p><b>BRIAN BALDWIN</b><br/> <b>Qualified</b><br/> <b>Painter &amp; Decorator</b><br/> Miln 63583 or 07976 578855</p>  | <p align="center"><i>MILNTHORPE CHILDREN'S CENTRE</i></p> <p><b>Full day Childcare for 0-5yr olds</b><br/> Monday – Friday, 8 am – 6 pm<br/> 50 weeks per year</p> <p><b>OUT OF SCHOOL CLUB</b><br/> After school care &amp; Holiday club<br/> for 4-11 yr olds</p> <p><b>CHILDREN'S CENTRE</b><br/> <b>COMMUNITY IT SUITE</b><br/> Opening times: Mon 12 -3 pm,<br/> Tues 12 -6 pm, Wed 9am – 3pm</p> <p><b>FREE EMAIL INTERNET ACCESS</b><br/> Children's Centre 64896<br/> Joeys 64090<br/> Milnthorpe Primary School<br/> Firs Road</p> | <p align="center"><b>DECORATOR</b><br/> - int/external<br/> covering all aspects of decorating<br/> for a free competitive quote:<br/> <b>JOHN SPENCER</b><br/> <b>015395 64655</b></p>  |
| <p><b>CHOICE CATERERS</b><br/> <b>Outside Catering</b><br/> <b>for any occasion</b><br/> <b>Phone Bev Carling</b><br/> <b>015395 62753</b></p>   | <p><b>Lakeland &amp; Lunesdale</b><br/> <b>PHYSIOTHERAPY</b><br/> <b>&amp; Sports Injury Clinic</b><br/> For an appointment with<br/> a Chartered Physiotherapist<br/> <b>Tel: Milnthorpe 64727</b></p>   | <p><b>JOINERS &amp; CONTRACTORS</b><br/> <b>A. HUTCHINSON &amp; SONS</b><br/> at 'Aldyth', Lowgate, Levens<br/> <b>Tel: 015395 60481 &amp; 60491</b><br/> FUNERAL DIRECTOR<br/> PRIVATE CHAPEL OF REST</p>   |
| <p><b>REES TILES</b><br/> <b>&amp; FLOORING LTD</b><br/> UNIT 4, PRINCES WAY,<br/> LEASGILL, MILNTHORPE<br/> TEL. 015395 63422</p>   | <p><b>Ralph Sutton D.O.</b><br/> <b>Registered Osteopath</b><br/> <b>Milnthorpe &amp; District</b><br/> <b>Osteopath Clinic</b><br/> <b>Tel: 015395 65777</b></p>   | <p><b>HALE</b><br/> <b>GARAGE</b><br/> Main A6 Rd. Hale <br/> <b>New and Used Car Sales</b><br/> <b>Service &amp; Repairs</b><br/> <b>Bosch KTS Computerised</b><br/> <b>Diagnostic Equipment</b><br/> <b>Petrol and Diesel MOT</b><br/> <b>&amp; all your motoring needs</b><br/> <b>Tel. 62173 &amp; 62839</b></p> |
| <p><b>SPECIAL PRODUCTS</b><br/> <b>FOR SPECIAL NEEDS</b></p> <ul style="list-style-type: none"> <li>• Adjustable Beds &amp; Chairs</li> <li>• Walk-in Baths</li> <li>• Wheelchairs &amp; Walkers</li> <li>• Mobility Scooters</li> </ul> <p align="center"><b>AND MUCH MORE</b></p> <p><b>RDK Mobility</b><br/> Memorial Hall, Milnthorpe<br/> Tel: 015395 63776</p> | <p><b>T.T. Carpets</b><br/> The Red Barn,<br/> Harmony Hill,<br/> Milnthorpe<br/> <b>Tel. Miln. 62898</b></p>   | <p align="center"><b>MILNTHORPE</b><br/> <b>DENTURE CENTRE</b><br/> FRIENDLY SERVICE<br/> &amp; 1ST CLASS QUALITY<br/> DENTURE REPAIRS<br/> WHILE U WAIT TEL 64770</p>   |
| <p align="center"><b>Connect 2 Plumbing Ltd</b><br/> Tiling Service<br/> Hamish Mulliner<br/> - no job too small -<br/> Phone 01524 730018 or 07971 847319</p>   |   |  |

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| <p><b>GEO-SCAPE</b><br/> <b>Landscaping &amp; Building</b><br/> Traditional stone work,<br/> Hard/soft landscaping<br/> Rural property renovator<br/> George Newton - 015395 60910<br/> 07818 802659</p>   | <p><b>JPG Joinery</b><br/> Joinery and Property Maintenance<br/> Contact Paul Gott<br/> <b>01524 781710</b></p>  | <p><b>Dave Harrison</b><br/> <b>Landscaping</b><br/> <b>Landscape construction,</b><br/> <b>Tree and shrub care,</b><br/> <b>Hedge cutting</b><br/> <b>Tel. 015395 64495</b></p>  |
| <p><b>JOINER - John Halhead</b><br/> <b>laminated floors, doors,</b><br/> <b>skirtings, etc.</b><br/> <b>Tel: Holme 01524 782030</b><br/> <b>or 07973 751621</b></p>   | <p><b>Plumtree Hall</b><br/> <b>Heversham</b><br/> <i>Accommodation</i><br/> <i>for the active elderly</i><br/> Reasonable rates<br/> En-suite rooms<br/> Good home-cooking<br/> Respite room also available<br/> <b>Details: 015395 62661</b></p> | <p><b>Milnthorpe</b><br/> <b>Art &amp; Copy Shop Ltd</b><br/> <b>Archway Gift Gallery</b><br/> <b>Tel: 63292</b></p>  |
| <p><b>Carr Humphreys</b><br/> <b>architecture</b><br/> <b>Park Road, Milnthorpe</b><br/> <b>015395 64455</b><br/> <b>Chartered Architect</b></p>   | <p>Reasonable rates<br/> En-suite rooms<br/> Good home-cooking<br/> Respite room also available<br/> <b>Details: 015395 62661</b></p>  | <p><b>Neil Dowker</b><br/> <b>Milkman</b><br/> Milk, Eggs, Potatoes etc<br/> <b>Tel: Miln. 63739</b></p>  |
| <p><b>DUXBURY'S for Window Blinds</b></p> <ul style="list-style-type: none"> <li>• Roller Blinds</li> <li>• Vertical Blinds</li> <li>• Venetian Blinds</li> <li>• VELUX window blinds</li> </ul> <p>Measuring &amp; Fitting Service<br/> Alterations &amp; Repairs<br/> Cross Keys Yard, Milnthorpe<br/> <b>Tel: 64647</b></p> |  | <p><b>eSSence yOga</b><br/> (Hatha Yoga for Men &amp; Women)<br/> <b>MONDAYS ~ CARNFORTH</b><br/> <b>TUESDAYS ~ MILNTHORPE</b><br/> <b>THURSDAYS ~ ARNSIDE</b><br/> All Classes are 6.30pm ~ 8pm<br/> <b>10 WEEK CLASSES</b><br/> <b>BEGINNING SEPTEMBER</b><br/> Please book early ~ places limited!<br/> Sarah ~ 07922144384<br/> or 01524 64529<br/> www.essenceyoga.co.uk</p> |
| <p><b>BODY BEAUTIFUL</b><br/> Gym - Mani - Pedi - Facials<br/> Waxing and lots more<br/> <b>Ring 015395 64488</b><br/> for more details</p>  | <p><b>www.photoideas.co.uk</b><br/> <b>35mm slides scanned onto</b><br/> <b>CD / DVD</b><br/> <b>mail@photoideas.co.uk</b></p>   |   |
| <p><b>Heron Theatre</b><br/> <b>Beetham</b><br/> Regular fortnightly programme<br/> <b>Sept-June</b><br/> Theatre information<br/> <b>Tel. 015395 60328</b></p> <p><b>Theatre available for hire</b><br/> for meetings, lectures<br/> and suitable local events<br/> <b>Tel. 01524 761140</b></p>                              | <p>Available for all<br/> your special occasions<br/> <b>Tracie Penwarden</b><br/> <b>Soprano &amp; Singing Teacher</b><br/> <b>Tel: 015395 62363</b></p>  | <p><b>Cornucopia Florist</b><br/> <b>Flowers for all occasions</b><br/> <b>015395 64340</b></p>   |
| <p>for your New or Used Car come to<br/> <b>P.V. DOBSON &amp; SONS</b><br/> <b>(Motors) Limited</b><br/> <b>Bridge End Garage, Levens</b><br/> <b>Tel: 015395 52441</b><br/> Mechanical &amp; Body Repairs, MOT Testing</p>  | <p><b>L.A. fashions</b><br/> <b>Ladies Wear, Accessories</b><br/> <b>Hats for Hire</b><br/> <b>2c Main Street, Milnthorpe</b><br/> <b>Tel. 64135</b></p>   | <p><b>A2A</b><br/> <b>www.a2ainternet.co.uk</b><br/> domains from £25<br/> hosting from £65<br/> sites from £250<br/> <b>2 Beetham Rd, Milnthorpe</b><br/> <b>Tel. 015395 64486</b><br/> <b>134 Greaves Rd, Lancaster</b><br/> <b>Tel. 01524 380967</b></p>   |

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|  <p><b>NEAT FEET</b><br/> <small>Qualified members of the British Assoc. of Foot Health Professionals - N.F.H. members</small><br/> <i>Nail trims • Corn &amp; Callous • Massage</i><br/> <i>Verrucae • Damaged Nail Care &amp; MORE!</i><br/> Home visits throughout S.Lakes<br/> Clinics in Grange-over-Sands &amp; Crosthwaite<br/> 015395 35594 / 07792 676 877</p> | <p><b>Lakes Limos</b><br/> for Weddings, Proms,<br/> Parties, etc: <u>any occasion</u><br/> <b>Your Local Limousine Co.</b><br/> 015395 64045<br/> 07738 921310</p>   | <p>Simon Wroe<br/> <b>Piano Tuner &amp; Technician</b><br/> Tuning, repairs, restoration.<br/> 20 years experience<br/> <b>63711</b></p>  |
| <p><b>Terry Allen(Elect)Ltd</b><br/> Local Electrician For 30 years<br/> Commercial, Domestic, Industrial<br/> Tel: 015395 63832<br/> Fax: 015395 64039<br/> 18 Summerville Road</p>  | <p><b>Milnthorpe<br/> Kennels &amp; Cattery</b><br/> <b>015395 62665</b><br/> Come &amp; see our brand new facilities</p>   | <p><i>Improve Posture - Core Strength<br/> Flexibility - Fitness Level - Relaxation<br/> Feel Good - Have Fun - Make Friends!</i></p> <div style="border: 1px solid black; padding: 5px;"> <p>PILATES<br/> PILATES STRETCH<br/> SALSA FITNESS</p>  </div> |
| <p><b>o'neil&amp;petrie</b><br/> <br/> <b>01539 738899</b><br/> www.oneilandpetrie.co.uk<br/> <br/> <b>architecture<br/> &amp; design</b><br/> chartered architect</p>  | <p><b>COLIN HARPER</b><br/> <b>Building Services</b><br/> 39 Trinity Dr, Holme, Lanes, LA6 1QL<br/> T: 01524 781194 M: 0788 0925170<br/> Alterations ~ Extensions ~ Plastering<br/> Roofing ~ Patios ~ Stonework ~ Tiling<br/> Quality Work at Competitive Prices</p> | <p>Morning &amp; evening classes<br/> continuing throughout the summer,<br/> for men, women &amp; teenagers!<br/> Contact Sam for info:<br/> 015395 61966 07886457563<br/> sam@fitnessdynamics.co.uk<br/> www.fitnessdynamics.co.uk,<br/> Qualified &amp; experienced female instructor</p>   |
| <p><b>THERMOSHIELD</b><br/> Window &amp; Door Replacement<br/> Conservatories<br/> <b>Tel 63308</b></p>   | <p><b>Woodlands Nurseries</b><br/> <br/> Flowers for all occasions<br/> <b>Crooklands, Milnthorpe</b><br/> <b>Tel: 015395 67273</b></p>  | <p><b>Cutz</b> hair salon<br/> <br/> Milnthorpe 64484</p>   |
| <p><b>BARRIE ATKINSON</b><br/> TV VIDEO HI-FI<br/> Sales and Service<br/> Prompt and Reliable<br/> <b>Tel: 015395 60565</b></p>   | <p><b>DELTA Δ FUELS</b><br/> Heating the Lakes<br/> Call Today<br/> <b>01539 733700</b><br/> Home Heating Oil - Gas Oil - Lubricants</p>  | <p><b>SNAG: The Special Needs Action Group:</b><br/> working with family carers, professionals, new and existing organisations to<br/> improve the range of provision for children and adults with special needs in<br/> Cumbria &amp; beyond T: 015395 62492<br/> W: snaguk.org E: action@snaguk.org E: snagcumbria@fsmail.net</p>         |
| <p>State Registered<br/> <b>Chiropodist/Podiatrist</b><br/> Ian R. Robertson BSc. M.Ch.S., S.R.Ch<br/> Home Visiting Service<br/> Tel: 015395 34499<br/> Mobile: 07710 287957</p>   | <p><b>Cumbria Accounting<br/> Services Ltd</b><br/> Bookkeeping for Small Businesses<br/> • Tax and VAT • Sales Invoicing<br/> • Management Accounts • Payroll<br/> 01539 734703<br/> billwood60@aol.com</p>  | <p><b>LES CHAPLOW</b><br/> Corgi Registered<br/> Boiler Servicing &amp; Maintenance<br/> <b>Tel. 63017</b></p>  |
| <p><b>"THE ORCHARD"</b><br/> Holiday Cottage to Let in Levens<br/> Owners: Chris and Shirley Band<br/> Enquiries and Bookings to:<br/> Cumbrian Cottages Tel: 01228 59960<br/> email: enquiries@cumbrian-cottages.co.uk<br/> www.cumbrian-cottages.co.uk</p>  | <p><b>MARTIN TYSON</b><br/> General Builder<br/> <b>Tel. 62125</b></p>  | <p><b>FISHWICKS</b><br/> <b>FUNERAL<br/> SERVICE</b><br/> Milnthorpe 63108</p>  |