



PARISH NEWS



of Saint Peter's Church, Heversham
Saint John's Church, Levens and
Saint Thomas' Church, Milnthorpe

Free
Circulation -
2,030

February 2007



**St Peter's Church, Heversham
and St Thomas' Church, Milnthorpe**

Priest-in-Charge

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<u>Parish Visitors</u>	Mrs Audrey Wynne		Miss Frances Makin

**The Parish News is run by the Parish Churches
of St Peter's Heversham, St John's Levens and St Thomas' Milnthorpe
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The Parish News is online
www.heversham.org

This month's Pastoral Letter is from The Reverend Ruth Crossley

Love is in the air.....

I don't know if you plan to buy a Valentine card this year but it can be a risky business. There are no signs saying, 'These are the naughty ones', and we can be left blushing all the way to the counter.

But some of the cards are lovely:

Roses are blue, violets are red.

Since I met you I've been daft in the head

or

'If it's diamonds you're after...

then look under 'D' in the telephone directory.; able to take us by the nose and lead us along.

Lives have been transformed by love. People have fought for it. Nations have been lost because of it. It is so intense sometimes that it can be unbearable. Its presence can raise us to the heights of ecstasy, and its absence can condemn us to the depths of despair.

Jesus had a dream of love. He called it the Kingdom of God. In his dream he saw the world as a great mirror which reflected the beauty and love of God. He came to tell of his dream to people who had never glimpsed the great power of love but they could not see beyond hurts and injustices; they kept shouting for their rights; their love was limited because every hurt or wrong was an obstacle which blocked the flow.

Today's world is much the same but Jesus' dream saw a world where the Father's unconditional love would be reflected in the lives of his children on earth. Jesus showed us in his life the Father's love its breadth and depth and tenderness. He showed us that God's love is a power; he spoke of love as a positive energy not to be stopped by hatred or abuse in word or deed.

The love that God has for us and the love that we should have for others is the love that makes you stand in the shoes of your brother or sister to look out at the world through their eyes. Then you will understand their pain and you will be slow to condemn or pass sentence.

As the Father's love is creative, so must Christian love take the initiative in reaching out to others. The people who lived in Jesus' time saw the hurts of life healed by compassion and the wounds of misunderstanding healed by forgiveness. The rule of love Jesus left us was a new commandment; love one another as I have loved you.

Whether or not you give or receive a Valentine card this year perhaps you can thank God for His love and ask that you too may have the ability to love for it is only in showing and sharing love that Jesus' dream of the Kingdom will come.

Ruth

February 2007 Services

Regular Prayer Gatherings

Tuesdays:	Communion at ten	10.00 am at Heversham
	Christian Prayer Ministry	10.35 -11.45 am at Heversham
	Informal Prayer Gathering	1.00 pm at Milnthorpe
Mon-Thurs:	Morning Prayer	8.15 am at Levens
Saturdays:	Informal Prayer Meeting	8.00 am at Heversham

at St Peter's Church, Heversham

<u>Sunday 4th</u>	9.30 am	Family Service
	6.30 pm	United Sung Evensong
<u>Sunday 11th</u>	8.00 am	Holy Communion
	9.30 am	Parish Communion
	6.30 pm	Evening Praise
<u>Sunday 18th</u>	9.30 am	Family Communion
Wed 21st	7.00 pm	Ash Wednesday Service
<u>Sunday 25th</u>	8.00 am	Holy Communion
	9.30 am	Parish Communion - Focus on Walk Cumbria followed by sale of puddings! to raise money for Walk Cumbria

at the Mission Room, Hincaster

<u>Sunday 25th</u>	9.00 am	Morning Prayer
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at St Thomas' Church, Milnthorpe

<u>Sunday 4th</u>	8.00 am	Holy Communion
	11.00 am	Parish Communion
<u>Sunday 11th</u>	11.00 am	Parish Communion
<u>Sunday 18th</u>	8.00 am	Holy Communion
	11.00 am	Family Service followed by short service of Holy Communion
Wed 21st		Ash Wednesday
<u>Sunday 25th</u>	11.00 am	Parish Communion - Focus on Walk Cumbria followed by a Soup and Roll Lent Lunch (contribute the cost of a normal Sunday lunch)

at St John's Church, Levens

<u>Sunday 4th</u>	10.00 am	Parish Communion
<u>Sunday 11th</u>	10.00 am	Family Service with Holy Baptism
<u>Sunday 18th</u>	10.00 am	Parish Communion
Wed 21st	6.30 pm	Ash Wednesday Service - Christians Together
<u>Sunday 25th</u>	10.00 am	Parish Communion

10+

EXTENDED LENT COURSE ...

...for Heversham and Milnthorpe

We're going to explore an ancient code of behaviour that provides a window on life as it should be - as it could be - where respect for others and God determines everything we do.

The name that code normally goes by is "The Ten Commandments". Do come along, find out more and be prepared for a few surprises!

When? Tuesday eves at 7.30 pm or Wednesday mornings at 9.30 am at various locations

If you'd like to know more, please ring Revd Sue Wilson on 63125

a Lent Quiet Day

- Monday March 12th -
' From Pharaoh to Freedom'

Where? Hying Monastery
Time? 10-4
Run by Revd Sue Wilson

Add your name to the lists in St Peter's and St Thomas' churches if you'd like to come



Methodist Churches
Services 10.30 am each Sunday

at Levens Methodist Church
(Holy Communion is on 4th February)

at Milnthorpe Methodist Church
(Holy Communion is on 25th February)

Milnthorpe Methodist Church
Weekly Bible Study/Prayer Time
9.30 - 11.00 am Wednesdays
for details contact Joy Bell 62985
All Welcome

**Christ the King RC Church,
Milnthorpe &
Our Lady of Lourdes RC Church,
Arnside**

Tel: 62387

Mass Times:

Saturday 5.30 pm Milnthorpe

Sunday 9.00 am Milnthorpe

10.30 am Arnside

Confession:

Wed after 10.00 am Mass (Arnside)

Sat 11 – 11.30 am (Milnthorpe)

If a priest is required in an emergency people are to contact Fr Chris Loughran (Kendal parish) on 01539 720063

Levens Methodist Church

February

4th	Rev. Michael Fielding
11th	Dr. Tom Fryers
18th	Dr. Donald Spivey
25th	Mr. Edwin Holwell

Milnthorpe Methodist Church

Mrs Iris Diggle
Rev Andrew McCall
Mr Bernard McKee
Rev Bill Seville



What is the “Walk of 1000 Men”?

Walk missions have been taking place since 1991 on the Pennine Way. Others have taken place in Cornwall (1993), Ulster (1995), Offa’s Dyke (1996), Kent (1999), Isle of Man (2000), Isle of Wight (2001), Wessex (2003), Jersey (2004), South Devon (2005) and Roding Valley (2006). Each mission has been different, shaped by the needs of the local people and areas.

What is the principal purpose of the Walk? The aim is to work, with local churches, to share the Good News of Jesus Christ with as many people as possible. The style of the mission embraces certain values and emphases. Firstly the team members aim to live simply in a high-tech age. Secondly they go to meet people “on their own turf”, where the non-Christian person feels comfortable. Thirdly - and this is reflected in the title of the Walks - they aim to reach men with the Gospel. There is no sexism in this, simply an acknowledgment that many churches do struggle to reach men for Christ and that something needs to be done to address this.



Where did it all begin? On 11 January 1989, after months of prayer, evangelist Rev Daniel Cozens resolved to prepare for the first Walk mission. The aim was for 1000 Christian men to walk the Pennine Way, the backbone of England. As they did so, they were to share their faith in the communities to either side of this Long Distance Footpath.

They were to go simply, taking no credit cards and just £2 a day for evangelism in the pubs - a contemporary equivalent of Luke chapter 10. They slept on hall floors, walked everywhere, went to places where nothing more was promised than a roof over their heads. The accent was on simplicity - and on holiness of life, each one signing a “Spiritual Rule of Life and Holiness”.



What were the results of this first Walk? Tens of thousands heard the gospel, hundreds responded, the churches were encouraged, but - above all - those who had taken part were transformed. Something significant had been born.

How have things developed? Lessons have been learned from each Walk. Teams now stay 4 days in any one place, often even 8 days in a town. Through Faith Missions had always had women as well as men in its teams for other missions. Mixed teams of men and women work alongside the Walk teams, though they stay in people’s homes - not on church hall floors! **What has not been lost, however, is the emphasis on simplicity, on holiness, and on reaching out to people who have little or no contact with the Church.** The aim is to go to them - to share the Gospel, both in one-to-one conversations and by preaching, that many may hear and believe.

**It's now only just over 3
months until
WALK CUMBRIA
5th – 13th May**

For 3 weeks in late April & May, people will be walking into many towns and villages in our county – and yes, that includes Milnthorpe and Heversham – and not just walking through our villages, like many of our visitors do, but staying with us for 8 days.

This time our visitors are staying for a purpose – to share with all of us what they know of someone very special and what difference that someone has made to their lives. Someone who has fed the needs, fulfilled the hopes and changed the lives of many millions – Jesus. .

How can we make our visitors feel welcome? Well for a start we can come and meet them - not only out and about in our villages, but at the following events. So do put the dates in your diaries.....
See you there!

There's a Walk Cumbria training weekend on 2nd 3rd March in Kendal —the training is open to anyone in our churches who would like to join. Speak to Revd Sue Wilson for details.

**Events already planned
for the Kent Estuary parishes during the
Walk Cumbria week 5th – 13th May**

Sunday 6th May

Joint service of Holy Communion for Milnthorpe and Heversham at St Peter's Heversham 10am

6.30pm Songs of Praise on Milnthorpe Green with Flookburgh Brass Band

Monday 7th May

Bank Holiday Walk around the Kent Estuary Starting at St James, Arnside and walking in stages through Storth, Beetham, Milnthorpe and Heversham to arrive in Levens late afternoon for a Barbecue with appropriate liquid refreshment provided at each venue.

Lunchtime (bring a packed lunch) entertainment on Milnthorpe Green will hopefully include Maypole dancing.

Walkers can come for one stage – or gain a certificate by completing it all. Times of departure from each village will be specified. All will be welcome to come to Levens

Tuesday 8th May

Special Coffee time at the Old School, Heversham 10am – 11.45am

Friday 11th May

5.30 pm Barbecue for young people in St Thomas' churchyard followed by a special Youth Service

Saturday 12th May

10 am - 12 noon - Special Buzz Club - Children's activities at the Athenaeum, Leasgill

Sunday 13th May

10.00 am Ecumenical all age service for Rogation Sunday on Milnthorpe Green

The team will also be coming to coffee mornings at the Methodists and St Thomas' and team members will attend various midweek meetings as well as go into each school for an assembly and visit the Care Homes and the pubs.

Saint Thomas' Church: Milnthorpe **Special Services, Events and News**

St. Thomas' Church Gift Day

Thank you very much for your generous response to our church Gift Day appeal. I am delighted to tell you that the sum raised was £5000, which is wonderful! It will certainly help us to pay some of the bills.

It has been such an encouragement to know that so many people in the village and the local area support the church. It was a privilege on the Gift day to meet and have conversations with many of you and I do hope that as time passes, I may get to know you better.

Just as people living here all those years ago saw a need and responded by building St. Thomas' for the benefit of all who live here, I feel that nearly 170 years later, we too have a fresh vision of how the church can support the life of our community.

As I said in my original letter, my dream is to see our church alive, active and solvent now and to be able to hand on a vibrant church to the next generation.

Thank you so much for helping us work towards making this possible.

With every good wish,

Yours sincerely,

The Revd. Sue Wilson



Maybe you'd like to help too?

Milnthorpe parishioners may like to know that they could have a set of 52 envelopes or even make a monthly payment through the bank to contribute regularly to church funds, even if they don't regularly attend services. A considerable sum of money is needed each year to keep St Thomas' open and to pay our contribution towards the cost of ministry. Please contact Joan Thorley on 62076, or The Revd Susan Wilson on 63125 for more details.

Frazzled!!!

with work or life in general
.....why not come to

Milnthorpe Meditations

1st Wednesday of each month
7 - 7.30 pm
St Thomas' Church

St Thomas' Church Flower Rota

4th Feb	Mrs Liddle
11th Feb	Mrs Burton
No flowers in Lent	

Steven and Hazel Doyle have returned to Carlisle after 10 years at Milnthorpe Post Office. We send them our Best Wishes.



TO SUNDAY CIRCLE

at St Thomas' Church Milnthorpe

for all children aged 3 to 11 years

Come and enjoy

stories, painting, writing,

craft work, singing and making music

**on Sundays from 11.00am to 12.15pm
during the morning service**

Any questions please telephone

Margaret Barrow 64134

25th Anniversary

On March 11th we welcome back The Revd John and Sheila Kelly from Ennerdale for a special village service to mark the 25th Anniversary of the re-organisation of the back of the church to create the Parish Centre. John was the Vicar of Milnthorpe for six years from 1979 until 1985 and officiated at a splendid occasion in March 1982 when the new centre was dedicated by Bishop Halsey.

The 11.00 am service will be followed by a Jacob's Join lunch for all who would like to stay.

**Women's World Day of Prayer
Christ the King RC Church, Milnthorpe**

**Friday, 2nd March at 2.00 pm
Speaker: Mrs Susan Hilton**

Women's World Day of Prayer is a worldwide movement of Christian women of many traditions who come together to observe a common day of prayer held on the first Friday in March of each year. The Day of Prayer begins as dawn breaks over the islands of Tonga in the Pacific and continues across each continent around the globe until the last services of this special day are held back in the Pacific on the islands of Samoa, circling the world in prayer. This year the theme of the Service is "United under God's Tent" and has been prepared by Christian women in Paraguay. The Service is

interdenominational and women across the world will join together to pray for its needs. Come and join us in Milnthorpe.

Judy Dyer (Branch Secretary)



Milnthorpe-with-Heversham Mothers' Union

have commenced their new branch programme of 2007, with a new theme - FAITH IN ACTION.

Secretary Judy Dyer enumerated the years events, including the visit of Shap our link branch. Four members had attended the MU Triennial Service held at York Minster in November. The Christmas meal at the Flippin Fluke had been enjoyed by everyone. Members are invited to a Service to be held at Carlisle Cathedral on February 3rd, regarding Commissioning of officers and new Trustees. All the officers were thanked for their hard work and re-elected. Committee elected: Linda Cooper, Mary Davidson, Eryl Ricketts, Gwen Tuer with thanks expressed to retiring member Pat Radcliffe. A Jacobs Join tea ended the afternoon. The **next meeting** is on February 14th, when Mary Orr will speak on "New life for Women in Ethiopia".

MILNTHORPE MEMORIAL HALL At the January 2007 distribution meeting, the charity trustees made grants totalling £5000 to the following Milnthorpe organisations: Allotment Association, Bowling Club, Youth Club, Methodist Church, Homing Society and Milnthorpe Cluster Extended Services. The next meeting of the Managing Trustees to consider allocation of grants will take place in April 2007.

Saint John's Church: Levens **Special Services, Events & News**

St John's PCC meeting

A meeting of the Parochial Church council was held at the Vicarage on Wednesday Jan 3^d; four members were absent. We were reminded that there would be a Quinquennial Inspection this year and a complete review of the Electoral roll. We agreed a small increase in statutory fees. A member of the Gideons would be invited to speak on Bible Sunday in October. NISCU would like to start a lunch-time Quest Club at the Primary School, but need assistance from us; a group of volunteers would be meeting Becky Byrom, the local schools' worker, shortly. With Survival to Revival in mind and our aims for Outreach, we agreed to work with Walk Cumbria in doing a Parish audit and to provide hospitality at the end of the Kent Estuary Walk and overnight accommodation for members of the team. Under discipleship we discussed ways of enabling people to be God-centered. Plans for Lent and Easter services were discussed.

At Ruth's request the major part of the evening was spent discussing in three small groups, 'What do we expect of our Vicar?'. Ruth was not present during the discussion, but came back to hear our ideas which we discussed with her. A summary of these can be found on the notice-board at the back of the church. We all felt this to be a worthwhile exercise and are grateful to Ruth for requesting it.

Mary Orr

Levens Parish pastoral visiting

Please let Ruth Crossley (015395 60223), Audrey Larkins (015395 60769) or Frances Makin (015395 61417) know, in the first instance, of anyone ill at home or in hospital that would appreciate a visit.

Car transport for St John's Levens church services:

if anyone has difficulty in reaching services or other events at St John's, whether regularly or occasionally, they are invited to contact Donald Bissett on 015395-60097, as he may be able to arrange for one of the parishioners to take them there and bring them back home

St John's Church Flower Rota

February

4th Mrs Shirley Band
11th Mrs Avril Mason
18th Mrs Mary Orr
25th Lent

The Children's Society

The amount raised during 2006 was the magnificent sum of £1,063.15

This was made up as follows:-

Lent collection	£338.00
Boxes and donations	£480.80
Christingle	£244.35

Thank you for all the support given.
Anne Perrett (Hon. Sec.)

Morning Prayer will be said at St John's Church at 8.15 am Monday - Thursday.
Anyone wishing to join the Revd Ruth Crossley would be most welcome.

LENT IN LEVENS

Lent Project

In autumn of last year the Archbishop of York re-launched the Church Urban Fund in the Diocese and our own Bishop has challenged each parish to raise £250 per year for 3 years. The Church Urban Fund is a very worthy cause and some of the money raised comes back to the poorer areas in our own Diocese. So if you are giving up and giving out this Lent please give to the CUF - your contribution will help life-changing projects in the countries poorest communities. Collect a savings box from church.

Study Groups

25 March 2007 will mark 200 years to the day that a Parliamentary Bill was passed to abolish the slave trade in the British colonies. Churches Together in Levens are using the Churches Together in Britain and Ireland's Course during Lent which focuses on the repeal of the act of slavery bill. The project aims to highlight how the abolitionists' values can transform our relationships at an individual, community and society level. Look out for further information as to where the groups will be held. There will be a morning, an afternoon and an evening group.

Levens Over 60s' Club

The Over 60s Christmas party was a great success. Members enjoyed a splendid buffet meal followed by excellent musical entertainment by Sandy Lofthouse and his group "Sounds Musical".

The **next meeting** is on 27th February (4th Tuesday), at 2 o'clock in the Institute when Enid Holmes will give a talk on Joyce Grenfell.
Sally Beaumont

Next meeting Royal British Legion:

Levens Monday 12 February at 7.30 pm in the new meeting room at the Methodist church. Mrs Barbara Nelson will speak on "An unusual year"

CHRISTIANS TOGETHER IN LEVENS

We were greatly blessed by our sharing over the Advent and Christmas seasons. The joint Services of Christmas praise were very well attended and the Advent Course followed by the Monday Group has been greatly appreciated. We are constantly learning that we make a much more effective "Force for Christ" when we worship, speak and work together in His name. May He bless our efforts in the future as we seek to be One in His name.

The Monday Group meets in Levens Methodist Church 10.15 am except Bank Holidays and July & August

Brian Gray

LEVENS Weather in 2006

(as recorded at Wedgwood, Brigsteer Rd)

The highest recorded temperature was 37°C (98.6° F) on 18 & 19 July, the lowest was -9° C (15.8° F) on the nights of 2/3 & ¼ March. Weather men compare average temperatures, i.e. average day & night temperatures, over a period of time. We had a very warm autumn (September-November) with an average temperature of 11.75° C. An article in 'The Times' said that the highest autumn temperature for the country was 11.8° C in 1730. Our average for the year was 11.07°C, compared with a country average of only 10.84°C.

Total rainfall was 1547mm (60.9 ins), 235 mm more than our 22-year annual average. We had the wettest December since 1995, with 268 mm of which ¾ fell in the first half of the month. The months October-December were nearly as wet as the two record-breaking three-monthly periods December '99 - February '00 and September - November 2000.

Dermot & Margaret Barton

Crossways Crafts meet in Levens Methodist Church every Wednesday from 10 am to 12 noon – coffee served – all welcome.

Saint Peter's Church: Heversham Special Services, Events and News

BUZZ club

for 4 - 11 years olds

**Saturday 3rd Feb
and 3rd March
10 am—12 noon**

at St Peter's Church

It's your club so be there and don't miss out!
it's FREE!

....loads of fun, games, music, drama,
arts, laughter, be with your friends ...

Any questions email: buzz@heversham.org
or please phone Revd Susan Wilson on 63125
or Jane Cushnie on 64582

**BUZZ club meet once a month,
on the day before the Family Service
(the first Sunday in the month @ 9.30 am)**

Once again we thank everyone who contributes when we have our after service coffee and biscuits, and those who bring cakes on certain occasions. Although our 'takings' were slightly down on last year, we were still able to send our usual donations: Sovereign World Trust £60, The Bible Society £60 and the Barnabas Fund £60, and extra donations to Christian Aid £20, the children's Fun Day £20 and £35 for Christmas cards and postage for prisoners persecuted for their faith. We also bought 2 new music stands totalling £35. Unfortunately, someone broke the cupboard locks and took a large tin of coffee!

We do need extra helpers - if you are interested please see either of us. A big thank you to all who help at present - it is most appreciated.

Celia Whitton and Sue Tallis

Christian Prayer Ministry

What is it?

listening and then praying to God for anyone who has a concern - physical, emotional etc

What about.....confidentiality?

No names are made public

When?

*In person, either at church on a Tuesday morning 10.40 - 11.40 a.m. if you would like someone to pray with you. And...each month in one of our services we will pray for people living in a particular part of our village. Next month it will be **Woodhouse Lane**.*

So, if you have any need that you would like us to pray for - no names mentioned! - then will you either let your magazine deliverer know, or if you prefer, fill in the slip below and drop it into the box just inside the side door entrance of the church.

If it's a concern to you, then God's concerned too and he longs to be asked to help.

We don't understand how it works, but God wants and asks us to pray.

We've found that prayer changes things!

Please pray for

.....



WHAT IS IT ?

Window On the World

WOW is a group that meets on the first Monday evening of each month to pray for mission organisations supported by St. Peter's church both locally and in the wider world.

In each of the next editions of the Parish News there will be a brief outline of one of these mission organisations.

Ellel Ministries: seeks to help equip and work alongside the Christian Church, to bring the heart of God to the heart of people through :-

- teaching - helping people to learn more about how God wants us to live our lives as His children and in so doing, helping people to grow in their knowledge and understanding of how to be a disciple, a follower of Jesus.
- praying for healing.

The headquarters of Ellel are at Ellel Grange, near Lancaster.

Several of the congregation of St. Peter's are actively involved in the ministry of Ellel.

So what does the word, 'Ellel' mean? Well in Old English it means, 'All Hail.'

Window on the World



The next meetings of WOW will take place on:-

Mon 5th Feb, 7.00 for 7.30 pm at **Jill Shaw's** home, Dugg Hill, Heversham.

(Focus on **SAMS** – South American Mission Society, **Hope Now** – working in Ukraine and South Africa with orphans, in hospitals, in prisons and in evangelism, and **CSW** – Christian Solidarity Worldwide, praying and campaigning for Christians throughout the world who are imprisoned and persecuted for their faith)

Mon 5th Mar, 7.00 for 7.30 pm at **Ron and Rhona Rutter's** home, Ellerslie, Woodhouse Lane, Heversham.

(Focus on **Bibi** – working for Wycliffe Bible Translators, **NISCU** – working in schools and **Ellel** – healing and discipling ministry)

*Please do come along to find out more about the Church worldwide
If you have any questions, please contact Rhona Rutter*



The Church of England Electoral Roll

is open to all people who either live in the parish or regularly worship at a particular church. Membership of this roll means you want to be an active part of the church you attend.

This year the Church electoral roll is renewed. In a year of renewal, no names are carried over from the old roll and everyone must apply for inclusion on the new roll.

If you enrol, you become a voting member of the Church of England and so help to ensure that all the councils of the Church – the Parochial Church Council, your Deanery Synod, the Carlisle Diocesan Synod and the General Synod – are fully representative of its members.

It means you can influence and are part of something bigger than just your local church and shows your commitment to The Church as the Body of Christ.

Each church has an Electoral Roll Officer who will be writing to existing members to advise them about renewal. If you are not a member and would like to be please pick up a form from the back of church



Coffee Morning

Every Friday
10 - 11.30 am

at St Thomas' Church Centre

"there's always a warm welcome there"

Friday Coffee Mornings

at Milnthorpe Methodist Church

9.30 am – 12 noon

Traidcraft,

bric-a-brac, book, clothing stalls.

**re-opening 23rd February
after the winter break**

The Lunch Club

at Milnthorpe Methodist Church
is changing back to a Wednesday.

Please join us on 28th Feb

All Welcome.

Contact Alwena Ladell 63581



Six oblong tables available, 5' x 2' 6", white formica tops, fixed metal legs, to be collected from the Milnthorpe Methodist Church Hall. Enquiries: Susan Hilton 62503.

For the MARCH 2007 ISSUE

please submit articles in writing/email **by 11th February.**

c/o Mrs Jane Cushnie, Dallam Barn, High Haverflatts, Milnthorpe LA7 7DG

Tel: 015395 64582 parishnews@heversham.org Fax: 07092-348544

(emails receive a confirmation email)

For Levens News: Please submit articles and notices in writing or email to

Mrs Jill Butterworth, 3 Greengate Crescent, Levens, LA8 8QB

Tel: 015395 61676

jill.butterworth@btopenworld.com

MILNTHORPE CHILDREN'S CENTRE

Milnthorpe Children's Centre would like to thank all those who used the Village Christmas Post. They raised approximately £210 which will be used to buy toys for the new centre.

BLUE PETER SHOEBIZ APPEAL

Milnthorpe Children's Centre and Extended Services for schools would like to thank everyone who supported the Blue Peter Appeal. We collected a total of 393 pairs of shoes. This will raise enough money to buy a bicycle for a Community Care worker in Malawi and lots of memory books for the children.

Coffee Time @ The Old School

next to St Peter's Church, Heversham
10.30 - 11.45 am on Tuesdays
13th February



13th March
17th April
8th May
12th June
10th July

call in for coffee, cakes and chat
ALL ARE WELCOME !

Levens Women's Institute



November: a very interesting talk on living and working in Norway in the early days of oil recovery from the North Sea, with delightful slides of Norwegian houses and scenery – and oil rigs, including how to erect one. But I doubt if we'll try that! **December:** the Christmas meeting for fun, games and mince pies, all very enjoyable and light-hearted. **January:** Mrs Sudlow, the Family support Manager for the Rainbow Trust Children's Charity, described the aims and work of the Trust. This is a young charity (about 20 years old) which exists to offer practical, physical and emotional care and support for families where a child has a life-threatening illness. They specialise in shorter term illnesses, say 3-4 years perhaps, and cannot undertake work with longer term conditions, but it sounds an invaluable life-line to families who would qualify for that help. The Trust was founded in Surrey and operates in that area of the south of England, and then came up to Cumbria and across to Durham but does not cover the whole of England. *Doreen Hughes Gain*



A daylong workshop for the deanery led by David Cooper to build a more balanced understanding of the beliefs of Muslims: what Islam is and what it isn't

Saturday 10th February
10.00 am - 4.00 pm
ARNSIDE METHODIST CHURCH
this workshop is open to everyone

(please add your name on the lists in churches)

Arnside Churches Together + The Kent Estuary Group



HEVERSHAM W I
meet at the Athenaeum
on 14th February at 7.15 pm
to hear Cumbrian organiser
Brian Adams on the
National Garden
Scheme

Of interest to all, with or without green fingers!
Call Barbara, 015395 63270, for information about our W I

Levens WI next meeting:
7.30 pm on 20th February
(3rd Tuesday)
in the Institute

Mrs F. Cartmell will speak on the
British Red Cross



PiNboard

**A "Drop-in" Centre,
open to anyone 55 years or older,
organised by Age Concern will hold
its first open morning**

on Friday 16th February 10 am-12 noon
at Sandhams tearooms, Milnthorpe
All are welcome to drop in.

There will be a member of Age Concern to
give advice on problems inc health care,
welfare benefits, legal issues, day care
centres, voluntary work & much more.

The centre will continue fortnightly if supported.

Planning a cupboard clear out?

We would appreciate donations
of jumble
(clothes/shoes/bric-a-brac)
for the Heversham Village
Jumble Sale
on Sat 17th March 2007
More details next issue.....

Carolyn 62332, Sharon 65851
(fundraiser for the Children's
Village Christmas party)

SIGNPOSTS

Farming & Rural Health Partnership
"Well Being in Wellies"



**Providing information, advice & support
to farming and rural communities**

**Now at the Athenaeum, Leasgill on the
1st Thursday in the month 12.30-2.30 pm**

**8th February - Fire Safety information
8th March - Mobile Unit
Macmillan Information Service**



**For more information contact:
Mandy McKnight on 01524 732807**

OPEN LATER

to surf or get your email!

CDC (Firs Rd Milnthorpe) is
open later on Tues til 6.30 pm

Tues 12 — 6.30
Mon 12 — 3
Wed 9 — 3

Party

Sat 10th February
8pm till midnight
at the Athenaeum, Leasgill
Fancy Dress !!!

Bar

Tickets £5.00 from
Sharon Handley 63242
Sarah Dickinson 63511
Adele Shepherd 63445

Proceeds to Charity
(to be chosen on night)

HERON THEATRE, BEETHAM

Fri 9th and Sat 10th February 7.30 pm

The Devil You Know by Frank Barrie
A sparkling new comedy you will talk about for
days - funny, poignant, humane and witty.

Indigo Entertainments
(Thanks to Westmorland Art Trust for Support)

To book – tel. 64283 or in person
10 a.m. – 1 p.m. Tuesdays and Fridays
www.herontheatre.fsnet.co.uk

<p>Cutz hair salon</p> <p>Milnthorpe 64484</p>		<p>Vicky Beeston Mobile Beauty Therapist Beauty Treatments in the comfort of your own home Tel: Miln 62741</p>
<p><i>Woodlands Nurseries</i></p>  <p>Flowers for all occasions Crooklands, Milnthorpe Tel: 015395 67273</p>	<p>DELTA Δ FUELS Heating the Lakes Call Today 01539 733700</p> <p>Home Heating Oil - Gas Oil - Lubricants</p>	
		<p>STEPHEN MALKIN Slating & Roofing Specialist Re-Roof/Repairs Call for a competitive quote 015395 62137</p>
<p>DUXBURY'S for Window Blinds</p> <ul style="list-style-type: none"> • Roller Blinds • Vertical Blinds • Venetian Blinds • VELUX window blinds <p>Measuring & Fitting Service Alterations & Repairs Cross Keys Yard, Milnthorpe Tel: 64647</p>		<p>PILATES & SALSA</p>  <p>Local Fitness Classes Phone/email for more details: Sam Horton Fully qualified instructor Tel: 015395 61966 Mobile: 07963 881292 sam@fitnessdynamics.co.uk</p>
 <p>Established Nursery with beautiful garden, wide range of interesting plants, perennials, bedding, tubs, hanging baskets. Tel: 015395 52536 www.halecat.co.uk Follow Halecat tourist signs @ Witherslack off A590</p>	<p>FOR ALL YOUR ELECTRICAL REQUIREMENTS</p> <p>Darren Walsh ELECTRICAL CONTRACOR 24 Church St, Milnthorpe Tel/Fax 015395 62066 Mobile: 07967 314877</p> 	
<p>CranioSacral Therapy and Clinical Reflexology Some of the MANY conditions treated: Back Pain & Injuries, Headaches, Hormonal Problems, Sciatica, Birth Trauma, Baby Colic; the list goes on... No side effects from drugs, no force used. Non-invasive, suits ALL ages. Phone 01539 726434 Dora Carrington, IHHT.Dip., ITEC MAR.NMCSS (Upledger Trained)</p>	<p>Ralph Sutton D.O. Registered Osteopath 15 years experience Milnthorpe & District Osteopath Clinic For treatment of Back and Neck Pain, Headaches Arthritis & Rheumatism, Sports Injuries, Muscle & Joint Problems Tel: 015395 65777 1B Haverflatts Lane, Milnthorpe</p>	<p>Registered Childminder NNEB Qualified Sarah Cooper Levens 015395 60890 07788 556432</p>
<p>Bay Blind Company Blinds for the discerning Family Owned and Run no obligation. Call Janet any time Tel. 01524 781149</p>		<p>o'neil&petrie</p> <p>01539 738899 www.oneilandpetrie.co.uk</p> <p>architecture & design chartered architect</p>

<p>Lakeland & Lunesdale PHYSIOTHERAPY & Sports Injury Clinic For an appointment with a Chartered Physiotherapist Tel: Milnthorpe 64727</p>	<p><u>D & C Atkinson</u> <u>Landscape Contractors</u> Commercial & Domestic. Hard & Soft Landscaping Low Maintenance Garden Design Regular Contract Work 015395 62184 or 07919 892703</p>	<p>State Registered Chiropracist/Podiatrist Ian R. Robertson BSc.M.Ch.S., S.R.Ch Home Visiting Service Tel: 015395 34499 Mobile: 07710 287957</p>
<p>Milnthorpe Chippy Tues-Sat Lunch 11.30-1.15 Tues-Thurs Tea 5.00-8.00 Fri Tea 5.00 -9.00 Sat Tea 5.30-9.00 Tel: 63619</p>	<p>LES CHAPLOW Corgi Registered <i>Boiler Servicing & Maintenance</i> Tel. 63017</p>	<p>Neil Dowker Milkman Milk, Eggs, Potatoes etc Tel: Miln. 63739</p>
<p>for your New or Used Car come to P.V. DOBSON & SONS (Motors) Limited Bridge End Garage, Levens Tel: 015395 52441 Mechanical & Body Repairs, MOT Testing</p>	<p>Dave Harrison Landscaping Landscape construction, Tree and shrub care, Hedge cutting Tel. 015395 64495</p>	<p>Bed & Breakfast for your friends & family at "GLEN ROBIN", LEVENS Please contact Mrs Susan Coates Tel/Fax: 015395 60369 <i>Approved by Tourist Information Centre</i></p>
<p>SAMARITANS 01524 61666 (National tel no. 08457 90 90 90) jo@samaritans.org www.samaritans.org/lancaster</p>	<p>Lunesdale House Residential Care Home Phone Mr. C D Green Tel. 63293</p>	<p>L M Baverstock Ophthalmic Opticians The Square, Milnthorpe Tel 62633</p>
<p> at Dallam School, Milnthorpe Courses in Creative Arts, Languages Computing, Health and Exercise. Outdoor Education, plus regular Saturday Workshops www.dallam.co.uk & www.dallamoutdoors.co.uk or ring for information 015395 65123</p>		<p>IVAN COATES Your local Builder and Contractor Tel. 015395 62338</p>
<p>PLUMTREE HOUSE, BRIGSTEER Bed and Breakfast – En-suite Private Lounge – Parking info or reservations please telephone: Michael and Maureen Whelan 015395-68774</p>	<p>A2A www.a2ainternet.co.uk domains from £25 hosting from £65 sites from £250 2 Beetham Rd, Milnthorpe Tel. 015395 64486 134 Greaves Rd, Lancaster Tel. 01524 380967</p>	<p>BODY BEAUTIFUL Gym - Mani - Pedi - Facials Waxing and lots more Ring 015395 64488 for more details</p>
<p>Margaret Cockayne Training Services IT/Admin/Shorthand One to One or In-house Training Secretarial/Admin Support Tel: 015395 62050</p>	<p>T.T. Car pets The Red Barn, Harmony Hill, Milnthorpe Tel. Miln. 62898</p>	<p>Terry Allen (Elect)Ltd <i>Local Electrician For 30 years</i> <i>Commercial, Domestic, Industrial</i> Tel: 015395 63832 Fax: 015395 64039 18 Summerville Road</p>
<p>FISHWICKS FUNERAL SERVICE Milnthorpe 63108</p>	<p>T.T. Car pets The Red Barn, Harmony Hill, Milnthorpe Tel. Miln. 62898</p>	<p>BOOK-KEEPER / SECRETARY Veronica Cato Experienced in accounts preparation, VAT, PAYE, CVs, & private secretarial Victoria Cottage, Levens T: 015395 61667 M: 07778 937412 E: veronica@cato.bbfree.co.uk</p>

<p>Heron Theatre Beetham Regular fortnightly programme Sept-June Theatre information Tel. 015395 60328 ... Theatre available for hire for meetings, lectures and suitable local events Tel. 01524 761140</p>	<p>Milnthorpe Art & Copy Shop Ltd & **NEW** Archway Gift Gallery Tel: 63292</p>	<p>KEVIN BATEMAN MONUMENTAL MASON new memorials, additional inscriptions renovations, re-turfing 01539 723903 or 07817 060619 Please phone for a Brochure</p>
<p>Bed & Breakfast in Beetham No room for family and friends when they visit? Stay at Barn Close, Beetham. <i>Featured in Alastair Sawdays "Special Places to Stay"</i> Telephone - Anne Robinson 015395 63191</p>	<p>Plumtree Hall Heversham <i>Accommodation for the active elderly</i> Reasonable rates En-suite rooms Good home-cooking Respite room also available Details: 63140 or 62661</p>	<p>JOINER - John Halhead laminated floors, doors, skirtings, etc. Tel: Holme 01524 782030 or 07973 751621</p> <p>L.A. fashions Ladies Wear, Accessories Hats for Hire 2c Main Street, Milnthorpe Tel. 64135</p>
<p>Available for all your special occasions Tracie Penwarden Soprano & Singing Teacher Tel: 015395 62363</p>	<p>Cornucopia Florist Flowers for all occasions 015395 64340</p>	<p>Milnthorpe Children's Centre Firs Road Childcare  Mon -Fri 8 am - 6 pm Tel: 64090</p>
<p>new to the area ? don't have your milk delivered ? RING US FOR YOUR REGULAR MILK DELIVERY <small>Home-produced show-winning eggs fresh daily. Pet foods & peanut/wild bird seeds.</small> David & Christine Knipe Gateside Cottage, Levens - Open 24 hrs Tel: 015395 60287</p>	<p>HALE GARAGE  Main A6 Rd. Hale New and Used Car Sales Service & Repairs Bosch KTS Computerised Diagnostic Equipment Petrol and Diesel MOT & all your motoring needs Tel. 62173 & 62839</p>	<p>Out-of-School Club Tel: 64090</p> <p> Milnthorpe CDC (Community Development Centre) & IT Suite Tel: 64896 Day & Evening Courses - PHONE FOR DETAILS</p>
<p>Connect 2 Plumbing Limited Hamish Mulliner - no job too small - Phone 01524 730018 07971 847319</p>	<p>Foot Health Practitioner Elizabeth Shapland rgn Do you need help with the following?  Painful corns and callus Difficulty cutting your toe nails Tel. 015394 45754 to arrange an appointment</p>	<p>www.photoideas.co.uk <i>35mm slides scanned onto CD / DVD</i> mail@photoideas.co.uk</p>
<p>CHRIS EASTON WELDING Gates, Railings, Garden Ornaments and General Fabrication Tele. 07917 402394</p>	<p>MARTIN TYSON General Builder Tel. 62125</p>	<p>EDWARD DUCKETT & SON Funeral directors Of holme 01524 784211 & 781232</p>
<p>Sue Howsley Interiors Tel: Miln 62626</p>		

<p>Milnthorpe Kennels & Cattery 015395 62665 Come & see our brand new facilities</p>	<p>Sandham's Tearoom at RDK Mobility (Disabled access) Open Mon – Fri 10 - 4 Homemade cakes & light snacks Tel: 07854 724391</p>	<p>SPECIAL PRODUCTS FOR SPECIAL NEEDS</p>
<p> Elizabeth Fawcett <i>Upholstery & Fine Furnishings</i> Heversham Tel/Fax: 015395 63037</p>	<p>W.G. BROWNLIE JOINERY CONTRACTOR t. 015395 60673 m. 07810 602999</p>	<ul style="list-style-type: none"> • Adjustable Beds & Chairs • Walk-in Baths • Wheelchairs & Walkers • Mobility Scooters <p>AND MUCH MORE RDK Mobility Memorial Hall, Milnthorpe Tel: 015395 63776</p>
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