



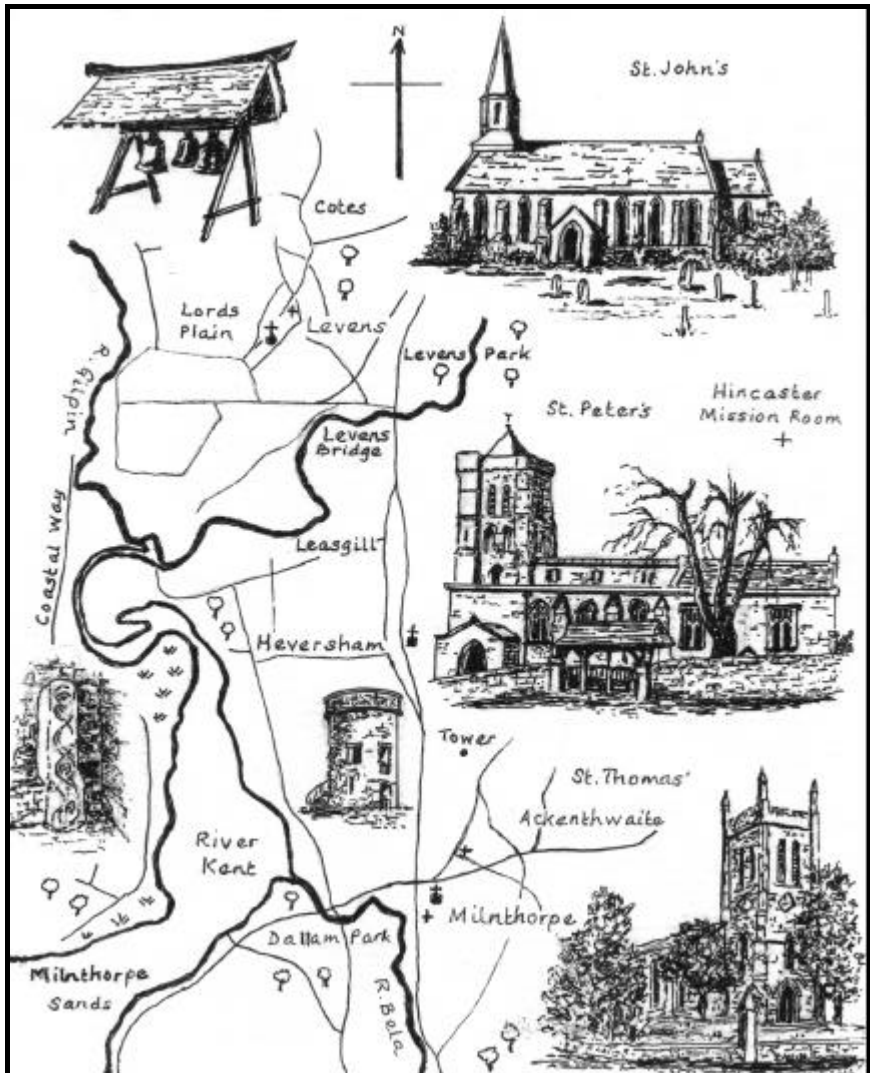
# PARISH NEWS



of Saint Peter's Church, Heversham  
Saint John's Church, Levens and  
Saint Thomas' Church, Milnthorpe

Free  
Circulation -  
2,000

March 2006



# The Ministry Team - Who's Who

St Thomas' Church and St Peter's Church.  
Priest: please see notices on page 5

St John's Church, Levens.  
Priest:  
The Revd Canon John Hancock  
Telephone: 015395 63659

Assistant Curate (NSM)  
The Revd Ron Rutter

Assistant Clergy  
The Venerable Peter Dawson  
The Revd Bob Wilkinson  
The Revd Canon Tom Thompson

Licensed Readers

Mr Chris Bennett, Mrs Elizabeth Bennett, Mr Roger Bingham,  
Miss Frances Makin, Mrs Dorothy Maudsley, Mrs Mary Orr

Reader Emeritus

Mr Donald Gain

St Peter's  
Heversham

St Thomas'  
Milnthorpe

St John's  
Levens

Churchwardens

Mr Tony Hesmondhalgh  
Mr George Handley  
Miss Joan Anderton

Mr John Ricketts  
Dr John Thorley

Mrs Doreen Hughes Gain  
Mr Robin Orr

Bookings

Old School  
Mrs Louise Budd  
(Tel 60099)

Church Centre  
Prof Geoffrey Gregory  
(Tel 64082)

Levens Institute  
Mrs Dorothy Routledge

PCC Secretaries

Mr Peter Clarke

Mrs Linda Baverstock

Mrs Liz Addison

PCC Treasurers

Mr Mike Robinson

Mr Jim Robson

Mr Chris Band

Gift Aid  
Co-ordinators

Miss Joan Anderton

Mrs Joan Thorley

Mr Richard Jones

Electoral Roll  
Officers

Mrs Jane Fell

Mrs Mary Davidson

Mr Richard Jones

Organists

Mr Arthur Dewhurst  
Mr Robin Orr

Mr Glyn Hopkins

Mrs Sally Beaumont  
Mrs Elizabeth Brown  
Mrs Ann Lord  
Mr Raymond Faulkner

Parish News  
Co-ordinators

Mr Alan Wynne

Mrs Mary Wills

Mrs Margaret Barton

Parish Visitor  
Co-ordinators

Mrs Audrey Wynne

Ven Peter Dawson

Miss Frances Makin

Bell Captains

Mr George Handley  
(Tel 63571)

Dr John Thorley  
(Tel 62076)

Not applicable

The Parish News is run by the Parish Churches of St Peter's Heversham,  
St John's Levens and St Thomas' Milnthorpe by : **The Parish News Editorial Team:**  
Revd Canon John Hancock, Linda Baverstock, Jill Butterworth, Jane Cushnie,  
John Cushnie, Mary Davidson, Jane Fell and Gill Rodd  
FOR EDITORIAL TEAM CONTACT DETAILS PLEASE SEE PAGE 5

# This month's letter has been written by the Venerable Peter Dawson.

The Coach House, Harmony Hill, Milnthorpe

Dear Friends,

We were reminded in the February Parish News that the next edition would be on March 1st - Ash Wednesday, the first day of Lent, lasting forty days and ending with the joy of Easter in spring-time.

Traditionally the forty days are intended to remind us of the period of that length when Jesus fasted in the isolation of the desert as a preparation for his public ministry.

But what of our observance of Lent today... often regarded as a rather dull and miserable period of self-denial with its negative 'giving up', often of small and innocent pleasures - to be replaced presumably by more positive pursuits on the one hand or ridiculous trivialities on the other . . . for example - cups of tea without sugar etc., etc.

However, there is a serious and productive way of observing Lent which relates to the priorities in the use of our time, and various churches in our district, as in Heversham, have planned gatherings in homes.

In Milnthorpe, encouraged by last year's success, we will be holding services in church at 7.30 pm prompt, lasting no more than 45 minutes and including hymns, prayers and a Bible based address in a series entitled 'FAITH IN ACTION' or 'EPISODES FROM ACTS'.

This is based on the Acts of the Apostles—in my own view the most thrilling and exciting book of the Bible with its account of the way in which the very first Christian believers conducted themselves, and pioneered a mission to the world which has continued ever since and to this day.

We look forward to inspiration and blessing, and hope that people not otherwise committed to a Lenten gathering elsewhere will feel free and warmly welcome to join us.

With good wishes from

Peter Dawson

NB.  
Wednesdays from March 1st  
St Thomas' Church - 7.30 pm

**The deadline for  
the April issue is  
Wednesday 15th March**

# Services at St Peter's Heversham, St Thomas' Milnthorpe and St John's Levens

## Regular Prayer Gatherings

Tuesdays:	Healing Prayer Ministry	10.35 -11.45am	at Heversham
	Informal Prayer Gathering	1.00 pm	at Milnthorpe
Saturdays:	Informal Prayer Gathering	7.45 am	at Heversham

## **March 2006**

### **Sunday 5th - 1st in Lent**

	Holy Communion	8.00 am	at Milnthorpe
	Family Service	9.30 am	at Heversham
	Parish Communion	10.00 am	at Levens
	Parish Communion	11.00 am	at Milnthorpe
	Evensong	6.30 pm	at Heversham
Tues 7th	Meeting of the Kent Estuary Shadow Team Council	7.00 pm	at St James', Arnside
Wed 8th	Lent Service for All (See page 5)	7.30 pm	at Milnthorpe

### **Sunday 12th - 2nd in Lent**

	Holy Communion	8.00 am	at Heversham
	Parish Communion	9.30 am	at Heversham
	Family Service	10.00 am	at Levens
	Parish Communion	11.00 am	at Milnthorpe
	Praise and Worship	6.30 pm	at Heversham
Wed 15th	Lent Service for All (See page 5)	7.30 pm	at Milnthorpe

### **Sunday 19th - 3rd in Lent**

	Holy Communion	8.00 am	at Milnthorpe
	Family Communion	9.30 am	at Heversham
	Parish Communion	10.00 am	at Levens
	Family Service with Baptism	11.00 am	at Milnthorpe
Wed 22nd	Lent Service for All (See page 5)	7.30 pm	at Milnthorpe

### **Sunday 26th - 4th in Lent - Mothering Sunday**

	Holy Communion	8.00 am	at Heversham
	Morning Prayer	9.00 am	at Hincaster
	Family Service for Mothering Sunday	<b>10.00 am</b>	at Heversham
	Family Service for Mothering Sunday	10.00 am	at Levens
	United Village Family Service	<b>10.30 am</b>	at Milnthorpe Methodist Church
Wed 29th	Lent Service for All (See page 5)	7.30 pm	at Milnthorpe

## **April**

### **Sunday 2nd - 5th in Lent**

	Holy Communion	8.00 am	at Milnthorpe
	Family Service	9.30 am	at Heversham
	Parish Communion	10.00 am	at Levens
	Parish Communion	11.00 am	at Milnthorpe
	Evensong	6.30 pm	at Heversham
Wed 5th	Lent Service for All (See page 5)	7.30 pm	at Milnthorpe



## Mothering Sunday

**March 26th at 10.30 am**

at the Methodist Church  
Beetham Road Milnthorpe

Join us for a united village family service  
**Posies for all the ladies present**  
Refreshments afterwards

### **FOR PASTORAL CARE** **during the vacancy**

Heversham parishioners can contact  
the Rev. Bob Wilkinson (64044).  
The Venerable Peter Dawson  
(62020) can be contacted by  
Milnthorpe parishioners.

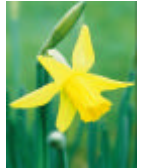
On Friday 19<sup>th</sup> May at 7.30 pm  
in St John's Church, Levens  
the Licensing Service  
of The Reverend Ruth Crossley,  
will take place,  
the point at which she officially takes  
up her life in Levens parish.

On Tuesday 30<sup>th</sup> May at 7.30 pm  
in St Peter's Church, Heversham  
the Licensing Service  
of The Reverend Susan Wilson,  
Priest-in-Charge of the Benefice of  
Milnthorpe and Heversham.  
will take place.  
The Bishop of Carlisle will officiate.

## ST THOMAS' PARISH CHURCH MILNTHORPE

'EPISODES  
FROM ACTS'

or 'Faith In Action!'



SIX WEDNESDAY  
EVENING

SERVICES FOR LENT at 7.30 pm

with hymns, prayers and an  
address (together lasting no more  
than 45 minutes)

Starting on Ash Wednesday,  
March 1<sup>st</sup> and finishing on April 5<sup>th</sup>

A warm invitation to everyone  
. . . in preparation for Easter

### **advance notice**

On Maundy Thursday April 13<sup>th</sup>  
there will be a joint service at 6.30 pm  
at St Thomas' followed by supper at  
7.30 pm in the upstairs room.

**For April's Issue please submit  
articles/notices in writing or email  
by 15th March-**  
**c/o Mrs Jane Cushnie, Dallam Barn,  
High Haverflatts, Milnthorpe  
LA7 7DG Tel: 015395 64582  
parishnews@heversham.org  
Fax: 07092-348544**  
*(emails receive a confirmation email)*

#### **For Levens News:**

**Please submit articles and notices  
in writing or email to  
Mrs Jill Butterworth,  
3 Greengate Crescent, Levens, LA8 8QB  
Tel: 015395 61676  
jill.butterworth@bopenworld.com**



## March Services 10.30 am

### Milnthorpe Methodist Church      Levens Methodist Church

5th Mrs Kathleen Robinson  
12th Mr Wilf Barron  
19th Dr Tom Fryers  
26th UNITED VILLAGE SERVICE  
(see poster on page 5)

Mrs Iris Diggle  
Mr Edwin Holwell  
Family Communion Revd W. Seville  
Special Chapel Anniversary Service

### Milnthorpe Methodist Church

Friday Coffee Mornings

9.30 – 12 noon - Fairtrade products  
and bric-a-brac/clothes stall

Next Lunch Club - 29th March.

Details contact Alwena Laddell 63581

Weekly Bible Study

9.30 am Wednesdays

For details contact Joy Bell 62985

### Christ the King RC Church, Milnthorpe & Our Lady of Lourdes RC Church, Arnside

**Father Dan Darragon Tel: 62387**

Mass Times:

Saturday 5.30 pm Milnthorpe

Sunday 9.00 am Milnthorpe

Please see notice of Milnthorpe Village  
United Service for Mothering Sunday page 5

### **Women's World Day Of Prayer on Friday 3rd March, 2.00 pm St Thomas' Church, Milnthorpe Speaker: Mrs Mary Orr**

Women's World Day of Prayer is a world wide movement of Christian women of many traditions who come together to observe a common day of prayer held on the first Friday in March each year. The Day of Prayer begins on the International Dateline as dawn breaks over the islands of Tonga in the Pacific and continues across each continent until the last Services of this special day are held back in the Pacific on the islands of Samoa, circling the world in prayer. This year the theme of the Service is 'Signs of the Times' and has been prepared by the Christian women of South Africa.

### Christ The King RC Church, Milnthorpe

CHILDREN'S LITURGY GROUP  
**bringing the scriptures alive through  
craft, drama, music, prayer  
and discussion.**

Sundays during 9 o'clock mass  
(term time only)

All children of reception age upwards  
are welcome.

The group also organises outings and  
social events

More details from

Deirdre Trueman 01524-734816  
or Mary Salter 015395-63291

Our Parish News Contacts  
for the following churches are  
Anne-Marie Whitfield - Milnthorpe Methodist  
Brian Gray - Levens Methodist  
Mary Salter - Christ the King RC Church

**LENT PROJECT 2006**  
**St. Peter's Heversham**  
**and St. Thomas' Milnthorpe**

The **Lent Project for 2006** is to raise funds for **Kompas Park (Compass Park)** in **Khreshchatyk, Ukraine**. It is a former school building in grounds near a river, leased by Hope Now and owned by Ukrainian Christians which is to be turned initially into a Summer Activity Centre to hold the usual summer programmes for young people – camps, canoeing and much more! It has the name Kompas Park “**because we want it to be used to show children and young people the way to Life with a capital L**”. It may be used outside summer months as a Language School, giving young people the opportunity to learn foreign language skills and therefore find employment.



**Jon Budgell**, from **Hope Now** is coming to speak to us during Lent about Hope Now and the project.

**He will be speaking at the 9.30 am service at Heversham and the 11.00 am service at Milnthorpe on Sunday 12th March**

Please come along if you can to find out more about the work of Hope Now. If you could support the work in prayer as well as in giving, that would be great.

Please look out for **information** – and the usual **envelopes** to put money in during Lent! - when the Project is launched on **Sunday 26<sup>th</sup> February**. As usual, the last date for returning envelopes will be **Easter Sunday**.

**News from the Kent Estuary**

**Shadow Team of Parishes:**

At the last meeting in November, the Revd Andrew Dodd, County Ecumenical Officer for the Diocese, who is a Baptist Minister, came to talk about the Ecumenical aspects of mission and worship in our area. The next meeting in March will focus on work with children and young people in our parishes.

**God, who made the earth,  
The air, the sky, the sea,  
Who gave light its birth,  
Cares for me.**

**God, who made the grass,  
The flower, the fruit, the tree,  
The day and night to pass,  
Cares for me.**

**God, who made all things,  
On earth, in air, in sea,  
Who changing seasons brings  
Cares for me.**

**Amen**



# **St Thomas' Church, Milnthorpe** **Special Services, Events and News**

**March** brings us the beginning of Lent, the first day of spring and also the beginning of BST Summer Time (March 26<sup>th</sup>) on Mothering Sunday. Have you seen the tiny hard buds on the trees and hedges ? ...just waiting to burst their green leaves at the touch of warmer spring weather. Even in Winter though, the fine tracery of the dark twigs and branches, seen against the sky, are beautiful to behold, though not always appreciated by everyone. Our wild birds now also herald spring with their wonderful dawn chorus – do listen to it! Thanks be to God for this awakening of new life, as we await our glorious Eastertide preceded with daffodils and wild flowers.

*Mary Davidson*



At the February meeting, the service was led by Leader Joan Ellam with a Bible reading by Gwen Tuer and prayers by Linda Cooper. Joan announced that the MU Wave of Prayer week is from March 1<sup>st</sup> – 5<sup>th</sup>, and on March 2<sup>d</sup> at 10.30 am members are invited to attend a short service at Linda Cooper's home, Appleacres, Woodhouse Lane, Heversham. The Annual Women's World Day of Prayer is on Friday March 3<sup>d</sup> at 2pm at St Thomas' Church, the service having been prepared by the Christian women of South Africa. The speaker will be Mary Orr, with readings by members of Milnthorpe Methodist Church and

refreshments ending the afternoon.

The speaker at the February meeting was Dorothy Maudsley, her subject being The Church Army, and working with Young People. She told of the founding army by Wilson Carlisle in 1882, and its progress through the years, and also of her involvement as a member and her assistance with youth clubs. She was thanked by Joan Atkinson. The next meeting is on March 8<sup>th</sup> with Robin Orr as speaker "Called to Ukraine".

MU Coffee Morning March 10<sup>th</sup> with gifts for stalls appreciated.

Lady Day March 25<sup>th</sup> is held at St George's Church Kendal

12 noon to 2 pm with a Faith Lunch.

## **Wheels across Europe**

was the title of Dr Don and Sylvia Spivey's illustrated talk to Widening Horizons members – the 4 wheels belonging to their 2 bicycles! The pair, from New Hutton, enthusiastic cyclists, made the journey in ten weeks, travelling approximately 50 miles daily. Starting in north west Spain, they travelled across southern France, Italy, Hungary, Romania and other countries, until Turkey was reached. They carried the minimum of clothing, plus a 4 lb tent, surviving several spells of cold wet weather, and in some remote areas the pair and their bikes, were viewed silently, with great interest as though visitors from another planet.

Over 40 Widening Horizons members travelled by coach to Skelmersdale where they visited the Hotter shoe factory, and saw all stages of shoe making there. A buffet meal followed, courtesy of the management.



### Milnthorpe Men's Forum

Sixteen members attended a meeting at the Cross Keys Hotel, and enjoyed a very interesting talk on the building of a railway in Kuala Lumpur, Malaysia 1900-1995.

### Another Royal Invitation

Ronald Wheatman of Milnthorpe received an invitation to meet the Princess Royal at the State apartments of St James' Palace, by kind invitation of Her Majesty the Queen – this event being held on behalf of the Ex-Service disabled. 300 veterans attended for 3 days, being entertained by Cilla Black, Gloria Hunniford, Esther Rantzen, The Drifters, the children of Her Majesty's Chapel Royal, London Pearlies, and many others. This was an occasion for the not-forgotten veterans, many young and recently disabled, ending with the song "We'll meet again".

### Milnthorpe Memorial Hall.

now completely refurbished, and on lease to RDK Mobility, was officially opened by Coun. Roger Bingham on February 22<sup>nd</sup>. Everything there is geared for the disabled, including stairlift, adapted kitchen, disabled toilets, scooters for trial and much more to see.

There is a new café, open daily Monday to Saturday, run by local parishioner Veronica Sandham, renowned locally for her baking. The local Snooker Club will continue to have use of the Hall's top floor, along with its snooker table.

### Music for Valentines - Sunday 12th Feb

An evening with Soprano Tracie Penwarden-Allen, accompanied by Glyn Hopkins, at St Thomas' Church was organised by Val Robson. The programme included from Classical to Show songs.

*Mary Davidson*



There are currently childcare places available at Joey's -  
**Join Our Early Years Setting.**  
Call Helen on 64090

### Milnthorpe Bowling Club

Boon days for caring for the Green, towards the coming season have been arranged for March 11<sup>th</sup> and 18<sup>th</sup>  
Volunteers welcome.

### Milnthorpe & District Allotment Association

All future committee meetings of the Association will include a 15 minute slot at the beginning of the meeting when any member can raise issues relevant to the Association. Meetings are held at the Cross Keys Hotel, 7.30 pm on the last Monday of each month (unless the last Monday is a Bank Holiday, when the meeting is held one week earlier).

*Kath Craig*

### Milnthorpe Residents' Association

The date for the next meeting had not been fixed at the time of going to press - please see posters in the village for the next date.

*Pat Barnes*

## Milnthorpe youth club



for young people in School Years 7-11  
MILNTHORPE COMMUNITY CENTRE,  
Haverflatts Lane  
games/talks/music/outings/crafts  
MONDAYS, 7.30 pm

**Chairman:** Shaun Helliwell 62027

**Secretary:** Joy Bell 62985

**Treasurer:** Keith Powell 64722

**Group Leader:** Helen Lashley 62060

Affiliated to Crusaders, a long-established Christian youth organisation ([www.crusaders.org.uk](http://www.crusaders.org.uk))

# **St John's Church, Levens**

## **Special Services, Events & News**

### **Levens PCC meeting**

**18<sup>th</sup> January 2006**

It seemed to me that much had happened since our previous meeting in November, everything from Remembrance Sunday, on over all the activities of the Advent and Christmas period, and the appointment, at last! of our new priest-in-charge, the Reverend Ruth Crossley. So there was much to review and also much to look forward to.

So – I think some dates for Levens diaries especially:-

First, probably because it is special,

Friday 19<sup>th</sup> May at 7.30 in church – the licensing of Ruth Crossley, the point at which she officially takes up her life in the parish.

But, around that there's our Annual Parochial Church Meeting on Wednesday 8<sup>th</sup> of March at 7.30 in the Institute – one new church warden and two new PCC members needed please, as well as more sacristan help. Please think if you could fill any of these vacancies, and consider if there are any subjects you would like discussed at the meeting.

Then, there's Lent, Holy Week and Easter to be duly marked, followed by The Spring Fair on Saturday 22<sup>nd</sup> April in the Institute

Rogation Sunday, 21<sup>st</sup> May, a joint service at a farm in Heversham this year.

An Open Gardens Afternoon on Saturday 27<sup>th</sup> May – a little earlier in the year than this has been on previous occasions so that we see spring gardens instead of summer ones.

Harvest Weekend – Sunday 1<sup>st</sup> and Monday 2<sup>nd</sup> October

Heaves Hotel Christmas Party – 15<sup>th</sup> December.

We didn't go farther than that, but please come along to any or all of these if you can.  
*Doreen Hughes Gain*

### **The Children's Society**

On Sunday March 5<sup>th</sup>, the first Sunday in Lent, the Revd Tim Harford will be coming to preach at St John's to tell us about the Children's Society for which he works. We hope to raise money during Lent for a specific project of the Society – envelopes and details will be available on that Sunday and during Lent. The organisation works with the most vulnerable children in our country and protects many of the 100,000 children under 16 who run away every year. This will be a great opportunity to hear more about this valuable work.

*Mary Orr*

Levens Church Flower Rota:  
No flowers in Lent

### **Christians Together in Levens**

The Monday Group meets in Levens Methodist Church at 10.15 am

### **LEVENS METHODIST NEWS**

Members of Levens Methodist Church have been pleased to take part in the events arranged by our joint organisation, "Christians Together in Levens". Recent events have been a Taize Service at the Church of Our Lady, Arnside, and the recent United Holy Communion Service at the Methodist Chapel last Sunday. Our Chapel extension is now well under way, despite large holes opening up as the ground was excavated !!

We will be holding an "Open Morning and Gift Day" in connection with our Chapel Anniversary on SATURDAY 25th March from 10am to 12 noon. The Chapel will be decorated with Spring Flowers, and you will have the opportunity to inspect progress to date with the building work. There is also a Coffee Morning across in the Institute, run by the W.I. for the Air Ambulance, so why not make a morning of it ?

We shall also be having an Anniversary Supper that weekend. As we go to press it hasn't been decided whether the Supper is on Saturday 25th or Sunday 26th. Watch out for the posters nearer the time or contact Eric on 60769 for tickets at £5 each.

### Levens Local History Research Group

An inaugural meeting in February formally constituted the **Levens Local History Research group**. The objects of the group are to promote and encourage interest and research into the local history of the parish and village of Levens and its surrounding area, including the collecting of oral histories, and to hold an archive of material (transcripts and documents). It is hoped to arrange events and activities and to publish material based upon the Group's research. Membership is open to all persons interested in researching the local history of the settlement and community of Levens.

If anyone is interested in joining, or would like to suggest information or sources of information which they feel should be included in this enterprise and archive, please could they contact Stephen Read, Black Castle, Hutton Lane, Levens (castleblack@btinternet.com).

### Levens Over 60s Club next meeting

is in The Institute March 28 (4<sup>th</sup> Tuesday) at 2.00 pm. A Slide talk by Mr Chris Crowder : **Levens Hall Gardens**

### Levens Over 60's Club

At the January meeting Mr E. Holwell took us on a welcome tour of sunny Spain! He & his family had toured there several times in the 1960s. We saw the vineyards, wild, parched countryside (now much changed by EU subsidies), where corn, often grown in the shade of trees, was threshed by bullocks; Don Quixote's windmills, and the great mountains of the Sierra Nevada. Despite centuries of invasions & wars much of Spain's wonderful architectural, artistic and cultural heritage survives. Roman bridges and aqueducts still stand, and the glories of the Islamic era were wisely preserved by Ferdinand & Isabella (whose descendant, Katharine of Aragon, unwisely married our Henry VIII) when they reconquered and unified Spain in the 1500s. We saw the beautiful, tranquil Alhambra & Alcazar gardens and buildings of the Moors, and the great ornate cathedrals of Toledo, Cordova, Burgos & Seville, where gypsies once lived in caves. A stunning finale was the little known collection of 18 vast tapestries depicting in gold thread the Spanish capture of Tunis in 1536, sent to King Charles V as a tribute from Brussels. We returned to winter in Levens via an unadvertised & interesting visit to Lourdes! We thanked Mr Holwell for yet another splendid slide show. Birthday flowers were presented to Mr Jackson.

*P.C. Edwards*

## Mothering Sunday

Family Service  
10.00 am  
at St John's Church



# St Peter's Church, Heversham Special Services, Events and News



## WOW

### Window on the World

The next meetings will take place on:-

**Monday 6<sup>th</sup> March**, 7.00 for 7.30pm at **Ron and Rhona Rutter's** home, Ellerslie, Woodhouse Lane.

( Focus on – **Bibi** – working for Wycliffe Bible Translators, **NISCU** – working in schools and **Ellel** – healing and discipling ministry)

**Monday 3<sup>d</sup> April**, 7.00 for 7.30pm at **Linda Cooper's** home, Appleacres, Woodhouse Lane.

The season of Lent is a time of preparation and discipline, when traditionally members of the church have 'given something up'.

How about taking something on instead ?

Come to the Old School on Shrove Tuesday 28th February at 7.00 pm and find out more...

**Everyone is welcome.**

## St Peter's Church Heversham

### **Annual Meetings**

The annual Open Meeting of the PCC, Meeting of Parishioners and Parochial meeting will be held on:

**Monday 20<sup>th</sup> March 2006 commencing at 7.15 pm**

in **The Old School, Heversham.**

The business will include:

- The election of representatives of the laity to the Deanery Synod and to the Parochial Church Council
- The appointment of sidespersons and the Independent Financial Advisor
- Presentation of financial report and accounts;
- Presentation of reports on the fabric, Deanery Synod and Kent Estuary team.

***All are welcome.***

*Further details from the Churchwardens or Secretary*

Peter Clarke, Secretary to PCC

Tel: 65845

## **Coffee Time @ The Old School**

Next to St Peter's Church,  
**Tues 14th March**  
**10.00 - 11.45 am**

Call in for a Cup of Fairtrade Coffee 50p cakes and chat -



**ALL WELCOME !**  
Run by the Coffee Time Team

## St Peter's Church Prayer Chains

Do you, or anyone you know, need prayers? If so, please contact Dorothy Waite on 64407.

## Prayer Ministry Training Weekend

On 4th-5th February, nine members of the regular congregation went to the Bishop's second training weekend at Cockermouth on Prayer Ministry. One of the most encouraging aspects for me was the fact that there were 102 delegates there from all over Cumbria. We were divided into groups of 6, each group led by an experienced counsellor, in both Christian and secular contexts, the best of both worlds.

The Bishop taught us further aspects on praying for people in need. Not just typical healing, but emotional as well, and again emphasising the need for sensitivity and complete confidentiality. On the Sunday we were sent out to 19 different churches in the west Cumbria area. Large ones and tiny ones. The response from the congregations was amazing, uplifting and humbling. At the tiny church that our group was sent to, six came forward out of a congregation of 19. They came forward for prayer, and the laying on of hands, believing that the Lord would touch them. The Holy Spirit works so gently and wonderfully that they all experienced some benefit, often a deep peace, which helped them in their difficulties.

In closer prayer ministry when there is more time, people are able to unburden their hearts and in our groups praying for each other, we learnt afresh that we are body, mind and spirit and dis-ease in one area affects the others.

Can I ask the congregation to pray for us, the Prayer Ministry Team, that we will be guided by the Spirit to help others in all these areas.

*Pat Radcliffe*

## Mothering Sunday Family Service 10.00 am at St Peter's Church

Please do join us  
at this celebration



## Fish Club 4 +

@ The Old School, Heversham  
from 9.30–10.30 am  
Sundays term time  
except 1st Sunday in the month,  
which is Family Service  
More details from  
Jane Fell 63174  
or Christine Gibson 62231  
Come and Join in !



Summer sky of blue and white,  
Winter sky of grey;  
Pink and orange in the dawnlight,  
Red at close of day;  
Noontime sun of golden yellow,  
Moon with silver light:  
Sing we gladness for the daytime,  
Give thanks for the night.

*Amen*

## WI Meetings Dates and Speakers: March 2006:

Heversham - 8th - Mrs E. Belshaw - *"It shouldn't happen to a nurse"*  
Milnthorpe - 9th - Mr. Ron Wheatman - *Wartime memories*  
Levens - 21st - Mr T. Bowness - *Whose Lake District?*



### Milnthorpe Women's Institute

The February meeting was rather special as it was our 60th Birthday. We celebrated this with a party of some 36 members and guests, Ruth Rigg and Gillian Price representing the Federation Executive. A splendid buffet was prepared by members of the committee and enjoyed by all. Ruth Rigg and Milnthorpe's President Sue Hilton cut a birthday cake whilst the members raised a toast. Votes of thanks were given by various guests and members then Joy Bell a former member entertained us all with amusing poems, songs and anecdotes. The evening was rounded off with a raffle. The March meeting is on the 9th at 7.30 pm in the Methodist Church Hall, Beetham Road, Milnthorpe. Everyone is welcome.

*Veronica Sandham*

### Heversham Women's Institute

At the February meeting we were transported from the chill of a British winter to the heat of Perth, Australia.

Mr Tony Parker showed us, with the help of slides, what life away from the tourist beaches is really like. His anecdotes completed the picture !

Carolyn Moses gave us an update on ways in which we can conserve the environment. She is full of ideas and is determined that we should all do our part!

*Joan Anderton*

### Levens Women's Institute

The December meeting took the form of a Christmas party with table games organised by Mrs Myra Knipe and a quiz organised by Mrs Audrey Larkins.

The speaker for the January meeting was Mrs Nancy Flynn, a native of New England, USA, now resident in Milnthorpe. She gave an interesting talk called 'England, my New England', contrasting her life in each place.

As a girl she was attracted to England by seeing planes in wartime 'going to help England', hearing her mother sing 'The White Cliffs of Dover' and reading 'Alice in Wonderland' and 'Jane Eyre'. She did not get here until 1983 but immediately fell in love with the southern English countryside and was later attracted to the North.

New England, in the N.E. corner of the USA, also possesses mountains, rivers and lakes, with miles of sandy beaches and is quite isolated from the rest of the USA Its winters are much colder than ours, however, lasting from mid-November to April, with frost 3 feet deep. Summer is hot and humid with heavy rain at times. The autumn colours are wonderful.

Mrs Flynn next gave a brief history of the region, showing how it had been a stronghold of Puritanism. The first white settlers came on the Mayflower in 1620 seeking religious freedom. Many died in the first winter, but the farmers learnt a lot from the Indians and by 1640 the population was 20,000. Each town was autonomous with its own laws and education and hospital facilities, and each had its own Meeting House. Each male member had an equal say but the rules were strict, the people very hard-working, and though they became prosperous they were not ostentatious with their wealth but were well educated. Harvard and other famous colleges were founded there and there were many public benefactors of libraries, museums, etc. Gradually, Irish and other nationalities moved in and practised their own religions, and the days of strict Puritanism are now over. Gone too are the once prosperous mills and a lot of urban renewal has taken place. Architecture is simple but attractive.

*Sally Beaumont*

# more news

Weekly Reports are in the Westmorland Gazette to keep us up to date:  
Dorothy Maudsley for Heversham news  
Chris Band for Levens news  
Mary Davidson for Milnthorpe news.

## DO YOU ENJOY SINGING?

Arnside Choral Society are looking for Tenors and Altos. We sing 2 concerts a year and meet on Tuesday evenings at Arnside WI Hall. If interested please contact Kath Singleton 015395 62221. Our Spring Concert is on Sunday 23rd April but more details next month.

## Milnthorpe Family Centre Drop-in

Thursdays (term time)  
11 –12 and 12.30—1.30

at the Community Development Centre  
“I’m really keen to hear how you would like us to use this time for the benefit of the community. Drop in with your little ones for a chat, a play and a coffee Looking forward to seeing you,”

Gail Ellwood  
Barnados Family Support Service  
015394 43500

## ‘Red Hot Latin’ Workout for charity

Wow, what a great response I had for this fun night! I really enjoyed myself as, it seems, did everybody else who attended and supported the event. We raised an outstanding amount of £1634.67 for Ovarian Cancer Action. Well done and thank you to everyone who took part, gathered sponsors or sponsored someone else to participate as they couldn’t make it themselves. There were about 24 participants in the Pilates class and a wonderful 50 or so in the Salsa fitness. *Sam Horton*



## Levens Open Gardens Day - will be held on Saturday 27<sup>th</sup> May from 1.30 to 5.30 pm.

If you would like your garden to be considered for this event or if you would be willing to serve teas in your garden please contact Anne and Keith Perrett -- tel. 61288 as soon as possible. Please save any surplus seedlings or plants for the plant stall.





# PARISHes' Pinboard

## **Jumble Sale**

**Saturday March 18<sup>th</sup>**

at The Athenaeum, Leasgill  
ALL help much appreciated whether  
by donating jumble, helping on the day  
or supporting the event

Contacts for jumble collection:  
Carolyn 62332, Sally 65758,  
Sharon 65851

**Raising funds for the Heversham Village  
Children's Christmas Party**

## Milnthorpe Country Market (formerly WI Market)

starts again  
FRIDAY 10th MARCH  
then each week 10-11.30 a.m.  
in the Cross Keys Hotel.  
Approach from the car park.

## British Legion Women's Section

Monday 13th March (2nd Monday)  
in Levens Institute 7.30 pm  
Speaker - Mrs Dorothy Maguire -  
*Looking after  
prison visitors' children.*

**Levens W.I. will host a Coffee Morning  
on Saturday March 25<sup>th</sup> at 10.30 am  
at Levens Institute**

## **Crossways Crafts**

meet in Levens Methodist  
Church every Wednesday  
from 10 am to 12 noon  
coffee served  
all welcome.

## **Levens Bowling Club**

Coffee morning Saturday 11<sup>th</sup> March  
in Levens Institute 10 am to 12 noon  
Entrance fee 50p to include coffee biscuits

## **Milnthorpe -with-Heversham Mother's Union**

Coffee Morning March 10<sup>th</sup>  
at St Thomas' Church Centre

## **"A BIT OF A DO"**

Saturday 25th March  
8.00 pm - 12.30 am  
at the Athenaeum, Leasgill  
Music and Bar!  
Tickets £5 from Sharon Handley  
and Adele Shepherd

Proceeds for Heversham Village  
Children's Christmas Party

## **HERON THEATRE, BEETHAM**

March 3<sup>rd</sup> - A Tourist Guide to the Solar System

March 17th/18th - Great Expectations

Dickens' classic story - the tale of the boy from  
the marshes who wanted to be a gentleman.

March 31st - Spirit of Shakespeare

The songs and musical instruments of  
Shakespeare's world in a candlelight concert  
brought to us by the talented early music  
ensemble *Philomel*.

To book - tel. 015395 - 64283 **or** in person  
10 a.m. - 1 p.m. Tuesdays and Fridays



<p><b>NOW OPEN</b></p> <p>Memorial Hall Milnthorpe</p> <p><b>RDK Mobility</b></p> <p>UK's premier independent living centre</p> <p><b>Tel: 015395 63776</b></p>	<p>Reserved</p>	<p><b>Vicky Beeston</b>  <b>Mobile Beauty Therapist</b>  <b>Beauty Treatments</b>  <b>in the comfort of</b>  <b>your own home</b>  <b>Tel: Miln 62741</b></p>
<p><b>STEPHEN MALKIN</b>  <b>Slating &amp; Roofing Specialist</b>  <b>Re-Roof/Repairs</b>  <b>Call for a competitive quote</b>  <b>015395 62137</b></p>	<p><b>Garden Maintenance</b>  <b>Reliable Friendly Service</b>  <b>Alastair Wilson</b>  <b>015395 62171</b></p>	<p><b>PILATES &amp; SALSA FITNESS</b></p> <p><i>fitness dynamics</i></p> <p>*Improve your: Posture-  Torso Strength-Flexibility  *Burn Calories &amp; have fun  in Salsa fitness</p> <p>Suitable for everyone - men &amp; women</p> <p><b>Venues:</b> Levens, Sedgwick,  Milnthorpe, Arnside &amp; Storth  Prices from £3.75 - £5.00  phone/email <b>Sam Horton</b>  Fully qualified instructor  <b>61966 or 07963 881292</b>  sam@fitnessdynamics.co.uk</p>
<p>at Dallam School, Milnthorpe</p> <p>Courses in Creative Arts, Languages,  Computing, Health and Exercise,  Outdoor Education, plus regular Saturday Workshops.</p> <p><b>www.dallam.co.uk &amp; www.dallamoutdoors.co.uk</b>  <b>or ring for information 015395 65123</b></p>		
<p></p> <p><b>HALECAT</b>  <b>Garden Nurseries</b>  <small>best value</small></p> <p>Established Nursery  with beautiful garden,  wide range of interesting plants,  perennials, bedding, tubs,  hanging baskets.</p> <p><b>Tel: 015395 52536</b>  <b>www.halecat.co.uk</b>  Follow Halecat tourist signs  @ Witherslack off A590</p>	<p><b>D &amp; C Atkinson</b>  <b>Landscape Contractors</b>  Commercial &amp; Domestic.  Hard &amp; Soft Landscaping  Low Maintenance Garden Design  Regular Contract Work</p> <p><b>015395 62184 or 07919 892703</b></p> <p><b>ITALY - 40 km south of Rome</b> <i>comfortable quiet cottage</i>  with views over olive groves, sleeps 3/4, £30/35 per night in total.  Easy access to Rome, also by car to Subiaco, Tivoli, Pompeii,  mountains and seaside. Ideal for rest, recreation.  <b>GO to: <a href="http://mysite.wanadoo-members.co.uk/girasole">http://mysite.wanadoo-members.co.uk/girasole</a></b>  email <a href="mailto:villagirasole@hotmail.com">villagirasole@hotmail.com</a> <b>Phone: Thelma Mitchell: 07836 650834</b></p>	<p>FOR ALL YOUR ELECTRICAL REQUIREMENTS</p> <p><b>Darren Walsh</b>  <b>ELECTRICAL CONTRACOR</b>  24 Church St, Milnthorpe  <b>Tel/Fax 015395 62066</b>  <b>Mobile: 07967 314877</b></p> <p></p>
<p><b>L.A. Fashions</b>  <b>Ladies Wear, Accessories</b>  <b>Hats for Hire</b>  <b>2c Main Street, Milnthorpe</b>  <b>Tel. 64135</b></p>	<p><b>Ralph Sutton D.O.</b>  <b>Registered Osteopath</b>  15 years experience  <b>Milnthorpe &amp; District</b>  <b>Osteopath Clinic</b>  For treatment of  Back and Neck Pain, Headaches  Arthritis &amp; Rheumatism, Sports  Injuries, Muscle &amp; Joint Problems  <b>Tel: 015395 65777</b>  1B Haverflatts Lane, Milnthorpe</p>	<p><b>Professional tutoring</b>  Reading, Spelling  English, Mathematics  Aged 6 to 16  SATs GCSE</p> <p>Call Clara or Morag  For a FREE assessment  <b>01539 724000</b></p> <p>  www.kipmcgrath.com  <b>KipMcGrath</b>  EDUCATION CENTRES</p>
<p><b>Lunesdale House</b>  <b>Residential Care Home</b>  <b>Phone Mr. C D Green</b>  <b>Tel. 63293</b></p>		

<p><b>Heron Theatre</b>  <b>Beetham</b>  Regular fortnightly programme  <b>Sept-June</b>  Theatre information  <b>Tel. 015395 60328</b>  ...  <b>Theatre available for hire</b>  for meetings, lectures  and suitable local events  <b>Tel. 015395 62776</b></p>	<p>reserved</p>	<p>State Registered  <b>Chiroprapist/Podiatrist</b>  Ian R. Robertson BSc. M.Ch.S, S.R.Ch  Home Visiting Service  <b>Tel: 015395 34499</b>  <b>Mobile: 07710 287957</b></p>
<p>for your New or Used Car come to  <b>P.V. DOBSON &amp; SONS</b>  (Motors) Limited  Bridge End Garage, Levens  <b>Tel: 015395 52441</b>  Mechanical &amp; Body Repairs, MOT Testing</p>	<p><b>LES CHAPLOW</b>  Corgi Registered  <i>Boiler Servicing &amp; Maintenance</i>  <b>Tel. 63017</b></p>	<p><b>Neil Dowker</b>  <b>Milkman</b>  Milk, Eggs, Potatoes etc    * Also*  <b>POWERWASHING</b>  Patios, paths &amp; driveways    <b>Tel: Miln. 63739</b></p>
<p><b>SAMARITANS</b>  <b>01524 61666</b>  (National tel no. 08457 90 90 90)  jo@samaritans.org  www.samaritans.org/lancaster</p>	<p> <b>Restaurant</b>  A6 Road  Burton  <b>01524 782888</b>  For Reservations/info  Lunch &amp; Evening Dinner  Carvery from £9.95  Sundays 12-3  www.watergartenrestaurant.co.uk</p>	<p>Mrs L. M. Baverstock  <b>Ophthalmic Optician</b>  The Square, Milnthorpe  <b>Tel 62633</b></p>
<p><b>WILSON'S OF KENDAL</b>  The Creative Confectionery Company  J.E. WILSON &amp; SONS (KENDAL) LTD  Cross Lane, Kendal, Cumbria LA9 5LB  Tel: 01539 720279 Fax: 01539 730109  Email: JEWILSONS@AOL.COM</p>	<p><b>IVAN COATES</b>  Your local Builder  and Contractor  <b>Tel. 015395 62338</b></p>	<p><b>BODY BEAUTIFUL</b>  Gym - Mani - Pedi - Facials  Waxing and lots more  <b>Ring 015395 64488</b>  for more details</p>
<p><b>PLUMTREE HOUSE, BRIGSTEER</b>  Bed and Breakfast – En-suite  Private Lounge – Parking  info or reservations please telephone:  Michael and Maureen Whelan  <b>015395-68774</b></p>	<p><b>A2A</b>  www.a2a.co.uk   <b>WEB SITES</b>   <b>HOSTING</b>   <b>DOMAIN NAMES</b>  <b>Tel. 015395 64486</b></p>	<p><b>Terry Allen(Elect) Ltd</b>  Local Electrician For 30 years  Commercial, Domestic, Industrial  <b>Tel: 015395 63832</b>  <b>Fax: 015395 64039</b>  18 Summerville Road</p>
<p><b>Margaret Cockayne</b>  <b>Training Services</b>  IT/Admin/Shorthand  One to One or In-house Training  Secretarial/Admin Support  <b>Tel: 015395 62050</b></p>	<p><b>FISHWICK'S</b>  <b>FUNERAL SERVICE</b>  Milnthorpe 63108</p>	<p>Chartered Physiotherapist  <b>Catherine Turner MCSP</b>  <b>Tel. Milnthorpe 64727</b></p>
<p><b>FISHWICK'S</b>  <b>FUNERAL SERVICE</b>  Milnthorpe 63108</p>	<p><b>T.T. Car pets</b>  The Red Barn,  Harmony Hill,  Milnthorpe  <b>Tel. Miln. 62898</b></p>	<p>Chartered Physiotherapist  <b>Catherine Turner MCSP</b>  <b>Tel. Milnthorpe 64727</b></p>

<p>Victoria House Main St, Burton-in-Kendal</p> <p><b>Hair Design</b> by experienced Stylists 01524 782880</p> <p><b>Valerie Mannion</b> for Remedial &amp; Sports Massage, Aromatherapy, Anti-Ageing Facials, Hot Stone Massage &amp; Skincare Treatments 01524 782222</p>	<p><b>Tracie Penwarden</b> Soprano Available for all occasions Weddings, Funerals etc Teacher of Voice &amp; Piano Tel: 0779 966 0145 for details</p>	<p><b>Foot Health Practitioner</b> Elizabeth Shapland rgn Do you need help with the following? Painful corns and callus Difficulty cutting your toe nails Tel. <b>015394 45754</b> to arrange an appointment</p> 
<p><b>Carr Humphreys</b> architecture Park Road, Milnthorpe 015395 64455 Chartered Architect</p>	<p><b>JOINER - John Halhead</b> laminated floors, doors, skirting, etc. Tel: Holme 01524 782030 or 07973 751621</p>	<p><b>BOOK-KEEPER/SECRETARY</b> Veronica Cato Experienced in accounts preparation, VAT, PAYE, CVs, &amp; private secretarial Victoria Cottage, Levens T: 015395 61667 M: 07778 937412 E: veronica@cato.bbfree.co.uk</p>
<p><b>Milnthorpe</b> Art &amp; Copy Shop Ltd &amp; <b>**NEW**</b> Archway Gift Gallery Tel: <b>63292</b></p>	<p><b>TRAILERS FOR SALE</b> * Brand New * Fully Galvanised * * 'A' frame drawbar * * Heavy duty * Various sizes * * Ladder racks, jockey wheels, etc. * Steve Whiteside - Lakeland Trailers Heversham <b>64160 or 07799 628037</b></p>	<p><b>www.photoideas.co.uk</b> <b>35mm slides scanned onto</b> <b>CD / DVD</b> <b>mail@photoideas.co.uk</b></p>
<p><b>W. Gott</b> Painting, Joinery and Property Repairs Tel: <b>63249</b></p>	<p><b>HALE</b> GARAGE  Main A6 Rd. Hale</p> <p>New and Used Car Sales Service &amp; Repairs Bosch KTS Computerised Diagnostic Equipment Petrol and Diesel MOT &amp; all your motoring needs Tel. <b>62173 &amp; 62839</b></p>	<p><b>Sue Howsley</b> Interiors Tel: <b>Miln 62626</b></p> <p>new to the area ? don't have your milk delivered ? <b>RING US FOR YOUR</b> <b>REGULAR MILK DELIVERY</b> Home-produced show-winning eggs fresh daily. Pet foods &amp; peanut/wild bird seeds. <b>David &amp; Christine Knipe</b> Gateside Cottage, Levens - Open 24 hrs Tel: <b>015395 60287</b></p>
<p><b>Bed &amp; Breakfast in Beetham</b> No room for family and friends when they visit? Stay at Barn Close, Beetham Featured in Alastair Sawdays "Special Places to Stay" Telephone - Anne Robinson <b>015395 63191</b></p>	<p><b>Cornucopia Florist</b> Flowers for all occasions <b>015395 64340</b></p>	<p><b>Milnthorpe Family Centre</b> Firs Road  <b>Childcare</b> for 2-5 year olds Mon -Fri 8 am-6 pm Tel: <b>64090</b></p>
<p><b>THORNLEIGH TRAVEL</b> (Highway Trust Ltd) arranges Christian holidays overseas. Phone <b>015395 32733</b> for a 2006 brochure <i>We go the Extra Mile !</i></p>	<p><b>Milnthorpe Chippy</b> Tues-Sat Lunch 11.30-1.15 Tues-Thurs Tea 5.00-8.00 Fri Tea 5.00 -9.00 Sat Tea 5.30-9.00 Tel: <b>63619</b></p>	<p><b>Out-of-School Club</b> Tel: <b>64090</b></p>
	<p><b>MARTIN TYSON</b> General Builder Tel. <b>62125</b></p>	<p> Milnthorpe CDC (Community Development Centre) &amp; IT Suite Tel: <b>64896</b> Day &amp; Evening Courses - PHONE FOR DETAILS</p>

<p><b>JPG Joinery</b> Joinery and Property Maintenance Contact Paul Gott 01524 781710 015395 63932</p>	<p>Brian Baldwin Qualified Painter &amp; Decorator Miln 63583 or 07976 578855</p>	<p><b>REES TILES &amp; FLOORING LTD</b> UNIT 4, PRINCES WAY, LEASGILL, MILNTHORPE TEL. 015395 63422</p>
<p>Flippin Fluke, Sandside Good Food Good Wine Open Tues -Sat 11.30 am-2.30 pm 5.30 pm - last orders 9.00 pm Sundays 12.00 noon—8.00 pm Tel. 63243</p>	<p><b>Electrolysis Treatment</b> <i>the only permanent hair remover by qualified Electrologist</i> Ann Wodeman Tel. 015242 72474</p>	<p><b>CranioSacral Therapy and Clinical Reflexology</b> <small>Some of the MANY conditions treated!</small> Back Pain &amp; Injuries, Headaches, Hormonal Problems, Sciatica, Birth Trauma, Baby Colic; the list goes on... No side effects from drugs, no force used. Non-invasive, suits ALL ages. Phone 01539 726434 Dora Carrington, IHHT, Dip., ITEC MAR, NMCSS (Updeder Trained)</p>
<p>M. MACFARLANE B.A. PICTURE FRAMING Collect &amp; Deliver Service Contact Mike .7 Greengate, Levens. Tel: 015395 60670</p>	<p>JOINERS &amp; CONTRACTORS A. HUTCHINSON &amp; SONS at "Aldyth", Lowgate, Levens Tel: 015395 60481 &amp; 60491 FUNERAL DIRECTOR PRIVATE CHAPEL OF REST</p>	<p><b>MILNTHORPE DENTURE CENTRE</b> FRIENDLY SERVICE &amp; 1ST CLASS QUALITY DENTURE REPAIRS WHILE U WAIT TEL 64770</p>
<p>"THE ORCHARD" Holiday Cottage to Let in Levens Owners: Chris and Shirley Band Enquiries and Bookings to: Cumbrian Cottages Tel: 01228 59960 email: enquiries@cumbrian-cottages.co.uk www.cumbrian-cottages.co.uk</p>	<p><b>PLANS DRAWN</b>  STUART MCMINN BSc HND ABEng • New Property Designs • Extensions, Alterations Tel 01524 781081 Mobile 07729 845147</p>	<p>DENTURE REPAIRS WHILE U WAIT TEL 64770</p>
<p><b>THERMOSHIELD</b> Window &amp; Door Replacement Conservatories Tel 63308</p>	<p>COLIN HARPER <b>Building Services</b> 39 Trinity Dr, Holme, Lancs, LA61QL T: 01524 781194 M: 0788 0925170 Alterations ~ Extensions ~ Plastering Roofing ~ Patios ~ Stonework ~ Tiling Quality Work at Competitive Prices</p>	<p><b>Bay Blind Company</b> Blinds for the discerning Family Owned and Run no obligation. Call Janet any time Tel. 01524 781149</p>
<p><b>Safeclean</b> Specialist Cleaning of Carpets, Rugs, Upholstery, Curtains and Leather Ken and Anne Riddell Bolton-le-Sands Freephone 0808 143 0545</p>	<p>BARRIE ATKINSON TV VIDEO HI-FI Sales and Service Prompt and Reliable Tel: 015395 60565</p>	<p><b>Bed &amp; Breakfast</b> for your friends &amp; family at "GLEN ROBIN", LEVENS Please contact Mrs Susan Coates Tel/Fax: 015395 60369 <i>Approved by Tourist Information Centre</i></p>
<p><b>Think Workbase</b></p> <p></p> <p>Printing Work - short - medium runs e.g. business cards, compliment slips letterheads, newsletters (as per this one)...</p> <p>Handmade Craft Products available Orders Welcome</p> <p>Collating &amp; Finishing Work welcome e.g. stuffing envelopes &amp; assembling folders</p> <p>• Tel: 01539 - 736786 • Email: tony@kendal85.fsnet.co.uk • Registered Charity No. 1071559</p>	<p><b>Five Oaks Care Home</b> Capelrigg Lane, Crook, Kendal. Full Board 3-bedded Care Home for the Elderly with Convalescent and Day Care Residential Bungalow Beautiful gardens, glorious views. with good home cooking and companionship Telephone Gillian &amp; David Gibson 01539 821214</p>	<p><b>CHOICE CATERERS</b> Outside Catering for any occasion Phone Bev Carling Heversham 62753</p>